Women's Page

BY A WOMAN



WOMEN'S PART IN BUILDING THE NATION

This week when everywhere one sees the picture of the Father of our Country, we are very apt to see also the sweet face of Martha Washington beside him and then we begin to think how much women have done to form our country. Quoting from Mrs. Vyrra Wilson:

This week, when thoughts of every one turns to the early days of this Nation with the celebration of the anniversary of the 200th birthday of George Washington, it is quite proper to pay attention on the part that women have played in the building of the Nation.

The programs of women's clubs and organizations this week will not only center about George Washington, but the effect the ideals and industries of those early women have had on the womanhood of the Nation.

Women have always taken a real part in the affairs of the Nation, although it was not until the last 50 years that they have presented a concerted front in their desire to be taken as part of the citizenry of the country in and out of the home. That this battle is over as far as recognizing them as citizens there is no doubt, but the question of giving them "equal rights" with other citizens is still a mooted question or, at least, not an accomplished fact.

Because the spining and weaving and home making arts as practiced by Martha Washington and the women of colonial and Revolutionary times have become greaat national industries in which women and men take an important part that is no reason why women can not play their part as nation builders as effectively as when they directed these industries in their homes and worked longer than eight hours a day at them, too.

Martha Washington's spinning house at Mount Vernon was a center of industry and a model for those miles around. No eight-hour-a-day superintendent works harder than Mrs. Washington in her spinning house, taking her place at the spinning wheel with the rest, but also planning and directing the work of the other women members of the family, and servants.

It must be remembered that the pioneers in the art of made-in-America textiles of which we are so justly proud were those who spun by hand, taking as much delight in a new design or new method as the modern manufacturer today.

One of the essential contributions to the industrial life of the Nation is being carried on now by groups of patriotic women's organizations, who have established great mountain schools in the South and in kindred communities in other parts of the country, not only to teach the young people to read and write and prepare for life, but also to become perfected in those craftsmanship arts which form the basis of American industrial art.

From the earliest times the women of the Nation have given serious thought to the conditions under which their fellow men and women and children work in this country. It was women who sounded the alarm over the exploitation of the boys and girls who went to work too early and worked too long without school advantages in mill and canning districts. It was the women who penetracted into the sweat shops of our great cities and demanded for the women who make their living by sewing and running machines proper hours, light and air and proper working conditions generally.

All American women do not think alike on the quetsion of equal rights and opportunity and protection of women, it is true. They gather each day at the Capitol to oppose or sponsor pending bills dealing with this matter. They are often divided not only into two but often three or four schools of thought or more. But the one real issue is before them all—woman's right to work and to enjoy the full advantage of citizenship in and out of the home, and to hold her firm place as a factor in the business of the Nation.

A Low Sweet Voice, An Excellent Thing in Women

Those who listened on the radio last Sunday were struck with the sweet low voice of Mrs. Lindbergh when she spoke of the flood sufferers in China. An attractive voice is more than a fine figure or a pretty face:

The first thing to do in cultivating an attractive voice is to learn how to breathe both deeply and correctly. A weak voice is frequently the result of shallow breathing, but a loud, rasping voice indicates lack of control of abundant breath. The evenly modulated voice has behind it controlled and adequate breath.

The second thing is to relax our throats and to speak without effort. Tightened throats mean that the nerves and to slow down a bit before we cles. We must learn to calm ourselves an dto slow down a bit before we can expect to have a low-pitched, well-modulated voice.

With the quality and timbre of the voice, it is necessary to enunciate correctly and clearly by the accurate use of the jaw, tongue, lips and teeth. If you have the time and the money, there are excellent classs to attend in various schools, and there are also books that discuss the subject thoroughly and helpfully. Reading aloud, pronouncing the words slowly and distinctly is a splendid help. Always endeavor to hear yourself, and to correct any errors or unpleasant, jarring sounds.

MY NEIGHBOR SAYS:

When packing dresses in trunks or suit cases, place tissue paper in the sleeves and between folds to prevent creases.

Neckbands and cuffs of gowns and coats that have become soiled may be easily cleansed by placing on a board and rubbing soiled parts with a brush that has been dipped in lukewarm, soapy water. After drying, press collar and cuffs with a hot iron.

A little hot milk added a little at a time while mashing potatoes will make them light and fluffy. Heat, but do not boil the milk.

To make beef juice, add 1 pound of fresh, raw, finely chopped round steak without fat to 6 ounces of cold water. Add a pinch of salt, put the beef and water in a glass jar and stand it on ice over night. Shake and strain it through coarse muslin, squeezing hard to obtain all the juice.

LA MODE

Caps and Gowns

Little skull caps to match the formal dinner gown are among the newest thoughts. The cap fits over the back of the head and matches either the frock itself or some ornament upon it.

Sea Shell Necklaces

By Associated Press

Tiny sea shells strung closely together are extremely smart for necklaces and bracelets with the new silk crepe, or simple cotton ensembles for resort wear. One necklace has six strands clasped together with cork balls. Another consists of red, white and blue strands.

Boots for Women

By Associated Press

It is predicted that fashionable women will soon be stepping out in boots.

An indication that the prediction may come true is the patent leather shoe with buttoned cloth top, introduced in the recent collection of a leading Paris shoemaker.

This so-called boot, however, is low cut, more like a high-cut oxford, coming well up onto the ankle and buttoned over the instep with a single button. The cloth part is embroidered in heavy white braid.

RECIPES

GRAHAM BREAD

One cupful graham flour, one cupful entire wheat, one-fourth cupful molasses, one cupful sour milk, one teaspoonful soda (level), one cupful water, salt. Good, baked in muffin tins also.

TOMATOES

Put in a baking dish a thin layer of breadcrumbs. Drain the juice from a quart of canned tomatoes, season with salt and pepper and put on top of the crumbs. Sprinkle the tomatoes with a few drops of onion juice and a spoonful of sugar. Cover clasely with a layer of bread-crumbs moistened in a tablespoonful of melted butter. Bake in a hot oven for 15 minutes and serve hot in the baking dish.

PEACH TAPIOCA

One-half can peaches, two tablespoonfuls sugar, one-half cupful tapioca, boiling water, one-fourth teaspoonful salt. Drain peaches; sprinkle with the two tablespoonfuls sugar and let stand one hour. Soak tapioca one hour in cold water to cover. Add enough boiling water to peach sirup to make one and one-half cupfuls, and put in double boiler. Drain tapioca and add to sirup. Add one-fourth cupful sugar and salt. Cook until the tapioca is transparent. Put peaches into pudding dish and pour over them the tapioca and bake 20 minutes. Prepared tapioca needs no soaking. Use 15-ounce can of peaches. The rest of peaches may be poured over cornstarch pudding, or used as a pie filling.

STUNG BEFORE PROBABLY

An old negro servant came to her mistress the day before she was going to be married and asked her to keep her savings.

"But why do you want to give your money into my care?" asked the mistress, "I thought you were going to be married."

Lydia's Monarch Second to Solomon in Riches?

The wealthiest man in the history of the world was Croesus, last king of Lydia, who from his conquest, his mines, and the golden sands of the Pactolus, accumulated so much treasure that his wealth has become proverbial—"Rich as Croesus" now signifying rich beyond the dreams of avarice. He reigned from B. C. 560 to 546, but dissipated, and yielding himself up to sumptuous extravagance and the pleasures of life, declared that he was the unhappiest man in the world. Welcoming the Greeks to his court, he was visited by the great Athenian lawgiver Solon, of whom he asked the question, "Who was the happiest man in the world that he had seen?" to receive in reply, "No man should be called happy until his death."

Coming into conflict with Cyrus, the Persian king, Croesus was defeated, his capital Sardis taken, and he was condemned to death by burning. As he stood awaiting the firing of the pyre, he recalled Solon's aphorism, and exclaiming "O Solon!" three times, aroused the curiosity of Cyrus who, inquiring into the reason for the ejaculations, was told the story of Solon's precept, and spared his life.

But, the First Book of Kings tells us that "King Solomon exceeded all the kings of the earth for riches and for wisdom." (10:23).—Literary Digest.

Walking "Cane" Had Its Origin in the Orient

The ferula or staff of fennel wood was one of the earliest supports used by elderly persons because it was long, tough, and light. The designation of "cane" so generally used in this country originated in the Orient, where hollow palms and bamboos were naturally used for walking sticks. Pope's Sir Plume prided himself on the nice conduct of his clouded cane, while Gay celebrated in verse the strong cane and the amber tipped cane. Henry VIII had one cane "garnyshed with sylver and gilte, with Astronomie upon it," and another "garnyshed with golde, having a perfume in the toppe." Ancient Egyptian walking sticks made of cherry wood, with carved knobs, have been discovered. Comedy canes having heads carved in the grinning likeness of Punch, Merry Andrew, and Toby Fillpot still can be found in the shops. It is said that a collector of canes in Madison, Neb., has more than 100 on display in his home.

Now You'll Remember

It was the ancient custom of English churches during Rogation week, a custom still followed in remote country parishes, to assemble the whole congregation, particularly the younger element, under the leadership of the beadle and church officers, and trace from bourn to bourn the limits of the parish.

The straggling procession followed the line like a pack of hounds on the scent of a fox. It was a great day for the children, but the elders, too, had some entertainment, for when an old moss-covered stone post was discovered one of them would pick up a likely lad and bump him so severely against it that he would always remember it. It was essential that future beadles and church wardens should be able to hand on to their successors exact knowledge of the limits of the parish.—Atlantic Monthly.

Man of the Future

Following present tendencies into the future, Dr. Ales Hrdlicka of the Smithsonian institution, is regarded as America's greatest anthropologist, finds that future man will have a longer and easier life than mankind of today; he will be somewhat taller and handsomer; his eyes will be deeper set, nose prominent and narrow, mouth smaller, teeth smaller and fewer, hair scantier, chin more prominent, head broader and larger, skull wall thinner, brain larger, face more expressive, feet more refined, fingers longer, chin thinner and squarer. Little toes, wisdom teeth and many internal vestiges, including the appendix, will be vanishing or gone.

He'd Know the Worst

Husband and wife sat munching fruit.

Suddenly she stopped eating and a thoughtful look came over her face.

"I say, Jim," she said, "what would you feel like if, just after you had taken a large bite of that apple, you saw a huge caterpillar in it?"

Her husband went on eating happily.

"Not half so bad as if I saw half a caterpillar left in it, my dear," he replied.

Disliked Foreign Words

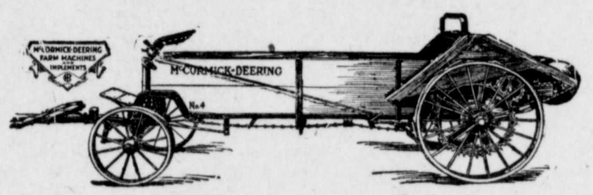
I have often wished that certain men might be set apart as superintendents of our language to hinder any words of foreign coin passing among us, and in particular to prohibit any French phrases from becoming current in this kingdom when those of our own stamp are altogether as valuable. The present war has so adulterated our tongue with strange words that it would be impossible for one of our great grandfathers to know what his posterity have been doing were he to read their exploits in a modern newspaper.—Joseph Addison in the Spectator (1672-1719).

Houses of Glass

The Sandwich glass house was the first to adopt and perfect a method of manipulating glass by pressure instead of by blowing. It is customary to credit this factory with the invention of the pressing process, but pressing is almost as ancient as blowing. The specimens in which collectors are most interested are the ones turned out during the first 25 or 30 years of the company's existence. Practically every conceivable design and color was used in the manufacture of this glass.

Idea Broke Up Wedding

Ancient superstition caused a tragic ending to a wedding in a Macedonian village. The theory is that if the woman can tread on the foot of her husband-to-be while he is standing at the altar during the wedding ceremony, he will obey her throughout their wedded life, and vice versa. Both parties had been warned by their mothers of the custom and at the church a stamping contest began, resulting in triumph for the bride. The groom lost his temper and before long the guests came to the defense of the family honor and a general fight took place. The bridegroom later repented but the bride would not see him.



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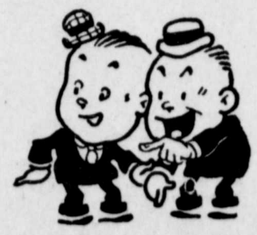
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