Women's Page

BY A WOMAN



MINNIE MADDERN FISKE

Minnie Maddern, more familiarly known as Mrs. Fiske was one of our greatest actresses. She hold the same position in the American Theatre, as Ellen Terry did in England and Duse in Italy. She was born in New Orleans in 1865, and made her first appearance on the stage when she was three years old. When she was twelve she took the character of Eva in "Uncle Tom's Cabin" and won all hearts who saw her by her sweetness and her acting. From that time on she was regarded as a star. Her manager, who was also her dear friend, says of her that in what ever part she took she was complete. It did not matter what she played—Becky Sharp, Salvation Nell, Tess, or Mrs. Bumpstead Lee, she would spend a great deal of time preparing for it, for she felt that her audience deserved a faithful protrayal of the characters she assumed. In 1890 she was married to Harison Gray Fiske and retired from the stage until 1893 when she appeared again as Nora in Ibsen's Doll House. Since then all of her many productions are noted for their high artistic quality. Although she was successful in every part she took, Becky Sharp in Thackery's "Vanity Fair" is perhaps her best role. Mrs. Fiske united with her dramatic skill, loyalty to friends and her husband and a wonderfully sweet disposition.

It is said of her:

She was as glorious a women as she was an actress. Sensitive and careful about the feeling of others, she could be with you for years and there would never be any controversy whatever. She saw all sides of every question. There was never any hesitation about going out on tour—one-night stands or cities, it made no difference to her, and she was as well known in Macon, Ga., as in New York. There was never any complaint about bad traveling conditions, and if business were bad she would wire not to send her any salary.

Her interest in the young stuggling player was proverbial always helping and encouraging them if she saw any talent for the stage.

Last winter she played in Becky Sharp and those who saw her, say that she was as active and graceful as she was as a young girl.

In 1932 she had pneumonia and died a few weeks ago loved and lamented by all who knew her. Like Elizabeth Browning she asked that only her husband might see her in her last sleep.

"And one the dearest of them all, say, "Not a tear shall o'er her fall:"

"He giveth his beloved sleep."

Washington Women Take To Flying

There is one woman in Washington's diplomatic group who has a pilot's license—Mme. Thaddeous Zazulinska, wife of the secretary of the Polish Embassy. She loves flying, but doesn't "go up in the air" much now because her husband has implored her not to fly.

Nevertheless she is a full-fledged pilot. She took the necessary hours of training and solo flying in Chicago, where she acquired her license. Chicago was her home before her marriage to Mr. Zazulinska last October. The Polish diplomat had been stationed in Chicago as Consul, and brought his bride with him when he came to Washington in the autumn.

A number of the diplomatic corps do a deal of flying, but only as passengers. All the Claudels, the French Ambassador and his wife and daughter, fly always by preference.

Another aviatrix of prominence, Mrs. John Terry Remey, who was Miss Peggy Howard, daughter of Mr. and Mrs. Beale Howard of Washington, is deeply interested in the Betsy Ross Flying Corps, and, in Washington for a time, told of the organization:

"It is an organization of licensed girl pilots, which is intended to take the place of the Woman's Ambulance Corps which saw heroic service in the world war. It was formed only last May, and as yet there are a bare hundred members, but they range from Los Angeles to New York. It is organized along army lines and we hope that eventually it will be accepted as a branch of the service."

LA MODE

London's Skirts

In London they will continue to have their daytime skirts ten inches from the floor. Sports clothes will be of similar length. Afternoon dresses will be ankle length and evening dresses will touch the ground and have trains if you like 'em. These lengths promise to be standard for New York and Paris, too.

Two-piece dresses are notable; the newer sort consist of a high-waisted skirt suitably boned to keep it smoothly in place and a tuck-in blouse of the same material. Vera Borea has some most attractive costumes with skirt, blouse and short-sleeved bolero all in the same colored linen. One is her new coffee bean, a melting, pinky, gray-brown that is indescribably lovely.

Dress and jacket ensembles are preferred to blouse or sweater and suit by a number of creators for sports, particularly warm-weather ones. Jean Patou likes a white frock of crash, silk or lacy jersey made very feminine by his diagonal cut, worn with one of his short, square, boxy jackets in felt of a bright color—enamel or flax blue, or geranium red, or vivid green—and with a three-colored crepe de chine scarf to pep it up even more.

In The Housekeeper's Little Handy Book

Save all the ends of toilet soap, put in covered bottle or container, keep covered with water and after a goodly accumulation you will have a jar of the finest possible soft soap to use for the wash basin style of washing. The soap jelly makes a wonderful lather for sweaters or silk underwear and costs nothing but a little time and trouble.

Eggplant is much more succulent if, after the slices are browned but not left to cook thoroughly, they are put in a large baking pan, covered and left to finish cooking in a slow oven.

Veal chops and veal cutlets are more delicious and wholesome if after being breaded they are browned all over, placed in a baking pan, covered with milk and left for a long time in a very slow oven until the milk cooks away and the cutlets become rather crisp again. The pan juice makes delicious gravy.

RECIPES

Apricot and Pineapple Jam

1 pound dried apricots
2 No. 2 cans crushed pineapple
1 1-2 pounds sugar
1-2 teaspoon salt.

Wash the apricots and soak them overnight in the juice drained from the canned pineapple. In the morning chop the apricots. Combine the fruit and all the juice with the sugar and salt and heat slowly. Stir frequently and cook for about 25 minutes. Pour into hot sterilized jars, seal and store in a cool place.

Rocks

1 cup butter.
1 1-2 cups light brown sugar
3 eggs
2 3-4 cups sifted flour
1 teaspoon cinnamon
1-2 teaspoon salt
3 cups raisins, chopped
1 cup chopped walnuts
1-2 teaspoon soda.

Cream the butter and sugar and add the well-beaten eggs. Sift together the flour, cinnamon, soda and salt, and reserve 1 cup of the flour to mix with the raisins and nuts. Mix all together. Place by spoonfuls on a greased sheet and bake in a hot oven (400 degrees F.) until lightly browned. As fluor varies so much, bake a sample, and if it runs add from one-eighth to one-fourth cup more flour. Sometimes when drop cakes spread out too much in baking the fault is that the oven is not hot enough rather than that the mixture is too soft. Drop cakes need a rather hot oven at first so that they set juickly and hold their shape. They also bake better on a baking sheet without high sides or on an inverted pan. Care must be taken that they do not become too brown around the edges.

Spanish Rice

3 onions (medium size)
1-2 cup drippings
1-2 cup uncooked rice
3 cups fresh or canned tomatoes
3 green peppers cut into strips
2 teaspoons salt.

Slice the inions and cook until tender and slightly brown in the melted fat. Remove them from the fat, add the race, which has been carefully washed and dried, and brown it. Then add the cooked onions, the tomatoes the green peppers, and the salt, turn the mixture into a baking dish, and bake it until the rice and the peppers are tender. This will make six or eight average servings.

Uses of Cottage Cheese

Cottage cheese is high in nutritive value, containing all the constituents of milk except the cream. Like milk, it is a source of protein, which is used to build and repair body tissue.

Cottage cheese is i nfact a food that, served either alone or in combination, may form an important part of the diet. In salads, dessetrs or cooked dishes, cottage cheese may be used to advantage. As a basis for the main dish of a meal it may often reduce expense and appeal to the appetite as well as supply nourishment. Few people realize the diversity of its uses.

Nancy Carroll In New Film

Stage fright is comminly associated with work behind the footlights, but some screen people are affected by it.

This has been partly explained by the fact that most of our celluloid thespians have appeared on the stage at some time or other before appearing in pictures and have never gotten comvletely over the fear of facing an audience.

Nancy Carroll, who is featured in "Wayward," the New Lyceum theatre's picture for Wednesday and Thursday, March 23 and 24, is not frightened as much as she is worried that the "take" will not be good. That is the business trait in Nancy asserting itself. She understands that every "shot" that must be taken over means a loss to the company, and she would like to save it if she can.

Richard Arlen is an active, outdoor fellow with an over-abundance of pep. His only fear before the camera is that the instrument will not respect his exuberance. Arlen goes over the script of a play very carefully and studies every bit of action in it. By doing that, he feels equal to any situation in it, and is not afraid that any wrong move on his part will desroy a "take." But the "pep" bagaboo is always before him.

Twenty-nine years on the stage and in pictures have given Pauline Frederick a firm grip on herself. She feels a minimum of stage fright, even in the most trying of dramatic situations. She has calmness to spare and her attitude toward the camera helps the other players to adjust themselves and to feel at home.

Few Records Preserved for Future Historians

It is pretty safe to predict that almost all our books, and practically all our bound files of newspapers and magazines, will have crumbled to dust long before the lapse of another thousand years, for wood pulp paper is short-lived. Even by going to the trouble of interleaving all its newspaper files with sheets of tissue paper the New York Public library has no expectation that they will be handleable for more than about a hundred years.

Odd though it seems, it is certain that the student of a century or two hence will be able to consult plenty of legible newspapers dating up to about 1850; for they are on rag paper. The papers, however, chronicling man's subsequent conquest of time and space, the dawn of the eras of flight, wireless, electrification and television, will crumble like ashes at his touch. Already the file of a weekly London journal of only 50 years ago, preserved in the British Museum library, has met with that fate.—London Spectator.

Tapestries of Raphael

Among the priceless treasures of the Vatican in Rome, which no money could buy, are the tapestries of Raphael now in the gallery of the Arazzo, which formerly were hung on the walls of the Sistine chapel. The ten pieces made in Brussels by Peter van Alst from Raphael's cartoons represent scenes from the history of the Apostles. In the sack of Rome in 1527, they were part of the booty of the soldiers of Charles V, and they tried unsuccessfully to take the gold from the tapestries by use of fire. They were sold and dispersed and then recovered, only to again be captured by the French troops in 1798, who disposed of them to a second-hand dealer of Genoa. After all their adventures they now rest for the world to admire.

CHURCH NOTES

Kenendyville M. P. Church

J. McLain Brown, Pastor. Services on next Lord's Day as follows. Men's Bible Class at 10 a. m. Sunday School ten o'clock. R. C. Young, Supt. Morning worship at eelven o'clock. C. E. Society at 7 p. m. Preaching by the pastor at 7.30 p. m.

Still Pond M. E. Church

J. C. B. Hopkins, pastor. 9.30 a. m. Sunday School, A. J. Hackett, Superintendent.

10.45 a. m. morning worship message and sacramental service. 7.30 p. m. a beautiful Pageant will be given.

Betterton M. E. Church

J. C. B. Hopkins, pastor. 2 p. m. Sunday School, Mrs. Archie Crew, Superintendent. 3 p. m. worship a message and sacramental service. 7.30 p. m. Epworth Ieague.

Chestertown M. E. Church

Rev. J. Harry Wright, Minister. Sunday services will be as follows: 10 a. m. Church School, J. S. Kreeger, superintendent. The lesson theme for the Senior department will be, "The Cost of Saving Others." Come out and study the Word of God with us.

11 a. m. morning worship service. The vested choir will sing, "The Palms," and the general theme for the day will be the triumphal entry of Jesus into Jerusalem. The pastor will speak on the subject, "The Divine King." The class in preparatory membership will be received into full membership at this service. Other members will also be received at this time.

"Rejoice greatly O daughter of Zion: shout, O daughter of Jerusalem. Behold thy King cometh unto thee; He is just and having salvation."

7.30 p. m. special anniversary meeting of the Church School. At this service an effort will be made to raise our missionary offering for the Church School. The reports, thus far made of the offerings of each class, are most encouraging. Each class in the Church School is expected to make a final report at this meeting. There will be a special program presented under the direction of Mrs. Walter Bramble, one of the features of which will be some stereopticon slides on the life of Jesus, which will be shown and interpreted by the pastor.

There will be special meetings all next week, each night at 7.30 except Saturday. The pastor will bring massages taken from the record of the last week of the life of Jesus. On Thursday evening there will be a special sacrament of the Lord's Supper to which every member and friend of the church is invited. These should be very significant services of worship, meditation and inspiration.

Christ M. P. Church, Chestertown

Rev. E. A. Sexsmith, D. D. Minister.

"I was glad when they said unto me, Let us go into the house of the Lord."

"Enter into his gates with thanksgiving, and into his courts with praise: be thankful unto him, and bless his name." We cordially invite you to join with us in the services of Palm Sunday and Holy Week which will be as follows:

Sunday School at 10 a. m. lesson subject, "Jesus Dies on the Cross" John 19-17- 30.

Morning worship 11 a. m. sermon by the pastor on "The Royal March." The choir will render "The Palms" by Faure.

Christian Endeavor service at 6.45 p. m. subject, "How Can I Show My Crowd That I Am A Christian." This service will be in charge of Miss Katherine Elliott.

Evening worship at 7.30 p. m. Gospel song service followed by sermon by the pastor.

HOLY WEEK SERVICES

Wednesday evening 7.30 o'clock. "The Passion of Jesus" A service of meditation and preparation.

Thursday evening 7.30 o'clock. Holy Communion. It is especially desired that all candidates for church membership as well as the entire membership attend this service.

Friday evening 7.30 o'clock. Amid the shadows with our Lord we pause and worship. A service of consecration for future church activities.

St. James M. P. Church

Rev. J. Lee Marker, Minister. Special atention is called to the following pre-Easter services. We invite you to enjoy them with us. It is the season when all should feel the urge to sacrifice, to repeat and to reconsecrate their lives. Let us all enter into the spirit of this sacred season.

10 a. m. Sunday School. George Carroll superintendent. The lesson will be "Jesus Dies on the Cross" John 18:1-19. Help us to realize our goal of 100. This means you must do your part. 11 a. m. the occassion will be Palm Sunday. The pastor will bring a message appropriate to the day. Special music by the choir. 7 p. m. Christian Endeavor, led by Mrs. Samuel Cullis and Paul Myers. The subject: "How Can I Show My Crowd That I am a Christian?" To be present will do you good.

Special attention is called to the services for next week (Passion Week) A series of pictures will be shown bearing on Christ's suffering, crucifixtion, and resurrection in the following order.

Monday, Jesus the wonder worker.
Tuesday, The Transfiguration.
Wednesday, Going Up to Jerusalem.
Thursday, Gethsemane.
Friday, Colgotha.

We believe to see these pictures and take part in these services will bring you into a new apprciation of what Christ means to us all. We beleive these services will find their way into your heart.

Lynch M. P. Church

2 p. m. Sunday School, lesson; "Jesus Dies on the Cross." 3 p. m. Preaching service. The occasion will be Palm Sunday. The pastor will bring an appropriate message.

7 p. m. Christian Endeavor. The subject: "How Can I Show My Crowd that I am a Christian?" All are welcome.

HEALTH NOTES

RICKETS—PREVENTABLE AND CURABLE

"Babies are like plants. They have to have sunlight, the right sort of food, and intelligent care," Dr. J. H. M. Knox, Jr., Chief of the Bureau of Child Hygiene of the State Department of Health, said recently. "Every gardener knows that when plants are deprived of sunlight and the right kind of plant food, they soon show the effect of it in weakened stems as well as in other ways.

"When babies are deprived of the right sort of food and sunlight, they show the effect of it in what corresponds to their 'stems'—that is, in the bony structure of the body—the bones of the arms, legs, spine, chest—in fact, in any part of the body. Sunlight helps in a very wonderful way to convert some of the elements in the baby's food into bone strengthening substances. When sunlight and the right sort of food are lacking, the baby develops what is known as 'rickets.'

"This means that the bones have not had a chance to stiffen. They are soft and pliable, and are easily deformed; the muscles are also weakened. Some babies develop bow legs; others have crooked spines; others have deformities of the chest. In some babies with rickets, the bones of the head near the 'soft' spot do not close at the normal time. In some, teething is delayed; others have disturbances of the digestive system or of the nervous system. Babies who have rickets are very susceptible also to colds and other infections. Rickets may result in misshapen pelvic bones which may make childbearing difficult in later years.

"Fortunitely, rickets is preventable. It is curable also, provided the start is made soon enough. The remedies are the right sort of food, sunlight and cod liver oil. There are also certain vegetable oils that have been especially treated and that can be used instead of cod liver oil. Cod liver oil has been called 'bottleld sunshine' because it has much the same effect in helping to strengthen the substance of the bones that direct sunlight has. Accordingly, cod liver oil is used both to prevent and to cure rickets.

"One way by which rickets may be prevented in the young baby is for the expectant mother to eat plenty of the right sort of food, such as milk, fruit, eggs, green vegetables, butter and other dairy products, with meat or fish once a day, and with a small amount of cod liver oil every day, both before the baby comes and during the nursing period. Another way, is to begin giving the baby a few drops of cod liver oil every day, when it is a month old, increasing gradually, under the doctor's direction to form one-half to two teaspoonfuls twice daily."

JOHN H. DWYER
AUCTIONEER
Worton, Maryland

STEPHEN R. COLLINS
ATTORNEY-AT-LAW
Court St., Chestertown, Md.



3 RULES
big help to BOWELS

What a joy to have the bowels move like clockwork, every day! It's easy, if you mind these simple rules of a famous old doctor:

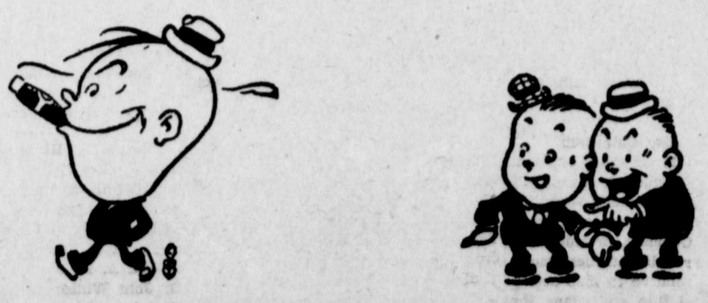
1. Drink a big tumblerful of water before breakfast, and several times a day.
2. Get plenty of outdoor exercise without unduly fatiguing yourself.
3. Try for a bowel movement at exactly the same hour every day.

Everyone's bowels need help at times, but the thing to use is Dr. Caldwell's Syrup Pepsin. You'll get a thorough cleaning-out, and it won't leave your insides weak and watery. This family doctor's prescription is just fresh laxative herbs, pure pepsin, and other helpful ingredients that couldn't hurt a child. But how it wakes up those lazy bowels! How good you feel with your system rid of all that poisonous waste matter.

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SYRUP PEPSIN
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Purifies and enriches the blood, clears the complexion.
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J. D. BACCHUS
Chestertown, Md.
Will cry sales of all kind on short



"What's Jones So Puffed Up About?"

IT'S an old, old, story . . mates. A few months ago, Jones was one of that short-sighted group that figured "Advertising just a waste of money." His business went from bad to worse until, in desperation, he decided to "try it just once."

The results were so gratifying, that he's been ADVERTISING CONSTANTLY ever since. No wonder he's smiling and content now.

Moral:
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