Women's Page



BY A WOMAN

OLD CHESTERTOWN

In writing about old Chestertown I am quoting from "Tide Water Maryland," by Paul Wilstack.

"In the reaches of the Chester, the river forms four graceful curves, and just beyond the last of them is Chestertown.

This is one of the older and more interesting little cities of the Eastern Shore. The draw in the bridge indicates that it was not at the head of the river's navigable waters, though it stands twenty miles from the river's mouth. So its origen is to be looked for in some other reason, and it is found in the fact that it is built about the ancient ferry which was here from the first finding of the great colonial highway between Philadelphia and the Annapolis ferry at Rock Hall.

Fithian notes in his journal on April 14, 1774. "Rode from Rock Hall over a delightful part of the country to Chestertown, 13 miles—This is a beautiful small town on a river out of the bay navigable for ships. It has an elegant Court House I may say, in which is the Town Clock. Mr. Wall, the Commedian, has been for several evening past exhibiting lectures in elec tricity and, I understand, with considerable applause. They have a lottery on foot and to be drawn in May next for to assist them in building a Market place, Town Wharf etc."

The court house was old when Fithian saw it in 1774 for it had been standing since 1698. But this "elegant, I may say, grand court house" was torn down in 1860 and one cannot help wondering what Fithian would have said of the building, for which it was destroyed, to make place.

Though Chestertown was a small town" when the tutor from Princeton. Mr. Fithian was here he might have then seen also the staunch Custom House, and Wide Hall, the Abbey, the Wickes House the Palmer House and others that were standing before the Revolution; and all survive today.

The custom house, no longer familiar with its ancient duties, stands staunchly by the river side with some suggestion of military menace, to re-creant ships, in the peculiar high narrow openings in the brick walls overlooking the river, as if here the slender muzzles of flint locks might speak sharply to sea captains neglecting to pay their tolls.

Wide Hall on one side of it, its gardens spreading to the river shore, and the Abbey on the other side of it, locally known as the Pearce House, are in most of their aspects, within, as well as, without, among the charming aspects of Tide Water Maryland.

The gardens of the Abbey once joined house to riverside, but now they are separated from the house by the extension of the old river side street.

In its halcyon days this house was the club of the British port officers, and one can envisage gay evenings there under the candlelight Later it became the home of family after family, all temporary occupants, without that tie which links the builder with his descendants.

Perhaps in passing this way in 1774, Fithian had seen one of Chestertown's most distinguished sons, the eminent painter, Charles Wilson Peale, for, returning from his studies in Boston with Copley, and with other masters abroad, he had in that year, opened his studio in the provincial Capital."

(To be contiued)

LA MODE

Coat Buttons Now Easily Matched

Did you know you could change your coat buttons to match the dress you wear under it? Well, you certainly can. They just snap into a little metal ring and stay "put" until they are unsnapped to make way for another set.

We told you about changeable hat ornaments that fit into a metal stem not long ago. This, rather naturally, is just an offshoot of that idea, proving that one good turn always deserves another and that a good idea never dies, but it reincarnated in a new and more fascinating fashion.

Scarfs

Of course, the scarfs that may modify daytime costumes are legion. One of the most interesting is a tiny three-cornered affair of crepe edged with chenille fringe, tied bib-wise at the back of the neck, while the fringed belt to match is tide centre front.

Speaking of scarfs and belts, large rings made of precious wood set with cut steel, steel and galalithe, or of carved ivory, are often used to fasten either or both.

Detachable furs are on old story.

Evening Wraps

No one neds to question what material to choose for the smart Winter evening wrap. Velvet is the only answer (unless, of course, one happens to have a sable or snowy ermine cape). Uncrushable Lyons velvet makes statuesque floor-length coats that are the last word in evening elegance. Lelang's model in black, with a tiny standing collar of mink and vertical mink bands trimming the big sleeves is one of the most beautiful wraps of the season. I saw it the other night on a tall woman, whose hair just matched the mink. She wore it over a plain black gown, set off by a parure of pearls and burnt topaz.

Two-Toned

Dark blue and light blue, dark brown and light brown, dark green and light green—in short, the two-toned little tailored costume of woolen material is among the pet ideas of Paris. The short jacket is of the lighter color, and both jacket and skirt go in for bias stitching in a big way.

The Road To Better Health

GROWING PAINS

BY DR. WILLIAM J. SCHOLES

A long time ago when little Johnny complained of pain in his joints and muscles, somebody thought that they had figured out the reason. Johnny had those pains because he was growing! Perhaps, it semed logical to conclude that because the pains were somewhat vague, and occurred during child-hood, the period of growth, they must in some way be intimately associated with growth.

What hapened to Johnny after his complaint had been thus duly labeled —and neglected—may have been about as follows:

After he had had his so-called growing pains for a while, he probably came down with an acute attack of rheumatism. The rheumatism may have followed an attack of sore throat. For Johnny had often had attacks of tonsilitis. During the attack of rheumatism Johnny's heart probably gave quite a lot of trouble, for rheumatism in children very frequently attacks the heart.

Heart Might Be Damaged

But, even though Johnny had a bad attack of rheumatism and was sick in bed for quite a while, he finally got well enough to be up and around. In the course of time, he seemed to be as well as ever. But was he? There is a probability that he went through life handicapped to some extent by a damaged heart. With reasonable care he was probably able to carryon in a fairly satisfactory manner. But his damaged heart probably placed more or less restriction upon the amount of his activity.

Everything that has been said about Johnny may just as well apply to his sister. She is more likely to have had St. Vitus dance or chorea, as this disease is two or three time as frequent in girls as in boys.

But what has all of this to do with growing pains? Just this. So-called growing pains often indicate the presence of the kind of infection that causes rheumatism. And rheumatism in children is very likely to attack the heart. Growing pains, heart disease and St. Vitus' dance often seem to be closely related.

One way in which to prevent heart disease in children is by having a careful search made for the cause of all so-called "growing pains."

(Copywright, 1933 by The Bonnet-Brown Corporation, Chicago)

Hints for the Household

BY BETTY WEBSTER

HOUSEHOLD HINTS

To Keep Coffee Hot and Save Extra Work

In homes where there are late sleepers it is a nuisance to keep old coffee or make new coffee after one's breakfast in finished. This can be avoided by pouring the left-over coffee into a Thermos bottle. Leave bottle on table and the tardy member may help himself.

BAKING HINTS

To Cream Cake Easily

Add a tablespoon of boiling water to butter and sugar to be creamed. This lessens the work and makes the mixture very creamy and moist.

Chocolate Cream Icing

Melt unsweetened chocolate over boiling water. Make a white frosting by cooking together, 1 1-2 cups of sugar and 1-2 cup of milk. Cook until it forms soft ball in cold water.

Remove from fire and beat until creamy—add little vanilla. Spraed immediately on cake. Coat this white frosting with melted chocolate.

COOKING HINTS

Valentine Chops

Buy French lamb chops. Buy white paper frills and small red cardboard hearts. Paste hearts to the paper frills. Broil lamb chops. Place frills on end of each chop.

Then pile small peas in center of platter. Place same number of pieces of ham as chops on platter around buttered peas. Cut ham in heart shape. Place each chop on a heart. When served this makes a very pretty dish.

Washington Pie

1-4 cup of butter or butter substitute
1 egg.
1-2 cup of sugar.
1-2 cup of water.
1 1-2 cups of flour.
2 1-2 teaspoons of baking powder.

Method: Beat sugar and egg together. Add melted shortening and water. Beat well. Fold in the sifted dry ingredients. Bake in a buttered tin in a moderate oven.

When cool split and fill with cream filling.

Filling

1 cup of sugar.
4 1-2 tablespoons of corn starch.
Little salt.
2 cups of milk.
2 eggs
Vanilla.

Method: Heat milk luke warm. Mix corn starch with a little water. Beat eggs slightly. Mix corn starch and egg together. Add this slowly to milk and stir constantly until it thickens. Add sugar an dflavoring.

Mix well and spread between cake layers. Serve with whipped cream.

Ham Smothered in Sweet Potatoes

Large slice ham.
3 cups of sliced, cooked sweet potatoes.
2 tablespoons brown sugar.
1 cup of hot water.
1 tablespoon of melted butter.

Method: Cut ham in pieces for serving. Cook slightly on each side. Covham with sweet potatoes. Heat sugar, water and butter together. Pour over ham and potatoes. Bake one hour.

Creamed Shrimps and Mushrooms

White sauce.
Shrimps.
Mushrooms.

Method: Clean and prepare shrimps. Clean and prepare mushrooms. Make a white sauce using as proportions 1 heaping tablespoon of butter, 1 heaping tablespoon of flour, 1 pint (2 cups of milk). Seasoning. Melt butter, add flour and seasoning. Mix well.

Add the milk slowly and stir constantly until it thickens. Then add shrimps and mush rooms. By making this in a double boiler this can be made ahead of time and kept warm in double boiler. Canned shrimps and mushrooms can be used. Serve in heart-shaped cases.

(Copywright, 1933 by The Bonnet-Brown Corporation, Chicago)

How Times Have Changed—

THE custom of celebrating the advent of the New Year is sunk in antiquity. Let us glance down the centuries toward some of the first stunts in which the populace indulged and see if we aren't inclined to draw a breath of relief as we exclaim, "How times have changed!"

Long, long ago, before the dawn of civilized stomachs, it was a good old pagan custom for the people to celebrate the New Year by gathering in the open where they circled around two wild boars that tore each other to bits. The meat of the dead animals was then divided between the people to feast upon, the best pieces being reserved for those highest in authority. It's a far cry from the midnight supper of today with its carefully chosen hors d'oeuvres to stimulate the flagging appetites of guests whose stomachs revolt at the sight of spilled blood.

In old Scotland a more savory diet was enjoyed on New Year's eve when people thronged through the streets between twelve and one o'clock at night bearing steaming kettles of spiced ale, known in that day as the wassail bowl. As they passed each other on the way to visit neighbors, they stopped to give and take sips, so that their spirits were mounting high when they arrived, to be generously fed on buns and cheese. This pleasant custom persisted for many years until it was abused by the wild youth of the land who took advantage of the occasion for the commission of lawless acts.

At one time the New Year was celebrated by the giving of presents just as Christmas is today. Gloves were a popular contribution to a lady's wardrobe because of their rarity. If the gentleman was hesitant in selecting the gloves in person, it was perfectly proper for him to give money for their purchase, which was known as "glove money."

When pins were first invented, about the beginning of the Sixteenth century, they were an even more acceptable gift in feminine circles. They were rough hand-made pins, but were considered rare pieces of workmanship compared with the skewers of bone and wood then in use. If money was given for their purchase, it was known as "pin-money," a phrase which has clung to the language, and connotes money used for any extras, pins or other.

In early America the New Year was celebrated with the simplicity that was part of the times. With no steam cars, motor cars or telephones, people had to depend on stage coaches and ox teams for transportation. It was said that it was of no use to sit up and watch the old year out as the "clocks did so vary that they knew very little of the crossing." So the settlers celebrated by making multitudinous calls the next day, jingling merry sleigh bells and shaking off snow on the door step. Refreshments consisted of great slices of cake, doughnuts, coffee and cider. The custom of making wholesale New Year's calls persisted for many years. Only a short time ago it was still the fashion for families to hold open house.

The Chinese are said to celebrate New Year's in the most unusual fashion of all. They actually feel compelled to pay off their debts before they can be at peace with the world. Of all the customs of various nations, this is perhaps the one most worthy of emulation.—Indianapolis News.

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How Old?



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At the age of 62.

That's the happy state of health and pep a man enjoys when he gives his vital organs a little stimulant!

When your system is stagnant and you feel sluggish, headachy, half-alive—don't waste money on "tonics" or "regulators" or similar patent medicines. Stimulate the liver and bowels. Use a famous physician's prescription every drug store keeps. Just ask them for Dr. Caldwell's syrup pepsin.

This appetizing syrup is made from fresh laxative herbs, active senna, and pure pepsin. One dose will clear up almost any case of headache, biliousness, constipation. But if you want to keep in fine shape, feel fit the year 'round, take a spoonful of Dr. Caldwell's syrup pepsin every few days. You'll eat better, sleep better and feel better. *You will never need another laxative.*

Give the children a little of this delicious syrup two or three times a week. A gentle, natural stimulant that makes them eat and keeps the bowels from clogging. And saves them from so many sick spells and colds.

Have a sound stomach, active liver and strong bowel muscles that expel every bit of waste and poison every day! Just keep a bottle of Dr. Caldwell's syrup pepsin on hand; take a stimulating spoonful every now and then. See if you don't feel new vigor *in every way.*

Dr W. H. Moyer
CHIROPRACTOR
Chestertown Maryland

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SHOPPING JEFFERSON'S

There is a special clearance sale of dresses this week at Jefferson's and every dress that has been reduced is an unusual value and a real bargain. These are not just the usual hopeless numbers that shops try to work off on us trusting females. They are all smart, good-looking dresses.

Looking at them as they hang up on the rack before me I have decided that the reason they were not quick sellers is that without exception each one depends largely on its lines and fit for its smartness. And hanging over a rack they simply do not catch the eye. For instance there was a black frock among them, very plain and simple, not a thing to call for attention—and no one even wanted to try it on. Finally yesterday they persuaded one girl to put it on. She was absolutely shocked to find she was a knock-out in that plain little black frock.

There are others of this type. A Navy and white print with lots of buttons and buttonholes. It is SWELL on. And there's a black with white buttons on the shoulders and another black that has just a plain little white scarf collar. And still another black with long full sleeves and girlish cut. Any of these would earn its keep in your wardrobe and make you bless the day you tried it on. Special sale prices on these is $3.95, though regularly they were $5.95. And I wish someone with real sense would see the possibilities of that green rough crepe and satin dress that has been $9.95 and is now $5.95. It is a perfect love of a dress on the right person.

One more thing—the new sports hankies are in. Stunning, girls, and they cost 50c.

LYDIA LEE.



PERCY SHELLEY

"The trumpet of a prophecy! Oh, Wind, if Winter comes can Spring be far behind?"
To aid another in his need. to bring one's abilities to the caretaking of another's perplexing problems is a worthy aim.

C. L. DODD
Funeral Director
Chestertown, Maryland
Telephone, Chestertown 164

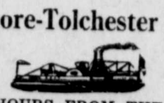
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