Women's Page

KITTY KNIGHT

The story of Miss Kitty Knights life is fraught with memories and romance like the little village in which she lived so many years of her life. There is a tradition that when she was in her teens that her uncle took her to Philadelphia where the Continental Congress was then holding its sessions. We can imagine the delight and enthusiasm of the young girl when she was invited to the ball where the Commander in Chief and his officers were attending. She must have been greatly admired for it is told that Gen. Washington came up to her and said, "I want to see the Magnet that is attracted all my staff" and that he danced the stately minuet with her. Again it is told that Miss Kitty had many beaux but she preferred one Colonel William Spencer who was very much in love with the fair maiden, but, being warned that she had a fiery tongue, as he was riding up to see her one day, he heard her berating one of her Servants, and, thinking that discretion was the better part of valor, he rode away without seeing her, and he never came again. This, too, is tradition, but it is certain that she never married. The following are memories of one, who knew Miss Kitty in her old age, and who went to her home as a bride, when Miss Kitty had to move away on account of her age and infirmities:

"I cannot tell you where Miss Kitty Knight was born but think in Cecil or Kent County. The greater portion of her life was spent in the little village of Georgetown overlooking the beautiful Sassafras River.

During the late war with Great Britain Admiral Corkburn, with a portion of his fleet, visited the town and after a slight Skirmish in which tradition says our brave Militia retired, leaving the helpless women and children with the town to the mercy of the enemy, who soon landed and set the place on fire, when Miss Kitty Knight appeared and pleaded with such eloquence enhanced by her beauty that she not only succeeded in saving her own residence, but several others which stand as Monuments to her bravery. It is told that the Admiral was so charmed that he swore that he would return and marry her. Upon this incident was built Miss Kitty's fame which seems likely to live, while the old house stands and which is visited by many as a great curiosity Miss Knight lived in this house until about 1855 when her infirmities decided her to make her home a few miles distant with her nephew, W. M. Knight, of Cecil County, where she passed away several years afterwards at an advanced age and was interred in the Roman Catholic Church yard of St. Francis Xavier near Warwick, Cecil County. The writer first met Miss Knight when the latter was about seventy-five years old. She was slight in figure stooped a little and dressed in the old style short-waisted bodice with surplice and kerchief. She wore on her head, a white muslin turban and walked with a cane. Her features were delicate, mouth pretty and blue eyes which could flash and express volumes. She was a charming conversationalist possessing a fine intellect keen wit and a memory stored with the poetry and literature of the day."

The Kitty Knight house then was in old Colonel style very much like the present home of Dr. H. C. Hughes in Chestertown, though recently it has been embellished by porches and other additions, and as we stated last week is occupied as an antique shoppe. Mrs. Rosalie Mitchel great aunt of Mrs. William Hepburn and Miss Nan Price, who was quite an artist has written a poem about Kitty Knight's saving the home. Another tradition says that when a Maryland man went abroad, quite a long time after the war of 1812, he met Admiral Corkburn who, when he found he was from Maryland asked about Miss Kitty, and when he found she was still alive sent her his "best compliments." A Massachusetts man, in delivering an address before the Historial Society of Maryland said. "If Massachusetts was as rich in colonial history as Maryland, she would have a shrine every few miles."

There is nothing more interesting to some people than looking over old files:

This is copied from an 1875 edition of The Transcript.

"After an exciting discussion the Constitutional Convention of Missouri has decided to submit the question of female suffrage to the vote of the people as a clause in the new Constitution which they may either accept or reject. The time now approaches when the Missouri girl's last injunction to her lover at parting on the night before election will be that he take care not to fail to stop at the polls next morning and vote no; and the Missouri Matron will follow her husband to the door on that eventful morning and caution him not to come home to dinner with out putting in a ballot against female Suffrage. And yet the strong minded woman will accuse the men of being unjust to them."

This is old History as Women's Suffage has long been in the Constitution of the U. S. but if the women had alone voted, it is doubted that it would have been even now."

STYLES

Linen seems to have entered a new sphere, that of coats. One may recall linen dusters of early automobile days—with yards of chiffon floating from the head, they looked like Mother Hubbard's wrapper. Now they have come in, along with cotton ones, to replace the erst-while favorite polo coat. Swagger coats are just the thing to throw over a sports dress when hopping into a car heading toward a country club.

But a more dressy role than this is reserved for the linen coat—that of companion to a crepe dress. The latest thing is to make a three-quarter length one to match the background of a print. That is pretty, yet even smarter is a model in tucked white handkerchief linen worn over black; the gown has a yoke of white linen to match and at the left shoulder is a bouquet of starched flowers edged in red.

Dancing in Linen

Which frock are you going to put on tonight, Miss? There is to be a dinner dance at the country club." Imagine that the question is being put by the maid of a well-ordered country house to a week-end guest on a hot Saturday night. "The linen one, please," will be the prompt reply.

Hats seen at the midseason millinery openings aspire to positively dizzy heights—particularly dizzy when worn by the wrong woman; and with high hats that happens easily.

Reboux has crons that equal the measurement of one's face from forehead to chin. Usually she counterbalances the steep effect by widening them out at the top—they may be two full inches broader at the top than at the base. Obviously such high crowns would be too much like stovepipes to be wearable if they were straight, so they must either slant out or in; out i sa bit smarter than in. However all that may be, Agnes is continuing her Calabrian sailors and flower-pot hats in felt for the Fall.

The Road To Better Health

WARM WEATHER WARNINGS

BY DR. WILLIAM J. SCHOLES

Summer will have its official opening next Wednesday and we will celebrate the occasion by considering some warm weather "do's" and "don't" on this beautiful June day.

Diet

In cold weather when it is a case of "everything going out and nothing coming in" so far as bodily heat is concerned, we eat Eskimo dessert—fat. But in the good old summer-time when we are trying to get rid of the surplus heat within us, fats are taboo. And so all along the line, the summer dietary is practically the opposite of the winter bill of fare.

The wise ones will cut down on food during hot weather, and the real wise ones will do this to the extent of fifty per cent. Prudent people will confine themselves to fruits and vegetables, and eat little meat, pastries, condiments, and other stimulating foods.

Smoking

Smoking is unquestionably more harmful in hot than cold weather, and the smoker will find it to his advantage to cut down on the "weed" during the next two months albeit smoking out-of-doors is far less injurious than it is indoors. Thin, blond cigars should replace the fat, black ones. The old pipe should be laid aside and given a much-needed rest. Cigarettes are permissible, but a package should be made to last two or three days.

Drinking

There is a natural desire in hot weather to fill up on cold drinks. But taking ice water and cold "soft" drinks with the idea of cooling off is a delusion. The so-called "soft" drinks are harder on the stomach than some real hard drinks. If you really want to get cool let some cold water run over the wrists for five minutes and drink a bowl of hot soup.

Ventilation

During warm weather, when doors and windows are open day and night, the openings should be guarded against insects, especially flies, mosquitoes, and spiders. Carelessness in this regard has cost many lives.

Clothing

Because of the greater activity of the skin during this time of the year the underwear should be changed more often. Babies should not be swathed in flannels. They don't like it any more than you would—and they don't need it. The first sign of prickly heat and mental irritability shows that the youngster is too heavily clothed.

Exercise

The summer active life should be approached gradually. Violent exercise of any kind should be avoided by people with disease of the heart, liver or kidneys. It is only the young and rugged, who are in trailnng the year round who can stand two or three sets of tennis or a twelve inning baseball game in the hot sun. The old boys should confine themselves to the more leisurely golf, but don't lose your temper— that is bad in hot weather.

(Copywright, 1933, by The Bonnet-Brown Corporation, Chicago.)

KEEP THE CHANGE

He—I have been a bachelor for years and now I long for a home.

She—Well, I hope you don't expect me to furnish one.

PERCY SHELLEY

"The trumpet of a prophecy! Oh, Wind, if Winter comes can Spring be far behind?"

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And You'll Jump Out of Bed in the Morning Rarin' to Go

If you feel sour and sunk and the world looks punk, don't swallow a lot of salts, mineral water, oil, laxative candy or chewing gum and expect them to make you suddenly sweet and buoyant and full of sunshine.

For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

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