Women's Page

ANTIQUES HOLD SWAY

Never has there been such a fad as the fad for antiques at the present day. A generation ago there was the same rage for new furniture and much of the old family pieces were, given away to make room for oak and maple.

Consequently much of this valuable furniture is found in very humble homes. But now that the wheel has turned, one finds people searching for this same old furniture and things in the last century are very valuable. The Literary Club has decided to have an Antique Show in the Public Library. The members are to bring their old possessions at least a century old and exhibit them to the Public for the small sum of twenty-five cents. Tea is to be served for the visitors and a generall good time is promised. Old jewelry, old laces, old china, old paintings and every thing very old, that is not too bulky will be shown, with their history, written by the owners, who will be there to watch over their treasures.

German women are not by any means to be envied under the Hitler regime. Because of the scarcity of healthful food, she is too thin to serve as models in the dress shops. She must study whenever she can, and she, must have for her ideal, motherhood, kitchen and church but she must also know much of art architecture and music if she would be a true Hitler woman.

There is a National League of German Women which was formed shortly after Hitler came to power.

The object of this league is to make patriotic women.

'We do not wish to see women in the streets fighting over politics, 'We want them to be concerned in raising a healthier, cleaner race,' says the League.

We want a nation of strong able bodied women who are willing and happy to raise strong able bodied children.

There is no doubt that if such an ideal is followed by the German frau that it would make things more comfortable for the German man, but will the women conform to such rules remains to be seen.

Just to think the Dionne quintuplits are three months old, only Emile and Marie, the smallest remain in the incubator. The five together weigh 31 lbs 8 1-4 oz. The house opposite which the Canadian Government is building for them to spend the icy winter as guests of the Canadian Government is now nearly finished.

There seems to be such a change in business methods now a days. Some one who comes from New York this week was struck at the leisurely pace that the passers by were taking instead of the rush of former years. Why is it? It seems that time is no longer money. One has only to set a machine and it will do the work of many men. That is one reason that so many men are out of employment, and why we have so many women working in business places. For them, there are no lamps to fill, for electricity needs no cleaning, the vacuum does away with labor in sweeping, canned goods are easy to serve and the majority of people buy their bread. So women have time at their disposal and women's clubs are becoming very popular. Women have time to write, so the list of women writers grow increasingly, and at every turn man meets women taking their places. Women lawyers women Senators, Women Diplomats are quite common in these days, Mrs. Perkins as Secretary of labor is doing her work well.

Josephine comes every week to clean for a neighbor. She is so much more physical than mental in her talents that an impish younger member of the household which knows her weekly advent has dubbed her 'the perfect vacuum cleaner.' Her fund of anecdotes is as unlimited as her good humor. Many of the stories concern her two ventures in matrimony, both husbands being now deceased. A sense of propriety restraining Josephine from reference to them by their first names, she has hit upon the original if somewhat puzzling discrimination of 'my late husband' for one, and for the other, 'my own husband.' They were friends in their boyhood, she is wont to relate, and both were suitors for her hand simultaneously. 'Then one evenin' they both come together, an' they sez, sez they, 'Josie, it's fer you to choose between us, right now,' so I goes out in the hall an' sets on the stairs, and I thinks, an' I thinks. Then I picks up a hat from the rack an' I says, 'whichever one owns this hat goes.' He did; he went jest as I said, an' when I'd been a widow for my own husband a year, he come back an' I married him, that's my late husband. Real romantic, ain't it?'

Hints for the Household

ULTRA-VIOLET LIGHT IN SKIN DISEASES

By DR. WILLIAM J. SCHOLES

When you stop to think of it there are comparatively few dermatologists (skin specialists) alongside the number of specialists in ot her medical divisions—ear, nose and throat, for instance. The principal reason for this disparity is that the practice of dermatology is neither as interesting nor satisfying as some other fields.

Many skin diseases are chronic; some are incurable. The spectacullar element so prominent in surgery is absent. Both the patient and the doctor frequently get disgusted and discouraged when dealing with an obstinate skin disease.

A New Era for Dermatology

Recently, however, a ray of hope has dawned for the victims of skin diseases and those who treat them—the Ultra-violet Light. Such diseases as eczema, psoriasis, lupus, acne, and a score of other dermatoses that were hitherto regarded as next to incurable if not entirely so, now respond to the beneficent action of the Ultra-violet Light.

What Researches Have Shown

From the Nottingham Sun-Ray Clinic come the following interesting and encouraging conclusions based on observations after an extensive trial f the Ultra-violet Light in a large variety ofs kin diseases:

(a) That ultra-violet rays constitute a powerful factor in the complete cure of a vast field of dermatological conditions.

(b) That these rays are able to cure with ease many of the most obstinate conditons that do not yield readily to any other form of medication or therapy.

(c) That in addition to its curative action, ultra-violet therapy has also a defintely prophylactic action in the arrest and prevention of certain recurrent skin diseases.

(d) That the rays, in the hands of qualified medical practitioners, be employed with safety in the majority of skin conditions, and their bactericidal and stimulating properties may with success be more extensively applied in ullc cases of septic, ulcerative and granulomatous conditions.

Certainly this is a boon to sufferers from skin diseases and they should take advantage of it. Ultra-violet Light alone is of course not sufficient, and in the hands of a tyro is dangerous. Only a competent physician familiar with every detail of light therapy, who is a good diagnostician, and acquainted with all local and systematic measures of value in a given disease, should be permitted to handle any case.

Anything posessing the power of Ultra-violet Light can have this turned to evil as well as good account. We have only to consider what it can do to realize how true this is. Ultra-violet Light directly kills disease-producing germs; it stimulates the normal defensive power of the blood; it promotes increased circulation of the blod; it soothes the nerves; it promotes absorption; it improves nutrition; it increases metabolism.

A single agency that can do all this is indeed a Power that should be entrusted only to one fitted to wield it. In the hands of such a one it becomes an incalculable blessing to mankind.

The Road To Better Health

FOR OCTOBER

By BETTY WEBSTER

There are several accepted methods of canning fruits but for the woman who has the necessary ground, burrying is ideal.

The jars may be packed with any desired fruit and then the crevices filled with sugar. Care must be taken to have the jars full without crushing the fruit. Then the pars may be sealed and buried in the ground for three months or longer. They may be left in the ground as long as desired.

Fruit canned in this way is delightful and retains the natural flavor more nearly than that preserved in any other way.

Preserving Tomatoes

If you are lucky enough to be able to gather tomatoes in the fall try this method of storing them so that you will have fresh ones all winter.

Select smooth, ripe vegetables without broken skins; wipe clean and put in a stone jar. Melt lard; let cool and pour over the tomatoes, covering them well. Put in a cool place.

RECIPES

Indian Relish

Peel and chop one large cabbage and six large onions. Arrange in layers in a stone jar, covering each layer with salt. Let standf or twenty-four hours; drain off the liquor and wash the chopped vegetables in a colander. Bring one pint of vinegar to the boiling point with one half a pound of brown sugar, one-half teaspoon of alum, one heaping teaspoon of black pepper, allspice and cinnamon, and two teaspoons each of celery and mustard seed. Stir this spiced vinegar into the cabbage and onion mixture and let stand over night.

In the morning, drain off the vinegar, heat to the boiling point; then pour it again over the vegetables. Place over the fire and boil the mixture hard for five minutes. Cool and pack in jars.

Fig Cake

1 1-2 cups of sugar
3-4 cup of butter
1 cup of milk.
3 cups of flour
1-2 teaspoon of salt
4 teaspoons of baking powder
4 eggs whites, beaten
1 teaspoon of lemon extract.

Cream the sugar and butter; add milk, sift flour, salt and baking powder twice and add half of this dry mixture to the first mixture; then fold in egg whites; add the rest of the flour and the flavoring.

Add to two-third of this mixture:
1 teaspoon of cinnamon
1 teaspoon of nutmeg
1 1-2 cups of finely cut and floured figs.
1 tablespoon of molasses.

Pour into a greased and floured pan alternating light and dark mixtures. Bake in a moderate oven (350 degrees) increasing heat slightly (360 degrees) and decreasing again (350 degrees) for the last half hour. Bake about fifty-five minutes.

Ice Cream Pies

Cut rounds of pastry and bake on the outside of a muffin tin. Cool and just before serving put a spoonful of fresh or canned fruit in each, cover with ice cream and spread with the stiffly beaten white of egg slightly sweetened. Place in a piping hot oven (preferably 540 degrees) until the meringue is delicately browned. Service immediately.

COUNTY COON DOG HONORED

EDGAR WALLS 'LEAD' GRAND CHAMPION

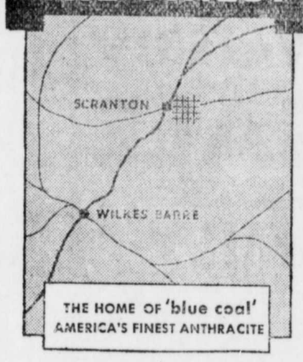
'Driver,' Kent's champion coon dog over eight champions at New Brunswick, N. J., to bring home the grand prize of 100 last Sunday.

This Neew Jersey Club held its eighth field trial of the season last Sunday, and the final trials on that day was termed a Grand Final in which only the winning dogs in each of the eight trials were allowed to compete for the purpose of determining the champion of champions. Lead, owned by Edgar Walls, of Kent County came through the barrier first and was declared the champion of champions which included a $100 prize and a large horseshoe wreathe which he proudly wore when he posed for a picture.

Included in the party who attended the trials from this section were Edgar Walls, Spencer Stevens, Bolden Brothers, Leonard Walls and Charles Davis.

Driver, another dog owned by Edgar Walls won a heat in the semi-finals. Mr. Walls will enter his dog in trials to be held at Coatsville, Pa., tomorrow.

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For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

It takes those good, old CARTER'S LITTLE LIVER PILLS to get these two pounds of bile flowing freely and make you feel "up and up." They contain wonderful, harmless, gentle vegetable extracts, amazing when it comes to making the bile flow freely.

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