Women's Page

Toscannini, the great leader of the Metropolitan opera is very fortunate in his wife. To be the wife of a genius is by no means an enviable positon, for geniuses are so apt to be very temperamental. Toscanni loves music and knows all his scores so well that he is furious with any of the orchestra who strikes a wrong note.

He very often brakes his wand, tears his cravates to pieces, and it is very usual for a pile of broken spectacles to be found in his room.

But he is very devoted to his wife, Signora Carla, who knows and understands his moods. In fact, she makes his various moods, her chief concern. She sees that he has the clothes that he prefers, his bow ties, pleated shirts and patent leather shoes. She cuts his hair because no barber can suit him, and when he says that he has lost his glasses she looks concerned, though she knows very well that he has broken them, and hidden them away. She also prepares the juice of twelve lemons for him every day, and does his telephoning for him. In fact she is a stay to him in every way. But it is not an easy life for her, though her chief pleasure is in hearing her lord and master praised.

Another wife of a genius who has much to put up with is the wife of Einstein. With his great talents, he simply forgets everything not within his line of reasoning, and Frau Einstien finds that she must be his second, to see that he is properly clad and does not forget his engagaments.

There is one occupation that the N. R. A. exempts and that is the home worker. And yet perhaps there are no busier people in the world than the home workers though there is no code for them.

The following was clipped from the Washington Star.

Code For Homeworkers

The Citizens' Association of Takoma, D. C., has by resolution protested against the amount of homework assigned to parents by public school teachers.

That is all very well. But the time for resoluting has passed, and under the new deal the thing to do is to get a code. This code might set forth the following fundamentals:

1. Any parent forced to do homework by a teacher paid from public funds shall be known as a homeworker.

2. A homeworker ordered by a pupil to prepare a written discussion on the principal industries of Forida, the tribal customs of the American Indian, the voyages of the Phoenicians, 'something about China,' and allied and or enemy subjects, shall have the right of telephoning the superintendent of schools and or his principal assistant and obtaining from them informative matter for such discussions.

3. A homeworker ordered to do half a dozen examples in compound fractions shall be paid at the rate of 25 cents per example, and vouchers for same shall be certified by teacher for whom such examples are worked, paid at the Franklin School in currency and deducted from teacher's salary by C ontroller J. R. McCarl.

4. Homeworkers assigned to examples in algebra or to the conjugation of French irregular verbs or the translation of Caesar's Gallic wars shall have the right to organize for collective bargaining, and nothing in this code shall be construed as preventing such organization. Unions of parent-teachers will not be recognized under this code. Any acts of intimidation on the part of teachers tending to discourage such organization shall be punished, the penalty being that teachers must work problems assigned by the homeworkers.

5. Teachers who refuse to assign homework and who do their teaching during school hours without assistance from homeworkers shall receive the Order of the Double Eagle, one pair of wings and a halo.

HOUSECLEANING

This is the time of the year when every one gets ready for housecleaning. It is a time when Mr. Male man feels he is very much injured.

But now housewives are learning by taking one room at a time, the work is far easier. Now, too, rugs have taken the place of the heavy carpets that had to be tacked down, work that made the one who tacked very stiff for days after. Now the careful housewife begins by cleaning attics and closets and going down, gradually.

THE THREE-ROOM HOUSE
By OWEN D. YOUNG,
Chairman general Electric, in an Address at Cleveland.

There are only three rooms in a house. No big house has more than three, no matter what the numerical count may be. No small house has less than three—a kitchen, a settin' room and a bedroom. These are the heart of the house. Less we cannot have and more we cannot use.

No citizen in this land should be so poor as to have less and no citizen in this land can ever be so rich as to buy more.

SONG OF THE ROOMER
By Margaret Tyrrell

Little house, standing so calm and contented,
Ruffled white curtains, fair grass and neat walk;
Little house, little house, whom do you shelter?
Loved ones who fill you with song and gay talk?
Little house, far away, in the third story
Of an apartment I live in one room.
No dainty curtain is hung on my window,
No place a flower could possibly bloom.

Little house, I could take such good care of you,
Wash you and scrub you and paint you up new,
Make you resound to my song and my laughter,
Little house, litte house, I could love you

The Road To Better Health

THE ADULT AND HIS TONSILS
By DR. WILLIAM J. SCHOLES

Each ear finds an increasing number of people reaching their majority minus their tonsils.

The technic of removal of tonsils in children has been developed to a point of perfection that makes it virtually devoid of danger. Antisepsis, anaesthesia and haemostasis make the operation and haemostasis make the operation a comparatively safe procedue in children.

Unfortunately the same does not apply to adults. The grown-up who agrees to have his tonsils removed is signing up for a mighty uncomfortable week.

Hemorrhage An Ever-Present Danger

The greatest danger is from hemorrhage. The artery of the tonsil grows out of all proportion to the tonsil itself, with the result that almst, if not absolute, uncontrolable bleeding often occurs. Any number of cases are on record of adults who have lost their lives from hemorrhage following a tonsillectomy. Others have lost so much blood that they developed a secondary anemia from which many recovered only partially and some not at all.

Removal of Tonsils by Diathermy

There is one way to get around this danger—removal by diathermy. There are three methods of doing this:

Electro-coagulation, by which the tonsil is coagulated and the necrotic tissue sloughs off; Dessication, through which the tonsil is dried up; High frequency, by which the tonsil is more or less reduced through shrinkage.

The principal advantage in diathermy is the absence of danger from infecton or hemorrhage. However, there is some danger from edema (local dropsy) of the throat. If this extends into the larynx prompt measures are necessary to prevent the patient dying of asphyxia. Diathermy is, of course, inapplicable in children as it is done under local anaesthesia which is entirely impracticable in young patients. In any event, I regard the surgical removal of ton sils as the method of choice.

Hasty Removal of Tonsils a Mistake

All in all, then, the grown-up who is considering having his tonsils removed because he has 'rheumatism' will do well to rule out the possibility of his focal infection being elsewhere. It may be his teeth, sinuses, bronchial tubes, gall bladder appendix or large bowel. The point is that while diseased tonsils are a menace and should come out—if the individual is suffering from a systemic disorder because of them this really dangerous operation should not be lightly undertaken.

Hints for the Household

FOR NOVEMBER
By BETTY WEBSTER

Armistice day—November 11th—is recognized almost everywhere whether as a holiday or by a few minutes silence in the middle of the day. It is a day, of course, when things military take first place and offers a splendid opportunity for a patriotic performance.

Often the reserve units can organize some sort of celebration or the local Red Cross or the Boy Scouts and Girl Scuts might take the initiative.

A Good Suggestion

A benefit performance (vaudeville and moving pictures) might be given and the proceeds sent to the nearest veteran's hospital. This is just a suggestion—there are many other things that might prove more appealing and it's up to you to try them.

DO YOU KNOW THAT:

1. A little cheese cooked with scrambled eggs makes a tasty dish?
2. A tablespoon of corn syrup in fudge will insure its smoothness?
3. An easy cocktail is made by covering a few shrimps with chili sauce and squeezing a few drops of lemon juice over all?
4. Onion and celery salt are almost indispensable seasonings as they can be used to flavor meats, vegetables and salads?
5. A bit of sage seasons a meat loaf delightfully?
6. Lemon will usualy remove stains from enamel when other agents fail?
7. A little salt or vinegar put in the water when boiling eggs will prevent cracked egs running out of the shells?
8. A few drops of almond extract really improve the flavor of canned peaches?
9. One-half teaspoonful each of vanila and orange extracts makes an unusual and delicious flavoring for a plain cake?
10. A little mustard rubbed over ham before baking improves its flavor?

RECIPES

Pickled Red Cabbage

Select a good firm cabbage, if possible, after the frost has touched it. Remove the outer leaves, cut in half and shave as for sole slaw. Then place in a colander and cover with salt and place a weight on top to press out the liquor. Let drain for three days adding more salt each day.

Scald one quart of cider vinegar; add to it one ounce of cloves, a little mace, one ounce of allspice and one dozen pepepr-corns. Put the cabbage in a crock and cover with the hot spiced vinegar.

This will be ready for use in a week and is tempting served with cold meats.

Spanish Cream

Soak a half box (2 tablespoons) gelatine in one quart of milk for an hour; add the yolks of three eggs beaten light with one cup of sugar. Cook mixture until it thickens, stirring frequently. Beat whites of three eggs stiff and add to mixture when removed from stove; flavor with one teaspoon of orange extract. Serve hot or cold with whipped cream.

WORTON

Mr. and Mrs. Clarence Hadaway, of Quaker Neck visited his father, Mr. C. G. Hadaway who is confined to his bed with inflamatory rheumatism.

Mr. and Mrs. R. C. Wharton and daughter, Miss Elsie, of Centreville, visited friends here Sunday.

Mr. and Mrs. McCall Rasin, of Cambridge, visited his mother, Mrs. Henrietta Rasin, Sunday, who is convelescent from a recent illness.

Miss Dorothy Ivens spent Friday with Mrs. Wm. Knight.

Mrs. Charles Ford who was operated on at Easton Hospital recently is recuperating at the home of her mother, Mrs. Blanche Loller.

Mrs. Harry J. Rouse has returned to her home in Aberdeen after spending last week with relatives here.

Mrs. Ralph Williams will lead the Epworth League Sunday evening the topic ill be 'Temperance,' everyone welcome.

Mrs. Florence Lee, of Chestertown, spent several days last week with Mr. and Mrs. Chas. Ivens.

Mrs. John Scheiner, of Baltimore, as the week end guest of Mrs. Barney R. Cooper.

Mrs. May McClosky and friend, Mr. Moore, of Wilmington, visited her parents, Mr. and Mrs. A. S. Crouch, Sunday.

The Church Supper was largely attended about ninety dollars was cleared.

Miss Helen Christopher visited Mr. and Mrs. Maxwell Crowding this week.

GALENA

Mr. and Mrs. James Mulford and Mr. Woodrow Mulford, Miss Margaret Mulford spent last Sunday with the formers son and daughter in law, Mr. and Mrs. Clifton Mulford, in Salisbury, Md.

Mr. and Mrs. Burgess Schrieber, of Chestertown, Md., spent last Sunday with her sister, Mrs. George Nicholson.

News received was this week the death of Mrs. Annie Slack, of Newark, Del., Mrs. Slack was the mother of Mrs. Earle Gilfillan. Funeral services were held last Tuesday.

The Ladies Aid held its November meeting in the chapel last Monday evening the hostess were, Miss Annie Hayes, Mrs. Heston Coxe, Mrs. Richard Redding.

The Galena M. E. Church Supper held last Saturday evening was quite a success, clearing $95.50. To the public they extend their thanks for the support given.

Miss Martha Whitaker, of Chestertown, Md., spent last week end with her sister Mrs. Ernest Hicks.

Mr. and Mrs. George C. Johnston are spending some days in Newark, New Jersey, with their daughter and son in law, Mr. and Mrs. Lawrence Reed.

Miss Martha Foley left on Sunday to spend the winter in Atlantic City with her mother, Mrs. Et hel Foley.

Mrs. John H. Ahern and little daughter, Kay Heigh left on Sunday to motor to Florida, where they have taken an apartment for the winter.

Sunday was observed as Harvest Home Day in the Methodist Church. The vegetables, fruit and etc., will be sent to Methodist Hospital in Philadelphia. Everyone present enjoyed the pagenant 'Life's Cross Roads' presented in the evening.

Miss Kathryn Dunn, of Philadelphia, is enjoying home days with Miss Bernice Horsey.

Miss Mary Cruickshank, of Cecilton, Md., spent a few days this week with her sister, Mrs. J. E. Ireland.

Quite a number of town people attended the De mocratic meeting last Tuesday evening all the candidates made speeches, also the States Attorney General, Mr. Jones, of Baltimore City.

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For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

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