Women's Page

KATHLEEN NORRIS

Kathleen Norris is a very popular novelist. Though not considered one of the best writers, yet her stories are very appealing and interesting. It is told of her that she felt the urge to write, but time after time her novels were returned with regrets.

Then she married a writer, Mr. Norris. Mr. Norris, knowing the way with publishers, took his wife's stories, and sent them to one publisher after another. If they were rejected he would send them to another. Finally they are sought by most of the publishers.

About twenty years ago she lost two of her three children, both girls, leaving her only a small boy. For a time she was in very bad health. Then feeling the need of some outside occupation, she went to the hospital, seeking some welfare work. There she found a tiny unsanctioned baby girl. Thinking of her lost darlings, she offered to adopt it. A few days later, on going to the hospital the nurse told her that the baby had died.

But she added: 'I have such a sad task to do. A sweet woman has just passed away and her little son is in the waiting room hoping to see her. He is so devoted to her that I fear it will go very hard with him.'

'I will go' said Mrs. Norris. She went down and began to talk to the anxious little fellow. Then she asked him to go with her to a nearby restaurant, but he refused, saying he was waiting to hear from the nurse when he could see his mother. So she left word where they were going, and they had a very pleasant time together. That evening she had the boy at her home, and only after the evening was over, did she tell him, the sad news. It is needless to say that they became fast friends, and she soon adopted the boy. They have ever been devoted comrades, and now that he is a successful young man she regards him proudly as her son.

The hedge of Boxwood which is planted around the South Square in town, as a memorial to Mrs. Hope H. Barroll, the founder of the Town Improvement Club, is a fitting memorial to her, who by her work and enthusiasm inspired others to work with her in all matters of beautifying and improving the looks of the town.

While the memory of her personality and charm will be ever remembered by those who knew her, the boxwood and the other plants which will be planted as a memorial to her year after year, will ever serve to keep the memory of her green to those of succeeding generations.

MADAME SCHUMAN HEINK

Madame Schuman Heink has ever been a prime favorite. Her deep rich voice was equally acceptable in opera and concert, and now that she is growing old, her many friends gather around her and do her homage.

She often sang in Opera opposite caruso, the favorite tenor, at that time. One day when Caruso was passing her in a restaurant, he saw her sitting in front of an enormous steak. He laughingly said, 'Stena, you are not going to eat that alone, 'No, not alone,' was the reply 'with potatoes.'

Mr. George Bliss of New York, was a great collector of Art. He was also a generous patron of the Metropolitan Opera, and both of these organization suffered greatly by his death. Just now by the will of Mrs. izzie P. Bliss, his whole collection of Modern Art is left to the Metropolitan Museum in New Yark on condition that they raise $1,000,000 as an endowment. If they succeed in raising $750,000 Mr. Cornelius Bliss, the executor of the estate, will let it go at that. The collection will be continued until the 12th of March. 1935.

In a museum in Vienna is exhibited the piano used by the master Beethoven. An American girl walked casually toward it and ran off a careless air. Then, turning to the attendant, she asked whethe r there had not been great pianists to inspect this instrument. The attendant informed her that a short whle before, Paderewski had made a pilgrimage to this shrine. 'Paderewski?' inquired the girl. 'And surely he must have played something beautiful on it.' 'On the contrary,' responded the guard. 'He did not feel worthy of touching it.'— Henry T. Finck, Musical Laughs.

Perhaps you remember in grandmother's day how the seamstress came to the house and pinned and tucked and sewed on that one important dress until the finished garment became a veritable edifice to stand or fall according to its method of fastening. It never occured to her to rip off its braided collar or change a single detail. The dress went down as an heirloom after serving to an almost threadbare condition.

Such a memory is enough to make us kloat over the ease f dressing today along individual lines. The convertible dress and cstume is responsible for the unusual variety of style it is possible to get into the most limited wardrobe. We have seen one woman take a single dark silk dress and turn it into four or five different styles. simply by changing the collars.

METALLIC NECKWEAR

Neckwear counters offer the mecca of exciting things you can do to change a dress. Choose preferably a dress with a V neckline. Then you may wear it high for daytime, and lower for dress occasions. Plan collars that are high and round, r square, in silk crepe or metallic silk, or braided soutache, and if you wish to ater the whole front of the frock, wear one of these bibs or gilets that snap at the back of the neck and are long enough to reach the waistline in front. For a complete change, a plaid taffeta with metallic threads would be lovely.

Then there are the acey types in V-cut or jabot effects, especially the point Vnice, which comes in flattering jabot collars or stiff Elizabethan styles.

The Road To Better Health

COMPLEXES

By DR. WILLIAM J. SCHOLES

A cmplex is a group of associated ideas which cluster about some dominant experience in an individual's mind.

There are certain complexes which are universal. That is to say, they are in the unconscious mind of everyone and play an important formative role in his mental life.

Others are created as a result of certain definite and special impressions and experiences that have a marked influence on the individual's mind and life.

These various complexes originate either in the unconscious or the conscious mind. It might be said in passing that the 'sub-conscious' mind which has had such a popular vogue is not what the laity regard it. This stratum of the mind merely represents those ideas and memories in the conscious mind which for one reason or another are not as vividly realized as others.

Formed In Infancy

The complexes which develop in the unconscious mind are formed for the most part during infancy. Some of them undoubtedly go back beyond that into pre-natal life. And it is possible that some of them even reach back into ancestry. The experiences which form the fabric of these complexes made their impression without the individual ever being aware of them, and with very few exceptions they remain in the mind through life as part of the unconscious.

Another stratum of the mind is the Pre-Conscious, which consists of ideas and experiences which at one time or other were conscious but have been pushed down into the unconscious. It is usually made up of events that have happened to the individual in early life, together with the impressions made by them, which have been 'forgotten.' These most frequently come up into the conscious mind.

The experiences and effects of experiences which have never been in consciousness at all, and which accordingly the individual is not aware ever happened, constitute the unconscious mind. The impressions of infancy, pre-natal life and ancestry belong to the unconscious mind. The experiences of early childhood come into consciousness with comparative frequency.

The Making of a 'Complex'

All these experiences—conscious, pre-conscious and unconscious (infantile, pre-natal, ancestray)—form the nucleus of a group of associated ideas, a complex. These complexes make up the individual's mind life, which in turn influences his actions, his attitude, his bearing, in short everything he is ond does.

Every person in the course of life accumulates a fairly plentiful stock of disagreeable complexes, which have been driven down into the unconscious. Under normal conditions the normal individual is wel able to live in comfort with them, and they never annoy him. However, these submerged complexes are not as most persons think 'forgotten.' They are merely relegated into the unconscious mind from which they constantly struggle for expression. The normal individual is in the main able to keep them repressed. The weok-minded person is not able to do this, in a greater or lesser degree. The result is sanity or insanity and everything between these extremes. And the line that divides the sane from the insane is an exceedingly 'wavy' one.

Hints for the Household

FOR NOVEMBER

By BETTY WEBSTER

Thanksgiving comes but once a year and, with that thought in mind, we make the most of the day. In many homes the old fashioned midday turkey dinner is a thing of the past and the more uj-to-date evening meal with a roast as the main dish takes its place.

However, I still have an ineradicable fondness for the old bird and whether my dinner is at noon or night I want turkey with all the trimmings.

A Delightful 'Turkey Day' Menu

It is best for our digestions, I think. to start the dinner with a simple fruit cocktail or a clear soup.

Then serve the turkey with plenty of crisp celery, cranberry sauce, mashed or candied sweet potatoes, scalloped oysters and cabbage salad.

For dessert either mince or pumpkin pie is the time-honored delicacy although some people prefer a plan ice.

Demi-tasse will complete what, to my mind, is a perfect meal.

Make Others Happy!

While you are preparing to enjoy your Thanksgiving don't overlook the less fortunate in the community. Often a gift of warm clothing or food which will deprive you of nothing will give someone else a happier outlook on life.

DO YOU KNOW THAT:

1. In an electrically operated refrigerator, meats should be kept unwrapped and uncovered?
2. Berries and fruits must be covered to insure their perfection?
3. Salad greens ought to be placed in an inch of cold water in a covered container?
4. Glass or enamel vessels are the best to use as the food containers?
5. Dairy supplies ought to be placed in the compartment below the coil or brine tank?
6. Brass articles may be cleaned by boiling for a few minutes in a mixture of equal parts of vinegar and water and then rinsing in cold water and drying thoroughly?
7. Iron rust spots may be removed from cloth by wetting the spots in a solution of one ounce of oxalic acid dissived in one quart of water and then placing them in the sun until they disappear?
8. Equal parts of paraffin oil and turpentine make an excellent furniture polish?
9. A small piece of sponge soaked with kerosene placed inside a clock will keep the works lubricated and the clock in running order.

RECIPES

Porcupine Apples

6 apples
1 cup of sugar
1 cup of water
Marshwallows
Blanched and toasted almonds

Core the apples and cook gently until par-boild; drain and skin. Cook the sugar and water to the jelly stage. Cut the marshmallows into small pieces and stuff the apples. Stick the apples with the almonds until they are covered. Put each apple on an individual serving dish and pour the coole sdyrup around it. Garnish with whipped cream.

Rapid Rarebit

Melt one-half pound of grated cheese in one can of tomato soup. Season to taste. Add chopped olives, if you wish, and pour over toasted crackers or bread.

This recipe will serve six to eight persons.

Tel. No. Adds 5% To Letter Value

John Howie Wright, author and editor, "marks down" the value of a business letterhead five per cent. if it does not carry the firm's telephone number. Mr. Wright is a specialist in direct-mail advertising.

A complete letterhead, in the opinion of Mr. Wright, should answer three questions: Who? What? Where? The name of the firm answers the first question, the business of the firm answers the second, while the address of the firm is the third. In the opinion of Mr. Wright, the telephone number is a part of the address.

Says the well-known editor: "The purpose of a business letterhead is to help business. If a prospect or customer of yours receives a letter from you and wishes to immediately get in touch with you by telephone, you should make it easy for him to do so. If a prospect or customer of yours is in a hurry for some stationery and wishes to send a messenger to your place of business, it should not be necessary for him to look up the address. If you want to do business with me and want to use your letterhead as one of the mediums of telling me about your business, please do not put me to any unnecessary trouble."

Abyssinians Dance in Churches

In Abyssinia are strangely preserved many forgotten rites of the ancient Hebrews and the first Christians. After the Queen of Sheba's visit to King Solomon, it is said 12,000 Hebrews of the best families in Jerusalem settled in the land. The descendants of these people today form the aristocracy of Abyssinia and are Christian. On the other hand, another contingent of Hebrews came to Abyssinia after the destruction of the Temple at Jerusalem, and have remained faithful to the original Jewish religion. It is an interesting fact that the Abyssinians still dance in their churches, as the Israelites did before the Ark.

English People Greatest Dog Lovers in World

It is generally accepted that the English are the greatest nation of dog lovers on earth.

One of the strongest proofs of this lies in the fact that in almost all of the paintings of rulers and great men of bygone times a dog is depicted somewhere.

In practically all the paintings of King Charles I a King Charles spaniel is found. Who has not heard of the devotion of a greyhound to King Richard II? Mary Queen of Scots is shown in a picture with a Skye terrier. This terrier was missing on the morning of Mary's execution, and when the blood-stained body was taken up, the animal was found crouching beneath her robes. He "could not be gotten forth but with force, and afterwards would not depart from the corpse, but came and laid between her head and shoulders." A lady took charge of him, but the poor thing refused all further connection with human beings and pined away.

Very similar was the action of the Pekingese which stood over the bodies of the czar of Russia and his family and defied the assassins until a bullet settled his defiance forever. A pug once saved the prince of Orange by giving warning of the approach of a raiding party. The prince always had a pug of some sort or other so long as he lived.—American Kennel Gazette.

Blow Snake or Adder Is Scrappy; Not Dangerous

On the Michigan pine plans is commonly found one of the most interesting reptiles in the United States, one with a habit which no other snake in this country (and few in the world) possesses. This snake, says Our Dumb Animals, is the commonly called blow snake or puff adder or, more rarely, called the spreading adder or hog-nosed snake.

It is a thick-bodied snake and is rather short, never measuring much more than two feet in length. When approached by an enemy it assumes the attitude of the deadly cobra of India and from the power of hissing sharply or spitting it gets its name blow snake of puff adder. It flattens its head until it is almost twice as wide and less than half as thick as normal. It will strike savagely but never quite hits the mark. It is entirely harmless, despite the stories of its poison breath. If it finds that it cannot bluff you by striking, and if you tap it lightly with a stick or with your boot, it will slowly turn over upon its back and relax with gaping jaws. It is to all appearances a dead reptile. Should you walk away it will twist its head about and, if all is quiet, it will quickly come to life and crawl to a place of safety. If you pick it up and turn it over it will repeat the "dying" process over and over a half dozen times.

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For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

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