Women's Page

The heavens are beautiful always, but in the cold winter months the starry heavens seem brighter than in summer. This February there are many constellations seen and one looks to see always the big Bear and the little Bear. They never seem to set as the others stars do.

The Greeks who thought that nynphs dwelt in flowers and trees; that god's ruled the heaven and earth and ocean, believed that the Great Bear was a beautiful nymph named Callisto.

Jupiter admired her very much, which made Juno, his wife, very angry. She determined to spoil her rivals beauty so she changed her into a bear. Poor Callisto! she wandered lonely and unhappy when to her joy she saw her son coming towards her. She ran to meet him, but when he saw a bear approaching, not knowng she was his mother, he drew his sword and slew her.

Jupiter was very angry with Juno, his wife, and he changed Callisto and her son into the constettations, the Great Bear and The Little Bear. This made Juno furious, to think that Callisto should have a place in the heavens, that Jupiter would see her shining upon him. She went to Oceanous the God of the ocean.

'Do you wonder that I, the queen of the heavens have left my place and have come down to your depth. Learn this, my place is given to another,' she said.

But Oceanus could not forbid Callisto and her son from shining in the heavens, but to please Juno he said, 'They shall not descend into my depths' and so, though the other stars rise and set the Great Bear and The Little Bear move round and round in the heavens, but do not sink below the horizon as the other stars do.

This is like all mythology very silly to us but these same fables inspired the Greeks to write about their gods, to paint pictures of them and most often to cut them in marble, making such wonderful works of art as; Venus de Milo; Apollo Belvedere; Laoccoon and thousand of others. They studied the stars too, and named them for the people and the many gods whom they worshipped.

Their religion inspired them to build wonderful temples to their gods. In all the world there is no more beautiful building than the Parthenon, erected in honor of their goddess Athene. Though it is stripped of much of its magnficence, there still remains enough to show the stately Doric columns and the graceful pediments. Lincoln's memorial in Washington is built after the same plan and while a very lovely building misses something of the grace and beauty of the original.

On why should the spirit of mortals be proud?
Like a swft fleeting meteor, a fast flyng cloud,
A flash of the lightening, a break of the wave,
Man passeth from life to his rest in the grave.

It is interesting to read of the explorations which are being made by Dr. Cumming and the many excavators who are finding that this country is quite as old as ancient Egypt. Excavations are uncovering remains of temples, apartment houses and all that is found show that at one tme thousands of years ago, Nevada and Arizona now arid and desert were at one time fertile fields with abundance of rain. Will the Eastern Shore centuries later become a desert as those regions are today? Will those in the distant future, dig up this fair land, that has been covered with the sand and dust of ages and find remains of our present civilization? They have found many of the beauty aids which the eternal feminine used to adorn herself just as the women are doing today.

Often as I go into the museums and see the mummics, sometime of an Egyptian princess or some gr[illegible]or, it seems almost sacrilige [illegible]ver what has been buried so [illegible] just as though we were intruding on their privacy. Wonderful things these ancient people accompl[illegible]ed. Perhaps their spirits are wat[illegible]g to see what we can do more tha[illegible]ey.

Do they say as [illegible]y see us striving, building learning, [illegible]e strove so we builded and so we studied.'

More and more the women are taking the men's places. It is quite usual now to see women senators, women judges, women diplomats. Just now we have read that the first woman mail carrier by plane has been appointed.

It not this one cause of unemployment? the women shunning domestic slavery as they call it, and going into business, will the men be forced to become cook and household helpers and care for the children. Whom else is there to do it?



HOW TO LIVE ONE HUNDRED YEARS

BY DR. WILLIAM J. SCHOLES

When ever a man reaches the century mark he is interviewed by the press and asked for a statement telling how, in his opinion, one should live to reach the ripe old age of 100 years.

Rules of Others Do Not Mean Much

I have yet to see two sets of rules on how to live to be a hundred, given by such old-timers, that are essentially alike. Many are even contradictory.

Old Uncle Abner will tell you how he started smoking when he was 'eight year old and ain't never missed a day sence.' Grandpa Jones will, on the contrary, insist that the reason he stuck around so long was because he 'never touched the filthy weed.'

What Makes Centenarians?

These centenarians are largely the product of the laws of chance. They never got in the way of a bullet, automobile, or other deadly weapon. They never had the misfortune to contract a serious disease. Troubles slid off their backs easily. They never worried much about the morrow. Although they worked, their labor was of a kind that didn't sag their vital resources.

They retired from active life at about forty-five. They always got plenty of sleep, were the kind that could doze of anywhere, any time. Their fare was always plain as they never exerted themselves enough to accumulate the price of fancy viands. For the most part they were outdoor workers, the result being that they got plenty of fresh air and sunshine.

In short, the average century plant is that literally as well as figuratively. He just vegetates—livng simply and moderately and indefinitely.

What Causes Premature Senility?

Contrast with the centenarian the man who is lucky if he reaches sixty. This type will generally be found bent over a desk hour after hour in a room in which the air is stuffy and the sunlight seldom enters. Year after year finds his muscles growing more flabby through lack of exercise. He does not spare himself. He works until he is over-fatigued both mentally and physically. Some nights he gets six hours' sleep, on others not quite so many.

He eats irregularly, his capricious appetite rejecting everything but the kinds of foods which are usually the least digestible. He resorts frequently to stimulants to spur him up, and to sedatives to quiet him down. He neglects to attend to his physical duties regularly. He is worried, annoyed and harassed much of the time. He forgets how to play. Perhaps he gets in some golf once a week and then overdoes that so it does him more harm than good.

Take Your Choice

Which man, in the very nature of things, is going to live longer? The answer is not far to seek. At the same time it tells how to live to be a hundred.

Hints for the Household

FOR FEBRUARY

BY BETTY WEBSTER

A charming way to celebrate Washington's birthday is with a progressive dinner. As many couples as wanted may take part in it and the courses may be as few and simple or as many and elaborate as desired.

At the first stop, appetizers are served. Stuffed olives rolled in slices of bacon and toasted, and roasted salt wafers spread with caviar are simple and delicious.

The cocktail course follows and soup fish, meat, salad, dessert and coffee come in proper order.

Serve It Attractively

It s not necessary to have an abundance of food for each course although, of course, it must be sufficient and beautifully served.

A nice menu consists of fruit cocktail, consomme, filet of sole, baked ham with sweet and mashed potatoes, beets and peas, cinnamon apple salad, strawberry parfait and demi-tasse.

Each hostess may provide paper favors if she wishes and the last one may provide a place for dancing.

DO YOU KNOW THAT:

1. Nothing is ever served at an afternoon tea in the way of food that cannot come under the head of beverage, bread or cake, or confectionery?
2. Pickles should not be served at a fashionable entertainment?
3. Hot dishes and salads and ices are often, although not necessarily, included for supper at a dance?
4. Scrambled eggs and thin sausages make a popular hot dish for parties?
5. Plain or chocolate peppermints and fancy chocolates are the candies most generally served at affairs?

RECIPES

Graham Cracker Cake

1-3 cup of butter
2-3 cup of sugar
2 egg yolks
2-3 pound of graham crackers, finely crushed
3 teaspoons of cinnamon
1 cup of milk
1-2 teaspoon of vanilla
2 egg whites, beaten stiff

Cream butter and sugar and heat; add egg yolks and beat; add dry engredients which have been mixed together alternately with the milk; beat for ten minutes.

Bake in a square pan in moderate oven for twenty-five minutes. Let stand until cool before icing.

Butter Cream Icing

2 cups of confectioner's sugar
1 tablespoon of butter
Boiling water
1 teaspoon of vanilla

Mix sugar and butter; add boiling water slowly until mixture is of a consistency to spread. Add vanilla; beat until smooth.

Caramel Fudge

2 1-2 cups of light brown sugar
1 cup of cream or milk
1 tablespoon of butter
1 teaspoon of vanilla
1 cup of broken walnut meats

Mix sugar, cream and butter; cook slowly until mixture will form a soft ball in cold water; remove from stove; beat until creamy; add vanilla and nuts; beat until firm; smooth onto buttered platter and cut into squares.

Although the fudge will not be so rich, water may be successfully substituted for the cream or milk.

NOW AND THEN

MY VALENTINE WISH

BY ALICE MATHEWS

The kind of a Valentine Wish for you
Is one that is made of dreams come true:
One that may sweeten the day and bless
All the hours through with happiness!
One that is wholly bright and glad
The best Valentine you ever have had!
One that may draw from you a sigh
And perchance a wish that I were nigh
Ah then like a bird that leaves its sphere
Maybe your whispered wish I'll hear:
For the boundlessness of Eternity
To the thoughts of friends brings unity
And love is the tide that carries this through
The etherial realm direct to you.

Valentine Day is a day to be remembered. It is a day when one may either send 'sweets to the sweet' in the shape of a box of candy, or loving sweet words to those one loves. Judging from the number of boxes of candy sold there must have been many recipients of sweets this year.

'Whats in a name,' says the poet, 'for that we call a rose would be just as sweet by any other name.'

We do not regard our name that way for we are anxious to keep the names we bear free from stain or blame. 'A good name is rather to be chosen than great riches,' is told us in the Bible.

It is interesting to find out how our names came to us, sometimes by occupation, sometime from where one lived, and often from being the son of a father as Johnson, meaning the son of John and etc.

The following is copied from the old files of Edward V who made the following law:

'They shall take unto them a surname either of some towne, or some colour as Blacke or Brown or some art or science as Smyth or Carpenter or some office as Cooke or Butler.'

'Jack one shot Stoney,' is the nick nameof the one who causes so much laughter in the movies by throwing tomatoes, bad eggs and pies in the faces of the movie actors.

It is said that managers pay him $25 for one throw $40 for two, thows and so on. It certainly is a great stunt for the children who love any thing that is funny.

'My pilot knows' is a very comforting thought to those who are sailing on life's troubled sea.

To feel that he knows how in storms to sail, and to know as Tennyson says in hs poem 'Crossing the Bar' that the sailors will some day 'see him face to face' makes the voyage very much easier.

MY PILOT KNOWS

As moves my fragile bark across the storm swept sea,
Great waves beat o'er her side as north winds blows,
Deep in the darkness hid lie threatening rocks and shoals.

Sometimes when dark the night and every light goes out,
I wonder to what port my frail ship goes,
Still, though the night be long and restless all my hours,
My distant goal, I am sure my Pilot knows.

EMPLOYMENT FOR WOMEN

KENT COUNTY WOMEN REQUESTED TO REGISTER

The National Reemployment service is anxious to have all women who would be willing to work as Housekeepers to live at the work, or workers in a sewing factory, to call at the National Reemploymnt service office at 207 High Street on Mondays from 9.00 a. m. to 12.00 noon.

Mary: I hear that Mrs. Mighbride is much disappointed in her husband.

Anne: Dreadfully. She understood he was a home-loving man, and now he wants to tag along with her everywhere she goes.



KENNEDYVILLE

Rev. and Mrs. Brown and Miss Annie Weer, of Baltimore, attended Mr. Fogwell's funeral on Wednesday.

Theodore Dempsey has been on the sick list the past week.

Mr. and Mrs. Ray Kng and children spent Sunday with Mr. and Mrs. John Atwell.

Miss Catherine Atwell spent the week end at her home here.

The Ladies Aid Society met at the home of Mrs. William Dempsey on Friday evening.

Anna Marie Weer entertained some little friends on Saturday afternoon in honor of her seventh birthday her guests were Betty Fowler, Catherine Blackston, Betty Jean, George, Dorothy Sue Johnston, Doris Oliff, Billy Fogwell. Ice cream and cake were served, all enjoyed a happy afternoon.

Mrs. Harry Johnston and baby returned home from the Chestertown Hospital this week.

Mr. and Mrs. William Lipscomb and Edgar, returned home from a pleasant visit in Camden, N. J.

Service as usual in Grace Presbyterian church next Sunday evening. There will be exercises in memory of Francis Williard at this time.

near Middletown, visited Mr. and Mrs. James Weer on Saturday.

Miss Annabel Fogwell returned to Easton Hospital on Sunday.

Mrs. Lillie Fogwell is visiting Mr. and Mrs. William Jewell.

Mrs. Louis Miller spent a part of this week in Wilmington, Del.

Ethel Miller spent Monday night with her grand mother, Mrs. Mollie Miller.

The Quarterly Conference of the M. P. Church met at the home of Mr. and Mrs. George Rasin on Tuusday evening.

Mr. and Mrs. Joseph Oliff and son, of Worton Point, spent the week end with Miss Edith Walls.

Mr. and Mrs. Bruce Dukes spent Sunday with Mr. and Mrs. William Webb and family.

Mr. and Mrs. Frank Meeks, of Still Pond, visited relatives here on Monday.

Mr. and Mrs. L. A. Pennington visited Mr. and Mrs. George Glenn on Sunday.

Mr. and Mrs. Jacob Melvin, of Wilmington, visited Mr. and Mrs. Robert Hill a part of this week.

Mr. and Mrs. Frank Roader entertained Rev. Ferguson and Miss Owens at dinner on Sunday evening at Mrs. Fords.

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IF YOUR BREATH HAS A SMELL YOU CAN'T FEEL WELL

When we eat too much, our food decays in our bowels. Our friends smell this decay coming out of our mouth and call it bad breath. We feel the poison of this decay all over our body. It makes us gloomy, grouchy and no good for anything.

What makes the food decay in the bowels? Well, when we eat too much, our bile juice can't digest it. What is the bile juice? It is the most vital digestive juice in our body. Unless 2 pints of it are flowing from our liver into our bowels every day, our movements get hard and constipated and ¾ of our food decays in our 28 feet of bowels. This decay sends poison all over our body every six minutes.

When our friends smell our bad breath (but we don't) and we feel like a whipped tomcat, don't use a mouthwash or take a laxative. Get at the cause. Take Carter's Little Liver Pills which gently start the flow of your bile juice. But if "something better" is offered you, don't buy it, for it may be a calomel (mercury) pill, which loosens teeth, gripes and scalds the rectum in many people. Ask for Carter's Little Liver Pills by name and get what you ask for—25¢. ©1934, C.M.Co.

NOTICE OF RESERVATION OF NATURAL OYSTER BARS FOR CONSERVATION PURPOSES

In pursuance of the authority vested in the undersigned by law, notice is hereby given that from January 1, 1935, to March 1, 1935, both dates inclusive, all the natural oyster bars included in the area hereinafter mention are reserved for Conservation purposes, as set forth in the Annotated Code of Maryland, Article 72, Section 161:

All that area at the Head of Chesapeake Bay, northerly of a line beginning on the eastern side of the cut-off channel at Nun Buoy No. 10 K which is about seven-eighths of a mile northwest of Seven Foot Knool Lighthouse, and running in an easterly direction through Red Spar Buoy No. 8 on the range of the Craighill Light, and continuing past Fish Stakes Buoy (a white and black spar marked "7 B") to Hodges Bar Buoy Red Spar No. 2, and including Man O'War Shoals, Millers Island, Tea Table, Gales Lumps, Mitchells Bluff, Tolchester Lumps, Coal Lump, Deep Shoal, Phoenix Shoal and Hodges in its entirety or any bar, bars or lumps lying to the northward of said line.

All persons are hereby warned not to catch or disturb oysters on such reserved area between the dates above mentioned under penalty provided for in Section 156 of said Article 72.

CONSERVATION DEPARTMENT OF MARYLAND,
SWEPSON EARLE, Commissioner.

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STILL POND, MD.

Phone 3.

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