Women's Page

There is so much written about Martha Washington, the help and stay of her illustrious husband, that one turns the pages back and writes of his mother, who by her judicious training, helped to develop her devoted son, who once said 'All I am, I owe to my mother.'

Mary Ball was born in 1706. Her father died when she was very young, and she lost her mother in early womanhood.

An old letter found in a deserted mansion near York River, speaks of her thus: 'Mollie Ball' is a most comely young woman, tall, slender very sensible modest and lovely; her hair is like flax, her eyes beautiful and her cheeks lke 'May Blossoms.' She was often called The Rose of Epping forest.'

Her husband died in 1743 leaving his young widow with the care of seven children and large estates to care for. She was very hospitable and kind but the young people who visited her always felt that they must always behave well before Mrs. Washington. Though she always requred strict obedience from her children, yet she was ever ready to grant them pleasures.

Everyone has read in the various lives of Washington how one day he had mounted his mother favorite colt, which has never been ridden, and while the terrified animal reared and kicked while Washngton kept his seat, kicked though Washington kept his seat, but the colt burst an artery and was soon dead.

Washington felt so bad about it, but with his characteristic truthfulness he went at once and told his mother. Though she grieved at the loss of the colt she rejoiced that her son told her the truth.

Although she was a brave woman in most things, she was terribly afraid of lightening. Whn in her early married life, she was entertaining friends a thunder storm came up and while they were seated at the table a bolt of lightening struck a young woman visitor, killing her and melting the knife and fork which she held in her hand.

Mrs. Washington never lost the dread of it, and would often say to her daughter. 'Oh! Betty I have faith in God, but some times fear gets stronger than my faith.'

When her daughter Betty married Mr. Lewis, they moved to Fredericksburg when Mr. Lewis built the beautiful home Kenmore.'

They wanted Mrs. Washington to live with them, but she clung to her old home Pine Grove until her son, George Washington persuaded her to move to Fredericksburg. He personally superintended her moving, and spared no pains to arrange everything according to her wishes.

After she removed to Frederickburg she would be driven every day to the river in a gig and cross over in a ferry to her farm.

Here she personally superintended the farm work, and if things went wrong the superintendent said:

'Madam Washington's eyes would flash like blue lightening and they would feel like they were very small indeed.' During the Revolution when things seemed to be going wrong and her daughter, Betty, seemd in despair, her mother would say to her, the sister of the Commanding general should be an example of fortitude and faith.'

When the war was over Washington came to see his mother. He was a hero in every one's eyes and the people of Fredericksburg gave a great 'peace ball' in his honor. The Commander in Chief escorted his mother there and she sat in the reserved seat of the destinguished guests. When she left a French officer exclaimed in genuine admiration, 'If such are the matrons of America no wonder they have illustrious sons.'

Madam Washington was always on time. In fact she was so careful that her clocks were right that the whole neighborhood set their time pieces by hers.

She lived in Fredericksburg for fourteen years.

Her house was on the corner, and with her garden, orchard stable and carriage house, her home occupied a large lot. She was fond of flowers, and one could find her at all hours working among them. It was here that Lafayette found her, when he visited American after the war.

There was a fine spring on the place, and she would always take a jug of the pure water with her.

Mrs. Washngton had an accident which brought on that dread disease, cancer of the breast, and when her son visited her after his election as President, he was shocked to see how feeble and emaciated she had grown. That same year on August 25, 1789, she died. It was not until a week after, although a messenger was sent poste haste to New York, that Washington received the message of his mother's death.

The women of America have bought her home and erected a monument to her memory. On one side of it is: 'To Mary the mother of Washngton,' and on the other side: 'Erected by her country women.'

The Road To Better Health

TRAINING THE CHILD'S MIND

By DR. WILLIAM SCHOLES

A child is, aside from his basic hereditary characteristics, largely the product of his environment. His mentality is to a very great extent moulded by those about him. The veneer of civilization may be thin but it does suffice to cover the Tartar underneath. Some day we'll be high grade stuff all the way through.

Some day the child's mind will be developed at birth to such a degree that he will be able to speak soon after he is born. He will not require discipline because he will know the difference between right and wrong. He will have learned from the experience of the centuries that to be good for the sake of being good is the only reason for being good at all, and he will act accordingly.

Incidentally, by 'some day' I mean about ten million years from now. That's the measure of my faith in humanity. If one could convert ideas into facts and ideals into actualities, a generation might suffice to make this millenial dream come true.

What To Do In the Meantime

So in the meantime we must cultivate the child's mind and hope that despite disease, war, crime, ignorance, superstition and the other millstones about the neck of humanity there may gradually be evolved a race of men that may be the nucleus of the human ace of the future.

The child should be assisted in developing self-control, thus enabling him to bear up under the trying experiences of life stoically and with the kind of attitude that will enable him to overcome opposition and turn a disadvantage into an advantage.

From earliest babyhood the child should be taught to be fearless. Frghtening a child, making them afraid of the dark, of bogeymen, and so on, is laying the foundation of future weakness.

The questions asked by a child are the cravings of his mind for knowledge. Always answer those questions as fully as possible. Try to explain his 'why's' even though at times they seem unreasonable.

Stimulate the child's curiosity and cultivate his imagination. The child's curiosity is the man's investigation, his imagination the man's dreams and plans.

Teach the child poise and self-assurance. Not to the extent that he becomes bold and precocious, but enough to prevent his becoming backward and self-conscious.

Praise the child sensibly and constructively, not to the point where he 'knows he's cute,' but enough to encourage him to always do better. Never belittle him, particularly in the presence of others. An 'inferiority complex' thus created has kept many a man from ever attainng success.

Be a companon to your child so that he will bring all his problems to you and not let him bury them in his unconscious mind to mar his future happiness and usefulness.

Hints for the Household

FOR FEBRUARY

By BETTY WEBSTER

Although it is early for outdoor gardening, now is the time to peruse carefully the seed catalogues and landscape gardener's plans for your summer garden.

It is nice to have flowers all through the season, but in order to have an ever-blooming garden, forethought and work are necessary. Consult the landscape gardener and his booklets, when possible.

He is an expert in his line and can give the advice so essential to the preparation of an attractive garden spot.

DO YOU KNOW THAT:

1. Cookies will be much lighter if the dough is rolled on a canvas cloth (to avoid too great an adsorption of flour) rather than a board?

2. One-fifth more butter should be used when substituting butter in a recipe calling for lard and one-fifth less lard in one calling for butter.

3. Butter and margarine have less shortening power than lard and vegetable fats because they contain about fifteen per cent water?

RECIPES

Ham Mousse

2 cups of finely chopped ham
2 tablespoons of minced parsley
1-4 teaspoon of paprika
1 cup of whipped cream
1 tablespoon of gelatin,
1 tablespoon of gelatin, soaked in
2 tablespoons of cold water and dissolved in
1-4 cup of boiling water

Mix ham, parsley and parika; fold into the cream to which the gelatin has been added. Turn into individual molds which have first been dipped into cold water and chill. Serve on crisp lettuce.

Radical Rice Rolls

1 cup of rice
1 cup of boiling water
2 teaspoons of salt

Steam these together until rice has absorbed water. Add 1 cup of milk and continue steaming until rice is soft. Remove from stove; add 2 egg yolks, well beaten, and 1 tablespoon of melted butter. Let cool; shape into balls making a small nest in each.

Dip in beaten egg, then in cracker crumbs and fry in deep fat (370 degrees) until brown. Drain on brown paper. Fill each hollow with currant jelly, orange marmalade, plum jelly or any desired sweet and serve.

Chinese Rice

2 cups of rice
2 teaspoons of salt
1 1-2 quarts of water, boiling

Wash the rice thoroughly in cold water. Add the rice to the boiling water to which the salt has been added. Cover tight and boil rapidly until the water has been obsorbed, stirring occasionally to prevent the rice from sticking to the pan. Remove the cover and allow the rice to dry out over a very low fire; cover, remove from fire and let stand in a warm place for ten minutes to steam. Serve at once.

Cocoa

1 cup of milk
1 teaspoon of cocoa
2 teaspoons of sugar
1-4 teaspoon of vanilla

Heat milk; mix cocoa and sugar to a paste with cold milk; add enough warm milk to pour. Add to warm milk and simmer gently for a few moments; remove from fire and add vanilla.

NOW AND THEN

In lookng over some files in The Transcript the following poem was found writtn in 1902 by Mrs. Harriette L. Hill a very patriotic woman and an enthusiastic admirer of George Washington.

Ode for Washngton's Birthday.

"Welcome to the day returning,
Dearer still as ages flow,
While the torch of faith is burning
Long as Freedom's altars glow.

See the hero whom it gave us
Slumbering on his mother's breast;
For the arm he stretched to save us,
Be its morn forever blest.

Vain was empires mad temptation,
Not for him an earthly crown;
He, whose sword did free a Nation
Struck the offered sceptre down.

See, the throneless conqueror seated,
Ruler by the people's choice
See the patriots task completed
Hear the father's dying voice.

By the names that you inherit—
By the sufferings you recall,
Cherish the fraternal Spirit,
Love your Country most of all.'

Harriette L. Hill.

It is well to be remembered in the hearts of our country men. Year by year as Washington's birthday rolls around the story of his noble deeds are told over again. In Carlyle's book 'Heroes and Hero Worship' he says that the worship of our heroes and the keeping of them in remembrance make the people more noble than any thing else.

Though many have tried to tear, Washington's character from its height, it remains there still unsullied and admired.

There was an open meeting at the Literary Club on last Friday afternoon when the Club was addressed by Miss Hope Wickes on the subject of 'Charles Dickens.' Miss Wickes has been abroad many times, and generally visits England and the haunts made famous by the books of the great author.

She is an enthusiastic admirer of him and his works, and there are few more fitted to address the club on this subject.

Every minutes you are angry you lose sixty seconds of happiness.

The following was heard at the Bureau of Naturalization:

'Where is Washington?'

'He is dead.'

'I mean the Capital of the United States.'

'Oh they loaned it all over Europe.'

'Do you promise to support the Constitution?'

'How can I when I have a wife and children to support.'

IN THE SAME BOAT

So, February, here you are!
You're with us once again!
Well, hang your hat up anywhere
You find a place and then
For land sakes try to act as if
You knew a thing or two
About what's right and what is wrong
For proper months to do.

You've generally such a peeve
Against all human kind
That life is made a misery
In body, soul and mind.
You pelt us with your hail and sleet
And bury us in snow
And buffet us with icy winds—
Say, must you treat us so?

Come, come, cut out that rowdy stuff!
Don't vent your spite on us;
There's nothng we have done to you
To justify your fuss.
In fact, we darn well understand
And sympathize with you;
We know you're sore because you're short
And gee, we're that way too!

Evening Sun

STILL POND

The Philatea Class held their monthly business and social meeting at the home of Mr. and Mrs. Ralph Geary last Wednesday evening.

Mr. Theodore Jewell, of Chestertown visited with his sister, Mrs. Emma Thompson on Thursday.

The Rebekah Assembly Office drove around from Baltimore to visit Friendship Rebekah Lodge No. 57 arriving here about 5 o'clock Thursday. A delicious Turkey Supper was served by the members. An interesting address was given by each office.

Mr. . J. Hackett, Mr. Harry Bidwell, Mr. William Clark and Mrs. John Nicholson are among those on the sick list.

Miss Louisa Travers was hostess to an all day session of the Woman's Club last Friday. All enjoyed a pleasant time.

Mrs. Eugene Massey was given a surprise birthday party last Friday evening. Those attending the party were: Mr. and Mrs. William Hopkins, Ray Hopkins and Miss Julia Curlett, of Turner's Creek and Mr. and Mrs. Arthur Newsome of Betterton.

Mrs. Earl Thompson and sister, Mrs. Helen Hogans, of Rock Hall spent last Thursday and Friday in Baltimore.

Mr. and Mrs. Edward Freeman and family of Townsend visited with Mr. and Mrs. Andrew Lessage on Sunday.

Miss Hazel Gosman, of near Chestertown, spent the week end with Miss Lucille Fellows.

The Men of Still Pond were planning to hold their monthly supper Wednesday evening, February 27, in the Odd Fellows Hall. All Men are invited and bring your wives.

Mr. and Mrs. Eugene Massey visited with her parents, Mr. and Mrs. Thomas Williams of Barclay last Sunday.

Mr. and Mrs. Clarence Cornelius and baby of near Galena, visited with Mrs. Elmer Atwell on Sunday.

Miss Louise Clark spent last week end with Miss Kathryn Jewell, of near Lynch.

Mr. and Mrs. Clarence Newcome, of Chestertown, visited with her parents, Mr. and Mrs. A. J. Hackett, on Sunday.

Mrs. Edward Hepburn has returned to her home after spending sometime in Baltimore.

DON'T NEGLECT YOUR KIDNEYS!

IF your kidneys are not working right and you suffer backache, dizziness, burning, scanty or too frequent urination, swollen feet and ankles; feel lame, stiff, "all tired out" . . . use *Doan's Pills*.

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IF YOUR BREATH HAS A SMELL YOU CAN'T FEEL WELL

When we eat too much, our food decays in our bowels. Our friends smell this decay coming out of our mouth and call it bad breath. We feel the poison of this decay all over our body. It makes us gloomy, grouchy and no good for anything.

What makes the food decay in the bowels? Well, when we eat too much, our bile juice can't digest it. What is the bile juice? It is the most vital digestive juice in our body. Unless 2 pints of it are flowing from our liver into our bowels every day, our movements get hard and constipated and ¾ of our food decays in our 28 feet of bowels. This decay sends poison all over our body every six minutes.

When our friends smell our bad breath (but we don't) and we feel like a whipped tomcat, don't use a mouthwash or take a laxative. Get at the cause. Take Carter's Little Liver Pills which gently start the flow of your bile juice. But if "something better" is offered you, don't buy it, for it may be a calomel (mercury) pill, which loosens teeth, gripes and scalds the rectum in many people. Ask for Carter's Little Liver Pills by name and get what you ask for—25¢. ©1934, C.M.Co.

NOTICE OF RESERVATION OF NATURAL OYSTER BARS FOR CONSERVATION PURPOSES

In pursuance of the authority vested in the undersigned by law, notice is hereby given that from January 1, 1935, to March 1, 1935, both dates inclusive, all the natural oyster bars included in the area hereinafter mention are reserved for Conservation purposes, as set forth in the Annotated Code of Maryland, Article 72, Section 161:

All that area at the Head of Chesapeake Bay, northerly of a line beginning on the eastern side of the cut-off channel at Nun Buoy No. 10 K which is about seven-eighths of a mile north west of Seven Foot Knool Lighthouse, and running in an easterly direction through Red Spar Buoy No. 8 on the range of the Craighill Light, and continuing past Fish Stakes Buoy (a white and black spar marked "7 F") to Hodges Bar Buoy Red Spar No. 2, and including Man O'War Shoals, Millers Island, Tea Table, Gales Lumps, Mitchells Bluff, Tolchester Lumps, Coal Lump, Deep Shoal, Thomas Shoal and Hodges in its entirety or any bar, bars or lumps lying to the northward of said line.

All persons are hereby warned not to catch or disturb oysters on such reserved area between the dates above mentioned under penalty provided for in Section 156 of said Article 72.

CONSERVATION DEPARTMENT OF MARYLAND,
SWEPSON EARLE, Commissioner.

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B. R. FELLOWS

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STILL POND, MD.

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