Women's Page

DIDO

It is always inspiring to read the tales gathered by Homer, the blind poet, of the struggle between Greeks and Trojans and the many stories told of the different heroes. It always seems to the writer that the heroes of Troy were more noble than those of Greece Hector's deeds are much more inspiring than those of Achilles or Ulysses, and one is always struck with the unselfishness of Eneas who carried his aged father on his back from the burning City of Troy.

Virgil tells of the adventures of this hero as he goes on his perilous journey from Troy.

An oracle had foretold that he and his descendants, were to found a City in Italy which would finally overcome all the Grecian cities, consequently all the gods and goddesses, who favored the Greeks were determined that he should never reach that country. Eolus, who had the winds, North, east, south and west confined in a bag was induced by Minerva to release them all at once while Eneas was sailing on the troubled sea in a frail boat. So he was tossed about this way and that until his creaking bark was dashed to pieces and he was cast upon the shore.

Exhausted and hungry, he at last reached the City of Carthage.

Now Dido was the queen of Carthage Her brother was king of Tyre, and finding that Dido's husband had a great deal of treasure, he murdered him to get possession of it. But Dido, knowing of it, seized her husband's wealth and sailed for Africa. There she built the city of Carthage and gathered around her many loyal subjects.

It was here that Eneas came after his shipwreck. He was cordially received and Dido was charmed with the brave man and most of the Eneaid is taken up with the story of his adventures.

Is it to be wondered that he lingered at the court of the beautiful queen who did everything for his comfort and entertainment, and who longed so to keep him with her always.

Only at nights when he was sleeping, would voices come to him, 'Do not linger here, Eneas, you have a destiny to fulfil.' Eneas tried to argue with himself that it was right for him to stay, that his ships were wrecked and and he had no way to leave. But the voices persisted, and finally he went down to the sea, and behind a great cliff he found plenty of wood with which to build his craft.

And so he began to build, not letting the queen know what he was doing. Day by day he labored, looking forward to the evenings when he could be again with Dido.

How he hated the thought of leaving her, and he dared not tell her of it. Finally the boat was finished and he made ready to sail away.

Just at sunset he sailed. Dido's attendants came and told her. 'Build me a funeral pyre!' she said. Weeping they obeyed her, pleading with her not to end her life. Unheeding their pleas, she mounted the pyre and stuck her dagger into her bosom. Eneas, looked back and, against the setting sun, he saw the queen on the pyre and then the flames leaped up and he saw her no more.

He buried his face in his hands and wept. But his destiny was leading him on. He finally landed in Italy and one of his descendants, Romulns built the city of Rome the city which later subdued the country of Greece, thus fulfilling the ancient propecy.

The Road To Better Health

HAY FEVER

By DR. WILLIAM J. SCHOLES

Years ago we thought 'Pheluum Pratense,' which is nothing but timothy hay, caused the seasonal attacks of asthma from which so many people suffer during summer. We now know that forty-four varieties of plants may cause the disease and, although 'pollen disease' would be a better name, hay fever it still remains.

Hay Fever Cures

Whenever there are fifty-seven varieties of cure for a disease, we know none of them is any good. If any one of them were a real cure the other fifty-six would quickly pass into innocuous desuetude. And that is precisely the situation in hay fever—there is no cure!

That the patient's mental attitude has much to do with the production of hay fever can not be denied. Most of my hay fever patients know right to the day and the hour when this year's attack will strike them. Mr. A. for example, knows that on Thursday, the twelfth of August, his hay fever will be upon him. Not only that, but he knows it will hit him in the middle of the forenoon. And so through the whole list, they all know when it will come, how it will arrive, what it will do to them. They are looking for it, preparing for it—inviting it. Is it any wonder they get it? I sometimes think they would be terribly disappionted if the unwelcome guest failed to arrive.

The Pollen Of Hay Fever

But what of the Pollen? Yes, it is the exciting cause of hay fever. But it isn't the only cause. Millions of people who inhale pollen do not have hay fever. Why? Because they aren't built that way—they aren't predisposed to it. Perhaps, in some cases, the predisposing factor is an abnormality of the nasal passage (polyps, enlarged turbinates, deflected septum). But many people so afflicted do not have hay fever, and many others who have had their nose treated continue to have the disease. The ones who were cured by a nasal operation owned their cure to their implicit faith in the surgeon's statement that it would cure them.

Pollen Exracts

Pollen extract is used more extensively each year and the results are good if the doctor can convince the patient it will cure him. Beyond their psychic effect I don't think they have a particle of merit. The best cure for hay fever is a change of residence or a frost.

CHOLERA INFANTUM

More than ten per cent of all human beings die during the first year of life. The majority of these deaths are due to diseases of the digestive system. Of these, the most serious is cholera infantum, which reaches its height during the month of July.

The disease is of infectious origin and generally has its beginning in an attack of acute indigestion, itself a result of dietetic errors and faulty hygiene.

Prevention Our Only Hope

Inasmuch as two of every three infants suffering from cholera infantum die, and since its treatment is so extremely unsatisfactory, our only hope of successfully fighting the disease lies in its prevention.

Summer complaint rarely occurs in a previouesly healthy infant and teething seldom causes this or any other form of diarrhea. But iet a child have some intestinal disorder that is not promptly corrected, and in six hours it is at death's door. The disease kills quickly.

If, then, a baby has frequent stools that become watery and green, and he grows listless or fretful, a physician should be called at once. While waiting for the doctor, cut the number and amount of feedings in half and give the baby as much unsweetened, boiled water as he will drink.

Hygienic Measures

The discharges from the bowels are extremely infectious and the diarrhea may be passed from one child to another. Hence, the stools should be promptly disposed of and diapers washed so flies will not come in contact with them and transport the infection. Persons caring for the sick infant should wash their hands after each time they handle him.

Dietietic Measures

Errors in diet are the foundation for most of these cases. The body is given too much food, fed too often, eats too rapidly, or the feedings are irregular. Or the food mixture is wrong, generally containing too much sugar. Again, the food may be spoiled, the result of dirty bottles and nipples, soiled dishes or hands, contamination by flies, lack or ice.

Babies should be kept as cool and comfortable as possible during hot weather, as over-heating weakens them. Accordingly they should be clothed lightly and kept in a well ventilated room.

Hints for the Household

BY BETTY WEBSTER

Not very long ago I was a guest at a most amusing party. It was a large affair and might have been hard to manage if the hostess had not been inordinately clever.

During the first part of the evening there was an old song contest which provoked gales of laughter—slips of paper and pencils were passed and the guests were asked to write, in order, the names of the songs, snatches of which were played on the piano. The prize for this was a bound volume of 'college songs' which were so popular some years back.

Then we danced—the Virginia reel and the rye waltz. Somebody performed a cake walk and one venturesome couple did the lancers.

When we filed out for dinner we found no place cards. Instead there were tiny cloisonne picture frames on the table, each one containing an old picture of one of the guests. It was almost impossible to identify some of them even baby pictures appeared in the collection—but eventually all were seated and the dinner progressed merrily.

The food, of course, was as up-to-date as it could be and conversation didn't lag for an instant.

The table decorations were simple, a centerpiece of flowers set between two candlsticks, but most effective.

This party is unforgettable because it is unique and can be used for any number of people. Why don't you have one?

RECIPES

Boiled Salad Dressing

2 tablespoonfuls of sugar
1 tablespoonful of flour
1-2 teaspoonful of salt
1-4 teaspoonful of dry mustard
1 egg
1-2 cup of vinegar
4 tablespoonfuls of water
1 teaspoonful of butter

Mix dry ingredients. Beat in egg, and vinegar and water. Cook over low fire until thick, stirring constantly. Remove from fire and stir in butter. When ready to use thin with plain or whipped cream to desired consistency.

If kept in a cool place this salad dressing will stay fresh indefinitely.

NOW AND THEN

How the Sun Rose

I'll tell you how the sun rose—
A ribbon at a time.
The steeples swam in amethyst,
The news like squirrels ran.

The hills untied their bonnets,
The bobolinks begun.
Then I said softly to myself,
'That must have been the sun.'

But how he set, I know not.
There seemed a purple stile
Which little yellow boys and girls
Were climbing all the while.

Till when they reached the other side
A dominie in gray
Put gently up the evening bars
And led the flock away.

—Emily Dickinson.

This exquisite poem by Emily Dickinson came to my mind when, from my window, I watched the sun rise. The poet's verse is considered just like apples of gold in pictures of silver now a days. It is a pity that this enthusiasm for her works came some time after her death for she felt that all she wrote was unappreciated and she spent many unhappy days because of it.

The Mayor's election, how hot it is growing to be! It always seemed that being Mayor of a small town like this is like giving services gratis, but it appears it is not so.

Having been in New York last year when the different candidates for Mayor were thundering at each other which made it a very volcanic affair it seems well that the small town should have some excitement, too, and not to have the candidate walk into office without the people caring who wins.

Just Suppose

If all that we say
In a single day
With never a word left out,
Were printed each night
In clear black and white,
'Twould prove queer reading, no doubt.

And just suppose
Ere one's eyes he could close.
He must read the day's record through
Then wouldn't one sigh,
And wouldn't he try
A great deal less talking to do?

—Unknown

March has come in like a lamb, The Red Bird is caroling and all the little feathered tribe seem to be getting ready for house keeping.

But birdies you had better not go ahead too fast for there is an old proverb, if March comes in like a lamb she will go out like a lion.

Fac Simile of the Official Ballots for the Four Wards of Chestertown to be used at the election on Monday March 18, 1935. By Order of the Chestertown Supervisors

WILLIAM F. MALIN
LAURENCE G. BROWN

OFFICIAL BALLOT

TOWN ELECTION CHESTERTOWN, MARYLAND

MARCH 18TH, 1935

FIRST WARD

FOR MAYOR

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

CHARLES N. SATTERFIELD	
PHILIP G. WILMER	

OFFICIAL BALLOT

TOWN ELECTION CHESTERTOWN, MARYLAND

MARCH 18TH, 1935

SECOND WARD

FOR MAYOR

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

CHARLES N. SATTERFIELD	
PHILIP G. WILMER	

FOR COUNCILMAN

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

GEORGE W. FRENCH	
CHARLES F. WHEATLEY	

OFFICIAL BALLOT

TOWN ELECTION CHESTERTOWN, MARYLAND

MARCH 18TH, 1935

FOURTH WARD

FOR MAYOR

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

CHARLES N. SATTERFIELD	
PHILIP G. WILMER	

FOR COUNCILMAN

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

HARRY W. FALLOWFIELD	
J. S. WILLIAM JONES	
GEORGE W. RASH	

OFFICIAL BALLOT

TOWN ELECTION CHESTERTOWN, MARYLAND

MARCH 18TH, 1935

THIRD WARD

FOR MAYOR

VOTE FOR ONE BY MAKING A (X) MARK IN THAT SPACE WHICH IS OPPOSITE THE NAME OF THE CANDIDATE TO BE VOTED FOR

CHARLES N. SATTERFIELD	
PHILIP G. WILMER	

FREE WORK EXCEEDS HOSPITAL APPROPRIATIONS

According to a statement made this week by Mr. S. E. Shannahan, director of the Board of State Aid and Charities the cost of free work performed in the hospitals of the State of Maryland far exceeds the appropriations made by the State for that purpose.

In listing the various hospitals his report showed that during the three months period the Emergency Hospital at Easton did free work amounting to $7,084.00 for which it received $3,500 from the State.

As a result of this report Governor Nice made some increases in his original budget for this purpose.

$20.00

Allowance on your old

RADIO

Stewart Warner

ALL WAVE SET

$94.50

LESS YOUR OLD SET

$74.50

A. L. Sterling

SAVE with SAFETY at The Rexall DRUG STORE

Chestertown, Md.

Judge: 'What's the charge against this man, officer?'

Officer: 'Vagrancy, your honor. He was loafing around a street corner all afternoon.'

Judge: 'Ah, impersonating an officer; thirty days in jail.'

WAKE UP YOUR LIVER BILE— WITHOUT CALOMEL

And You'll Jump Out of Bed in the Morning Rarin' to Go

If you feel sour and sunk and the world looks punk, don't swallow a lot of salts, mineral water, oil, laxative candy or chewing gum and expect them to make you suddenly sweet and buoyant and full of sunshine.

For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

It takes those good, old CARTER'S LITTLE LIVER PILLS to get these two pounds of bile flowing freely and make you feel "up and up." They contain wonderful, harmless, gentle vegetable extracts, amazing when it comes to making the bile flow freely.

But don't ask for liver pills. Ask for Carter's Little Liver Pills. Look for the name Carter's Little Liver Pills on the red label. Resent a substitute. 25c at drug stores. © 1931 C. M. Co.

No. 1

"Nerves" "NERVES" "Nerves"



Dr. Miles NERVINE *"Did the work"* says Miss Glivar

WHY DON'T YOU TRY IT?

After more than three months of suffering from a nervous ailment, Miss Glivar used Dr. Miles Nervine which gave her such splendid results that she wrote us an enthusiastic letter.

If you suffer from "Nerves." If you lie awake nights, start at sudden noises, tire easily, are cranky, blue and fidgety, your nerves are probably out of order.

Quiet and relax them with the same medicine that "did the work" for this Colorado girl.

Whether your "Nerves" have troubled you for hours or for years, you'll find this time-tested remedy effective.

At Drug Stores 25c and $1.00.

DR. MILES' NERVINE LIQUID

HELP KIDNEYS

IF your kidneys function badly and you have a lame, aching back, with attacks of dizziness, burning, scanty or too frequent urination, getting up at night, swollen feet and ankles, rheumatic pains . . . use *Doan's Pills.*

Doan's are especially for poorly functioning kidneys. Millions of boxes are used every year. They are recommended the country over. *Ask your neighbor!*

DOAN'S PILLS



JOHNNY ON THE SPOT FOR COAL—149

Our coalis a hit—every little bit of it. It is properly screened at the mines and delivered to you in full weight tons. Our delivery punctuality will please you.

C. W. Kibler & Sons

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Use the easy GERESAN Dust Treatment for SMUT in Wheat.

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Chestertown, Maryland

For Quality Household Merchandise

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FURNITURE—
FLOOR COVERINGS—
CURTAINS—
PAINTS, VARNISHES, Etc.—
OR WALL PAPER—

JOHN BARTLEY & SON

Chestertown, Md. Phone 76

Lessening Sadness

Is the First Duty of the Funeral Director

My excellent system of arranging the details or each and every funeral entrusted to my care leaves with those upon whom I wait, a feeling of confidence and satisfaction that the last offices were performed with such perfect harmony sto greatly lessen the sadness connected with such an event

B. R. FELLOWS

FUNERAL DIRECTOR

STILL POND, MD.

Phone 3.

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