Women's Page

THE OTHER WISE MAN

Henry Van Dyke, a beloved writer, who has recently passed from our midst has written many books and poems, but perhaps the story that will be best remembered is the story of 'The other Wise Man.' It tells of four Magi who had it revealed to them that a great King was to be born and that his star would be seen in the east.

They planned that when the star appeared they would meet at a certain place and together they would journey to the place where he was and worship Him.

At last, the star was seen and they each started for the meeting place. Three of them arrived, but the other wise man was missing. They waited some time, hoping that he would join them, but as he did not come, they started on their pilgrimage without him.

Each was carrying with him, a very precious gift for the King. The other wise man had started on his journey. He, too, had precious gifts, for he had sold his possessions and was bringing the jewels that he had bought for the king, ruby, pearl and emerald.

But on his way he found a poor unfortunate, destitute and alone.

He stopped to help and parted with one of his jewels.

Again and again, as he went on the way, he stopped to assist the unfortunate, and when at last he reached the rendezvous he found his friends gone.

So he started on alone. Over desert and mountains he travelled, every where finding some one that he must help. Years passed and his hair and beard were growing grey. He no longer carried treasures for he had given them to the needy ones on the way, and he was going to his king empty handed. The great temple of Jerusalem met his view as he entered the city. There was excitement and crowds walking and talking of one Crucified. 'And he claimed to be King of the Jews!' they said. The old man hurried to Calvary. When he saw Him hanging on the cross and at once he knew him to be the king whom he sought. He fell on his knees before the cross. Just then he heard the words 'I thirst' and he hastened to put a sponge in vinegar and lift it to the lips of his Lord. Then all at once, he seemed to hear the words, 'Inasmuch as ye have done it to the least of these my brethren ye have done it unto me.'

This os course is imaginary but it teaches our Lord's one commandment. 'That we love one another.' He does not need our gifts but his people do, and in doing for them we are doing it for our Lord.

The Road To Better Health

THE TUBERCULAR PATIENT

By Dr. WILLIAM J. SCHOLES

(PART II)

Dr. Scholes herewith presents the second part of his article on 'Pulmonary Tuberculosis' — what sufferers from it should and should not do.' In the first part, he explained the 'Diet Regulations — Proper Foods—and so on.' In this article, he concludes with further good advice anent the ailment.

Rest:

The most important measure in the treatment of pulmonary tuberculosis is rest, mental as well as physical.

A maximum of twelve and a minimum of ten hours in bed daily.

Patient may go out evenings twice a week, but must be in bed before midnight.

Rest for half an hour after exercise.

Avoid all mental stresses—worry, anxiety, fear, anger, etc.

Clothing:

Dress for the season and for comfort.

Wear light woolen, linen mesh or a ventilated cotton fabric underwear, whichever is preferable.

Outer clothing should be light and easy-fitting. Corsets should be loose to allow of freedom in breathing.

Personal Hygiene:

BATH—This should be tepid rather than warm, and should be taken in the evening before retiring. At least three such baths should be taken each week.

The chest should be sponged each morning. Start with tepid water, and gradually lower the temperature as tolerance for it increases. Follow with a brisk rubbing with a rough towel, until the skin is ruddy.

TEETH—Teeth should be brushed morning and evening. Powders are better than creams. Use a gargle and mouth-wash of a pleasantly flavored alkaline preparation.

SMOKING—Smoking is permitted in moderation in the open air. Inhaling the smoke of others should be avoided. It is as harmful as smoking.

Fresh Air:

GOOD REST—In a well-ventilated room indoors is better than a sleepless night outdoors.

Amusements

Avoid anything that causes mental excitement, such as playing cards too intensively. A couple rubbers of bridge in the evening is unobjectionable.

Most amusements that involve exercise are apt to be too strenuous. However, golf (avoiding the long drives), croquet, and quoits are permissible. Walking is best.

Daily Routine

A. M.

7.00—Patient comes indoors, or, if sleeping indoors, windows closed and heat turned on.

7.30—Rise, bathe and dress.

8.00 to 8.30—Breakfast.

9.00 to 10.00—Rest in chair.

10.00 to 12.00—Exercise or following suitable occupation.

P. M.

12.00 to 1.00—Rest in chair or on bed.

1.00—Luncheon.

Until 3.00—Rest.

3.00 to 5.00—Exercise or light occupation.

5.00 to 6.00—Rest.

6.00—Dinner.

7.30 to 9.00—Recreation.

9.30—Retire.

Hints for the Household

FOR APRIL

By BETTY WEBSTER

As April rain showers herald the May flowers—just so do the bridal showers in this month precede the Spring weddings One of the most practical of these affairs is the always welcome kitchen shower. Of course, every bride wants a bright, dainty kitchen and with the new colored enamel pans and other utensils, it is easily attained.

First, the hostess must find out (most diplomatically, to be sure, if she wishes to surprise the recipient) the color preferred by the guest of honor. This color, if desired, may be used in the decorations and refreshments.

Suppose the color chosen is yellow. That is a lovely Spring shade and can be worked up effectively. Flowers provide the most attractive medium for all warm weather decorations. Bowls of yellow tulips or narcissi or jonquils are charming.

Carry Out the Color Scheme

The table with a centerpiece of the flowers, and tiny nosegays of them attached to the place cards is most festive. If possible to procure, dishes of yellow glass add to the appearance. A pineapple and cucumber gelatine salad, tinted yellow, chopped egg sandwiches, yellow and white ice cream molds and sponge cake or French pastry iced in yellow and white are dainty refreshments.

The gifts may be placed in a large clothes basket, the top of which is then covered with white paper fastened in place with a band of yellow ribbon tied in a huge bow.

Bridge may be played or any games dealing with the home. It is rather nice to ask each young woman to write her favorite recipe on a card to be given to the guest of honor.

DO YOU KNOW THAT:

1. Dry cornstarch rubbed into grease stains on cloth absorbs the grease and can be brushed off carefully, repeating the treatment until the spots disappear?

2. Plants love bottom heat and if house plants droop from no apparent cause and refuse to thrive, watering them solely by pouring warm water into the saucers every day will sometimes give them new vigor?

3. Clear, warm water will remove milk or cream from cloth if applied immediately?

4. Old broadcloth shirts may be used to make children's rompers?

RECIPES

Meringue

To make a light, tender meringue that will not fall, place the egg whites to be used in a bowl in the refrigerator. When chilled, beat until stiff and dry. Then add two teaspoons of granulated sugar for each egg white used and return to the ice to chill again.

Spread the meringue over the pie when partly cooled, and brown quickly in a hot oven.

Whipped Cream

To insure stiff whipped cream add a little gelatine. The best proportions are one teaspoonful of gelatine soaked in two tablespoonfuls of cold milk for five minutes, dissolved over boiling water and cooled, added to one and one-half cups of cream and beaten stiff.

Two-thirds of a cup of powdered sugar, one teaspoon of vanilla and a few grains of salt may be adde, if desired.

NOW AND THEN

EASTER MORNING

They brought their cool spices that they might
Anoint the body of their Lord. They came
Through the old garden long before the light—
Had pierced the East with flame,
The little olive trees were dim—
The shadows clung along the path that led to Him.

I love to think of that far Easter dawn
And all that it portends;
Of those three women—of the risen Christ
Waiting for his friends;
I love to think of sad and weeping eyes
Made joyous with surprise.

All gardens seem to hold their footprints still
Their trailing garments brush the flowery sprays;
For women in a garden—if they will
May find the Christ there, even in these days.

So much of growing things belong to Him
That dawn within a garden anywhere
Will quickly bring the fancy that I see
Three women walking there.
And I have looked for Him, and I have found
His footprints on the ground.

Grace Noll Crowell.

'Unto their glorious resurrection!'

What a wonderful season Easter is! Nature tells the story and we look through Nature up to Nature's God.

The flowers are blooming; all the little sleeping plants are lifting up their heads, and the world is filled with beauty.

The blue brd, too, as he trills his joyful lay, tells the story, 'Loving hearts he lives again.'

The season also tells us that as Christ has risen so will our dear ones rise and we will be with them once more. Surely a blessed promise to those who have laid their loved ones to rest.

THE LITERARY CLUB

The Literary Club, is nearing its closing time for the summer. It has had a most inteersting year, taking the notable characters from the 14th century upward. Statesmen, poets, writers painters and dramatists, have been the subject of the papers read. In fact, the members have grown quite familiar with the best painting of the artists and authors by seeing copies of the first and reading the choice selections of literature, beside studying the lives of the authors.

As is the custom, each year the club is planning a pilgrimage. This year, it is to be Baltmore to see Walters Art Gallery. The time planned for the trip is on the 23rd of April, the Tuesday in Easter week.

The Club has had a busy year as the members have had to raise money for rent and books, as well as to prepare their literary programs.

They have had an Antique show, a Movie Picture and a bake, and now they are planning a series of afternoon teas. Mrs. Pyle, of Queen Anne, has offered her lawn, over looking the river, as the site for these teas, and they promise to be very enjoyable.

Old Boreas turned back from his journey up north, and gave us a real touch of winter last Tuesday. In fact it was hard to tell in which direction the wind was blowing as one seemed to be facing it in which ever way he turned. Some one said that even in sitting on the stove, he felt the chill in his blood.

The Paschal moon is shining again, the same moon that looked down on our Lord's agony in the garden; that shone on the new made grave. It was the same moon that was shining when the sun rose in the east as the risen Lord came from the tomb.

EASTER

By ALICE MATHEWS

Easter Lilies are blooming again,
And roses and violets too
Reflect life and health, thus human hearts gain
A bit of the Heavenly view.
After the sharp winds, the snow and the rain,
Behold! Springtime's brightest best day;
The tomb is now empty; the cry of sharp pain
By the risen Christ taken away!
Easter, blessed Easter, now doth impart
A lesson of love, how to grow:
Consider the lilies so pure, weary heart,
And pray for the glory they know!
They toil not, they spin not, yet they illume
With purity rare, sweet and fair
The dimness of any great Church, by the bloom
And the fragrance that Love has placed there.

WORTON

The community extend their deepest sympathy to the family and relatives of Mr. Samuel C. Loller who passed away at his home here early Tuesday morning after a short illness.

Mr. and Mrs. McCall Rasin, of Cambridge, visited his mother, Mrs. Henrietta Rasin, Sunday.

Mr. and Mrs. A. S. Crouch entertained their daughter, Mrs. May McClosky and friend, Mr. Moore, of Wilmington, Sunday.

Mrs. Viola Conoway, of Dover was the guest of her parents, Mr. and Mrs. C. H. Clayville spent the week end at Dover.

Mr. and Mrs.. Joseph Sommerell, of Philadelphia visited Mrs. Henrietta Rasin, Monday.

An Easter Pageant 'Seven Days with the Savior' will be presented next Sunday evening at the M. E. Church.

Mrs. R. A. Loud visited relatives in Baltimore several days this week.

Mr. Marion Rash is much improved after being quite sick last week.

Mr. and Mrs. Paul Steel and little daughter, Kay Booth visited relatives in Newark several days recently.

Mr. J. A. Money and son, Harry, of Kennedyville, spent Sunday with Mr. and Mrs. John Duyer.

MILLINGTON

Mr. and Mrs. Charles Smith, of Philadelphia, and Mrs. Elizabeth Smith, of Chettenham, Pa., spent the week end with Mr. and Mrs. John E. Woodall.

Mr. Charles Legg who has been very ill the past week is on the mend again, we all hope he will soon be able to be out again.

Mr. and Mrs. Ben Bailey, of near Earleville, were Sunday guests of Mr. and Mrs. John Conner.

Mr. and Mrs. Alfred Robinson and son spent Sunday with their son and daughter in law, Mr. and Mrs. Noland Robinson.

Mr. and Mrs. William Rolph, of Betterton, were Sunday guests of Mr. and Mrs. Edgar J. King.

Mr. and Mrs. Charles Everett and children, of Church Hill, visited his parents, Mr. and Mrs. Samuel T. Everett, near town on Sunday.

Asbury congregation gave the Rev. and Mrs. J. S. Eldridge a generous reception at the parsonage on Friday evening of last week, accompanied with a good pounding. The evening was enjoyed by all present.

Mrs. Elizabeth Collins has returned home from a visit with her sister, Mrs. Marie O. Feddeman, in Baltimore.

Mr. and Mrs. Harry King, of Townsend, visited Mr. and Mrs. Nat R. Baker on Sunday.

Mrs. John Stoddard and daughter, Janner, of Wilmington, were week end guests of Mr. and Mrs. James D. Moore.

Mr. and Mrs. John Ross, of Wilmington, spent Monday with her sister, Miss Marie Vansant.

Mrs. Lillie Wiggins, of Wilmington, has been spending some time with her sister in law, Mrs. Mary Jarman.

Mr. John Hilyard our very efficient manager of the American store here has been succeeded by Mr. C. Bernard Moore, of Centreville.

Mrs. John H. Ahern has returned home from Florida where she has spent the winter.

Mr. William Vansant and family and Mrs. George B. Jones visited the latter's sister, Mrs. Baird Bamberger, at Kirkwood, Del., last Sunday.

Miss Frances Bramble who has been ill two weeks of pneumonia is now improving.

Mr. Eldridge A. Wilson, aged 66 years a retired merchant of Millington, died at his home on Tuesday at noon of pneumonia after a brief illness. Mr. Wilson has lived all his life in this town. He was a brother of Leonard Wilson, merchant. He is survived by one daughter, Miss Mary Wilson. Funeral services were conducted by Rev. J. S. Eldridge, pastor of Asbury Church at his late home, at 2 o'clock Friday afternoon, April 19th and interment was made in Milington cemetery.

James L. Voshell is quite sick at his home, near town.

HE SHOULD HAVE STAYED DOWN

First Crook: 'How did Bill die?'

Second Crook: ''E fell through some scaffolding.'

First Crook: 'Whatever was 'e doing up there?'

Second Crook: 'Being 'anged.'

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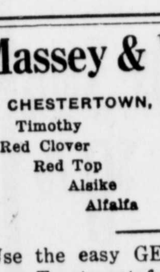
FERTILIZERS

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