

YOUR DOG AND MINE

By EDWARD C. LOUD

RICKETS

Puppies are notoriously often affected with rickets. The symptoms are very well marked and so familiar as to be recognized by most breeders. But sometimes the tardy forms are not recognized as quickly as they should be. When a puppy apparently loses strength in the ligaments of the toes and his feet, begin to show a loss of firmness, that is a good symptom. The pot belly, the bulgy head and untidy coat generally betoken this disease.

The cause was thought at first to be a deficiency of chemical elements Then it was found what these elements were. Calcium and phosphorous are essential for bone formation. If one or the other is lacking, the puppy will be rickety. But soon another element was isolated which had a decided influence on the question of rickets. It was vitamin D. Vitamin D. is irradiated ergosterol. For a long while it was thought that ergosterol simply contained vitamin D but apparently the latest information is that ergosterol, which has been eradicated, actually vitomin D.

Vitamin D is essential to the growth of bone in an animal It acts as a catelytic agent, and helps to form prosphorous and calcium. With plenty of vitamin D less prosphorous and calcium are required in the diet, and conversely where there is an abundance of phosphorous and calcium, there is no less need for vitamin D, although some must be present.

The Journal of Nutrition tells us that there is yet another couse of rickets. They tried introducing beryllium in the form of beryllium carbonate in the proportion of two per cent in the diet of animals, and found that rickets were produced. It made no difference how much vitamin D was used along with it. Feeding cod liver oil, viosterol, exposure to ultro violet light, of sun light made no difference, the rickets progressed just the same.

In trying to explain this phenomenon, it suggested that possibly the beryllium combines with the phosphorous in the body and produces an unassimilable product, thus robbing the animal of an essential. We are not told what material commonly posses beryllium, nor how important the discovery is to animal nutrition, but it may explain some of the causes of rickets which have been obscure.

So many people wonder why puppies do not grow as fast as they should after they have passed four or five weeks of age. If they have the proper food and still take on the appearances of having rickets, generally worms are to blame.

ROCK HALL

Sunday School at Wesley Chapel had an attendance of one hundred and fifty-five. There was a very pretty duett rendered by Mrs. Ersula Thumlert and Mr. Jesse Downey entitled, "Just One Hour With Our Savior." The first quarterly conference is to be held Monday night at M. T. Miller's store. Wednesday evening service will be held in the church at 8 o'clock. The Ladies' Aid are going to hold their picnic July 30th. They haven't yet decided where they will hold it.

Sunday night service was led by Mr. Donoway. The theme was "What is the Influsnce of Jesus?" The program was as follows: Prayer, Mrs. Laura Wilson; Scripture, Mrs. Charles Miller; Talk,Rev. Donoway; Duett, Emegene and Louise Thompson; Solo, "Some One Needs You", by Bertha Dowling; Trombone Solo, Thomas Warner; Song, "Win Them One By One," by the Four Square Club; readings, Mr. Russell, Mrs. Hienefeld, Mrs. Hastings, Mrs. Thompson, Mrs. Kirby; Talk, Katherine Shriley.

Mr. and Mrs. Ralph Bean and family returned from Keyser, West Virginia, and brought with them Mrs. McNemar. and Miss Jane Cannon. Miss Cannon is going to remain for the rest of the summer.

Miss Harmeyer is the guest from Baltimore of Mr. and Mrs. William Hastings.

Miss Mary Hill's Sunday School Class met at the home of Miss Elizabeth Hienefield Monday night. The evening was spent playing games and singing.

There was a cob webb social at the Dierker home in Skinner's Neck last Tuesday night. Every one had a fine time.

The Harmony Club of Raum Chapel had its annual meeting last Friday night.

Miss Mary Smith was the guest of Miss Francis McCoy in Chesapeake City last week.

Mr. and Mrs. J. B. Wilson was a guest in Rock Hall over the week-end.

Mr. and Mrs. William Muth and son are visiting her parents, Mr. and Mrs. Walter Briers.

Mr. and Mrs. Gerald Carney are spending their vacation with her parents, Mr. and Mrs. John Glenn.

Miss Betty Grant, of Baltimore, is a guest of Mr. and Mrs. Edwards.

Mr. and Mrs. Walter Taylor and family are visiting his parents, Mr. and Mrs. James Taylor.

Mrs. Clyde Hill has as guests this week Miss Dolores Smith and Mrs. Edith Sanderson, of Baltimore.

Miss Susie Leary is spending a few days with her brother and sister-in-law, Mr. and Mrs. William Leary.

Miss Virginia Hague is spending this week in Baltimore with friends.

Mr. and Mrs. Alex Herzberg, Sr., of Chestertown, were Sunday guests of Mrs. Howard Coleman.

Mrs. M. A. Warren, of Still Pond, is visiting her niece, Miss Mollie Moffett and nephew and wife, Mr. and Mrs. Hacket Hoffett.

Mr. and Mrs. Thomas Hastings spent the week-end with her parents, Mr. and Mrs. Albert Chairs.

Mr. Leroy Warner is on his vacation and is visiting friends in Baltimore. Mr. Wilbur Reed, of Chestertown is taking his place in the American store.

Mr. Russell Grant, of Wilmington, was a week-end guest of Miss Alice Frigity.

Miss Grace Crouch visited Mrs. Leonard Myers from the fourth of July until last Sunday. Miss Hazel Clothier joined her. This week Miss Nellie Crouch and Miss Virginia Clothies are there.

Mr. Elwood Burgess seems to be the champion fisherman these days. He went out fishing one day this week and caught a 13 pound rock.

Mrs. Jesse Downey and Arthur Urie hoth had their tonsils out at the Kent and Queen Anne Hospital. Both are getting along nicely at this writing.

Mr. and Mrs. Edward Stevene and Mrs. Lillian Leppo, of Hawthorne Road attended Chestertown M. P. Church on Sunday morning.

Mr. and Mrs. Jesse Downey, Miss Catherine Shirley, Rev. Donoway and family went down to Shiloh Camp Meeting last Thursday. They found a large crowd and Homer A. Rodeheaver and Gypsy Smith were taking a large part.

Mrs. Lee Hynson's Sunday School Ladies Bible Class all went to Tolchester on a picnic and spent a very pleasant day.

Mrs. J. S. Chance is spending some time with Mrs. Harry Wagner.

Mr. and Mrs. Edward Stevens, of Hawthorne Road, were surprised by a visit from Dr. Norman F. Ward and son from Western Maryland College, and Mr. and Mrs. Thomas Bowers, of Chestertown this past week.

Mr. and Mrs. Norris Collyer and family are visiting relatives here.

The M. E. Church opened Sunday morning with 156 present. The picnic day was set and where it is to be held. The Epworth League was lead by Stanley Grant who gave a very good address. The topic was the Widening Influence of Jesus.

Mr. and Mrs. Allan Urie entertained on Sunday Mr. and Mrs. Franklin Moffett.

Mr. and Mrs. John P. Schwartz and son Calvin, Mr. and Mrs. Edward Heng and daughter Virginia, spent Sunday with Mr. and Mrs. Nelson Rodney and Mr. and Mrs. Elwood Rodney.

Mr. Willam Francis has been suffering with an affected eye caused by sticking a piece of steel in it. At this writing he is somewhat improved.

Mr. and Mrs. W. A. P. Strang were dinner guests Sunday of Mrs. Walter Frances.

Mr. and Mrs. J. Abner Bryden are spending the week-end at Ocean City, Md., attending the annual outing of the People's Life Insurance Co., of Washington, D. C.

Miss Clara Walbert visited her sister, Mrs. Raymond Fisher in Wilmington over the past week-end.

QUAKER NECK HORSE SNOW PROGRAM ANNOUNCED

WILL BE LIMITED TO YOUTHFUL RIDERS

The annual Quaker Neck Horsemanship Show, sponsored by the Quaker Neck Riding Club, will be held at Lanchester on Saturday, July 27th, starting at 2 p. m.

All entries are limited to riders under 20 years of age.

Stallion Cool Rock will be shown and there will be a class for Cool Rock colts of all ages.

Prizes and ribbons will be awarded in all classes and the public is invited to attend there being no admission charge. Mr. W. R. Hubbard will judge the event.

PROGRAMME OF EVENTS

1. Novice class for beginners.
2. 3 foot jump for riders 14 years and under.
3. Open Saddle Class.
4. Knock down and out, rails to be balanced—3½ ft.
5. Intermission for Cool Rock and colts.
6. Three and a half foot jumps.
7. Pair saddle class.
8. Bare-back jump—3 ft.

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For they can't do it. They only move the bowels and a mere movement doesn't get at the cause. The reason for your down-and-out feeling is your liver. It should pour out two pounds of liquid bile into your bowels daily.

If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You have a thick, bad taste and your breath is foul, skin often breaks out in blemishes. Your head aches and you feel down and out. Your whole system is poisoned.

It takes those good, old CARTER'S LITTLE LIVER PILLS to get these two pounds of bile flowing freely and make you feel "up and up." They contain wonderful, harmless, gentle vegetable extracts, amazing when it comes to making the bile flow freely.

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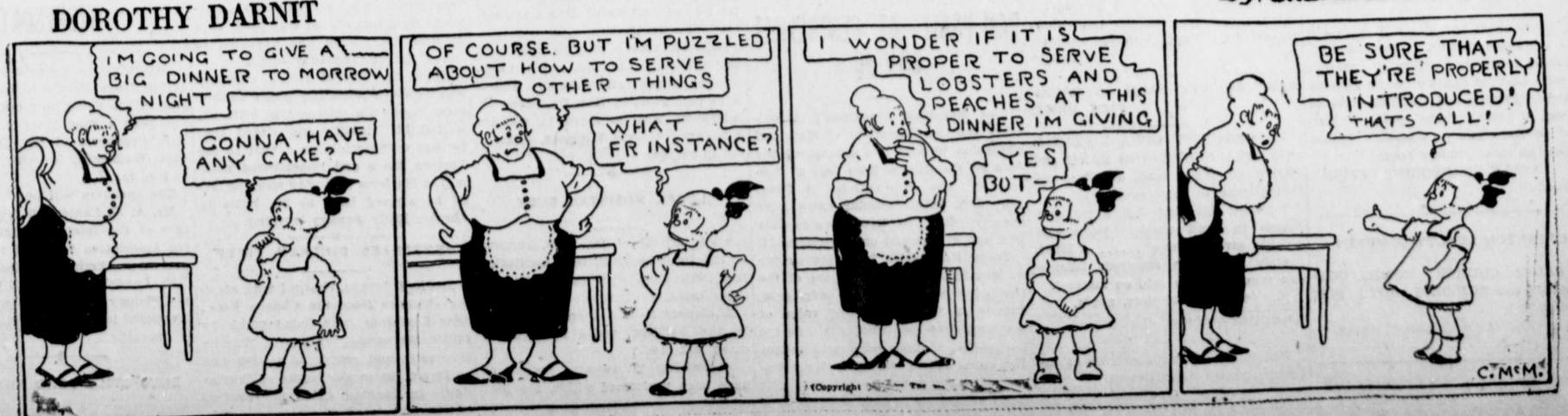
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