THREE MEALS A DAY

Food, of course, must be well seasoned to be worthy of its piquancy

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Edited by WILMA DEUTE

SIDNEY SNOW will be glad to answer any questions on food

HOT OFF THE GRIDDLE

Think before you buy new furniture. You can save money—and help preserve the nation's stockpile of such durable goods, by refinishing or repainting pieces you are now using, or old pieces lying unused in cellar or attic. And anybody can do a good paint job with a little care and thought.

A metail mold chills more quickly than one of enamel or earthenware. When ready to unmold, dip the mold up to the edge in warm, not hot, water. Hold in the water a moment. Remove and dry outside. Cover mold with serving plate. Turn both upside down. Raise one side of mold slightly and give mold a sharp shake.

Keep baking powder fresh by keeping the container tightly covered and in a cool place. Never use a wet spoon for measuring baking powed. If moistuer is absorbed the powder may react permaturely to such a degree that it loses its efficiency or "gas strength" for baking. And be sure to store baking powder where there are no strong odors.

When baking a cake, place the filled pans near the center of the oven. Do not place one pan directly over another, do not crowd the oven full, and do not place pans too near the oven walls. Heat must circulate through the oven freely for even baking. Usually it is most even in the center of the oven, so that a cake placed near the center of the oven will rise evenly and brown satisfactorily. If the oven heat is uneven, find the position where cakes will bake best by placing oven racks at different levels and pans in different sections. A few such baking experiments will give the answer.

Use the right hanger for all garments to help them keep shape and stay young. Have small hangers of the right size for children's clothes, special hangers for skirts and trousers. Garment bags or individual hanger covers protect clothes in closets. Clothing tossed onto or draped over chairs loses shape and neatness, requires more pressing—wears out quicker!

The texture of ice cream is affected by the manner of freezing. If the mixture is frozen too rapidly, it will be coarse and have a rough texture, while a slower freezing tends to improve its texture. This smoothness is not entirely due to the rate of freezing, however, but to the amount of whipping or beating which takes place before and during the freezing. If frozen without any beating, the product will be coarse even though made from a rich cream. The air that is beaten into the mixture in freezing produces a light, smooth consistency.

For banana rolls, peel bananas and cut in halves crosswise. Roll puff or flaky paste one-eighth of an inch thick. Cut into pieces. Dip each piece in ice-water and wrap around a half banana. Place on a baking sheet and bake in a quick oven (40 F.). Serve with strawberry sauce.

Put shoe trees into your shoes the minute you take them off, not the next morning. This is the only way in which shoe shape can be maintained properly. Trees that support the entire inside of the shoes are better than wire strip type for holding in shape. Change shoes daily to make them last. If shoes air for a day between wearings, accumulated perspiration will not tend to rot linings and leather. It is a proven fact that you can get twice as much actual wear—plus greater comfort—by following this plan.

Avoid waste of electricity, turn out lights and disconnect appliances by pulling out the plug when not in use.

An easy and accurate way to measure solid fat is by means of one-third cup of solid shortening, fill a standard measuring cup two-thirds full of cold water, then drop in pieces of the shortening, pushing them under the water until the water level reach the one-cupful mark. If a half cup of shortening is called for, fill the cup one-half full of water, and so on for any quantity desired.

—V—

Cover Stains

In order to keep old grease stains from spotting new wallpaper, first apply such a seal as aluminum enamel or shellac over the stain.

Notice To Creditors—

NOTICE is hereby given that the undersigned has obtained from the Orphans' Court for Kent County letters of Administration on the personal estate of Claude Edward Bosley late of said county, deceased. All persons having claims against said deceased's estate are hereby warned to exhibit the same, with the proper vouchers thereof, to the undersigned on or before the 8th day of June, 1945, otherwise they may by law be excluded from all benefit of said deceaseds personal estate.

All persons indebted to this estate must settle at once.

Given under my hand this 5th day of December 1944.

PRESTON P. HECK,
W. Paul Joiner, Administrator
Register of Wills d8

Notice To Creditors

Notice is hereby given that the undersigned has obtained from the Orphans' Court for Kent County letters of Administration C.T.A. on the personal estate of Bessie Leary late of said county, deceased. All persons having claims against said deceased's estate are hereby warned to exhibit the same, with the proper vouchers thereof, to the undersigned on or before the 1st day of June 1945, otherwise they may by law be excluded from all benefit of said deceased's personal estate.

All persons indebted to this estate must settle at once.

Given under my hand this 28th day of November 1944.

G. ELLSWORTH LEARY,
Administrator C.T.A.
W. PAUL JOINER
Register of Wills d1

PUBLIC SALE

— OF —

Personal Property

As I am discontinuing farming, I will sell at public auction on the farm located 2½ miles east of Millington, know n as the Kelley Farm on No. 10 road on

Monday, Dec. 11, 1944

1:00 P. M. SHARP

1 F-12 Farmall Tractor and Cultivators

9 head dairy animals (3 are springers), 1 bay mare (good worker), 1 John Deere Corn Planter, 2 riding cultivators, 2 walking cultivators, 1 wood wheel wagon, 1 New Idea Manure Spreader, 1 springtooth harrow, 1 Deering binder (good condition), 1 single disk harrow (6 ft.), 1 Dearborn, 1 spike tooth harrow, 1 wheat fan, 1 two-horse walking plow (98 Oliver), 1 three-horse walking plow (40 Oliver), 1 two-can Wilson milk box, 1 iron roller, 1 Deering mower (4½ ft. cut), 1 1933-Dodge car (recently overhauled), 4 milk cans, buckets, strainer, harness, shovels, hoes, trees and other articles too numerous to mention.

ROMIE KING, Owner

TERMS: CASH
Elmer Anthony, Auctioneer
Clarence Melvin, Inside Clerk.
W. Bruce Dukes, Outside Clerk.
n24-3t

Philosopher's Stone

If you know how to spend less than you get, you have the philosopher's stone.—B. Franklin.

NOTICE

In the matter of the Estate of
LYDIA A. WIEST
In The Orphans' Court for Kent County

Upon the Petition of Sudler G. Wiest, Executor of Lydia A. Wiest, deceased, it is this 21st day of November, 1944, ORDERED by the Orphans' Court of Kent County, that the 16th day of January, 1945, be named and appointed for a meeting in this Court of persons entitled to distributive shares, or legacies, or a residue of said decedent's estate, in pursuance of the provisions of Article 93, Section 151, of the edition of 1939, of the Annotated Code of Maryland. And all such persons are hereby notified and warned to be and appear in person, or by guardian, solicitor or agent, in this Court on said named day, at 12:00 o'clock, noon, to the end that payment and distribution may then and there be made under the Court's direction and control.

And it is further ordered, that notice hereof be given to the resident parties named in the petition by summons, and that notice to the non-resident parties named in the petition, viz: George W. Wiest, Jr., Arthur B. Wiest, Florence Wiest Mayhew, and Charles S. Wiest, as well as to all unknown persons whether living or not who may have any possible claim to participate in the distribution of said estate, be given by publication of this order in one of the weekly newspapers published in Kent County for four successive weeks before the 15th day of December, 1944.

ROLAND R. COREY,
GEORGE R. RASIN,
HARRY M. STAVELY,
Judges of the Orphans' Court for Kent County

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W. PAUL JOINER,
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If you'll say "please" to your grocer, maybe he'll slip you a can

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Well, my good brother, you almost have something.

All that is needed NOW is to POUR YOURSELF A GLASS OF NATIONAL BOHEMIAN Beer

When Shad Roe and National Bohemian join hands—there you have the perfect, soul satisfying meal.

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Versatile Machine

A postwar plastic washing machine with push-button control will automatically perform all washing, rinsing and drying operations, according to Plastics magazine.

—V—

Plastic Uses

Eighty per cent of all plastics produced today go in planes that have hundreds of plastic parts and must withstand temperature changes from 130 degrees on the ground to 30 below in a matter of moments; in battleships which use thousands of plastic items; and in projectiles engineered to precision dimensions.

When Your Back Hurts
And Your Strength and Energy Is Below Par

It may be caused by disorder of kidney function that permits poisonous waste to accumulate. For truly many people feel tired, weak and miserable when the kidneys fail to remove excess acids and other waste matter from the blood.

You may suffer nagging backache, rheumatic pains, headaches, dizziness, getting up nights, leg pains, swelling. Sometimes frequent and scanty urination with smarting and burning is another sign that something is wrong with the kidneys or bladder.

There should be no doubt that prompt treatment is wiser than neglect. Use *Doan's Pills*. It is better to rely on a medicine that has won countrywide approval than on something less favorably known. *Doan's* have been tried and tested many years. Are at all drug stores. Get *Doan's* today.

DOAN'S PILLS

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