ACTIVITIES IN KENT CHURCHES

FIRST METHODIST CHURCH
Chestertown, Md.
Paul E. Reynolds, Pastor
Julian Coleman, Director of Music
Mabel Toulson, Organist

Sunday, July 22, 1945
"The more willing we are to deny ourselves for Jesus' sake, the more we receive from God."
9:45 A. M., Church School. J. T. Anthony, Jr, Supt.
11:00 Morning worship, sermon by the pastor.
7:00 Evening worship in the Park. Dr. C. L. Atwater the minister in charge.
7:30 Wednesday evening prayer meeting in Chirst Church during July.

V

CHRIST METHODIST CHURCH
Chestertown, Maryland
W. P. Roberts, D.D., Minister
Mrs. F. G. Livingood,
Summer Organist

Sunday, July 22, 1945
10 A M., Sunday School. T. D. Bowers, Supt.
11 A. M., Worship Subject, "The Obligation of the Christian."
7 P. M., Rev. C. A. Atwater, D. D, will have charge of the Park Service. The message will be given by Rev. J. M. Kay, pastor of the St. James Methodist Church.
Wednesday—The Union Methodist Prayer Meeting will be held in our church at 7:30 P. M.
Next Sunday — Morning subject, "A Christian Man."
Evening, Rev. Paul Reynolds will have charge of the Park Service.
"There is a hunger that bread cannot satisfy."

V

CHESTERTOWN SEVENTH-DAY ADVENTIST CHURCH
L. F. Cunningham, Pastor

Services Saturday, July 21, 1945
2:30 P. M., Sabbath School.
3:45 P. M., Church School.

V

STILL POND METHODIST CHURCH
Harry Hanson Conner, Minister

Sunday, July 22, 1945
Church School, 9:45 A. M., Ralph Geary, Supt.
Morning Worship, 11:00 A. M.

BETTERTON METHODIST CHURCH
Harry Hanson Conner, Minister

Sunday, July 22, 1945
Church School, 10:00 A. M., Mrs. Hallye Crew, Supt.
Evening worship, 8:00 P. M.

V

FAIRLEE CHARGE
L. B. Troutman, Pastor

Sunday, July 22, 1945
Fairlee
Church School, 10:00 A. M.
Divine Worship, 11:00 A. M.
M. Y. F., 8:00 P. M.
Worton
Divine Worship, 9:30 A. M.
Church School, 10:00 A. M.
Piney Neck
Church School, 2:00 P. M.
Special Candle light service for the men in service at the regular worship hour, 7:30 P. M.

V

EMMANUEL P. E. CHURCH
Chestertown, Md.
Rev. Chas. L. Atwater, D.D., Rector

8 A. M., Holy Communion.
11 A. M., Morning Prayer with choir and brief address.
At 7 P. M., Union Service in the Park this Sunday evening. The preacher will be the Rev. Melvin Kay, of St. James' Methodist Church Kent County.

V

SHREWSBURY CHURCH
Kent County, Md.
Rev. Chas. L. Atwater, D.D., Rector

Sunday, July 22, 1945
9:15 A. M., Morning Prayer, with sermon by the Rector.
All services in Shrewsbury Church until September will be at 9:45 A. M. On August 12 there will be no Service, as the Rector will be away on that date.

V

KENNEDYVILLE METHODIST CHURCH

Sunday, July 22, 1945
10:00 A. M., Church School, Harvey Hopkins, Supt.
11:00 A. M., Morning Worship; Sermon by the Pastor and special music by the Choir.
The W. S. C. S. will meet Friday night, July 20th, at the home of Mrs. Homer King, who will be assisted as hostess by Mrs. William Jewell, Mrs. Orson Wiltbank, and Mrs. Charles Coss. The time is 8 P. M.

ST. JAMES METHODIST CHURCH
Melvin Kay, Minister

Sunday, July 22, 1945
10:30 A. M., Sunday School. Stanley B. Sutton, Supt.
11:15 A. M., Devotional Period. Miss Annie Parsons, organist.
11:30 A. M., Sermon by the pastor.
12:00 Noon, Benediction.
Reverend Essell P. Thomas, District Superintendent, will hold the First Quarterly Conference at the parsonage, Monday night, July 23 at 8 o'clock.

V

LYNCH METHODIST CHURCH
Melvin Kay, Minister

Sunday, July 22, 1945
7:30 P. M., Song Service.
7:45 P. M., Sunday School. Elston Kendall, Supt.
8:30 P. M., Worship Hour. Sermon by the pastor.
9:00 P. M., Benediction.

V

Scalloped Cauliflower With Hard Cook Eggs Or Cheese

Extra goodness and nutrition is added to the flavorsome cauliflower when it is served scalloped. Use either hard-cooked eggs or grated cheese to make the dish just that much more tasty, and the results are very fine.

SCALLOPED CAULIFLOWER
1 medium head cauliflower
2 hard-cooked eggs or
4 tablespoons grated cheese
1½ cups medium white sauce
Bread crumbs

Break the cauliflower into flowerets before boiling. Drain. Place a layer of the cooked cauliflower in a greased baking-dish, then a layer of egg slices or of grated cheese, then a layer of white sauce. Repeat until all the cauliflower is used. Put a layer of crumbs over the top and bake in a moderate oven (350-400 F.) from fifteen to thirty minutes. A bit of cayenne pepper or paprika may be added for additional seasoning.

MEDIUM WHITE SAUCE
2 tablespoons butter or other fat
2 tablespoon flour
1 cup milk
¼ teaspoon salt
⅛ teaspoon pepper

Melt butter, blend in flour until smooth. Add milk gradually, stirring constantly until boiling point is reached. Reduce heat and cook for 3 minutes longer; add seasonings and blend. Place over hot water to keep hot and cover tightly to prevent film from forming.

V

Line Silos

Farmers line old silos with exterior type (waterproof) plywood because the thin sheets can be easily moulded to fit the silo and a smooth inner surface results.

V

Hang Ironing Board

A wire clothes hanger tacked to the underside of the wide end of the ironing board makes it easy to hang the board out of the way when not in use.

BUY MORE BONDS

When Your Back Hurts -
And Your Strength and Energy Is Below Par

It may be caused by disorder of kidney function that permits poisonous waste to accumulate. For truly many people feel tired, weak and miserable when the kidneys fail to remove excess acids and other waste matter from the blood.

You may suffer nagging backache, rheumatic pains, headaches, dizziness, getting up nights, leg pains, swelling. Sometimes frequent and scanty urination with smarting and burning is another sign that something is wrong with the kidneys or bladder.

There should be no doubt that prompt treatment is wiser than neglect. Use *Doan's Pills*. It is better to rely on a medicine that has won countrywide approval than on something less favorably known. *Doan's* have been tried and tested many years. Are at all drug stores. Get *Doan's* today.

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KEEPING HOUSE, helping take care of the family—you would realize that business girls are not the only ones who sometimes get Headache and Tired Aching Muscles. We home girls often work just as hard and have just as many Headaches, just as many Stomach Upsets and get just as Tired.

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NAGGING BACKACHE
May Warn of Disordered Kidney Action. Don't Neglect It!

Modern life with its ceaseless hurry and worry, irregular habits, improper eating and drinking, exposure, contagion, *whatnot*, keeps doctors busy, hospitals crowded. The after effects are disturbing to the kidneys and oftentimes people suffer without knowing that disordered kidney action may cause the trouble.

After colds, fever and similar ills there is an increase of body impurities the kidneys must filter from the blood. If the kidneys are overtaxed and fail to remove excess acid and other harmful waste, there is poisoning of the whole system.

Symptoms of disturbed kidney function may be nagging backache, persistent headache, dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of strength and energy. Other signs of kidney or bladder disturbance sometimes are burning, scanty or too frequent urination.

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