SIDNEY SNOW will be glad to answer any questions on food

THREE MEALS A DAY

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Edited by WILMA DEUTE

Food, of course, must be well seasoned to be worthy of its piquancy

MENU OF THE WEEK

MONDAY— Breakfast — Honey-dew melon, poached eggs on toast, coffee. **Lunch**—Macaroni and cheese, tomato salad, ice gox cookies, tea or milk. **Dinner**—Ham loaf with mint pears, corn on the cob, cole slaw, baked potatoes, fruit gelatine, coffee.

TUESDAY—Breakfast—Fresh fruit cup, ready to eat cereal, blueberry muffinsfi coffee. **Lunch**—Tongue and rice casserole, sliced tomatoes, layer cake, tea or milk. **Dinner**—Breaded pork chops, cheese layer potatoes, molded spinach, stuffed tomato salad, peach shortcake, coffee.

WEDNESDAY—Breakfast — Mixed blackberries and blueberries, plain waffles, syrup, coffee. **Lunch**—Stuffed egg plant, grilled tomatoes, peach tarts tea or milk. **Dinner**—Lamb steak and scalloped potatoes en casserole buttered beet, celery and radish salad, cup custard with caramel sauce, coffee.

THURSDAY — Breakfast — Cantaloupe, baked eggs, buttered toast, coffee. **Lunch**—Cheese omelet, grilled bacon, toasted crackers, biscuit tortoni, tea or milk. **Dinner**—Roast veal, buttered carrots, baked potatoes, endive salad, assorted cakes, coffee.

FRIDAY—Breakfast—Tomato juice, shirred eggs with peppers, buttered toast, coffee. **Lunch**—Clam chowder, combination salad, Melba toast, apple dumplings, tea or milk. **Dinner**—Salmon rolls, French fried potatoes, smothered carrots, cucumber salad, ice cream, cake, coffee.

SATURDAY—Breakfast—Fresh pineapple, scrambled eggs with smoked beef, buttered toast, coffee. **Lunch**—Veal croquettes, mushroom sauce, dressed lettuce, coffee milk shake. **Dinner**—Fried chicken, corn fritters, egg plant in casserole, lettuce salad, French pastry, coffee.

SUNDAY—Breakfast— Cantaloupe, ham and eggs, hot rolls, coffee. **Dinner**—Tenderloin of beef, Lima beans au paprika, Julienne potatoes, beet salad, frozen pudding, coffee. **Supper**—Tomatoes stuffed with shrimp salad, biscuits, syllabub, coffee.

Sidney Snow will be pleased to supply any of these recipes. Just write care of this paper.

SAUCE RECIPES FOR ICE CREAM EASY TO PREPARE

Chocolate, Maple Pecan And Butterscotch Sauces With Plain Vanilla

One seldom hears 'whoops' of joy when plain vanilla ice cream is served. But then plain vanilla ice cream is like a roast or a chicken without gravy or a sauce. Here are several sauces that will add the finishing touches and bring forth ohsh! and ahs! The popular way to serve ice cream sauces now days, seems to be in a pitcher with 'everyone help yourself.'

CHOCOLATE SAUCE

3 squares bitter chocolatte
1 cup sugar
1-2 cup white corn syrup
1 1-4 cups cream.
1 teaspoon vanilla.

Melt chocolate over hot water. Add 1-4 cup cream slowly, stirring until smooth. Add sugar and syrup. Boil to 234 F. (very soft ball stage. Remove from fire, add remaining cream and vanilla. Makes 2 1-2 cups sauce.

MAPLE PECAN SAUCE

2 tablespoons butter
3-4 cup sugar
1-2 cup cream
4 tablespoons maple syrup
1-2 cup pecans, chopped

Melt butter, add sugar, 1-2 the milk and syrup and goil to 232 F. (scarcely soft ball when testted in cold water). Remove from fire, add remaining milk slowly, then nuts. Makes 1 cup sauce.

BUTTERSCOTCH SAUCE

1 1-2 cups brown sugar
2-3 cup corn syrup
1 1-4 cups cream
1-4 cup butter

Boil sugar, syrup, 1-4 cup cream and butter to a thick syrup 236 F. Cool and beat in the remaining cream. Makes 10 servings.

PRIZE-WINNING RECIPES

A metal recipe container with recipes and a can of Pompeian Olive Oil, has been awarded to Mrs. A. Patrone of Emerson, New Jersey, a reader of the Westwood, New Jersey News for her delicious recipe for

BANANA MERINGUE PIE

3-4 cup sugar
2 tablespoons flour
2 tablespoons corn starch
1-4 teaspoon salt
2 cups milk, scaled
2 egg yolks
Grated rind of half lemon
Sliced bananas to cover

Mix well, sugar, flour, cornstarch, salt. Add scalded milk. Cook over low flame or in top of double boiler until very thick. Just before removing from the stove, stir in egg yolks, well beaten. Add lemon rind. over bottom of baked pastry shell with sliced bananas. Pour over cream filling. Cover slightly with meringue.

A case of Trommer's White Label beer has been won by Annie Foster of Port Washington, Long Island, a subscriber of the Port Washington Post.

Mrs. Harvey Babcock of Newton, New Jersey Herald, has been awarded a rice ball and a box of All Comet Rice Products.

Mrs. Mary Beale of Towson, Maryland is the winner of a box of Friends Food Products from Melrose, Mass.

A cheese try with an assortment of seven kinds of Borden's Cheese has been won by Mrs. C. F. Clark of Red Bank, New Jersey, a reader of the Red Bank, New Jersey Register.

A case of Ruppert's Beer has been awarded to Mrs. James Childs of Garrison, New York, a reader of the Cold Springs, New York, Recorder.

You too, might be a winner of one of these lovely prizes if you were to send in your favorite, novel and original recipe to Sidney Snow in care of this paper. It need not be elaborate or difficult and one person is qualified to try as many times as she wishes.

NEW DRESS FOR FISH HELPS TO EASE FRIDAY BY

Rice Loaf With Salmon Filling One Of Interesting Dishes

Of all the days in the week, housewives seem to have the most trouble on Fridays. That is proably because it is so specifically a 'fish-day' and fish recipes are usually so limited in one's knowledge.

For luncheon the popular fishes seem to be tuna, saimon, crab meat or shrimps. They are usually creamed on toast or in a salad. Now, using either one of these fishes, a very interesting dish can be prepared. Buttered toast or baked potatoes are rejlaced by rice, white and fluffy.

RICE LOAF WITH SALMON FILLING

3 cups cooked rice
1 level tablespoon gelatine
1-4 cup cold water
2 egg yolks
1 teaspoon salt
1 1-2 tablespoons melted butter
3-4 cup milk
2 tablespoons milk, vinegar or lemon juice
2 cups canned salmon, tuna, crab meat or shrimps
1 teaspoon mustard
1-2 teaspoon mustard
1-2 cup cream
Few grains cayene or paprika

Soak gelatine in cold water for about 5 minutes. Mix egg yolks, slightly beaten with salt, mustard and cayenne; then add butter, milk and vinegar. Cook in double boiler, stirring constantly, until mixture thickens. Add soaked gelatine and salmon separatd into flakes, then fold in whipped cream. If more seasoning is desired, add a few drops of Worcestershire sauce.

Line a small bread pan, which has bee nrinsed in cold water wtih the cooked rice, (well seasoned, adding onion juice if desired and a few spoonsfuls of minced parsley). Press rice about the bottom and sides of the pan, making a wall about 3-4 inch thick; then fill the space with the salmon mixture. Chill, and when the salmon mixture is firm, arrange a layer of the rice over top. Chill thoroughly. Unmold, slice to serve and arrange on platter, garnishing with sliced tomatoes or cucumbers.

Serve with horseradish sauce or mayonna-se with chopped pepper.

MILLINGTON

Mrs. Mary E. Bailey is reported slightly improved and we hope for further improvement.

Elmer Brumsel, of Springfield, Mass, who has been the guest of Mr. Julian C. Numbers this summer, left for his home on Wednesday of this week.

Mr. Victor, of New York, made a flying trip to Millington on Monday last and gave a demonstration of his flying ability by doing a number of stunts over town.

Mr. and Mrs. Charles Bell spent Monday with Mr. Bell's mother, Mrs. Florence Bell at Denton.

Mrs. Anna Chase, of Chester, Pa., has visited her cousin, Miss Evelyn Cochran, recenity

Miss Elva Reese, of Washington, D. C., spent the past week with her father Mr. William Reese.

Mr. and Mrs. John Gleave, Mr. and Mrs. Joseph Gerriot, of Philadelphia, Pa., Miss Helen Higman and Mr. Larry McGarrthy, of Wilmington, Del., were week end guests of the ladies aunt, Miss Mollie Higman.

Mrs. George Hake, of Wilmington, Del., is visiting Mr. and Mrs. Harry L. Higman in town.

Mrs. Karl Gebert and Mrs. Emma Piggart and daughter, of Cleveland, Ohi, returned home on Monday after a pleasant visit with the formers parents, Mr. and Mrs. Ernest Radnor.

Rev. C. W. Robb, of Asbury Church has gone to Cincinnati, Ohio, this week to return his two children to school to that place.

Miss Florence Gale, of Union Memorial Hospital, Baltimore spent Sunday with her parents, Mr. and Mrs. W. Leo Gale.

Mr. and Mrs. Julian King, of Grenogue, Del., spent the week end with his sister, and brother-in-law, Mr. and Mrs. Noland Robinson.

Miss Mabel Price, of Middletown, Del., visited with friends in town over the week end.

Mrs. Mary E. King, of Wilmintgon, Del., was a visitor a few days last week of her sister-in-law, Mrs. Fanny Moore.

The anniversary of Blackiston M. E. Church will be held on Sunday, September 20th, song service will begin at 2.30 p. m. in charge of Mr. and Mrs. Arthur Wilson, of Wilmington, Del. Dr. Hallman District Supt. will deliver the address.

Mrs. Mollie Boggs, of Smyrna, Del., is spending some time with her daughter, Mrs. Henry Stevens.

Mr. Clifton Clark, of Wilmington, Del., spent a few days last week with his aunt, Miss Marie Vansant.

Miss Mary Elizabeth Numbers who has been at the home of her father, Fred C. Numbers, this summer, left on Wednesday for Northampton, Mass., where she occupies an imoprtant pos in Clarke school for the deaf.

Mr. and Mrs. John W. Higman and Miss Clara Bryan are visitors at Ocean Grove, N. J., for a time.

Mrs. Clara Rolph was a week end guest of her son, Mr. William Rolph and family at Betterton, Md.

Miss Kathryn Price and Miss Charlotte Jones left on Monday to enter in training for professional nurse in the Homeopathic Hospital Wilmington, Del.

Miss Mary Horsey, of Marion Sta., Md., spent last week in the home of Mr. and Mrs. Charles P. Jones the guest of Miss Anna Jones.

Master Earle West left on Wednesday of last week for Wilmington, Del., to visit his grandparents, Mr. and Mrs. Montgomery 27th and Washington street, before returning to Northampton, Mass., to start the fall term at Clarke School, Earle has had a very happy summer in the Numbers' home in town and has gained both in stature and weight.

Miss Margaret Lee, of Wilmington, Del., was the guest of her parents, Mr. and Mrs. Fred T. Lee over the holiday.

Mr. and Mrs. Emis Walls, of Wilmington, Del., visited relatives in town over the week end.

Mrs. Emma Airey, of Catonsville, Md., who has spent the summer at the home of her parents, Mr. and Mrs. Charles P. Jones left on Monday for her school also Miss Anna Jones, employed in the Hyattsville school returned on Saturday last to resume her school duties for another year.

A going away party was given in honor of Miss Charlotte Jones on Friday evening of last week which was well attended by her circle of young friends and the evening was a very happy one for all present.

Mr. Edgar T. Stevens is now driving school bus to schools No. 1, and No. 10, formerly driven by Mr. Harry Price of Millington. Mr. Stevens has returned to the home of Mr. Alenda Smith where he will make his future home.

Miss Betty Jones, of Smyrna, Del., spent the week end with her aunt, Mrs. Henry Stevens.

Mrs. Richard Rasin, of Kennedyville, Md., is visiting her son, Prof. and Mrs. Harry R. Rasin this week.

Mrs. Frank Carmine returned home on Monday evening after a pleasant visit with her sister, Miss Anna M. Dodd, of Philadelphia, Pa.

Miss Martha Pennington returned on Tuesday to her home at Navasink, N. J., and was accompanied home by her mother, Mrs. Liston Pennington of Cypress street.

JOHN W. BARROLL
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1936 PROCLAMATION OF THE GOVERNOR OF MARYLAND PROPOSING AMENDMENTS TO THE CONSTITUTION OF THE STATE

WHEREAS, at the January session of the General Assembly of Maryland, held in the year 1935, an Act was passed, to wit: Chapter 426 proposing an amendment to Section 21 of Article 4 of the Constitution of the State of Maryland, title "Judiciary Department," subtitle "Part III - Circuit Courts," providing for an additional Judge in the Sixth Judicial Circuit of Maryland, and to provide for the submission of said amendment to the qualified voters of this State for adoption or rejection; and

WHEREAS, at the January session of the General Assembly of Maryland, held in the year 1935, an Act was passed, to wit: Chapter 584 proposing an amendment to Section 13 of Article 3 of the Constitution of the State of Maryland, title "Legislative Department," providing for the appointment of persons by the Governor to fill vacancies in the House of Delegates or in the Senate of the General Assembly of Maryland and providing for the submission of said amendment to the qualified voters of the State for adoption or rejection; and

WHEREAS, at the Extraordinary session of the General Assembly of Maryland, held in the year 1936, an Act was passed, to wit: Chapter 151 proposing an amendment to Section 39 of Article 3 of the Constitution of the State of Maryland, title "Legislative Department," so as to strike out the provision therein to the effect that the General Assembly shall grant no charter for banking purposes, nor renew any banking corporation now in existence, except upon the condition that the stockholders shall be liable to the amount of their respective share or shares of stock in such banking institution, for all its debts and liabilities upon note, bill or otherwise, and providing for the submission of said amendment to the qualified voters of the State of Maryland for adoption or rejection; in words and figures as follows:

CHAPTER 426

AN ACT to amend Section 21 of Article 4, title "Judiciary Department," sub-title "Part III-Circuit Courts" of the Constitution of this State, and to provide for the submission of said amendment to the qualified voters of this State for adoption or rejection.

Section 1. Be it enacted by the General Assembly of Maryland, That three-fifths of all the members elected to each of the two houses concurring, that the following section be and the same is hereby proposed as an amendment to Section 21 of Article 4, title "Judiciary Department," sub-title "Part III-Circuit Courts" of the Constitution of this State, and if adopted by the legal and qualified voters thereof as herein provided it shall supersede and stand in the place and stead of Section 21 of said Article 4.

21. For each of the said circuits, excepting the eighth and the third and the sixth, there shall be a chief judge and two associate judges to be styled Judges of the Circuit Court, to be elected or appointed as herein provided, and for the third circuit and for the sixth circuit there shall be a chief judge and three associate judges to be styled judges of the Circuit Court, to be elected or appointed as herein provided. And no two of said associate judges, for any of the said circuits, except the third and sixth circuits, shall at the time of their election or appointment or during the term for which they may have been elected or appointed, reside in the same county. If two or more persons shall be candidates for associate judge in the same county in any of the circuits, except the third and sixth circuits, that one only in said county shall be declared elected who has the highest number of votes in the circuit. In case any two candidates for associate judge in any of the circuits, except the third and sixth circuits, residing in the same county shall have an equal number of votes greater than any other candidates for associate judge in the circuit it shall be the duty of the Governor to order a new election for one associate judge; but the person residing in any other county of the circuit and who has the highest number of votes shall be declared elected. The said judges shall hold not less than two terms of the Circuit Court in each of the counties composing their respective circuits, at such times as are now or may hereafter be prescribed to which jurors shall be summoned; and in those counties where only two such terms are held two other and intermediate terms, to which jurors shall not be summoned; they may alter or fix the time for holding any or all terms until otherwise prescribed, and shall adopt rules to the end that all business not requiring the interposition of the jury shall be, as far as practicable, disposed of at said intermediate terms. One judge in each of the above circuits, including the third and sixth circuits, shall constitute a quorum for the transaction of any business; and the said judges or any of them may hold special terms of their courts whenever in their discretion the business of the several counties renders such terms necessary. The additional associate judge for the third circuit herein provided for shall be elected by the qualified voters of Baltimore and Harford counties, at the first election that shall be held in said counties subsequent to the adoption of this amendment, and the judge so elected) shall be subject to the same constitutional provisions, hold his office for the same terms of years, receive the same compensation and have the same powers as are herein provided for the other associate judges in the third circuit.

The additional judge for the sixth circuit herein provided for shall be elected by the qualified voters of Frederick and Montgomery counties at the first election that shall be held in said counties subsequent to the adoption of this amendment and none shall be appointed before that time. The judge so elected shall be subject to the same constitutional provisions, receive the same compensation and have the same powers as are herein provided for the other associate judges in the sixth circuit. The Chief Judge may be elected from either Frederick or Montgomery counties, but when the Chief Judge is elected from Frederick county one of the associate judges shall be a resident of said county and the two remaining associate judges shall be residents of Montgomery county, and when the Chief Judge is elected from Montgomery county one of the associate judges shall be a resident of said Montgomery county and the remaining two associate judges residents of Frederick county. In case any candidate or candidates for associate judge at any judicial election held in the sixth judicial circuit shall receive sufficient votes to cause such candidate or candidates to be declared elected, but the election of such candidate or candidates would cause more associate judges than herein permitted to reside in any county of said circuit, then and in that event only that candidate or those candidates, as the case may be, residing in said county in the order of the votes received shall be declared elected whose election would provide the permitted number of associate judges from said county and the candidate or candidates, as the case may be, residing in the other county, and not similarly disqualified, who shall have the next highest number of votes in said election shall be declared elected, if by reason of such a condition or by reason of an equal vote for two or more candidates a sufficient number of associate judges duly qualified as to residence as above set out should not be elected at any election in said sixth judicial circuit then it shall be the duty of the Governor to order a new election for such unfilled office or offices.

Sec. 2. And be it further enacted, That the aforegoing section hereby proposed as an amendment to the Constitution of this State shall be, at the next general election to be held in this State in the year 1936, submitted to the legal and qualified voters thereof for their adoption or rejection in pursuance of directions contained in Article 14 of the Constitution of this State, and at the said general election the vote on the said proposed amendment shall be by ballot, and upon each ballot there shall be printed the words "For the Constitutional Amendment", and "Against the Constitutional Amendment," as now prescribed by law, and immediately after said election due returns shall be made to the Governor of the vote for and against said proposed amendment, as directed by said Article 14 of the Constitution.

Approved: May 17, 1935.

CHAPTER 584

AN ACT to propose an amendment to Section 13 of Article 3 of the Constitution of the State of Maryland, title "Legislative Department," providing for the appointment of persons by the Governor to fill vacancies in the House of Delegates or in the Senate of the General Assembly of Maryland and providing for the submission of said amendment to the qualified voters of the State for adoption or rejection.

Section 1. Be it enacted by the General Assembly of Maryland (three-fifths of all of the members of each of the two Houses concurring), That the following amendment is hereby proposed to Section 13 of Article 3 of the Constitution of the State of Maryland, title "Legislative Department," the same, if adopted by the legally qualified voters of the State as herein provided, to become Section 13 of Article 3 of the Constitution of the State of Maryland.

Section 13. In case of death, disqualification, resignation, refusal to act, expulsion or removal from the county or city for which he shall have been elected, of any person who shall have been chosen as a Delegate or Senator, or in case of a tie between two or more such qualified persons, the Governor shall appoint a person to fill such vacancy from a person whose name shall be submitted to him in writing by the State Central Committee of the political party with which the Delegate or Senator so vacating had been affiliated in the county or district from which he or she was elected; provided that the appointee shall be of the same political party as the person whose office is to be filled; and it shall be the duty of the Governor to make said appointment within fifteen days after the submission thereof to him. In the event there is no State Central Committee in the county or district from which said vacancy is to be filled the Governor shall within fifteen days after the occurrence of such vacancy appoint a person who is otherwise properly qualified to hold the office of Delegate or Senator in such district or county. In every case when any person is so appointed by the Governor his appointment shall be deemed to be for the unexpired term of the person whose office has been vacant.

Sec. 2. And be it further enacted by the authority aforesaid, That said aforegoing section, hereby proposed as an amendment to the Constitution, shall be at the next general election for members of the House of Representatives of Congress held in this State submitted to the legal and qualified voters of the State for adoption or rejection, in pursuance of the directions contained in Article 14 of the Constitution of this State, and at the said general election the vote on the said proposed amendment to the Constitution shall be by ballot, and upon each ballot there shall be printed the words "For the Constitutional Amendment" and "Against the Constitutional Amendment," as now provided by law, and immediately after said election due returns shall be made to the Governor of the vote cast for and against said proposed amendment, as directed by said Fourteenth Article of the Constitution, and further proceedings had in accordance with said Article 14.

Approved: May 17, 1935.

CHAPTER 151

AN ACT to propose an amendment to Section 39 of Article III of the Constitution of the State of Maryland, title "Legislative Department," so as to strike out the provision therein to the effect that the General Assembly shall grant no charter for banking purposes, nor renew any banking corporation now in existence, except upon the condition that the stockholders shall be liable to the amount of their respective share or shares of stock in such banking institution, for all its debts and liabilities upon note, bill or otherwise; and providing for the submission of said amendment to the qualified voters of the State of Maryland for adoption or rejection.

Section 1. Be it enacted by the General Assembly of Maryland (three-fifths of all of the members of each of the two Houses concurring), That the following amendment is hereby proposed to Section 39 of Article III of the Constitution of the State of Maryland, title "Legislative Department," the same, if adopted by the legal and qualified voters of the State, as herein provided, to become Section 39 of Article III of the Constitution of the State of Maryland.

Sec. 39. The books, papers and accounts of all banks shall be open to inspection under such regulations as may be prescribed by law.

Sec. 2. And be it further enacted by the authority aforesaid, That said foregoing section, hereby proposed as an amendment to the Constitution, shall be, at the next general election to be held in this State in the year nineteen hundred and thirty-six, submitted to the legal and qualified voters thereof for their adoption or rejection, in pursuance of directions contained in Article XIV of the Constitution of this State, and at the said general election the vote on the said proposed amendment to the Constitution shall be by ballot, and upon each ballot there shall be printed the following synopsis of said amendment under the caption of "Constitutional Amendment" amending Section 39 of Article III, title "Legislative Department," of the Constitution of Maryland.

This amendment provides for striking out the provision that the General Assembly shall grant no charter for banking purposes, nor renew any banking corporation now in existence, except upon the condition that the stockholders shall be liable to the amount of their respective share or shares of stock in such banking institution, for all its debts and liabilities upon note, bill or otherwise.

For the Constitutional Amendment	
Against the Constitutional Amendment	

as now prescribed by law, and immediately after said election due returns shall be made to the Governor of the vote for and against said proposed amendment, as directed by said Article XIV of the Constitution, and further proceedings had in accordance with said Article XIV of the Constitution.

Approved: April 29, 1936.

NOW, THEREFORE, I, HARRY W. NICE, GOVERNOR OF THE STATE OF MARYLAND, in pursuance of the direction contained in Section 1 of Article 14 of the Constitution of Maryland, do hereby order and direct that this proclamation, containing a full, true and correct copy of the text of said Chapters 426 and 584 of the Acts of the General Assembly of Maryland of 1935, and Chapter 151 of the Acts of the Extraordinary Session of the General Assembly of Maryland of 1936, be published in at least two newspapers in each of the counties of the State where so many may be published and where not more than one may be published then in that newspaper, and in three newspapers published in the City of Baltimore, one of which shall be published in the German language, once a week for at least three months next preceding the general election to be held in the State of Maryland on Tuesday, the 3rd day of November, 1936, at which election the said proposed amendments to the Constitution shall be submitted in form and manner prescribed by the General Assembly to the legal and qualified voters of the State for their adoption or rejection.

THE GREAT SEAL OF MARYLAND.

GIVEN UNDER MY HAND AND THE GREAT SEAL OF THE STATE OF MARYLAND, DONE AT THE CITY OF ANNAPOLIS THIS 20TH DAY OF JULY, IN THE YEAR NINETEEN HUNDRED AND THIRTY-SIX.

HARRY W. NICE.

By the Governor:

E. RAY JONES,
Secretary of State.

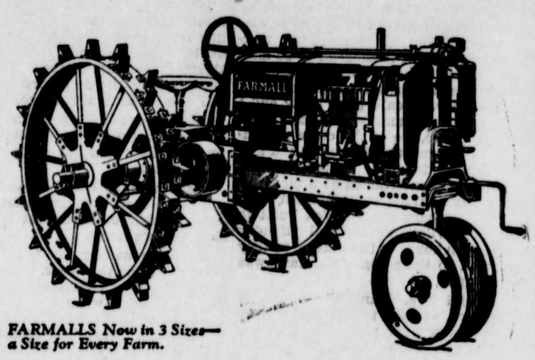
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