THREE MEALS A DAY

Food, of course, must be well seasoned to be worthy of its piquancy

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Edited by WILMA DEUTE

SIDNEY SNOW will be glad to answer any questions on food

An Ideal Meat Cake For Home Use

We know of ever so many people who just don't like the idea of a meat cake or better known as a "hamburger" at home—they seem to think that the best place for said cake is at a road side sandwich stand or at the beach—but never let it be said that this same little meat cake can't be dressed up and put into A-1 condition for home use—for use by anyone—and done in this particular manner the family will be pleased no end.

GROUND MEAT CAKES
WITH PEANUT STUFFING

2 pounds ground beef
1 cup bread crumbs
¼ cup finely chopped peanuts
1 small onion, grated
Meat broth
Salt and pepper

Season the ground beef with salt and pepper and shape into thin patties. Combine bread crumbs, finely chopped peanuts and grated onion. Moisten with meat broth. Place a spoonful of dressing on top of half of the patties. Put others on top and pinch the edges together. Heat a heavy frying pan. Place patties in pan, and when browned in one side, turn. When the second side is browned, reduce the temperature and cook the cakes slowly until they are done.

Fashionable Fruit Salads

When the man of the family literally comes "dragging" himself in from a hot office, and sneaks in for a peek in the ice box just to see if he feels like eating any supper or not, a chilled, luscious fruit salad on a crisp lettuce leaf will certainly do the job and make him anxious for supper.

Fruit salads have another very fine quality, they can serve as dessert as well as salad. This is a boon to the housewife, who finds cooking a little uncomfortable on hot, sultry days.

PEAR MACAROON SALAD
(Halves of canned pears)

1 package cream cheese
Macaroon crumbs
Maraschino cherries

Mash cheese, and spread a thin layer of a half of pear. Cover with another half of pear and dip the whole pear, thus formed, in ground macaroon crumbs. To prepare crumbs roll dry macaroons finely with a rolling pin. Serve the fruit in a deep lettuce cup and garnish with maraschino cherry, cut in half. Place a spoonful of mayonnaise on the side.

Home-made Pickles Add Interesting Touch To Any Dinner

Mustard pickles add zest to all dinners and are very pleasing to the eye, when served in a small pickle dish of either glass or colored china.

At this time of the year, the housewife can very economically can these pickles and have a good supply to last throughout the winter months.

MUSTARD PICKLES

1 cabbage (can be omitted)
2 heads cauliflower
2 quarts cauliflower
2 quarts green tomatoes, sliced
2 quarts small cucumbers
1 quart medium sized cucumbers sliced
2 quarts small onions
5 green peppers, with seeds removed and peppers diced
1 large bunch celery, sliced

Soak over night in a brine made of 4 quarts of water and 1 pint of salt. Drain. Cover with vinegar, 1 ounce of white mustard seed, 1 ounce black mustard seed and cook until tender but not soft. Drain, and throw vinegar away.

Prepare a sauce of 1 cup flour, 6 tumeric; add enough cold vinegar to make a past; 3 cups sugar; 2 quarts vinegar. Boil all until it thickens and pour over vegetables. Bring to a boi land store in sterilized jars. Seal and store away for use as desired.

Apple Stuffing For Fowl

3 cups moistened bread crumbs
¼ cup melted butter
1 cup chopped apples
1 cup chopped celery
1-3 cup choped walnuts
1-3 cup seeded grapes
1 teaspoon poultry dressing
1 small onion, minced
1 teaspoon salt
¼ teaspoon pepper

Cut the grapes in halves to remove seeds. Mix all ingredients together.

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One Happy Use For Fresh Peaches

Peaches, peaches and more peaches—well, soon they will be just all over the place and very reasonably priced to fit every pocketbook and when they are—don't hesitate to serve them in every form imaginable because they are here for such a short time and can be made into so many different delicious dishes such as

FRESH PEACH CREAM

2 cups fresh peach pulp
1 cup granulated sugar
1 tablespoon lemon juice
1 tablespoon gelatine
3 tablespoons cold water
½ cup coffee cream
1 cup whipping cream
1 or 2 drops almond extract

Soak the gelatine in cold water for five minutes; then dissolve over hot water. Combine the peach pulp, sugar, lemon juice, and dissolved gelatine. Place in refrigerator to chill. Add the coffee cream and fold in the whipping cream which has been whipped to a custard-like consistency. Pour into tray and freeze. Remove tray and stir once during the freezing process. This stirring can be done in the freezing tray without removing it to a mixing bowl.

Special Dressing For Tomato Salad

A special dresing for a tomato salad is something that very few women bother with. However, here is a dressing just for this particular salad. It can be kept in a covered jar in the refrigerator indefinitely which in itself is a great inducement.

TOMATO SALAD DRESSING

1 can tomato soup
¾ cup vinegar
½ cup oil
¼ cup sugar
1 tablespoon Worcestershire sauce
3 tablespoons grated onion

Place all the above ingredients in a quart jar in given order. Mix together 1 teaspoon salt, 1 scant teaspoon mustard and 1 teaspoon paprika, and add this to ingredients in the jar. Seal, shake well, and place in refrigerator.

HOT OFF THE GRIDDLE

SUSAN SNOW

One should not put lettuce or sliced tomatoes in sandwiches that are to be taken on a picnic. Carry the ingredients separately in containers and finish the sandwiches "on location", so they will be crisp and fresh.

Curtains made of materials which are closely woven of strong fiber may be put in the washing machine, but all those of loose weave or delicate threads should be washed by hand, gently squeezing the suds through the fabric. White cottons may be washed in hot water or even boiled if desired, all colored materials or silks must be done in water which is only warm.

When making more than one quart of coffee, let percolate five to ten minutes longer than usual.

Some materials often show water-spots until cleaned or washed. For washable materials, moisten the material evenly, and press while damp, Or wash entire garment. For non-washable materials; rub the spot lightly with dull knife blade. Press under a damp cloth. Or dip the entire garment in carbon tetrachloride, then press. Do not rub fabric vigorously enough to roughen the material.

Chicory, which we use just as we do lettuce for the foundation of some hearty salads, sometimes has a rather bitter flavor, especially the outer leaves, which, cooked like spinach, make a delicious vegetable course.

Ironing boards should be very clean and smooth. Cotton felt, called silence cloth, gives great service. Use two thicknesses for the board padding. Cut three to four inches longer and wider than the board, fasten down with thumb tacks. Then make two muslin cover cloths the same size as the felt. Turn a one-inch hem on all sides. Sew on 5 tapes on each side of cover. Cut the tapes long enough for quick tying under the board. Before using, it is best to wash the muslin to remove the dressing.

A buttery taste in frozen desserts is caused by one of two things. Either the cream has been over-whipped, or it is too rich in butterfat. The butterfat content of whipping cream varies in different states. In certain localities whipping cream will contain as high as 40 per cent butterfat, making it too rich for frozen desserts. In this case, it should be diluted with coffee cream or milk. The standard butterfat content for whipping cream is 28 per cent. However, it is possible to whip cream containing only 20 per cent butterfat if it is first poured into the freezing tray of your refrigerator and allowed to chill to the freezing point before whipping.

Sausages and sweetbreads combine well with lamb chops for a mixed grill. Pre-cook the sweetbreads in water and add to the grill for browning.

The addition of a little finely chopped spinach to the stuffing cooked with pork gives an unusually good flavor. Substitute this for mushrooms occasionally.

All wall paper should be removed before attempting to apply any paint. However, if the wall paper is all solid and in good condition it may sometimes be painted with fair success, but the wall paper is very liable to commence to peel off at any time.

One should be a master of etiquette—not a slave to it. In other words, while one should be correct and polite at all times one's formality should not be so stiff and strained that the atmosphere of hospitality is destroyed.

NEWS FROM IN AND AROUND GALENA

Mrs. Bertha Decoursey and friend of Atlantic City, N. J., were week end guests of her sister, Mrs. Alex Powell.

Mrs. Thomas Cochran, of Coral Gables, Fla., and son, Mr. Fletcher Cochran, of East Orange, N. J., are guests of her brother and sister in law, Mr. and Mrs. Andrew Wilson.

Bishop and Mrs. Merirck M. Thomas of Porte Allegre, Brazil, spent last week with her sister, Mrs. Jesse E. Ireland.

Mr. and Mrs. Heston Coxe and children, Ruth and Carolyn spent last Sunday with her aunt, Mrs. William Ottey.

Mr. and Mrs. William Towler, Mr. and Mrs. John Boyd and family, spent last Sunday with relatives in Baltimore, Md.

A surprise Farewell Party to Miss Clara Virginia Davis last Friday evening. She will enter as a student at Martha Washington School in Frederickburg, Virginia.

Mr. John Welch who is a patient in Union Memorial Hospital after under going a major operation is improved.

Mrs. James Davis, III, of Wilmington, Del., spent last week with her parents, Mr. and Mrs. Andrew Wilson in Georgetown, Md.

Dr. and Mrs. Emerson Houck spent last Sunday as guests of his mother, Mrs. Emily Houck in Reading, Pa.

Mr. and Mrs. J. N. Clark, of Sheldon, Ill., Mrs. Harold Clark and Mrs. Lowell Clark and son, of Noblesville, Ind., spent the past week with Mr. and Mrs. L. W. Harvey at the Old Fields Farm.

Miss Carrie Dempsey, of Dover, Del., spent last Friday with her brother and sister in law, Mr. and Mrs. Harry Dempsey.

Mr. and Mrs. George Carroll and family, of Dover, Del., visited her parents, Mr. an dMrs. George Johnston last Sunday.

The Galena Womans Club held its monthly meeting at the home of Mrs. Harvey Freeman in Georgetown, Md.

The monthly meeting of the Methodist Wilmington District Preachers Association held its meeting in Locust Grove, Md., last Monday.

Mrs. Ivanhoe Willis, of Marshallton, Del., spent last Monday with Mrs. Lemuel Mark.

Mr. and Mrs. Walter Hadley and children, Mr. Jack Newnam, of Claymont, Del., spent the past week with their parents here.

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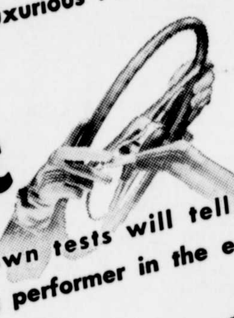

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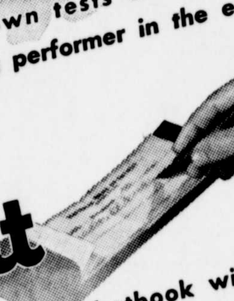

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