HEALTH DEPT. ADVISES A QUART OF MILK A DAY

There is no single change in the diet of the American people that will be of such benefit to them as the general use of one quart of milk for every man, woman and child, says Dr. C. W. England, Professor of Dairy Husbandry at the University of Maryland. He quotes the Nutrition Committee of the American Public Health Association to the effect that people serve their nutritional needs best when they use as much as one quart of milk a day in some form.

The fact that selective service boards are rejecting a high percentage of men for military duty because of physical unfitness, Dr. England states, surely indicates malnutrition as one of the major factors involved. Families of milk producers and other rural families who have access to an abundance of milk for the mere using, or at a very nominal cost, should certainly take advantage of their opportunity to safeguard their health by consuming the recommended quart a day, he declares.

Claims of nutrition experts regarding the exceptional value of an adequate supply of milk in our diet as related to national health and welfare are based on facts discovered by research, Dr. England says. He points out that milk is sometimes referred to as our most perfect food because it contains all the elements essential for health, combined in the proper proportions. It is the finest food source of calcium and phosphorus. These are bone and teeth building elements. In addition to these, milk contains a number of other minerals.

Butterfat is a good source of energy, but it is more than that. It contains a greater variety of fats than any other natural occuring fat, and is also an excellent source of vitamin A.

The protein of milk is superior to other proteins. It might be considered a complete protein because it supplies all the essential amino acids, or building stones, necessary for growth and upkeep.

Milk sugar, or lactose, has a particular advantage over other sugars because it helps to keep down the development of putrefactive bacteria in the intestinal tract, it makes firmer flesh, and aids in the absorption of calcium.

Dr. England says that from the standpoint of vitamin content alone milk ranks as an outstanding protective food, as it is an excellent source of vitamins A, B, and G, and a good source of vitamins C and E. He urges rural people to use more milk at home and derive a better living from the farm.

TODAY, AMERICA DEPENDS ON THE TELEPHONE

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MILLINGTON

The Philathea Sunday School Class was entertained on Monday evening June 2nd at the home of Mr. and Mrs. James Price, on Cypress St.

Mr. Pat Wallace moved to rooms in the Logan Apartments last Friday evening.

Mr. and Mrs. William Bachelor and family spent the week end with friends in Salisbury, Md.

Mrs. Emma Airey, of Catonsville, and sister, Miss Dorothy Jones, of Towson, were week end visitors at the home of their parents, Mr. and Mrs. Charles P. Jones.

Mr. and Mrs. C. S. McWilliams spent the week end with relatives in Philadelphia.

Mr. and Mrs. Wm. Waterman, of Westville, N. J., Mrs. Frank Carpenter and Mrs. Ella Abele, of Philadelphia, spent Sunday with Mrs. John E. Woodall.

Mr. and Mrs. James Connors, moved from the Horsey Restaurant Apartments, this week to the Green Tree Apartments of Mrs. Ruth Bowman.

Mr. and Mrs. Francis George, of near Elkton, spent the week end with Mr. and Mrs. Noland Robinson.

Rev. A. W. Strickland will preach a baccalaureat sermon to the graduating class of Millington High School on Sunday evening, June 8th at 8 o'clock.

Miss Mollie Higman has moved this week from South Crane Street to the property of George Duling, of Wilmington, formerly Catts property, on Sassafras Street.

CHURCH NOTES

Christ Church I. U. Parish

9 A. M., Morning Prayer and sermon.

Saint Pauls Parish

10 A. M., Sunday School.

11 A. M., Morning Prayer and sermon.

Saint John, Betterton

7:30 Evening Prayer and sermon.

KENT FARMERS FAVOR MARK'ING QUOTAS

Vote 350 To 17 In Favor Of Plan

At the election last Saturday in which Kent County Farmers were given the opportunity to vote for or against the wheat marketing plan of the Federal AAA 350 favored the proposal, 17 voted against it and 253 who had wheat quotas and were eligable to vote did not go to the polls.

Recent amendments of the Agricultural Adjustment Act will make three major changes affecting the 1941 wheat marketing quota and wheat loan provisions, according to Edgar D. Lusby, chairman of the Kent County AAA Committee.

The recent action (1) exempts from quotas farm planting 15 acres or less of wheat (present legislation exempting farms whose normal yield multiplied by the acreage of wheat on the farm is less than 200 bushels continues in effect); (2) raises the marketing quota penalty from 15 cents a bushel to 50 percent of the national average loan rate offered cooperators or about 48 or 49 cents a bushel; and (3) sets the wheat loan rate at 85 percent of the wheat parity price at the beginning of the marketing year.

As a result of the amendments, Mr. Lusby points out, all farmers, except those who have 15 acres or less of wheat or whose 1941 acreage will have a normal production of 200 bushels or less, will be subject to the quota. Under the marketing quota, all farmers may sell or feed all they produce on their acreage allotment, plus any old wheat carried over from previous crops.

This means that farmers who have seeded within their wheat allotments may market all their wheat. On the other hand, farmers who have seeded wheat in excess of their acreage allotments will be subject to a penalty on the normal or actual production of such excess acreage, whichever is smaller. All other wheat produced may be marketed without penalty.

Farmers may take care of this marketing excess in one of three ways. They may store it under bond, in which case they are eligible for a wheat loan at 60 percent of the regular rate on the excess wheat. They may deliver it to the Government which will divert it from regular trade channels. As a third alternative, the producer having a marketing excess may pay the penalty on it.

The new amendment, which has raised the penalty quota from 15 cents a bushel to 50 percent of the basic loan rate, will make the penalty about 48 or 49 cents a bushel on the farm marketing excess.

The 80% vote of commercial wheat growers in favor of the marketing quota on national basis means the loans will be available on the 1941 crop. Details later.

MILITARY FIELD MASS AT OLD BOHEMIA 15TH

Will Mark The 237th Anniversary

To emphasize the importance of religion as the foundation of our free America, and in all nations, the annual Military Field Mass will he held at Bohemia, near Warwick, Maryland, on Sunday, June 15th, at 11 A. M., standard time, in connections with the 237th anniversary of the foundation of this historic church of St. Francis Xavier.

Bohemia was founded by Father Thomas Mansell, a Jesuit, in the year of 1704, and was the earliest Catholic foundation in the English colonies outside of the Jesuit establishments in lower Maryland in Charles and St. Mary's Counties.

It preceded the introduction of the faith into the province of Pennsylvania, and it is not unlikely that one of the priests residing at Bohemia occasionally visited the scattered Catholics of Chester County before Father Greaton built Old St. Joseph's in Philadelphia in 1733.

It is the oldest and for many years was the only mission on the Eastern Shore in the present Diocese of Wilmington.

Bohemia Manor was the immense tract of land in Cecil county, Md., that was granted to Augustine Herman; but the name Bohemia was also locally applied to the Catholic Church and residence of the Jesuits Fathers and their property was known as Bohemia Manor.

It is situated on the Little Bohemia, a short distance from the village of Warwick, in Cecil County, and the nearest railroad station is Middletown, Delaware.

Bohemia, 250 years, ago, offered inducements which no doubt influenced Father Mansell to select it as a center of missionary enterprise. Bohemia Landing, which was not far from where the church was built, was then an important trading post.

At Old Bohemia the Jesuits founded a college which was attended by such famous men as Charles Carroll, of Carrollton, one of the signers of the Declaration of Independence; also by his cousin, John Carroll, the first Bishop of Baltimore, and of the United States; and by many others. This college was opened in 1745 by the Rev. Thomas Poulton, S. J. who is buried with four other pioneer Jesuits in the plot surrounded by boxwood in the rear of the church.

This college was the original Georgetown University and continued until the present one was founded in 1790 in Washington when Bohemia was abaondoned by the Jesuits as a college site. An attempt was made, however, to revive Old Bohemia under other auspices in 1795, when the Suplican Fathers from St. Mary's Seminary in Baltimore took charge of Bohemia. The Rev. Ambrose Marechal, subsequently the third Bishop of Baltimore, was the regular pastor in attendance, with occasional interruptions, during the whole time of the Suplican occupations.

Here they hoped to found a preparatory seminary for ecclesiastical students, but after four years abandoned the project and returned to Baltimore. The Jesuits again became indentified with Bohemia until 1899, when the Rev. John A. Daly was appointed by the Most Rev. Dr. John J. Monaghan, becoming therefore the first secular priest to become pastor of this historic church. Father Daly remained there a little over two years, and was succeeded by the Rev. Charles P. McGolderick who was in charge about two and a half years.

On January 11, 1904, the Rev. Charles A. Crowley became pastor and in the course of time transferred his residence to Middletown, which is now the parish church of the people of Bohemia Mission.

Father Crowley was made pastor of St. Peter's Church in New Castle in 1929 and the Rev. John H. Walsh, the present pastor, now takes care of Middletown with Old Bohemia included and Chesapeake City, Md.

ADVANCED FIRST AID COURSE IS COMPLETED

Under the instruction of Mr. Raymond N. Montgomery, Newark, Del., twenty-eight persons completed their Advanced First Aid requirements on Monday night, June 2. Previous to this course these Kent Countains had taken the Standard First Aid Course, which is required of anyone taking the advanced course.

Those who succeessfully completed the course were Helen N. Gillespie, Mrs. Henrietta Newnam, Clarence Sutton, Mrs. S. J. Massey, John C. Eliason, C. Lee Gill, John Lee Gill, J. W. Curlett, Mrs. Ophelia Hawks, and Grace Noland of Chestertown; Mrs. Elsie Jones, D. Raymond Hill, and Robert R. Hill, II, of Kennedyville; Mrs. Iva Mae Bryden, Mrs. Evlin D. Witt, Mrs. Olive Jones, Mrs. Bernice Wood, Mrs. Catherine Stevens, Mrs. Mae Thomas, Mrs. Viola Yerkie, Mrs. Naomi Coleman, Clifton Downey, Mrs. Elsie Gagalski, Miss Sarita Lackstamphfor, James Coleman, Kancher Witt, Monroe Coleman, and Betty Mench, of Rock Hall.

The meetings were held at the County Health Office. It is hoped that some who have completed their Standard and Advanced First Aid courses will want to take the instructor's course. If enough declare their intentions to take such course, the course will be given. All who wish to take this course will please get in touch with Miss Helen Gillespie, County Health nurse.

MANY VISITORS IN AND AROUND ROCK HALL

Wesley Chapel held their Memorial Day services on Sunday. In the morning there were 214 present at Sunday School. Special music by Jesse Downey and Prof Grover C. Nicholson a guest. An anthem by the choir "The Wonders of Thy Love." Lunch hour was enjoyed in the church hall. The visiting ministers were Rev. W. P. Roberts of Chestertown; Rev. F. C. Louhoff, Rock Hall; Rev. T. J. Turkington, of Denton and Rev. A. N. Stubblebine of Elsmere, Del.

At the 2 P. M. service Rev. T. J Turkington delivered the sermon and also gave us two fine solos. Other special musical numbers were a duet by Miss Marian Rodney and Miss Lillian Donnelly from Rock Hall. Mrs. Abner Bryden and Mrs. Karcher Witt from the Seventh Day Adventist Church, solo by Charmayne Shriver of Grace Church, Piney Neck. A solo by Betty Mercer of Raum Chapel also several fine selections by the Male Chorus from Chestertown. The dedication of a lecture to the church to the memory of the late Mr. William Hasting by Rev. A. N. Stubblebine. This lecture was made by Mr. Hastings for the church and is a very fine piece of workmanship.

The 7:30 service was a song service including a solo by Miss Rose Ellen Crouch, a duet by Mr. Julian Coleman and Jesse Downey and a selection by Prof. Grover Nicholson, Jesse Downey, Oliver Frazier and Julian Coleman. Sermon by Rev. A. N. Stubblebine.

At the morning school hour a new pulpit Bible was presented to the church on behalf of the Junior Church. It was accepted by Rev. O. G. Brewer.

Rock Hall Methodist Church held their Memorial Services on Sunday. Rev. K. M. McComas, of Camden, N. J., was the guest speaker and also rendered a fine solo.

Special musical numbers were a solo by Amy Dowling and a duet by Jean Larrimore and Gladys Crowding. Mrs. Louhoff led the song service. Children's Day exercises will be held next Sunday evening.

The Ladies Aid Society met at the home of Mrs. Herman Jones in Fairlee.

Mrs. Joseph Albrook was also a guest and sang "Be Still, My Soul." Miss Marian Rodney led the Epworth League at night.

Carus Lynn Magness, of Baltimore spent the week end here.

Mr. and Mrs. Carter Bryden, of Baltimore, spent the week end with their respective parents here.

Mr. and Mrs. Burton Vanzant, of Chestertown, spent Sunday with friends and relatives here.

Mrs. Mary Fuerst, of Baltimore spent the week end at her home here.

Maudain Francis, employed by Glen L. Martin Company spent the week end here.

Mr. and Mrs. Ray Fisher and daughter, of Wilmington, spent Sunday with relatives here.

Mrs. Paul Zimmerman and children, of Baltimore, spent the week end with relatives here.

Henry Hubbard, employed on the Glen L. Martin Yacht spent the week end at home.

Mr. and Mrs. Thomas Poole, Mr. and Mrs. Joseph Poole and Mr. William Poole, of Baltimore, spent the week end with Mr. and Mrs. Fred Poole.

Mr. and Mrs. Alfred Walbert and infant daughter of New Brunswick, Mr. and Mrs. Charles Galines, Mr. and Mrs. James Walbert, and Mr. Owen Walbert, all of Baltimore, and Mrs. Owen Walbert and son of here, spent the holiday week end with Mr. and Mrs. Joseph Usilton.

Mr. and Mrs. Charles Norr, Mr. and Mrs. Gilbert Helman and daughter and Mr. and Mrs. Michael Padowski and children of Baltimore spent the week end with Mr. and Mrs. Joseph Gagalski.

Benneth Stevens, of Baltimore, spent the week end with his grandparents, Mr. and Mrs. Clay Hadaway.

Mrs. Muriel Crowding and daughter spent Friday with Mr. and Mrs. Preston Crowding and family.

Mr. and Mrs. Russell Grant and son of Wilmington, spent the week end here.

Mr. and Mrs. Joseph Albrook, of New York were holiday guests of the latter's parents, Mr. and Mrs. Alex Tyler.

Mrs. Jesse Copper is quite sick at her home in Gratitude.

Prof. Grover Nicholson, of Willard, Md., spent the week end with Mr. and Mrs. Jesse Downey and family.

Mr. and Mrs. Norris Lewis, of Baltimore, spent the week end with the latter's parents, Mr. and Mrs. Edward Coleman in Piney Neck.

Mr. and Mrs. Edward Townsend are the parents of a fine son born at the Kent and Queen Anne Hospital on Sunday afternoon.

Mr. and Mrs. Maurice Dowling, of Baltimore, were holiday guests of Mr. and Mrs. Roland Warner.

Mr. and Mrs. William Gaitley and Leroy Kelley, of Baltimore spent the week end with their parents, Mr. and Mrs. Sterling Kelley.

Mrs. Howard Coleman entertained over the holidays her son Edward and Mr. and Mrs. Walter Dashiell and family from Baltimore.

Mrs. Charles Taylor, of Baltimore, is spending some time with Mr. and Mrs. Joshua Thomas.

Mr. and Mrs. Jack Thompson and son and Mr. Merritt Thompson, of Baltimore, were holiday guests here.

Mrs. Edgar Judefind, of Claymont, Del., spent several days last week with relatives here.

Mrs. George Smith is visiting relatives in Philadelphia.

Miss Susie Leary, of Baltimore, spent the week end holidays with her brother, Mr. and Mrs. William Leary.

Mr .and Mrs. Francis Willson and children, of Gibbstown, Pa., were week end visitors here of their respective parents.

Mrs. Kauffman, of Baltimore is a guest this week of Mr. and Mrs. William Lepp and Mrs. Carrie Parsons.

Mr. Laurence Stevens, of Batlimore, was a week end guest of Mr. and Mrs. Charles Jacquette and attended worship service at Wesley Chapel Church.

Mr. Howard Joyner and Miss Catherine Stevens were married on Sunday, June 1, at Dover, Del., by the Elder William F. Schmidt, pastor of the Seventh Day Adventist Church of Rock Hall. A reception followed at the bride's home.

Competitive Examination for Scholarship in Washington College

The examination for the Senatorial Scholarship from Kent County in Washington College will be held in William Smith Hall, Washington College, 9 A. M., Tuesday, June 17, 1941. Open to boys only. The complete high school record of each applicant must be submitted with the examination or have been previously mailed to the college. For further informatino address President Gilbert W. Mead, Washington College, Chestertown, Md. je7-2t

BIDS ON SCHOOL BUS ROUTES

Sealed bids on the following school bus routes for a term of three years will be opened by the Board of Education of Kent County, Maryland, at its meeting to be held at 10:00 A. M.,

ON TUESDAY, JULY 1st, 1941

No. 1 and No. 10 School Sites to Millington.

Golt to Massey and Galena.

Kentmore Park, Chesterville and Georgetown to Galena.

Harris' Wharf to Betterton.

Turner's Creek to Betterton.

Cherry Lane to Kennedyville and Chestertown.

Betterton to Chestertown.

Lynch, Janvier to Worton and Chestertown.

Smithville to Worton and Chestertown.

The Oaks to Fairlee and Chestertown.

Broad Neck to Fairlee and Chestertown.

Melitota to Fairlee.

Swan Creek, St. Paul and McLaine's Corner to Rock Hall.

East Neck Island to Rock Hall.

Massey and Riley Neck to Chestertown Colored.

Piney Neck and Gratitude to Rock Hall.

Grays Inn, Sharptown and Broad Neck to Chestertown.

Sandy Bottom, West Georgetown, and Worton Point to Chestertown Colored.

Sassafras to Olivet Hill and Chestertown Colored.

Coleman's Corner to Chestertown, Colored.

Johnsontown to Quaker Neck and Chestertown, Colored.

Fountain and Still Pond to Coleman's Corner.

Complete information regarding standards for school buses, rules governing operation of school buses, etc., can be obtained from the School Board Office in the Chestertown Elementary School Building, Chestertown, Maryland. The Board reserves the right to reject any or all bids.

By Order of the Board of Education
Of Kent County.
LOUIS C. ROBINSON,
je7-2t Secretary.

CROP LOANS AVAILABLE

Aid To Produce Feed Crops For Defense

County Agent McVean has notice that farmers needing cash to finance plants, seed, fertilizer, fuel oil, repairs, spray materials for canning crops, food or feed crops, etc., may obtain it thru the Crop Loan Office of the Farm Credit Administration. These loans are not intended for those who have no difficulty in borrowing thru regular commercial channels.

Now that the drought is broken farmers can get in tomatoes, soy beans, Sudan grass or other pasture, hay, or silage crops, with a fair chance for success. If financial aid will help them in the "food for defense" and "live at home" goals, the funds are available.

PICTURES

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Phone 72-F-3 Rock Hall, Md.
je7-1t R. R. 1

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Rutgers Variety, Ready next week.
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Phone 33 Chestertwon R. R. 3
je7-1t

Herdsman Wanted–
Apply to
CHARLES WILSON,
Chestertown, R R 1
Phone 826-F-12 je7-1t

For Rent–
Apartment now occupied by Dr. Buxton in the Wickes Apartments, furnished or unfurnished.
Apply to
MRS. OWEN SELBY,
je-7 On The Premises

A Business Change
Having sold my jewelry and Gift Business to Mr. Nelson J. Farney of Easton, Md., I am taking this occasion to notify my many friends and patients that I shall continue in the

Attention Farmers and Truckers
Owing to the heavy demand for Burlap for Defense Needs, we will not be able to furnish Grain Bags this coming season.
P. M. Brooks & Son
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DANCE
Betterton Casino
WEDNESDAY, JUNE 11th
Cousin Lee's Orchestra, radio entertainers. Dancing and entertainment.
Sponsored by Betterton Chamber of Commerce. 40c including tax.

For Sale–
Pure bred registered Bull Calfs, with papers.
Safety Glass For Automobiles
Cut and installed while you wait.
C. D. HICKS,
Goose Hill, near Chestertown
Phone 833-F-3 a5-tf

For Sale or Rent–
Nicely located property in town of Betterton, overlooking the bay.
Large house piped for water, electricity, toilet, 2 porches, 2 car garage selling price $1,000.
Easy terms or will rent for $12 per month payable in advance.
TREHERN ASSOCIATES
High Street, Chestertown, Md.

For Rent–
5 Room Apartment. Possession May 1st.
B. R. BARTLEY,
a19 Chestertown, Md.

For Sale–
FUNK'S "G" HYBRID SEED CORN—G-88; G-94; G-135; G-235.
Limited supply left. Place your orders now.
W. D. ROE & SON,
Sudlersville, Md.
Phone Sudlers 2111—2121 a5

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BALING HAY AND STRAW
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m17-8t

Help Wanted–
Cook for Hot Sandwiches and light lunch, waitresses and bar-tenders, to work at Betterton Yacht Club Pier.
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For Sale–
1 REAPER
1 TRACTOR
Can be seen at farm of Norman Stoops.
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