

Food, of course, must be well seasoned to be worthy of its piquancy

THREE MEALS A DAY

Copyright by SIDNEY SNOW, 1935

Edited by WILMA DEUTE

SIDNEY SNOW will be glad to answer any questions on food

Sunday Night Supper Served By The Fire

There will always come a time Sunday evening, provided, of course, that we didn't have a very late dinner...

TOMATO AND BOSTON BEAN SALAD

6 firm tomatoes 1 small can oven baked beans, Boston style

CARAMEL ICE CREAM

2 cups milk 2-3 cup sugar 1/4 cup hot water

Baked Oysters In Shells Serves Few Or Many

Those tasty little edible marine bivalve mollusks—oysters—are the grandest little things imaginable.

The Amateur Chef

As a aid to the already worried housewife—whose husband is turning into an amateur chef we have decided to give an occasional recipe—the type recipe that we hope will appeal to his culinary imagination.

Sterling's Pharmacy SPECIAL

14 Xmas Cards With Envelopes 19c

22 Xmas Cards With Envelopes 39c

Tony Wons Radio Scrap Book 12 Xmas Greetings 50c

Sweetbreads a la King

Wash sweetbreads and press out the blood in several waters. Parboil. Cut in fine pieces to make two cups.

STERLING'S "The Rexall Store"

Macaroon Pudding With Wine Custard

If one is so fortunate as to live near a bakery where they make good macaroons, there is no end to what she can do in the way of puddings and creams.

MACARON PUDDING WITH WINE CUSTARD

6 eggs, separated 3 or 4 tablespoons sugar 3/4 cup white wine

Fruit Filled Breakfast Ring

2 1/2 cups sifted cake flour 2 1/2 teaspoons double action baking powder

1 teaspoon salt 4 tablespoons sugar 5 tablespoons butter and other shortening

Sauteed Fruit Gives Touch To Simplest Quickest Meal

The clever housewife can save herself just heaps of trouble by the simple addition of an attractive garnish to her dinner.

Refrigerator Rolls

1 cup shortening 1 cup sugar 1 1/2 teaspoons salt 1 cup boiling water

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Whole Wheat Rolls

3 cups of whole wheat flour for white flour. Bran Rolls: Add one cup of cooking bran.

Coconut Oats

Toasted Oats: Toast ordinary rolled oats in oven until brown and add to biscuit dough.

SAUTEED FRUIT

Canned pineapple spears Apples 2 tablespoons fat

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Whole Wheat Rolls

3 cups of whole wheat flour for white flour. Bran Rolls: Add one cup of cooking bran.

Coconut Oats

Toasted Oats: Toast ordinary rolled oats in oven until brown and add to biscuit dough.

SAUTEED FRUIT

Canned pineapple spears Apples 2 tablespoons fat

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Whole Wheat Rolls

3 cups of whole wheat flour for white flour. Bran Rolls: Add one cup of cooking bran.

Coconut Oats

Toasted Oats: Toast ordinary rolled oats in oven until brown and add to biscuit dough.

SAUTEED FRUIT

Canned pineapple spears Apples 2 tablespoons fat

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Whole Wheat Rolls

3 cups of whole wheat flour for white flour. Bran Rolls: Add one cup of cooking bran.

Coconut Oats

Toasted Oats: Toast ordinary rolled oats in oven until brown and add to biscuit dough.

SAUTEED FRUIT

Canned pineapple spears Apples 2 tablespoons fat

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

Meat Balls

1 pound ground round steak 1 medium sized onion, chopped fine

Five Story Pancakes

5 large pancakes Butter 1/4 pound cooked sausage meat

Scrambled Eggs With Rice

A pleasing change from the usual scrambled eggs with bacon, is scrambled eggs with rice.

Whole Wheat Rolls

3 cups of whole wheat flour for white flour. Bran Rolls: Add one cup of cooking bran.

Coconut Oats

Toasted Oats: Toast ordinary rolled oats in oven until brown and add to biscuit dough.

SAUTEED FRUIT

Canned pineapple spears Apples 2 tablespoons fat

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.

COOKED PINEAPPLE SPEARS

Cook canned pineapple spears and 1/4-inch slice of pared, cored apples in the heated fat.



To and from the HEART of BALTIMORE (Eastern Standard Time) LEAVE LOVE POINT

50c ONE WAY • 85c ROUND TRIP (1-day Mail) 65c ONE DAY EXCURSION

TRUCKS INCLUDING DRIVER \$2 TRUCKS INCLUDING DRIVER \$3 to \$6

THANK YOU Phone 26 For Free Delivery

DR. NORTON BONNETT Chiroprapist BARTLEY BLDG.

NEW AND OLD FLOOR SURFACING Over 30 years experience

Hay, Grain, Feed Insured In Stack or Barn

Jas. G. Beck, Agency Chestertown, Md.

DR. W. H. MOYER Chiropractor X-Ray Laboratory

MARVIN V. WILLIAMS Funeral Director

DR. H. C. HUGHES Dentist

Office in the Telephone Exchange Bldg., Chestertown

Linoleum Floors Installed

Paints — Brushes Window Shades — Venetian Blinds

JOHN BARTLEY & SON Floor Sander For Rent

\$200,000

To lend on First Mortgages on Farm Lands in Kent and Queen Anne's counties on Long Term Loans

THOMAS D. BOWERS, Solicitor

Office Phone 242J. Residence Phone 125.

To Relieve Misery of COLDS Take 666

You Must Have Vitamins A and D

Watch Your Kidneys! Help Them Cleanse the Blood of Harmful Body Waste

DOAN'S PILLS

Dr. Julian T. Power Optometrist

Mothersills RELIEVES STOMACH DISTRESS WHEN TRAVELING

Oriental Cream

The World's News Seen Through THE CHRISTIAN SCIENCE MONITOR

Be Wise — Try Alka-Seltzer