MAN OF LOUD VOICE

Stentor was one of the Greeks before Troy whose stentorian voice was as loud as that of 50 men.

IT WORKED FOR ME

Women should take only liquid laxatives

MORE people could feel fine, be fit and regular, if they would only follow the rule of doctors and hospitals in relieving constipation.

Never take any laxative that is harsh in action. Or one, the dose of which can't be exactly measured. Doctors know the danger if this rule is violated. They use *liquid* laxatives, and keep reducing the dose until the bowels need no help at all.

Reduced dosage is the secret of aiding Nature in restoring regularity. You must use a little less laxative each time, and that's why it should be a *liquid* like Syrup Pepsin.

Ask your druggist for a bottle of Dr. Caldwell's Syrup Pepsin, and if it doesn't give you absolute relief, if it isn't a joy and comfort in the way it overcomes biliousness due to constipation, your money back.

Push It Aside

When you meet trouble, just go ahead. Often, it skedaddles.

FOUND!

My Ideal Remedy for PAIN

"Though I have tried all good remedies Capudine suits me best. It is quick and gentle." Quickest because it is liquid—its ingredients are already dissolved. For headache, neuralgia, or muscle aches.

CAPUDINE

BEFORE BABY COMES

Elimination of Body Waste Is Doubly Important

In the crucial months before baby arrives it is vitally important that the body be rid of waste matter. Your intestines *must* function—regularly, completely without griping.

Why Physicians Recommend Milnesia Wafers

These mint-flavored, candy-like wafers are pure milk of magnesia in solid form—much pleasanter to take than liquid. Each wafer is approximately equal to a full adult dose of liquid milk of magnesia. Chewed thoroughly, then swallowed, they correct acidity in the mouth and throughout the digestive system, and insure *regular, complete elimination* without pain or effort.

Milnesia Wafers come in bottles of 20 and 48, at 35c and 60c respectively, and in convenient tins for your handbag containing 12 at 20c. Each wafer is approximately one adult dose of milk of magnesia. All good drug stores sell and recommend them.

Start using these delicious, effective anti-acid, gently laxative wafers today

Professional samples sent free to registered physicians or dentists if request is made on professional letterhead. **Select Products, Inc., 4402 23rd St., Long Island City, N. Y.**

35c & 60c bottles • 20c tins

The Original Milk of Magnesia Wafers

Rheumacide

Indicated as an Alterative in the Treatment of

RHEUMATIC FEVER, GOUT, Simple Neuralgia, Muscular Aches and Pains

At All Druggists

Jas. Baily & Son, *Wholesale Distributors* Baltimore, Md.

for FIRST AID *in Relieving* **Common Skin Ailments** *or* **Injuries** *always rely on*

Resinol

BACKACHES caused by MOTHERHOOD

Maternity puts a terrible strain on a woman's back muscles . . . frequently causes years of suffering. Allcock's Porous Plaster does wonders for such backaches. Draws the blood to painful spot. Pain goes quickly. Insist on Allcock's, the original. Lasts longer, comes off easily! 25c at druggists or "Allcock, Ossining, N.Y." **ALLCOCK'S**

FALLING HAIR

DANDRUFF—BALD SPOTS?

Save your hair by regular use of Glover's Mange Medicine, followed by a shampoo with Glover's Medicated Soap. Rids you of Dandruff; stops Excessive Falling Hair; combats Baldness.

At all druggists **GLOVER'S** MANGE MEDICINE

Miserable with backache?

WHEN kidneys function badly and you suffer a nagging backache, with dizziness, burning, scanty or too frequent urination and getting up at night, when you feel tired, nervous, all upset . . . use **Doan's Pills.**

Doan's are especially for poorly working kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your neighbor!

DOAN'S PILLS

A CHEER FOR REX

By STANLEY CORDELL

© Associated Newspapers.—WNU Service.

IT WAS different at college. When Rex Sheldon went out for freshman football there wasn't any hullabaloo about it, or newspaper talk. No one had ever heard of Thornton prep. Or at least no one around State. They didn't know what a hero Rex had been back there.

He won a berth on the freshman squad, and spent the greater part of the season warming a bench. When a delegation from Ridgefield, where Thornton is located, came up to see the Dartmouth game, Rex didn't even play. They were disappointed and vastly astonished.

If it weren't for Assistant Varsity Coach Nels Pratt, Rex Sheldon, the greatest halfback in Thornton's history, might have faded into oblivion. But Nels Pratt was different from the general run of coaches. He had a sense of understanding and an insatiable curiosity about human beings. He spent a lot of time—wasted time, his friends chidingly called it—finding out about people, and Rex Sheldon interested him.

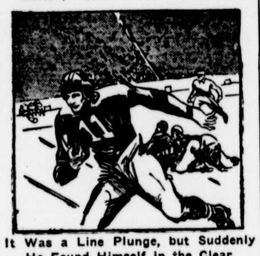
The second year, Rex went out for varsity, and made the team by the skin of his teeth. If halfbacks hadn't been scarce that year, he probably wouldn't have been assigned a uniform.

The season was half over when Nels Pratt approached Head Coach Cy Inches one day. "There's a boy over here working with the third string," said Nels. "I'd like to have you take a look at him."

Cy Inches walked across the field and took a look at the third stringers. "Which one?" he asked. Nels Pratt pointed to Rex, and they watched the kid try an end run, and get tackled for a two-yard loss.

Cy shook his head. "What's good about him?" he asked.

"Listen," said Nels. "That kid's



It Was a Line Plunge, but Suddenly He Found Himself in the Clear.

good. He's better than anything we got in the backfield. He was the works back at Thornton."

Cy respected Nels Pratt's opinion. Nels had picked winners before. But he wasn't always in agreement with the assistant coach. It seemed to him that Nels was a little cock-eyed this time. But he was willing to go halfway on the proposition. He gave Rex Sheldon his chance in the Maine game.

None of the fans who crowded the stands that day knew much about Rex. They'd never heard of Thornton, and didn't know what a hero he'd been. When he jogged out on to the field they gave him a half-hearted cheer, and let it go at that. It was the third quarter. In the second play the quarterback gave Rex the ball. He started around left end and fumbled. Maine recovered, and gained plenty of yardage before the runner was brought to earth.

The State stands groaned. Laughter rose from across the field.

Cy wasn't sore about it. But when he saw Nels Pratt after the game he kidded him. Nels only shrugged.

"All right," he said. "All right. But I still say Sheldon's the best man you've got on the squad."

"So what'll we do, let him take Captain Armstrong's place against Harvard next week?" Inches grinned.

That night Nels Pratt dropped around to Rex Sheldon's room. He found the boy with his head on his desk, sobbing. Nels stuck around till almost midnight.

Rex played in only one other game that season, and nothing happened of any consequence. He didn't fumble or miss tacklers, but didn't pull off any ninety-yard runs, either.

Then next season, when the football squad turned out, Sheldon was on hand with the rest of them. By virtue of his experience, he was promoted to second string, and played in the opening game with Wilcox. In the third quarter Rex scored a touchdown, but the tally was already 33-0 in State's favor, so no one paid it much attention, though he got a whole-hearted cheer, and the cheer brought a grin to his serious young face.

Watching from the sidelines, Nels Pratt grinned, too. He kept on grinning and acted as though he'd quite expected it when Rex scored again toward the end of the game. After it was over Nels sought out Cy Inches.

"The kid's measuring up, Cy. Like I said he would."

"What kid?" Inches wanted to know.

"Young Sheldon. You'll do well to play him against Brown two weeks hence."

"Nix. We're shy good men this year. Can't take chances."

State had a bad season that year. Except for Wilcox, they won only one other game. Inches was worried. There were rumors about his reputation. He staked everything on the Fairfax set-to, the last and most important game of the season. . . .

Three-quarters of the Fairfax game was over and the score was 0-0. Inches chewed his cigar nervously. He was worried. There wasn't any doubt in his mind but what Fairfax was going to score. And that meant certain defeat.

Out in the field a whistle sounded. The referee signalled to the State sidelines and Doc Carter ran out, bag in hand.

"It's Melrose, our halfback," Nels Pratt said to Inches. "We'll have to put in Sheldon."

"Sheldon, my eye! Tell Dennis to warm up."

"Listen," said Nels Pratt, "Dennis has got a sprained ankle. He sprained it yesterday in practice and didn't tell anyone. Sheldon's the only man you've got, Cy."

Inches bit off the end of his cigar and spat it out. "Only man, eh? Well, put him in." He laughed shortly. "Next year you'll have my job, Nels. This'll finish me up."

A tremendous cheer greeted Rex Sheldon when he raced out onto the field. He looked up at the stands and grinned, confidently, sensing that on him they were pinning their last hopes, grimly happy because of it.

Fairfax had the ball, and their quarterback ran it around left end because they figured the new man was second string, hence weak. But Rex stopped him. Dead in his tracks. Threw him for a loss. When he stood up he heard the stands bellowing his name.

On the next play the ball went to State, and when the lineup came Rex heard his number called. He pressed his lips together and waited for the pass. It came; he felt the pigskin in his hands, hugged it to his breast and ran. It was a line plunge, but suddenly he found himself in the clear, heard dimly a mighty roar from the stands. A Fairfax man came at him and he thrust out with his hand. The shock of the impact sent a stinging pain up his arm, but he kept going. He heard the pound of racing feet at his heels, nearly drowned by the roaring of the fans. Something lent speed to his feet; he stretched out, running like mad. As through a mist he saw the double white chalk line. Something struck him from behind and he went down, but the chalk line was beneath him, the ball a full two feet over the ather side. . . .

"It's like this," Nels Pratt was saying to Cy Inches. "The kid was used to being a hero, being cheered. He liked it. When he started in here no one paid him much attention; laughed at him, in fact. I talked to the kid, wanted him to do one thing to get a cheer from the crowd. He did it against Wilcox, and after that it was easy."

"Yeah," said Cy, his eyes twinkling. "Is that all?"

"Well, no." Nels looked guilty. "Dennis didn't have a sprained ankle. I made that up. But it was kinda hard to explain how necessary it was to have Sheldon take Melrose's place."

Cy nodded. "O. K., Nels. O. K. You win. Glad of it."

Lightness and Strength Make Aluminum Popular

Aluminum is used wherever a combination of lightness and strength is desired. The pure metal is highly reactive with various corrosive substances, yet in actual practice it resists corrosion very much better than the theoretically more resistant iron. The reason for this, writes Dr. Thomas M. Beck in the Chicago Tribune, is that aluminum on exposure to the atmosphere forms a microscopically thin, tough, air-tight coating of aluminum rust which gives the underlying metal perfect protection against corrosion. Iron, on the other hand, forms a brittle, porous rust that flakes off and exposes more mental.

Along with the advantage of lightness and rust resistance, pure aluminum has the disadvantage of being relatively soft. For a long time this limited its use to the manufacture of kitchen utensils, sheet aluminum, and similar uses in which it was not subjected to very great strain. However, there have been developed some highly successful aluminum alloys, in which the metal has a strength approaching that of steel, with no sacrifice of lightness. Oddly enough, in the cases of some of the most useful of these alloys the aluminum, in gaining strength, loses much of its resistance to corrosion. This fault, however, can easily be remedied by giving the alloy a thin coating of the pure metal.

Flowers, Jewels and Rich Fabrics

By CHERIE NICHOLAS

AS THE winter and midseason social activities reach their height and as high-life society carries on gay festivity in fashionable southern resorts, one is impressed with the surpassing elegance of the more formal modes. Smart gatherings, be they grand opera audiences, diners at the smartest places in town or sojourners in the Southlands, all bespeak the trend to a new high in splendor and opulence as expressed in terms of rich fabrics, precious furs, gorgeous jewels and the wearing of rare and lovely flowers.

To add to the fascination of the style picture there is a definite movement toward individual, distinctive hairdress such as recaptures the charm of wearing flowers, jeweled ornaments or exotic feather fancies in ornate coiffures.

The aristocracy of current mode calls for materials of high degree fashioned with that master simplicity which makes rich fabrics look richer. Such is the lovely ensemble centered in the accompanying illustration. Consider it, if you will, as a fantasy "in lilac time" for such it would seem to be. A petite society girl wore this very lovely creation at a velvet fashion revue presented during a ball at a leading "way down south" hotel recently. The dress is lilac velzanza, which is sheer and cool to wear. The long voluminous cape with big scarf collar draped over the shoulders is of lilac crush-resistant velevt. Note the glittering jeweled bracelet and the corsage which declares a revival of that lovely custom of wearing flowers.

The lady to the left, in the picture, tells you via her very charming costume that to interpret fashion correctly, one must wear a glamorous necklace with bracelet to match, furthermore the coiffure must be enhanced with an ornate bandeau, which, in this instance, is of velvet and wee ostrich tips. The unique velvet belt done in petal or leaf motif, also the coronet of feathers and velvet, are in a deep rich purple tone matching the cape that was worn with the gown. A semi-sheer nubby material woven on a velvet loom is the fabric of this pale leaf-green evening dress.

Reports from all fashion centers in regard to the new season's trends place emphasis on the importance of strictly tailored short jackets that top rather short slenderizing skirts. The majority of first arrivals in the suit realm give preference to mannish types of hip length. The model to the right is along this line of thought—neat and natty to a nicety. The slim straight skirt is of brown crystelle and the fitted jacket of white. Fabrics such as this, that are woven on a velvet loom, are becoming increasingly popular where dainty lightweight material is wanted that is suitable and practical for year-round wear. The white hat with brown veil that tops this stunning outfit is tres chic. Most of the hats coming from Paris feature decorative veils. Brown kid gloves, brown kid shoes, and a white leather bag complete this up-to-the-moment costume.

Some of the most striking and most beautiful ensembles for formal nights are white in every detail. A likable formula for full dress is the all-white gown of velvet which is as sheer as chiffon, or it may be of white crepe, satin or taffeta, to which add a snowy ermine wrap, long white gloves, two strands of pearls, diamond bracelets of a single wide one, a diamond hair clip and three pure white orchids pinned to a narrow shoulder strap.

© Western Newspaper Union.

PLEATED CREPE

By CHERIE NICHOLAS

The flair for colorful crepe frocks for afternoon wear is resulting in such stunning models being turned out as this picture depicts. This very attractive luncheon or afternon tea frock is of crepe in a wistful violet shade. The girdle is of silvered kid and violet suede. The felt hat is in matching violet shade. Pleating, tucking, and stitching, also braiding, will be lavished on fashionable apparel this season.

Many Pleats

It takes a slim figure to wear them, but there is great charm to skirts entirely pleated. Dinner and more formal evening ogwns with this skirt feature give the wearer a lovely, buoyant air.

Glad Hands

Nothing is gayer than gold and silver tissue evening gloves seen these days. They are long and very, very elegant.

REAL FLOWERS IN HAIR, IS NEW FAD

Headdresses, as the newest of the formal accessories, embrace a wide variety. Such a wealth of real flowers, worn not only in the hair in arresting ways, such as the half cap of six gardenias which covered one side of a young girl's coiffure, but also on the shoulders and corsage of women of all ages—has not been seen around these parts in years. Orchids and gardenias are the favorites, but one sees also real daisies, cornflowers, carnations used in effective fashions.

The little Juliet cap is perhaps the most popular jeweled headdress these nights; these are in rhinestones or pearls, and very rarely in coral sometimes with turquoise. Schiaparelli's chenille snood is another variation of this fashion, but most young girls seem to prefer the sparkle of jewels among their curls.

Hobble Skirt Is Returning According to Paris Report

Patou again outdoes himself in his new silhouette treatments and expert dressmaking.

The hobble skirt is returning. Bands of fabric hang free from shoulder to hem. Others have tight front skirts, with wide circular back gores, laid in flat pleats, the width held in place. Some evening models are silt back and front.

Silk taffeta is used to interpret gowns with back fullness, in gathers sweeping backward from the waist. One is in black silk taffeta, with scarlet velvet ribbon encrusted around the waistline. Others are in flowered silk taffeta.

Many black tailored cocktail frocks in ankle length are shown in silk satin or silk crepe.

Orchids to You

Here's a captivating fashion that's credited to the debutantes. Orchids in the hair! When London's Mayfair began to wear these white feathers rather high in front on a ribbon band, Miss America improved on the idea by wearing three orchids on a velvet or satin head band to match the flowers. And the real flowers are far more lovely than the original feathers were.

Manufacturers of Machetes Have Been in Business for Over Century

The question as to whether the modern machete is a weapon or an agricultural implement rises recurrently, but a company that has been making them for 114 years continues to do a vast business as the sole producer of these blades, writes a Collinsville, Conn., United Press correspondent.

Time and again governments of Latin America have disputed the assumption of the firm that machetes are aids in advancing civilization peacefully. Shipments of the blades to private companies in South and Central America have been seized by government order. Then comes a rule, for a while, that a machete with a flat end is an agricultural tool, while one rounded into a point at the end of the long blade is a weapon.

But since the business was founded in 1821 thousands of machetes have been shipped weekly. Since the days when Yankee clippers sailed into the Connecticut river at Hartford the company has been doing business in all kinds of blades for natives. They are shipped to Mexico, 20,000 dozen a year, to the Philippiens, where they are called bolos; to Brazil, Bolivia, Chile, Paraguay, Uruguay, Portugal, Spain, Hawaiian islands, Ecuador and San Salvador.

The company has found natives of these countries whimsical about their machetes. In Puerto Rico the greater portion of the blade must be painted red. In Ecuador the machete handles must be of wood, rather than the more expensive horn or hoof handles. Many battle-axes are sold, axes that look exactly like those used in chopping block executions of old.

The machetes are made in a hundred different sizes and shapes. They are as handy to explorers as to workers in Amazon rubber plantations. Admiral Peary had some on his trip to the North pole.

First Sewing Machine

The first sewing machine was made by an Englishman named Thomas Saint and was patented July 17, 1790.

Brazil Nut Crops Never Planted and Not Picked

There is no stranger harvest than that which supplies the demand for Brazil nuts, observes a writer in Pearson's Weekly. No human hand has ever sown the seeds, nor does the crop ever need picking. It lies, patiently waiting man's pleasure, on the sodden forest floor of that immense stretch of tropical jungleland in the lower Amazon valley. Here flourishes the Brazil nut tree, or castanha do Para.

Despite this unusual lavishness of Nature, no harvest could be harder to win; none is fraught with more risks. Before reaching the wild nut groves, the castanheiros (nut gatherers) must penetrate hundreds of miles of fetid streams and swamps, home of flesh-eating fish, venomous water snakes and electric eels. The final stages of their journey must be hacked through dense matted undergrowth, where poisonous thorns, orchids, spiders and insects contest every yard of their progress.

Timely Suggestions From Fashion Centers

Tunic frocks and shirtwaist frocks are liked for afternoon dresses.

Paris indorsement of tricot fabrics for undergarments comes to us from the salon of Mme. Yrande.

For evening, brocades, metal leathers, metal cloths, paisleys, velvet and satin, give elegance to the feet.

Paul Reymer adds metal and jeweled ornaments to his velvet and cloth frocks.

Eveninng togs are more luxurious than ever.

The new cocktail sets comprise a hat, shoulder scarf and pocketbook.

Cloky taffetas are important in afternoon and evening modes.

The turban of black belting shows a high front crown with a tailored bow of black satin tucked in the folds at front. The crown is manipulated in a folded manner.

Very smart buttons, buckles and clips, showing the military influence, are made in the shape of an officer's cap, of black and red composition mounted on gold-colored metal.

Skirts are definitely getting shorter and hemlines more uneven.

At Patou's, black still predominates, often trimmed with cherry red velvet ribbon.

Plain Celanese tafettas in pastel shades for children's party dresses are being played for the spring trade.

The flowing, floor-length wrap is an expression of the drama and elegance in this season's fashions.

The very open sandal is still the highlight of evening.

Dahlia shades and spice brown register on spring color card.

Bucko dominates the sports field. For all-day town wear nothing is better than kid.

Patou uses gray, beige and navy, with touches of cerulean blue, for daytime.

A little velvet muff and tiny velvet hat are trimmed with feathers, and small peacock feathers form a wide belt to be worn with a brown velvet day dress beneath a rough country tweed.

Ye Olde English Come From Venetians, Scientists Discover

Trace Its Origin to Period Hundreds of Years Before Christ.

Ye Olde Beautye Shoppe may sound like Merrie England to the customers, but such spelling really originated in Venice, where the citizens rode around in ye olde gondolas hundreds of years before Christ, scientists of the Smithsonian Institute announce.

Recent discoveries of mysterious Runic tables in Venice, according to Dr. J. P. Herrington, language expert of the Smithsonian, prove that the Germanic languages of ancient Britain had their beginnings in the writings of the Venetians.

"These ancient Venetians were a people without a history, who were early swamped by the Roman empire," Doctor Herrington said. "It is only through the recent discoveries of Runic inscriptions that we can imagine their importance as the middlemen between the Germanic races and the Mediterranean."

Straight Lined Letters.

The letters in the language which spread northward before the Germans and the English had learned to write, consisted entirely of straight lines, which were easy to carve in wood and scratch in metal, he said.

"When scholars began seeking the origin of these strange letters they found nothing like them in either Latin or Greek," Doctor Herrington continued. "Recent discoveries traced them to the Adriatic sea and have revealed in surprising manner their origin as coming from a people scarcely known to history but who gave their name to the modern city of Venice.

"They were known as the Veneti, while the swamp region where Venice now stands was called Venetia. The inscriptions found on golden rings used as necklaces and upon ancient helmets show the language of the Veneti to share peculiarities with ancient German, a corruption of which once was the language of England, Scotland and Scandinavia.

Link to German Shown.

"The German still says 'mich' when he means 'me.' The ancient German said 'mek' and now we behold on a Venetian inscription 'mecho,' also meaning 'me. This and other similar examples link the Venetian language with the German.

"The territory occupied by these old Venetians was enormous. It can be traced by the occurrence of names of places with 'st' for an ending. These show that their country took in the city of Trieste, east of the Adriatic, and Imst, in the Austrian Tyrol. They had numerous trading stations in Austria and Germany. They obtained furs and beautiful blond slaves from the northerners, exchanging wine, olive oil and other commodities of the South.

"The Venetians carried their cryptic writing with them into the North. The Germans, having previous to this looked down on writing and having believed in the memorizing of their songs and rituals, took up this old Venetian alphabet as a convenient way of recording epitaphs and for cutting inscriptions on offerings to the ancient Germanic gods.

Date Back to 200 A. D.

"The oldest such inscriptions in Scandinavia date from 200 A. D., which shows that it took the Venetians three centuries or more to travel up through Germany, to the Far North and to England.

"The ancient Scandinavians, English and Scotch were peculiarly addicted to Venetian Runic writing and left more relics of it than did the Dutch and Germans.

"It is a source of great satisfaction to unravel at last the secret of the Runes, and to prove definitely that they brought from the ancients of the Mediterranean a culture, vestiges of which may still be seen in the 'ye olde' signs on some shops in modern American cities."

Sailors Are More Costly to Educate Than Soldiers

It is figured by the adjutant general's office in the War department that Uncle Sam's sailors are more expensive by far than his soldiers. It costs approximately $15,000 to educate a midshipman for four years at Annapolis, compared to about $9,715 to school a cadet for the same period at West Point. In actual service it is estimated that it costs $4,500 annually to maintain a naval officer and $1,100 for an enlisted man. In the army, however, maintenance cost falls to $4,420 for officers and $810 for each private.—Pathfinder Magazine.

We Find What We Look For in This Old World of Ours

I have always been looking for the nobler qualities in human beings, and I have always found them. There are great souls all along the high way of life, and there are great qualities even in the people who seem common and weak to us ordinarily.

WHEN IT SURVIVES

When conscience takes a vacation, it comes back doubly strengthened.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 60 years ago. They regulate liver and bowels.—Adv.

And a Blessing

Physicians like to doctor a cheerful man. That's co-operation.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

CHERRY-GLYCERINE COMPOUND

For Coughs due to Colds, Minor Bronchial and Throat Irritations

JAS. BAILY & SON, Baltimore, Md.

CLASSIFIED ADS

ELECTRIC LIGHTS

Wind driven. You build them. Write **Wind Motor Electric, Ridgway, Montana.**

AGENTS to sell high grade all purpose Complexion Cream. Sample 2 oz. Jar, 25c postpaid. Write for particulars. Print name and address. **MacDonnell Laboratory, 39 Lakewood St., Worcester, Mass.**

A Grave Mistake for a Mother to Make

GIVING CHILD UNKNOWN REMEDIES WITHOUT ASKING DOCTOR FIRST

GIVING your child a medicine or remedy you don't know all about — *without asking your family doctor first* — is a bad risk for any mother to take.

Doctors and child authorities say health, and sometimes life itself, depends on this.

So — when you're offered a "bargain" in a remedy for your child; ask your doctor before you buy it. Do this for your child's sake and your own peace of mind.

Ask him particularly about the frequently used "milk of magnesia" — about *Phillips'* Milk of Magnesia. He will tell you that for over 60 years physicians have endorsed it as SAFE for your child. The kind of remedy you want your child to have.

Remember this when you buy, and say "*Phillips'* Milk of Magnesia" to your druggist. Comes now, also, in tablets that taste of peppermint, that children like to take.

Safety for You and Yours

NOW, ALSO IN TABLET FORM

You can assist others by refusing to accept a substitute for the genuine Phillips' Milk of Magnesia. Do this in the interest of yourself and your children — and in the interest of the public in general.

Mother Takes a Hand

OF COURSE, you know that children should never drink coffee. But do you realize that the caffein in coffee disagrees with many grown-ups, too?

If you are bothered by headaches or indigestion, or find it difficult to sleep soundly . . . caffein may be to blame.

Isn't it worth while to try Postum for 30 days? Postum contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened. It is easy to make, and costs less than one-half cent a cup. It's a delicious drink, too . . . and may prove a real help. A product of General Foods.

FREE—let us send you your first week's supply of Postum *free!* Simply mail coupon. © 1936, G. F. CORP.

GENERAL FOODS, Battle Creek, Mich. W. N. U.—2-15-36

Send me, without obligation, a week's supply of Postum.

Name_____

Street_____

City_____ State_____

Fill in completely, print name and address.

If you live in Canada, address: General Foods, Ltd., Cobourg, Ont. (Offer expires Dec. 31, 1936.)

30