Foreign Words and Phrases

Mirabile dictu. (L.) Wonderful to relate.

Oui dire. (F.) Hearsay.

Parvenu. (F.) A person of low origin; an upstart.

Qui vivra, verra. (F.) Who lives will see.

Regnant populi. (L.) The people reign. (Motto of Arkansas.)

Sanctum sanctorum. (L.) The holy of holies.

Trink-geld. (Ger.) A gratuity.

Usque ad aras. (L.) To the very altars; to the last extremity.

Ventre-a-terre. (F.) At full gallop; at breakneck speed.

Wanderjahr. (Ger.) A wanderyear; a year of travel.

Vive la bagatelle! (F.) Success to trifles! Trifling forever!

Qu'importe? (F.) What does it matter?

Stomach Gas So Bad Seems To Hurt Heart

"The gas on my stomach was so bad I could not eat or sleep. Even my heart seemed to hurt. A friend suggested Adlerika. The first dose I took brought me relief. Now I eat as I wish, sleep fine and never felt better." —Mrs. Jas. Filler.

Adlerika acts on BOTH upper and lower bowels while ordinary laxatives act on the lower bowel only. Adlerika gives your system a thorough cleansing, bringing out old, poisonous matter that you would not believe was in your system and that has been causing gas pains, sour stomach, nervousness and headaches for months.

Dr. H. L. Shaub, New York, reports: "In addition to intestinal cleansing, Adlerika greatly reduces bacteria and colon bacilli."

Give your bowels a REAL cleaning with Adlerika and see how good you feel. Just one spoonful relieves GAS and stubborn constipation. At all Leading Druggists.

A Plucky Fighter

Any coward can fight a battle when he is sure of winning, but give me the man who has the pluck to fight when he is sure of losing.—George Eliot.

Don't put up with useless PAIN

Get rid of it

When functional pains of menstruation are severe, take CARDUI. If it doesn't benefit you, consult a physician. Don't neglect such pains. They depress the tone of the nerves, cause sleeplessness, loss of appetite, wear out your resistance.

Get a bottle of Cardui and see whether it will help you, as thousands of women have said it helped them.

Besides easing certain pains, Cardui aids in building up the whole system by helping women to get more strength from the food they eat.

MISERABLE AND WEAK

Mrs. M. C. Jones of 21 River Ave., Clarksburg, W. Va., said: "For two years I felt miserable. Finally I started taking Dr. Pierce's Favorite Prescription; then I began to pick up in strength. The first few days my appetite improved and I was soon strong enough to be about and in a couple of months I felt fine. I shall never forget how Dr. Pierce's Favorite Prescription, taken as a tonic, helped me." Buy now of your near-by druggist.

New size, tablets 50c., liquid $1.00 & $1.35.

Rheumacide

Indicated as an Alterative in the Treatment of

RHEUMATIC FEVER, GOUT, Simple Neuralgia, Muscular Aches and Pains

At All Druggists

Jas. Baily & Son, *Wholesale Distributors* Baltimore, Md.

MORNING DISTRESS

is due to acid, upset stomach. Milnesia wafers (the original) quickly relieve acid stomach and give necessary elimination. Each wafer equals 4 teaspoonfuls of milk of magnesia. 20c, 35c & 60c.

Keeping Up With Science

By Science Service

© Science Service.—WNU Service.

Depth Thermometer Shows "Hot Spots" Within the Earth

Temperature Is Revealed by Melting of Alloys

Washington. — Scientists looking forward to the day when the earth's insides will be tapped for heat and power, have a new tool to aid them in locating the "hot spots" below the earth's surface.

It is a depth "thermometer" for taking the temperature thousands of feet underground. Ernest N. Merrill and George A. Young, both of Long Beach, Calif., are the inventors who have been granted a patent here.

Oil Men Want to Know.

From readings already obtained, scientists have been able to make a rough estimate of the age of the oldest rocks, and to infer from this result that the amount of heat which is being supplied to the earth from radioactive minerals may be much less than heretofore supposed.

However, aside from the research, sub-surface earth temperatures have a present day practical aspect for the oil man. Attached to a long steel wire, he drops thermometers down the wells as he drills deeper, pulls them up, reads the temperature.

Alloys Tell the Heat.

Bullet-shaped, the new thermometer, claimed to be more efficient than anything heretofore used, comprises a water-tight metal case. Into this goes a metal box provided with many compartments. Through the bottom of the box in each compartment and through its cover are small holes.

Each compartment contains sharp edged plates of various alloys which are the "mercury" of this thermometer. It is by noting which of the alloys have been melted after the thermometer has been lowered into the bore hole of the well and raised up, that the underground temperature is obtained.

Chinch Bugs in Winter Quarters in Corn Belt

Washington.—Chinch bugs are in winter quarters in "moderate to very large" numbers through central Illinois, southern Iowa, northern Missouri, and eastern Kansas, states Dr. P. N. Annand of the United States Department of Agriculture. Smaller hibernation-numbers are reported across Ohio almost to the Pennsylvania line and south into Arkansas. The bugs live over winter in wayside grasses, ready to migrate to small grain crops as soon as the fields develop in spring.

Wholesale burning of fieldside and roadside grasses is not recommended as a means for getting rid of them. It is not always effectual, and in the long run may do more harm than good by destroying cover needed by wildlife valuable to the farmer. Changes in field planning, especially planting more soybeans and other legumes, which chinch bugs do not touch, are suggested.

We've a Date to Sew!

OH GRACE, before you go—you're not in a hurry, are you—notice Mabel's slip.

Isn't that the one that you were telling the girls about at the Bid-Or-Bi club last week, Mabel?

Yes, it's my Sew-Your-Own and I'm real proud of it because it fits so smoothly. There's no bunchiness at the waistline or hips—it's fitted, you see—and yet there's lots of room around the bottom. And do you know how long it took me to make it—no self praise, but exactly two hours by the clock. I simply followed the pattern's instruction chart—as easy to do as to concoct a new dessert.

It would be grand for a tailored dress like mine, wouldn't it, Mabel?

Just the thing! Are you off to the Civic League luncheon at the Hall? Your dress made up beautifully in that aquamarine, Grace. I'm crazy about it. The yoke-and-sleeves-in-one idea is swell and the black tie and buttons to match your hat make you look like Mrs. Merriweather herself Anne, since you like my slip so much, I'll be glad to help you make one like it, if you want me to.

That Slenderizing Effect.

That's lovely of you, Mabel, but would that sort of thing be right for a "Stylish Stout" like me?

But you DON'T look stout. The panel in front breaks the skirt line, and the jabot and collar do wonders for the "Buzzum." It would be grand made up in a flowered print for Spring, Anne.

That very idea occurred to me. Why don't we get together tomorrow afternoon and sew—are you game? Come to my house. I baked a batch of oatmeal cookies today.

It's a date, Anne, I'll be over in the morning as soon as the kids are off to school.

Pattern 1200 is available in sizes 14 to 20 (32 to 42 bust). Size 16 requires 4⅛ yards of 39 inch material plus ⅜ yard contrasting.

Pattern 1970 is available in sizes 36 to 52. Size 38 requires 4¼ yards of 35 or 39 inch material plus ¾ yard contrasting.

Pattern 1988 is available in sizes 34 to 46. Size 36 requires 3⅛ yards of 39 inch material and 1 yard of ribbon for shoulder straps.

Send for the Barbara Bell Spring-Summer Pattern Book. Interesting and exclusive fashions for little children and the difficult junior age; slenderizing, well-cut patterns for the mature figure; afternoon dresses for the most particular young women and matrons and other patterns for special occasions are all to be found in the Barbara Bell Pattern Book. Send 15 cents today for your copy.

Send your order to The Sewing Circle Pattern Dept., Room 1020, 211 W. Wacker Dr., Chicago, Ill. Price of patterns, 15 cents (in coins) each.

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CHARMING ENSEMBLE

This charming ensemble is by Milgrim of New York. The gown is of velvet and lace. Interesting features are the little square neckline with its use of heavy white Viennese lace, and the matching cuffs. The hat is of black velvet with a veil of sheer caballero.

Self Conquest

Real glory springs from the silent conquest of ourselves; without that the conqueror is only the first slave.—Thomson.

Dr. Pierce's Pleasant Pellets are an effective laxative. Sugar coated. Children like them. Buy now!—Adv.

Much Vain Worry

What did you worry about last year? Isn't it gone and forgotten?

Here's that Fast "Phillips" Way

To Alkalize Stomach Quickly

On all sides, people are learning that the way to gain almost incredibly quick relief, from stomach condition arising from overacidity, is to alkalize the stomach quickly with Phillips' Milk of Magnesia.

You take either two teaspoons of the liquid Phillips' after meals; or two Phillips' Milk of Magnesia Tablets. Almost instantly "acid indigestion" goes, gas from hyperacidity, "acid - headaches" — from over-indulgence in food or smoking — and nausea are relieved.

Try this Phillips' way if you have any acid stomach upsets. You will be surprised at results. Get either the liquid "Phillips" or the remarkable, *new* Phillips' Milk of Magnesia Tablets. Only 25¢ for a big box of tablets at drug stores.

ALSO IN TABLET FORM!

Each tiny tablet is the equivalent of a teaspoonful of genuine Phillips' Milk of Magnesia.

PHILLIPS' MILK OF MAGNESIA

Little Self-Respect

Impudence implies a low estimate of your self-respect.

CHECK THAT COUGH BEFORE IT GETS WORSE

Check it before it gets you down. Check it before others, maybe the children, catch it. Check it with FOLEY'S HONEY & TAR. This double-acting compound gives quick relief and speeds recovery. Soothes raw, irritated tissues; quickly allays tickling, hacking, troublesome coughs. A spoonful on retiring makes for a cough-free sleep. No habit-forming, stomach-upsetting drugs. Ideal for children, too. Don't let that cough, due to a cold, hang on! For quick relief *and speeded recovery* insist on FOLEY'S HONEY & TAR.

Sentinels of Health

Don't Neglect Them!

Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—*life itself*—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure.

When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out.

Frequent, scanty or burning passages may be further evidence of kidney or bladder disturbance.

The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use *Doan's Pills*. They have had more than forty years of public approval. Are endorsed the country over. Insist on *Doan's*. Sold at all drug stores.

DOAN'S PILLS

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