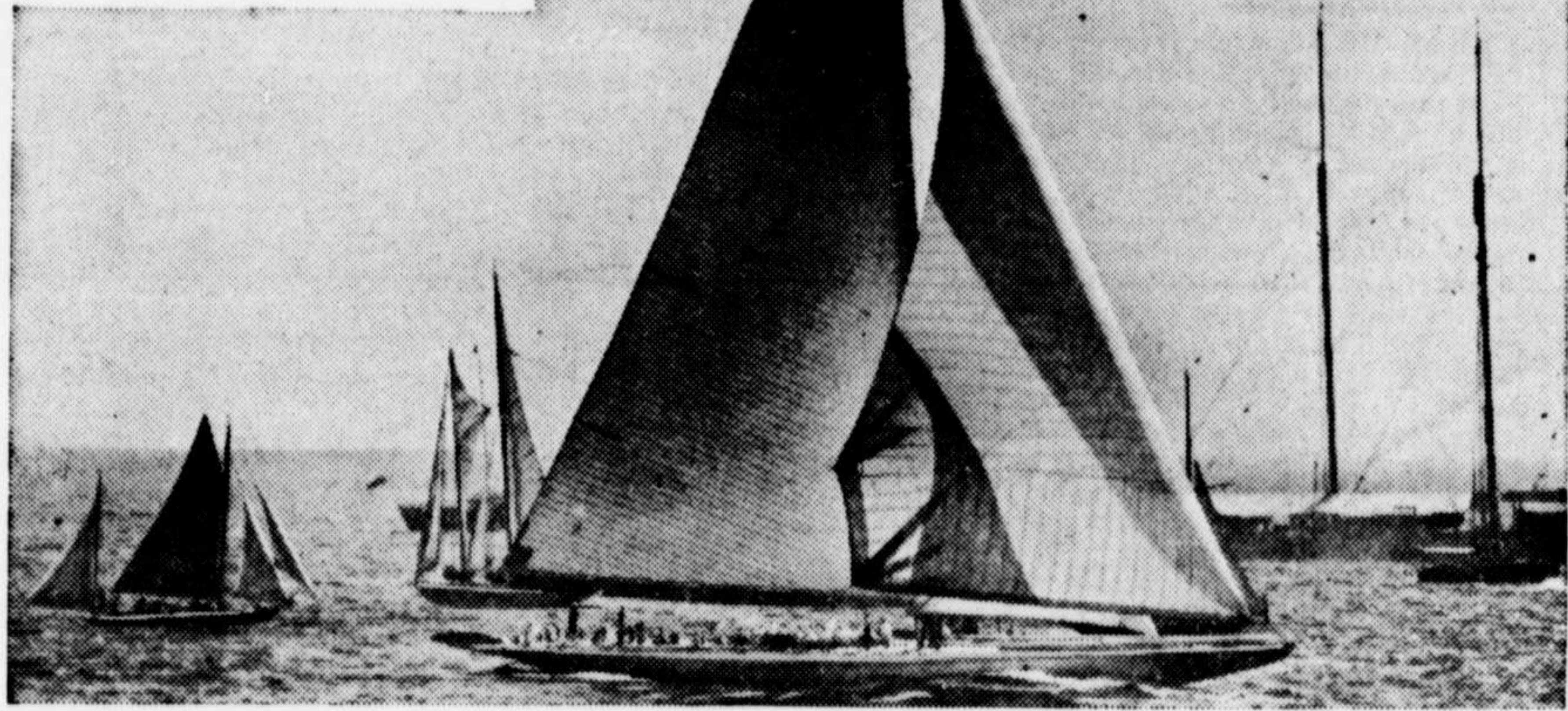


THE MONTGOMERY PRESS

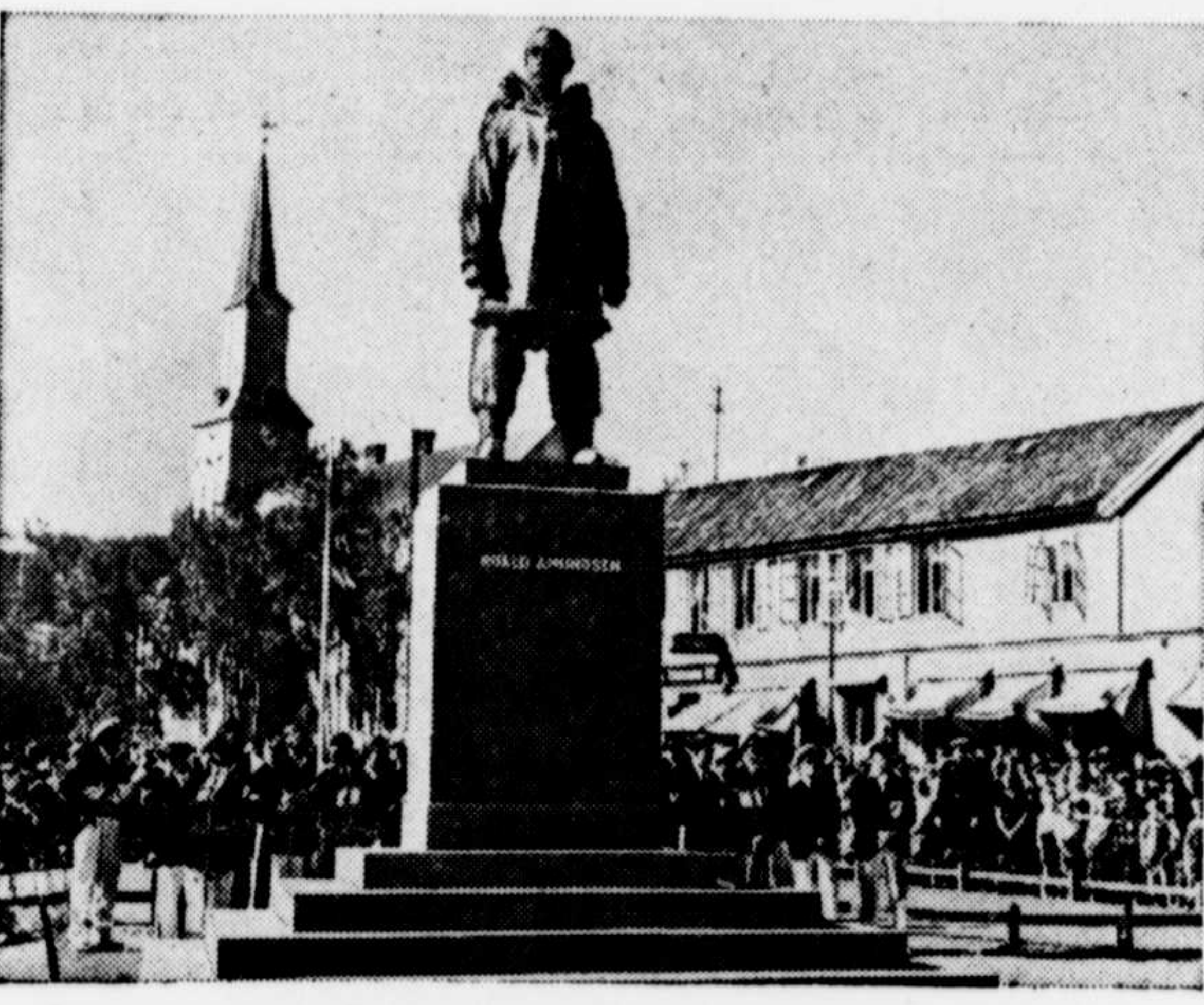
Published Every Friday at KENSINGTON, MARYLAND Telephone: 22-M Entered as second-class matter in the postoffice at Kensington, Maryland. ESTABLISHED BY CORNELIUS W. CLUM Publisher ONE DOLLAR A YEAR IN ADVANCE FRIDAY, AUGUST 13, 1937

Ranger Sets Record in Retaining America's Cup

Striking across the finish line ahead of its British rival in a series of four races off Newport, R. I., the Ranger, piloted by Harold S. Vanderbilt, retained possession of the America's cup. The defender broke two racing records in its victories over the Endeavor II, piloted by T. O. M. Sopwith. The races were held over a 30-mile triangular course on the Atlantic ocean.



Monument to Amundsen Is Unveiled



A monument to Roald Amundsen, the great Arctic and Antarctic explorer who was the first to reach the South pole, as it appeared following its recent unveiling at Tromsø, Norway. The memorial, costing \$4,250, was raised by popular subscription. Its sculptor was Carl E. Paulsen. Lincoln Ellsworth, Amundsen's companion on a North Pole expedition contributed \$1,000 to the fund for its construction.

NOVEL SURF SLED



Miss Althea Martin shown with the new type of surf sled patented by a Los Angeles newspaper man, which will lessen the danger of the rider getting hurt in the surf. The streamlined pontoon below its nose allows it to float the rider in perfect safety, while the stabilizer shield along the tail holds it to a straight course.

Flaming Death Follows Collision on Highway



This happened when a truck carrying four new automobiles and another machine collided on a highway west of Akron, Ohio. The four cars and truck were consumed in the fire. At the right may be seen the auto, also burning. The driver of the truck escaped injury when he jumped from the cab, but the driver of the car was burned to death.

NEW TAMMANY CHIEF



Christopher D. Sullivan, new leader of Tammany Hall in New York who succeeded the late James J. Dooley as head of the famous Democratic organization. Following his election, Grover Whalen withdrew as a candidate for mayor of New York in favor of Senator Royal S. Copeland. Mr. Sullivan has been a member of the famous Democratic organization for many years.

Chiang Unites China Against Japs



Generalissimo Chiang Kai-shek, under whose personal control the financial and economic resources of all China were placed in the struggle against Japanese aggressors in the north. Chiang, who heads China's supreme war council, is shown as he left a conference at Nanking.

\$500,000 Willed to Wife of Valet Shrinks to Zero

London.—Mrs. Rose Spary, who with two sons is the sole legatee of the \$500,000 will of the late Lord Ormathwaite, former master of ceremonies to the royal family, will not get one penny from his estate, it was revealed. Mrs. Spary, wife of Frederick Spary, the late peer's valet, said: "During the thirty years I served him, Lord Ormathwaite lost more

than 100,000 pounds sterling (about \$500,000). The estate is said to be insolvent. I would sell for 5 shillings our chance of receiving any of the money he left us under the will. He loved to play roulette, and I have seen him lose 10,000 pounds (\$50,000) in a single night at Monte Carlo."

Lord Ormathwaite owed his valet \$7,500 when he died. His landed estates are so heavily mortgaged that they will pass straight to the mortgagees.

Filipino Girl Is Pilot

Honolulu.—Charing Abelino, who has qualified as an airplane pilot, is believed not only to be the smallest flier in United States territory but also the only Filipino. She weighs 90 pounds and has to be propped up with pillows to reach the rudder bar.

Remedy for Loneliness

Castor, Alta.—Three lonely young farmers here have put up a sign over their gate posts saying simply: "Wives Wanted."

Is Overweight Important?

By DR. JAMES W. BARTON

THOSE of normal weight and many also who are overweight may have the opinion that too much importance is being attached to overweight—its dangers to health and life. If they were to talk for just five minutes to the actuary of any life or sickness insurance company they would learn some startling facts because insurance companies make or lose money on the types or kinds of risks they accept.

One of the first facts the insurance company actuary will point out is the great amount of diabetes among the overweight. He will back this up by showing the figures of Dr. E. P. Joslin, Boston, the outstanding authority on diabetes, who tells us that diabetes is the result or penalty of overweight.

The figures for the death rate of diabetic men over forty-five years is as follows: The per cent of overweight to death rate is as follows: five to fourteen, twice the normal rate; fifteen to twenty-four, four times the normal rate; twenty-five and over, ten times the normal rate. These figures tell in most dramatic fashion the penalty for overweight.

As you know, the commonest cause of death after middle age is disease of the heart, bloodvessels and kidneys, because the heart and bloodvessels have the hard work of carrying a large quantity of nourishment to the kidneys to have wastes or poisons filtered out and useful substances retained. Now high blood pressure, hardening of the arteries, and defective work by the kidneys all accompany overweight, and the simplest method of relieving unnecessary strain is to reduce the weight and size of the patient. Thus when an individual gets down to, or nearly to, normal weight his chances of developing heart, bloodvessel and kidney disease becomes very much less.

British Expert's Views. Dr. Herbert I. Coombs in the British Medical Journal, in pointing out the importance of overweight in addition to diabetes, heart, bloodvessel and kidney disease, tells us that "arthritis—inflammation of joints—is one of the commonest diseases encountered by the general practitioner, and it is almost always associated with overweight."

Another point brought out by Dr. Coombs, and one that is likely to be overlooked, is the great change in mentality or outlook with the increase in weight. It is generally agreed that overweights are rather cheerful and good natured but after a period of time the nature of the slightly overweight degenerates into lack of ambition and a "don't care" attitude toward anything and everything.

Still another point, and one familiar to every physician is the bad surgical results that often follow operations on very fat patients. "Mechanical difficulties of nursing heavy patients, the increased risk of infection when large masses of fat tissue are exposed when the knife is used, are often important factors in working against recovery of overweights who come to operation for gall stone, diabetic gangrene, and other conditions."

Causes of Diarrhoea. Figures from private and public hospital clinics show that at least three of four give a history of being constipated. Although these people are on their feet and are not sick enough to be in bed, they can hardly be considered normal. However, even among those who are normal or not sick, it would appear that at least half, or 50 per cent, are constipated.

It is interesting therefore to read the other type of cases, that is those who do not appear to be sick, but instead of being constipated are afflicted with diarrhoea. Of course at times when much fruit is eaten or when something "not fresh" has been eaten, diarrhoea often occurs, lasting for two or more days. But when diarrhoea is present all the time and no excess or over-ripe fruit or other food has been eaten, then the cause must be found to prevent the weakening effects of the diarrhoea.

Dr. A. Richieri, Buenos Aires, in the Argentine Medical Journal, states that diarrhoea occurs very often in all forms of hyperthyroidism (that is when the thyroid gland in the neck is manufacturing too much juice).

As there may be no other symptoms but the diarrhoea (no great increase in heart rate, no enlargement of the thyroid gland, no bulging of the eyes, no trembling or nervousness), it would be difficult to locate the cause as due to an overactive thyroid gland except for the metabolism test.

Presidents' Previous Occupations. Washington was a farmer and surveyor. William Henry Harrison studied medicine, but turned to the army and later to politics. Taylor was a soldier and a Louisiana cotton planter. Johnson was a tailor and Grant a tanner, farmer, real estate agent, hardware clerk and soldier. Theodore Roosevelt's profession was politics from his twenty-second year on. Harding was a newspaper man. Hoover was an engineer. All the others, after various beginnings, were lawyers.

Where Shaw-Goat Thrives In northern India, at the foot of the Himalaya mountains, lies the fertile, placid valley of Kashmir. Here is found a particular type of shawl-goat whose coarse outer hair is but the covering for an inner coat of the very finest and softest curly hair. And it is from this infinitely soft, fine hair that Cashmere shawls are made. These are of two types: sometimes woven in one piece, but more often in small segments and sewn together with such precision that the sewing is imperceptible. The second type shawl is embroidered instead of woven.

Lyrebird Named for His Tail The male menura is a gorgeous and elegant bird. Two of his sixteen tail feathers are as colorful as a peacock's, and their curves have given him his name, but he never holds them in the conventional lyre shape as depicted in dictionaries and encyclopedias and on Australian postage stamps. The female is just a pheasant, a little brown hen sort of creature who never participates in her husband's popularity. She cannot sing and she does not dance.

Poe Solved Police Mystery Edgar Allan Poe achieved the unique distinction of having solved, under the guise of fiction, a real police mystery before the police themselves. In his book "The Mystery of Marie Roget," he gave a true account, as was proved by subsequent confessions, of what had happened in the famous case of Marie Cecilia Rogers in New York. —Collier's Weekly.

Lots of Water Sixteen million tons of water fall from the sky every second of the day and night throughout the year, but five-eighths of it falls upon oceans, where it isn't needed or won't do any damage.

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ORDER NISI In the Circuit Court for Montgomery County, as a Court of Equity. No. 8348 Equity.

In the matter of the mortgage from Charles B. Hagan and Mary S. Hagan, his wife, to the Hyattsville Building Association, and assigned to William E. Hutchinson for the purpose of foreclosure.

Ordered this 10th day of August, A. D. 1937, by the Circuit Court for Montgomery County, as a Court of Equity, that the sale made by William E. Hutchinson, assignee, to Emory N. Miller and reported in the above entitled cause, be ratified and confirmed, unless cause to the contrary thereof be shown on or before the 4th day of September next: Provided a copy of this order be inserted in some newspaper published in said Montgomery County, once in each of three successive weeks before the said 4th day of September, 1937.

The Report states the amount of the sale to be \$6600.00, subject to 1937 taxes and balance due on oil burner.

CLAYTON K. WATKINS, Clerk of the Circuit Court for Montgomery County. True Copy—Test: Clayton K. Watkins, Clerk.

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