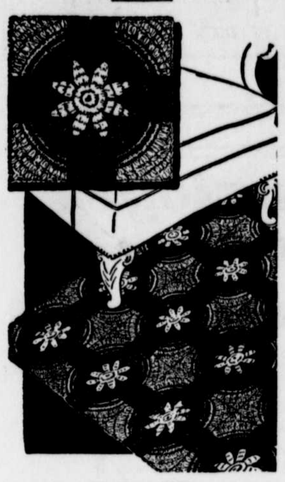
A Crocheted Rug Is a Lifetime Joy



Pattern 5855

This rug that you can so easily crochet yourself will be a lifetime joy. See if it isn't! Do the stunning medallions separately — they're just 8¼ inch squares—and keep joining them till you've a rug the desired size. If you like, make each flower center a different color, keeping the background uniform. Rug wool or candlewicking make for a sturdy durable rug, or otherwise useless rags will also serve the purpose. In pattern 5855 you will find instructions for making the rug shown; an illustration of it and of all stitches used; material requirements; color suggestions, a photograph of the actual square.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Household Arts Dept., 259 W. Fourteenth St., New York, N. Y.

Please write your name, address and pattern number plainly.

Household Questions

Improving Canned Grapefruit.—The flavor of canned grapefruit can be improved by aerating it, that is, pouring it from one container into another several times.

• • •

Removing Hair From Upholstery.—Dog hair is rather difficult to brush off car seats, upholstered furniture, etc., but it can be readily removed by rubbing the surface of the cloth with coarse sandpaper.

• • •

For Bathroom Curtains.—Terry cloth or toweling makes excellent bathroom curtains, easy to wash, requiring no ironing.

• • •

Hanging Mirrors.—Hang the mirror where it adds to the size as well as attractiveness of the room. A couple of well-hung mirrors can do wonders to the small living room.

WNU Service.

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To Get Rid of Acid and Poisonous Waste

Your kidneys help to keep you well by constantly filtering waste matter from the blood. If your kidneys get functionally disordered and fail to remove excess impurities, there may be poisoning of the whole system and body-wide distress.

Burning, scanty or too frequent urination may be a warning of some kidney or bladder disturbance.

You may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel weak, nervous, all played out.

In such cases it is better to rely on a medicine that has won country-wide acclaim than on something less favorably known. Use *Doan's Pills*. A multitude of grateful people recommend *Doan's. Ask your neighbor!*

DOAN'S PILLS

WNU—4 34—37

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HIS OLD GIRL

By ETTA WEBB

© Associated Newspapers.—WNU Service

"YOU'LL wear your purple chiffon tonight, Ethel," Joe Peel said as he carefully folded the morning paper and crumpled his napkin into a tight wad preparatory to making his morning getaway to the office.

His wife looked at him, rebellion darkening her pretty blue eyes.

Joe was always like that.

He was forever interfering with things that she thought belonged entirely to her sphere.

For the first few weeks after their marriage she had rather enjoyed his telling her what she should wear and what food she should serve. Lately, however, Joe's continued requests for her to wear this dress or that dress had begun to get on her nerves.

"I just can't wear that dress tonight, Joe," sighed Ethel.

"Well, maybe you have worn that dress long enough," Joe said. "I guess I'll stop in at the Fashion and see what they have that I think will make my little Honey look pretty. You leave it to me, Ethel. Don't you worry. You'll have some clothes that will outshine everybody tonight.

With a hasty kiss Joe rose from the table, snatched his hat and hurried away, beaming with joy at the prospect of bestowing fresh love tokens upon his wife.

In the course of the morning a messenger brought several packages from the Fashion. Ethel opened them. There was a purple dress, sheer stockings and slippers with amethyst-studded buckles. The doorbell rang before she had opened half the packages. It was a man from the florist's with a corsage bouquet of purple violets.

Any other time Ethel might have accepted as inevitable the purple ensemble, but today she simply could not endure the sight of so much of the color she was growing to dislike so intensely.

Joe might be blind to the awful combination her bright red hair and purple clothes made, but others were not. She just couldn't go to the club banquet if she had to wear it.

She would call Joe up and tell him so.

"Joe," she said when she got her husband on the telephone, "I can't wear purple tonight."

"Can't — wear purple tonight! Why, what's got into you?"

Joe was plainly astonished.

"Weren't the things I sent up all right? They certainly cost enough. That mess set me back half my month's pay. You're to meet one of my old girls tonight, and I wanted you to look your best."

"Then that's all the more reason why I won't wear purple. She'd think I was crazy. I'm sick and tired, Joe, of having my things bought for me just as if I were a kid," she managed to say.

Her heart was crushed with hurt feeling and sudden jealousy.

"Very well, my dear—"

Oh, how Ethel hated Joe's voice when he said "My dear" in that cold tone! "If you don't think enough of me to do as I want you to it's just as well if we come to an understanding right now. You will either wear those things I had sent up for you, I say, or you can stay at home. Furthermore, I won't come home tonight until I get good and ready."

"Suit yourself, Joe," Ethel said, but her voice trembled.

A click on the wire warned her that her husband had hung up the receiver. It was the first time that Joe had ever done such a thing to her.

After a good cry, which helped to clear the atmosphere a bit, Ethel began to realize that a mere choice of color was a silly thing to quarrel over. But she had started something. It might be a turning point in her life, and she would not turn back. Perhaps the thought of Joe's old sweetheart helped to strengthen her determination.

She bathed her face, powdered her nose, and put the purple ensemble back into the boxes and returned them herself to the Fashion. She was gone several hours and when she returned she brought many packages.

Joe kept his word.

He did not come home to take Ethel to the banquet. So she went alone. She had her own ticket.

Joe was on a committee, so no one would notice if she did go alone.

When she arrived at the clubhouse she was late. The doors of the big dining hall were already open. She glimpsed Joe well to the head of the line. He evidently was taking in a big blonde who was dressed in spangled purple chiffon.

The big blonde was losing no time in trying to make an impression. She was gazing into Joe's face with rapture in her eyes.

Ethel's chin shot out in a determined way. She just would not cry.

In the dining hall Ethel was directed to a seat at a small table where three other women were already seated. They were all strangers to her, so she devoted herself to the menu and program. She stole a glance in Joe's direction. It was some time before he saw her and then he did not seem to recognize her. She saw him take off his glasses, polish them nervously, adjust them and stare again in her direction in a dazed sort of way.

As soon as her heart ceased its nervous flutter and the blood stopped pounding in her ears she realized that her three companions were talking about Joe and the big blonde. They had not recognized Ethel.

"I see Joe Peel has Bernice Carrier in tow tonight. I wonder how that happened," one of the women said.

"Why, don't you know? Bernice was one of Joe's old girls. She was crazy about him—"

"Why didn't he marry her? She was a handsome girl."

"She's got over it—I mean, looks. Why, Joe told my husband he never got so tired of a girl in his life as he did of Bernice. She was pure saccharine. You know the kind? She let him boss the life out of her, even let him tell her what to wear. He liked purple, and she wore purple to please him."

"I wonder if that's the reason that little red-headed wife of his always wears purple. By the way, I don't see her tonight!"

"She isn't here. If she was she'd look like a purple pansy. You couldn't miss her."

The conversation drifted off into other channels.

Ethel wished she could vanish in thin air.

The rest of the meal was a dream to her.

Ethel had slipped out, intending to go home before anyone recognized her. She was putting on her coat when Joe appeared.

"Where you going, Ethel?" he asked in his dearest voice.

"Home," Ethel managed to say.

"Nothing doing, darling. You are going to stay right here and meet the folks. I want you to rescue me from that dumb Dora I had to sit beside. If you don't help me get rid of her I'll—why, I'll hang myself. Say, baby, you're the sweetest thing I ever saw in that black. You look like a duchess or something. Gosh! I'm proud of you. I'll tell the world I'm proud of my wife's good sense—"

There was a demure sparkle in Ethel's blue eyes.

"Will you love me, Joe, if I still refuse to wear purple?"

"Say, if I ever catch you wearing purple again I'll—say, will you forgive me? I've been a blind fool. But here comes some of the crowd, and the old girl leads the way. This is what happens only once in a lifetime. Miss Carrier, meet the little wife."

To her dying day Ethel would never forget the pride that swelled Joe's voice.

Outlying Tracts of U. S. Gained in Various Ways

The outlying territories of the United States and the manner in which they were acquired are the following:

Alaska, purchased from Russia in 1867, for $7,200,000.

Hawaii, annexed in 1898, at the request of the people of Hawaii.

Puerto Rico, ceded by Spain at the conclusion of the Spanish-American war.

Virgin islands of the United States, consisting of the more westerly of the Virgin island group in the West Indies, the others being British. These islands were formerly known as the British West Indies, and were purchased from Denmark in 1917, for $25,000,000.

The Philippines, taken from Spain in the Spanish-American war, $20,000,000 being paid in settlement.

Guam, an island of the Mariana archipelago in the Pacific, also ceded by Spain in 1898.

American Samoa, consisting of four islands of the Samoa group in the South Pacific. From 1889 to 1900 the United States, Germany and Great Britain exercised a kind of joint protectorate over Samoa. In 1900, following the overthrow of the native king, the islands were divided between this country and Germany, by agreement among the powers.

Fires in Anthracite Mines

Fires in anthracite mines result on occasion from the accumulated heat of reactions which originally occur at fairly low temperatures, according to Industrial and Engineering Chemistry, publication of the American Chemical society. Analysis of gases in the mine atmosphere is recommended for detecting incipient heating.

Citrus Belt Smoke-Eating Birds Thrive on California's Orange Grove Oil Smudge

Proof that the average California bird has all of the smoke-eating qualities of the big city fireman is being furnished to the Museum of Vertebrate Zoology of the University of California. A number of badly smudged avian specimens from the citrus belt of Southern California have been received at the museum, together with much first-hand evidence to show that the birds kept right on with their singing and their household chores in the thick of the black, billowing smoke from the orange grove smudge fires during the record cold snap.

Humming birds, house wrens, thrashers, warblers, goldfinches, sparrows and towhees were seen flitting about from one smoke cloud to another during the smudging period, their bodies black with soot, but they showed no outward evidence of being bothered. Unlike the big city firemen, they were unable to remove the grime after the smudging period had passed, for it worked into their feathers like a dye. Many may be seen in Southern California disguised as blackbirds, while many others have gone on their migrations still bearing this evidence of their experience with the citrus smudge fires. The molt, however, is expected to bring back their feathers in their natural hues.

The scientists in the museum explained that the limitations of instinct and the necessity for home building in the old haunts prevented the birds from flying away and escaping the smoke. But why the thick, choking smoke caused no apparent rise in the mortality or the conduct of the birds, is a question that the museum staff would like to answer.

150 Operations to Make Shoe

In the process of manufacture shoes go through 150 different operations.

FOOD VALUE OF RAW VEGETABLES

Adequate Diet Requires Good Portions Daily.

By EDITH M. BARBER

EVERY once in a while the "natural" food fad puts in an appearance. The theory is that man was meant to partake of foods in the state which nature provides. Primitive man, without doubt, preserved life on a diet of fruits, nuts, roots and other vegetable foods, supplemented by a certain amount of raw meat. His teeth, however, were not strong enough to masticate meat in this form. As soon as the use for cookery was discovered, man became much more certain of the preservation of his life and consequently the development of civilization began.

Through the Middle ages and even later we find that raw vegetables were looked upon with suspicion. Physicians warned their patients against them. Country people, however, especially the peasants, discovered that the greens which grew wild in profusion in the spring provided a remedy for the swollen joints and skin diseases which a diet of salt meat and fish and bread, the staples of their winter diet, produced. "Sallets" became popular among all classes.

Today the adequate diet includes a goodly portion of raw vegetables and fruits for the sake of minerals and vitamins which they provide more liberally than when they are cooked.

Mixed Vegetable Salad.

1 cup shredded cabbage
1 sliced cucumber
1 cup diced beets or 2 tomatoes
Lettuce
½ cup French dressing
1 bunch young onions
1 bunch radishes
2 hard boiled eggs

Mix the cabbage, cucumber and beets or tomatoes with the dressing and let stand in refrigerator half an hour. Arrange lettuce in a salad bowl and on this place the vegetable mixture. Garnish with radishes, onion tops and sliced hard boiled eggs.

Spiced Peach Salad.

12 peach halves
½ cup vinegar
6 cloves
1 stick cinnamon
½ cup sugar
Mayonnaise
Lettuce

Cook the vinegar, cloves, cinnamon and sugar together three minutes and pour over the peeled peaches. Chill several hours. Drain. Arrange on lettuce and garnish with mayonnaise.

Glazed Carrots.

Scrape carrots, slice and cook in a small amount of water with a dash of sugar and salt in a heavy covered utensil until tender. When tender, place in a sauce pan with two tablespoons of sugar and two tablespoons of butter. Cook over a low fire until sugar is melted.

Cocktail Sauce.

1 cup ketchup
2 tablespoons tarragon vinegar
⅛ teaspoon tobasco sauce
1 teaspoon Worcestershire sauce
1 tablespoon horse-radish
1 tablespoon celery, finely minced
1 tablespoon onion, finely minced
Salt

Mix ingredients thoroughly and serve with oysters, clams or any sea food.

Cucumber Sauce.

1 cup sour cream
Salt
Paprika
Vinegar
Two cups sliced cucumbers
One pimento

Whip the cream, season to taste with salt, paprika and vinegar. Add the cucumbers and pimento, cut into thin strips. Sweet cream may be used if extra vinegar is used.

Cucumbers in Oil.

30 six-inch cucumbers
3 quarts boiling water
2 cups salt
1½ cups salad oil
¼ pound mustard seed
2 quarts vinegar

Wash and slice cucumbers without paring. Soak in hot water and salt overnight. Drain, place in crock or jars and cover with other ingredients, well mixed. If kept in crock keep covered and stir occasionally during the winter.

Butterscotch Pie.

3 eggs, slightly beaten
1 cup sugar
1 cup dark corn syrup
⅛ teaspoon salt
1 cup coarsely chopped pecans
Pastry

Mix the eggs, sugar, corn syrup, salt and nuts together. Pour into a pastry pan which has been lined with the pastry. Bake in a hot oven 450 degrees F., ten minutes, then reduce heat to 325 degrees F., and bake until the filling is firm, about fifty minutes.

Shrimp and Celery Sandwiches.

2 cups shrimps
¾ cup minced celery
¼ cup capers
¼ cup mayonnaise
Bread
Butter

Use cooked, fresh or canned shrimp and mince very fine. Mix with other ingredients and season well with salt and paprika. Spread between slices of buttered bread and trim crusts.

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Colonial Type Home

A suggestion for a color scheme for the Eastern Colonial type home is: pearl gray for the body color; the trim French gray and the shutters medium blue. Roof, silver gray shingle stain and porch floor gray porch and deck paint.

Dipping Wood Shingles

New unstained shingles should be dipped before laying. The stain should be put into a large vat or tub and should be stirred thoroughly before and during use.

Household Hints

By BETTY WELLS

"YOUR recent advice to another reader suggesting aquamarine walls with a mulberry broadloom rug attracted me very much," writes a lady who wants a bit of counsel on redecorating her own living room. "I would like a similar color scheme, built around a mulberry broadloom, but need help in adapting it to my own layout. I shall buy a new sofa, two upholstered chairs and a third occasional chair. With these pieces, in Eighteenth century English design, I shall use two other old chairs with new slip covers on them. Then too I want new book cases, rather low ones, new end tables, a coffee table and new accessories. What colors and fabrics would you suggest for the large pieces? And what for walls and draperies? As the room is not large, I want to avoid an over-patterned effect and yet have something interesting. This room opens on the dining room where I have a good American oriental rug with soft greens, beiges and tones of mulberry. I am keeping the old furniture which is walnut. What would you suggest for draperies and walls? What about venetian blinds in both rooms? Both the living room

"I Shall Use Two Other Old Chairs With Slip Covers on Them."

and dining room have triple windows which should lend themselves to unusual treatments."

We'd do the walls of both living room and dining room in the same aquamarine tone. And treat the windows alike too. Venetian blinds painted that same aquamarine would be our suggestion. Then draperies of pale cafe au lait taffeta sweeping rather grandly to each side with mirror cornices and tie backs. For the big upholstered pieces that must set out in the floor a way, we'd have a mulberry damask, tapestry or rep covering . . . this color will keep them from jumping out and make them merge into the carpet more—a good idea if you're wanting a room to seem larger than it is.

• • •

More Dramatic

"I'd appreciate your say-so about my living room," writes a reader who'd like to do over her room in a more dramatic style. "It appears old-fashioned and stereotyped, although the furniture is fairly new. I want to repaint the walls to be a fitting background for my things. The rug is predominantly beige and rose and the furniture is covered mostly in a soft green brocatelle with one chair in dark red. The draperies are dark red and beige damask, the lampshades are beige and the mantel is antiqued white. I had thought of painting the walls pale rose-beige and the ceiling a dark red but I am wondering if that would make the effect too topheavy. Another idea was to paint one wall (but which?) dark red and

"Should I Jiggle the Furniture Around?"

the rest rose-beige. What do you think? Don't hesitate to change any plan of mine.

"I enclose a diagram of the room and the present furniture arrangement. Do you think it would be better to remove the small wooden grill-work? Should I jiggle the furniture around?"

We would say go ahead with the pale rose-beige walls and dark red ceilings but maybe that's because we're a brazen hussy with colors! Be prepared, if you do have that, to have your friends and relations make remarks. But just the same it will be a lot more interesting than their more monotonous backgrounds. My only caution would be as to the height of the ceilings—don't have them red if they're very low. If they're fairly high, they can stand it quite smartly. If you should decide to have one wall red instead of the ceiling, I'd be inclined to say this should be the sofa wall. Another word of warning—be sure that the soft green is dominant enough to balance so much rose-beige and red. Then if you decide to do the sofa wall in red, you may find that a slip cover of a figured material co-ordinating this with the other colors in the room would be better to bring things together than the plain green.

Yes, we'd get rid of the wooden grillwork in order to make the room seem more spacious. As for the furniture arrangement, we'd say that it looks quite all right.

© By Betty Wells.—WNU Service.

Repainting Plaster Walls

Before a plaster wall is repainted, it should be repaired correctly. Under-cut the cracks with a knife, making the bottom of the crack wider than the opening at the surface. Then force the patching plaster in with a putty knife.

Color for Living Room

A very attractive living room can be developed by using chartreuse green, aubergine (that purplish-brown eggplant color), deep green and white as the color keynotes.

Fine Feathers for Three

SEW-YOUR-OWN wouldn't be your weather prophet for the world, but you know, Milady, and so does S-Y-O, that it's always fair weather when good fashions get together. Which brings us to today's three sparkling new frocks—a whole crowd of style for the pretty part of any man's family.

A Fun Frock.

Rain, nor gloom, nor a flat tire (either kind), can dampen the spirits of the girl who wears this buoyant, young sports frock (above left) on her daily rounds—be they on the fairway, the campus, behind the counter, or merely from pillar to post. You can easily see why it's a winner: a button-all-the-way front, the matched collar and general shipshape styling make it just that. It's surefire in acetate, or silk crepe.

Here's to Mothers.

Sew-Your-Own loves nothing more than catering to mother's wardrobe needs. The frock above (center) is for all mothers: old sweet ones, young darling ones, yes, even for mothers-to-be. It is easy to run up, easy to do up, and best of all, easy to look at. Smart simple lines make it a favorite of women who demand more than a passable appearance when they're "just at home."

Little Brown Girl.

An all-over suntan is her forte, and many sunny days are ahead for young Miss Fortunate whose mommy chooses to interpret the fetching model at the right. A scallop-edged waist front accentuated by frou-frou trim is right down her avenue, and a gored skirt, that's second to none for class, fits into her scheme of things to a T. Mother, why not make one dressy version, as pictured, another finished differently for school? (Perhaps with a simple braid trim) Rayon prints, gingham, or sheer wool, will do nicely as the material.

The Patterns.

Pattern 1249 is designed for sizes 14 to 20 (32 to 42 bust). Size 18 requires 4½ yards of 39 inch material.

Pattern 1207 is designed for sizes 34 to 50. Size 36 requires 4½ yards of 35 inch material. With long sleeves 4¾ yards of 39 inch material.

Pattern 1366 is designed for sizes 6 to 14 years. Size 8 requires 2⅝ yards of 39-inch material plus 1¾ yards of machine pleating.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third Street, New York, N. Y. Price of patterns, 15 cents (in coins) each.

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RECREATE!

THE leisure time period contributes most to the development of the individual. It has been said, "What we earn while at work we put into our pockets, and what we spend during our leisure time we put into our character." Our occupations are tending to become more and more specialized and one-sided. So much of the time we are using only one part of our body or mind, allowing the other parts to deteriorate through disuse. There is great need, therefore, for our leisure-time activities to provide opportunities for developing those faculties which remain inactive during the working period and thus build a more all-around individual.

Active recreation, such as sports, games, dramatics and singing, develops powers of self-expression, of individuality, of initiative and of decision which many occupations tend to stifle. They provide a beneficial outlet for our natural demand for play and help to form certain desirable habits of perseverance, pluck, quick thinking, self-restraint and co-operation.

Fair play learned in games makes it easier to live a clean, courageous and generous life. Group activities also render service to the individual by promoting his happiness and decreasing his loneliness.

Early Tourist Camps

The idea of tourist camps probably had its inception in the caravansary which was a structure for the accommodation of travelers in eastern countries. Cooking quarters were provided and storage space for the property and merchandise of the traveler.

The caravansaries were located on important routes and were built by rulers or wealthy individuals as public benefactions or else were a municipal enterprise. They remained open from dawn until night and had caretakers. Small, unfurnished sleeping rooms were provided and a space for the beasts of burden.

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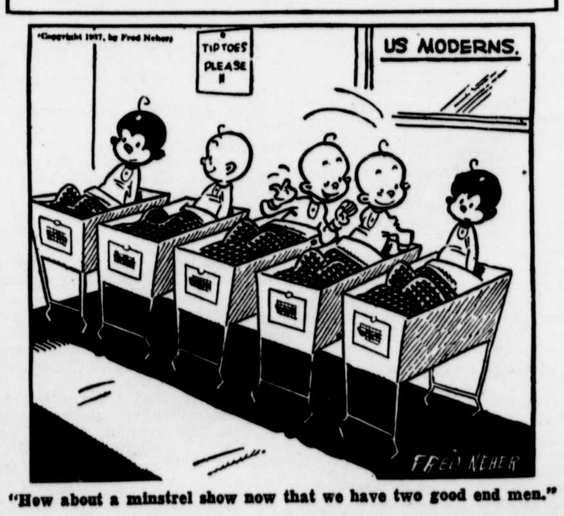
CHEW LONG BILL NAVY TOBACCO 5¢ PLUG

LIFE'S LIKE THAT *By Fred Neher*



"How about a minstrel show now that we have two good end men."