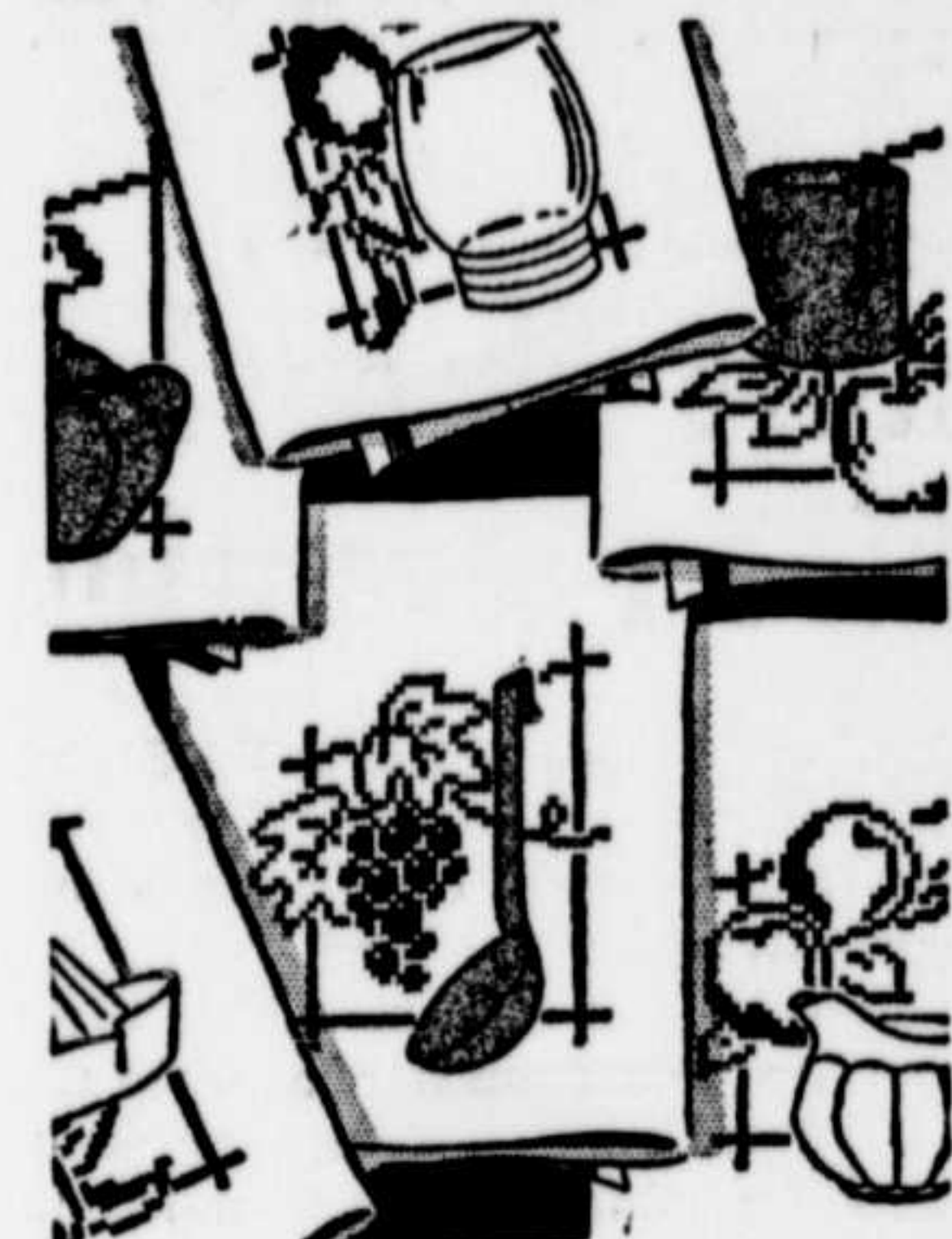


### Tea Towels Done In Cross Stitch

Better than a picnic is the fun you'll have embroidering tea towels with these gayer than gay motifs—luscious cross stitched fruits and homey everyday kitchenware. Do the dishes in outline stitch or applique as you choose. The patch



Pattern 5891.

is a simple one to handle and adds a splash of color. In pattern 5891 you will find a transfer pattern of six motifs averaging 5 1/4 by 6 1/2 inches; material requirements; color suggestions; illustrations of all stitches used.

To obtain this pattern send 15 cents in stamps or coins (coins preferred) to The Sewing Circle Household Arts Dept., 259 W. Fourteenth St., New York, N. Y. Please write plainly your name, address and pattern number.

### Ship's Military Burial

When the U. S. S. Smith Thompson was damaged almost beyond repair during maneuvers in the Pacific a short time ago, officials decided that she deserved a better end than to be sold for junk. So she was sunk ten miles off the Philippines while her funeral party watched, marines fired three volleys over her bow and a bugler sounded taps. This was the only military burial ever given a ship in the naval history of the United States.—Collier's Weekly.

### Still Coughing?

No matter how many medicines you have tried for your cough, chest cold, or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with any remedy less potent than Creomulsion, which goes right to the seat of the trouble and aids nature to soothe and heal the inflamed mucous membranes and to loosen and expel the germ-laden phlegm. Even if other remedies have failed, don't be discouraged by Creomulsion. Your druggist is authorized to refund your money if you are not thoroughly satisfied with the benefits obtained from the very first bottle. Creomulsion is one word—not two, and it has no hyphen in it. Ask for it plainly, see that the name on the bottle is Creomulsion, and you'll get the genuine product and the relief you want. (Adv.)

**Guard the Laugh**  
One can make a bitterer enemy with a laugh than with a curse.

### A Good Laxative

The bad feelings and dullness often attending constipation take the joy out of life. Try a dose of Black-Draught at the first sign of constipation and see how much better it is to check the trouble before it gets a hold on you. Black-Draught is purely vegetable and is so prompt and reliable. Get refreshing relief from constipation by taking purely vegetable

### BLACK-DRAUGHT

**Better Be Nothing**  
It is better to be nothing than a knave.—Antoninus.

### WOMEN WHO HOLD THEIR MEN NEVER LET THEM KNOW

No matter how much your back aches and your nerves scream, your husband, because he is only a man, can never understand why you are so hard to live with one week in every month. Too often the honeymoon euphoria is wrecked by the nagging tongue of a three-quarter wife. The wise woman never lets her husband know by outward signs that she is a victim of periodic pain. For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, thus lessening the discomfort from the functional disorders which women must endure in the three ordeals of life: 1. Turning from girlhood to womanhood. 2. Preparing for motherhood. 3. Approaching "middle age." Don't be a three-quarter wife; take LYDIA E. PINKHAM'S VEGETABLE COMPOUND and Go "Smiling Through."

### A \$1000.00 MESSAGE

For Everybody Everywhere  
Amazing and Revolutionary plan of Mutual Life Protection. Protect your whole family, up to 15 persons, ages 1 to 75.—All for the price of one. A cumulative Joint plan, increasing every 90 days to \$1,000 on each member of family regardless of age. Pays for death from any cause—natural or accidental, also for loss of limbs or eyes. Extremely economical protection. Claims paid within 48 hours. No examination required. Safe, sound and reliable. Good anywhere in the world. Also Sick and Accident contracts paying up to \$10 per month for temporary sickness or injury. Licensed and supervised by Insurance Department of Delaware. Reserves on deposit with Department for your protection. Save agent's commission—save the profit. Buy direct from Mutual Life Company.  
FEDERAL MUTUAL LIFE  
Chicago Bank Bldg., Wilmington, Del.

### Scenes and Persons in the Current News



1—George Fort Milton, prominent Chattanooga publisher, who has been named as special assistant to Secretary of State Cordell Hull. 2—Frank McNinch, President Roosevelt's new "trouble shooter," is sworn in as chairman of the federal communications commission. 3—Announcing that he and his bride will soon visit the United States, the duke of Windsor accompanies his wife to a Parisian modiste.

### Woman Transport Pilot



Maryland's first woman transport pilot, Mrs. Theodore Phillips of Cambridge. Given her private operator's license in June, she was issued a limited commercial license two months later and recently had the distinction of being the pioneer woman transport pilot of Maryland.

### STARFISH PRINCESS



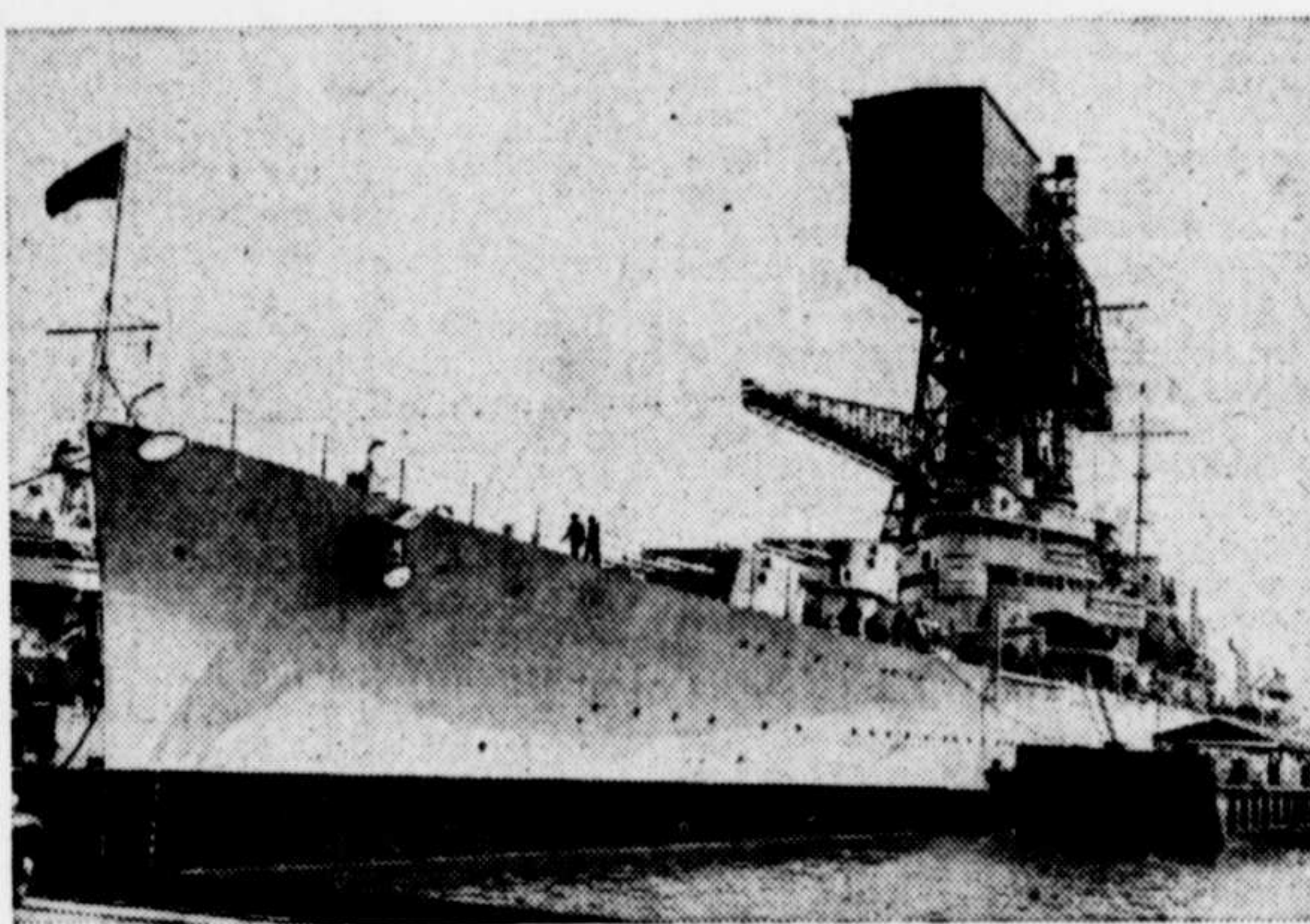
She'll star in aquatic events at Long Beach, Calif. No pun intended, but Miss Aileen Zulawick has been selected as the "Starfish Princess" to preside in fall and winter events at the famous southern California beach resort. She is shown in her starfish costume.

### ROSE IN HER HAIR



A rose by any other name—even "chapeau"—is still a beautiful thing to look at. Particularly is this true when its wearer is as chic as Miss Lucy Saunders, society girl of Belmont Park, N. Y., who is pictured here, modeling something different in hats. It is made of robin's-egg-blue crepe, draped to resemble a rose perched on top of her head.

### New U. S. Cruiser Commissioned



A general view of the 10,000-ton cruiser Philadelphia, the fifth and largest vessel to bear that name, at the Philadelphia navy yards, where she was launched recently. The \$14,750,000 vessel is commanded by Capt. Jules James, formerly attached to the United States Naval Academy. The construction of this cruiser was part of the administration's program to strengthen the nation's naval forces. The program included the construction of a number of other fighting ships.

### President Pays Call on a Cardinal



President Roosevelt is pictured as he chatted with George Cardinal Mundelein in the prelate's Chicago home, where the President was a luncheon guest on the occasion of his recent visit to Chicago. The President and Cardinal Mundelein have been close friends for a number of years.

### Geologist Sees Desert Waste in Distant Future

Kent, Ohio.—Ohio, once a desert, again may become a dry, barren land after long geological ages, believes Dr. David Olsen, head of the geography department at Kent State university. "Geologists know that Ohio and parts of Michigan, Pennsylvania and New York had a desert climate more than a hundred million years ago," explained Dr. Olsen. "It is

known that salt deposits found in these states were formed in salty lakes or lagoons off a sea coast in desert areas."

Geological study shows that the Appalachian highlands have been pushed up several thousand feet or more and then have been worn down. This has happened many times in the past.

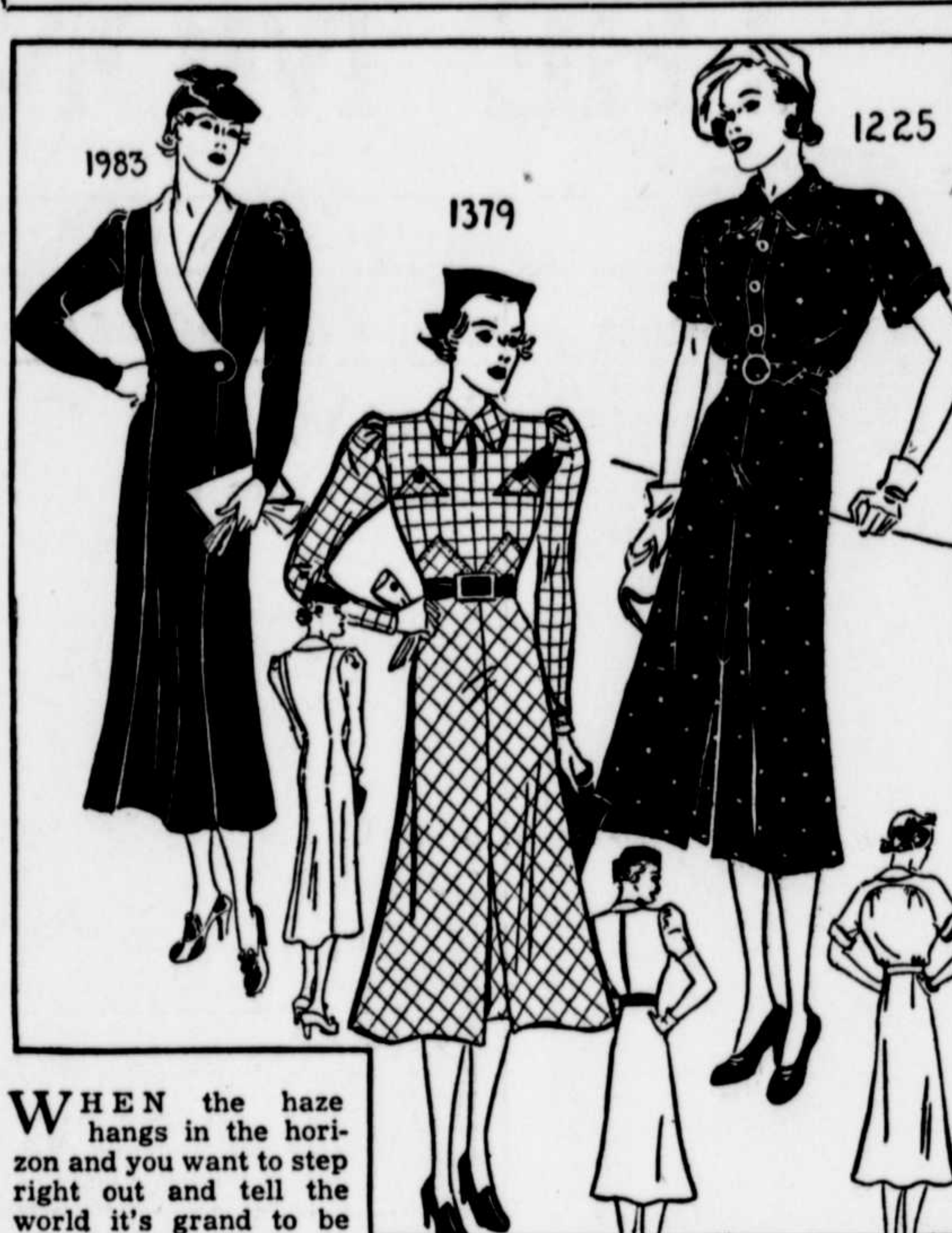
"If the Appalachians and highlands in Tennessee and Arkansas should rise to an elevation greater by a mile or so than they are today

we would have adequate cause for desert conditions in Ohio, since our rain ultimately must come from the Gulf of Mexico or the Atlantic ocean," Dr. Olsen said.

### The Item Veto

An item veto is a power given to the governors of many states to veto single items in bills passed by the legislatures. The President of the United States does not have this power. He must sign the bill or veto it in its entirety.

### Trim Ways to Greet Fall



WHEN the haze hangs in the horizon and you want to step right out and tell the world it's grand to be alive—that's when you want simple dresses like these to wear. Under a coat or without a coat—they're tops. Sew-Your-Own approves this fashion for simple things and helps you to make them for your own wardrobe with the aid of the three patterns shown here. Make them for your wardrobe—you need only a little time. Patterns include complete instructions.

### Coat Dress for Large Women.

The woman with a real figure problem likes the ease and trim lines of this Princess coat dress, made to wear as casually as a coat. The dress buttons like a coat and takes inches off the silhouette. It's designed on flattering semi-fitted lines and is correctly made in silk or wool fabrics. For morning wear, this is a frock smartly made in sturdy cotton.

### Slim Waistline in Misses' Frock.

If you wear a 12 to 20 size, then you'll want this very becoming dress made with lifted waistline to give you a molded figure-line. Square shouldered and trimly finished with two pockets, this dress will see you through every daytime occasion and is smartly made in any fabric you prefer—silk, velveteen or thin wool.

### Woman's Shirtwaist Dress.

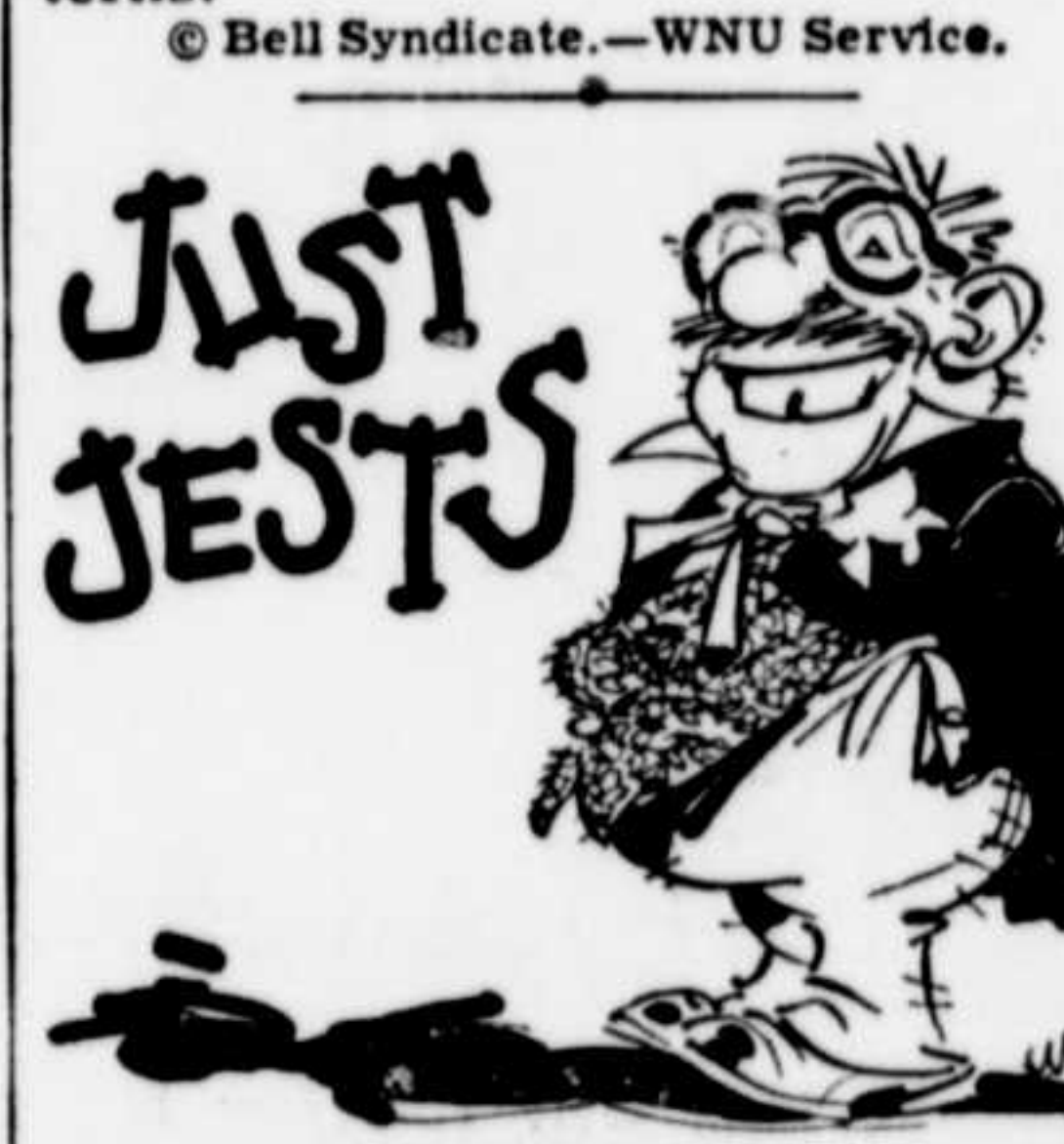
This fashion—good year in and year out—is one which you will want in your wardrobe in a heavy silk or in a sturdy cotton. Make it yourself and have a dress that you can wear at every hour of the day. Note the raglan sleeves extending from the yoke of the dress, a detail that assures you complete comfort and free movement.

### The Patterns.

Pattern 1983 is designed for sizes 36 to 50. Size 38 requires 3 1/2 yards of 54-inch material, plus 1/2 yard 38-inch fabric to contrast. Pattern 1379 is designed for sizes 12 to 20. Size 14 requires 2 1/2 yards of 54-inch material. Pattern 1225 is designed for sizes 34 to 44. Size 36 requires 3 1/2 yards of 38-inch material, plus 1/2 yard of contrasting. Send your order to The Sewing

Circle Pattern Dept., 247 W. Forty-third street, New York, N. Y. Price of patterns, 15 cents (in coins) each. Send 15 cents for the Barbara Bell Fall and Winter Pattern Book. Make yourself attractive, practical and becoming clothes, selecting designs from the Barbara Bell well-planned, easy-to-make patterns.

© Bell Syndicate.—WNU Service.



What a Surprise  
Doctor—Was your wife surprised when she found how well the diet worked which I prescribed for her?  
Husband—Yes, it fairly took her breath away.—Pathfinder.

One man who never bites his nails when upset is the carpenter.  
Tom It Is  
Said Mrs. Browne to her new chauffeur, "What is your name?"  
"Tom, madam," was the reply.  
"Don't be ridiculous—I meant your surname."  
"Darling, madam."  
"Drive on, Tom."

Good-Night  
Club Bore—On one side of me a lion was creeping up; on the other a tiger approached stealthily. When they were about a yard from me, what do you think I did?  
New Member—Woke up?  
Club Bore (indignantly)—No, sir!  
New Member (in admiration)—Gee! I couldn't have slept on that.

### CHEW LONG BILL NAVY TOBACCO

...and my pop says, "Gee whiz,"

When we got to Niagara Falls the man looked at the oil and he says "It's still full" and my pop says "Gee whiz, I never went before. And he never went without adding oil." My pop says "Sure, but how did you know it was Quaker State?" The man says "People are generally surprised how much further they go when they use Quaker State. Having a swell trip. With you were along." Hal

GO FARTHER BEFORE YOU NEED A QUART

Retail price... 35¢ per quart • QUAKER STATE OIL REFINING CORP., OIL CITY, PA.

### Household Questions

**For That Nutty Flavor.**—Try dropping a teaspoonful of peanut butter into each muffin pan before pouring in the batter. This gives the muffins a delicious nutty flavor.

**Storing Linens.**—In storing linens for a long period, it is better to roll them, as the material may be weakened by continued creasing.

**Cleaning Woolen Clothes.**—Dark woolen clothes which pick up lint easily are quickly cleaned by wetting a rubber sponge, then wringing it dry and sponging the garment.

**Cleaning Brickwork.**—Brickwork around the fireplace can be cleaned by scrubbing with any scouring powder with only enough water to form a thin paste. Follow by thorough rinsing.

**To Freshen Salt Meat.**—Put it into cold water, quickly bring to a boil, then let simmer.

**Egg Savories.**—Boil some eggs hard. Halve them and mix the yolks with grated cheese, anchovy paste, or sardines. Add a little butter and seasoning. Fill the halves with the mixture and place on rounds of toast or fried bread. Put a slice of tomato between the egg and the toast.

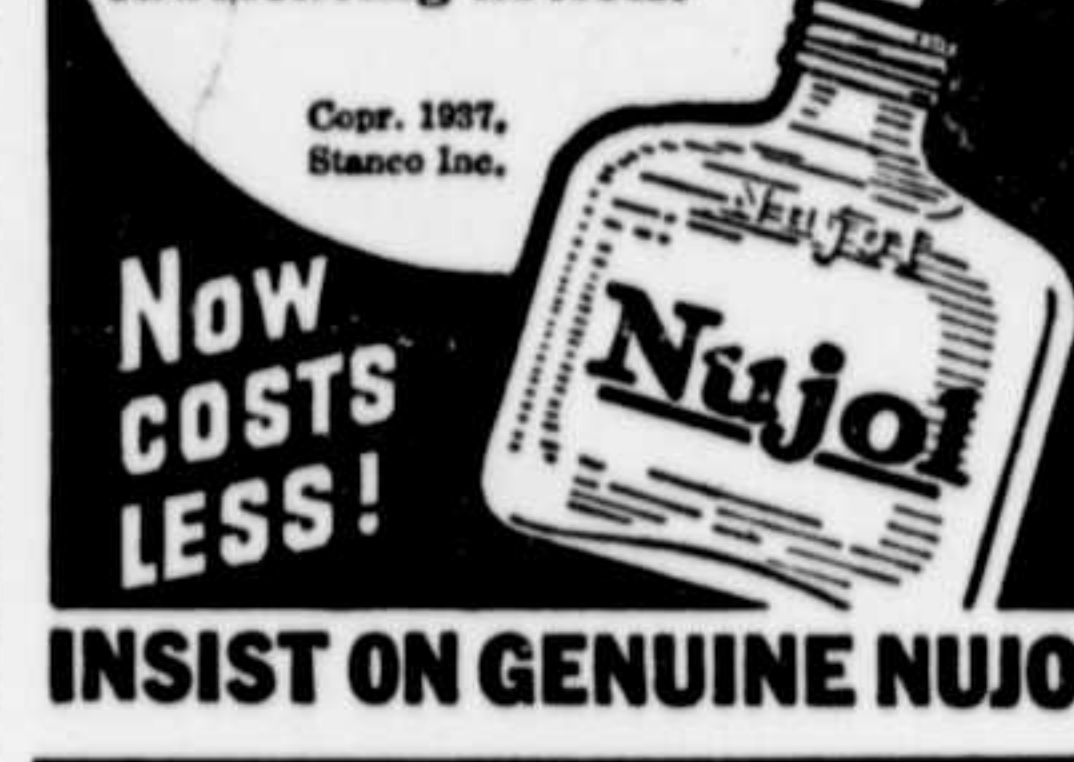
**Bananas as a Garnish.**—Bananas make an attractive garnish when they are fluted. Peel bananas, score lengthwise with a fork, then slice crosswise.

**Knit Those Patches.**—Instead of darning large holes in men's or children's woolen underwear, knit a square large enough to cover the hole in stocking-stitch, using thin steel needles and fine wool, and sew it over the hole. It is neater than a darn and wears better.

**Homemade Peanut Butter.**—To make peanut butter at home, shell the peanuts, remove the red inner skins and grind the nut meats through a meat chopper, using a fine knife. Return to chopper and repeat until of the desired consistency. Salt slightly to taste. WNU Service.

### Constipated?

To keep food waste soft and moving, many doctors recommend Nujol—because of its gentle, lubricating action.



**INSIST ON GENUINE NUJOL**

**Your Best**  
Do the best, the best you know—but be it all on the side of malignance, courage and kindness.

### CARDUI

In this modern time something wonderfully worth while can be done for practically every woman who suffers from functional pains of menstruation. Certain crises can be relieved by taking Cardui. Others may need a physician's treatment. Cardui is a widely demonstrated user: (1) To ease the immediate pain and nervousness of the monthly period; and (2) to aid in building up the whole system by helping women to get more strength from their food.

**Courage to the Task**  
Courage consists in equality to the problem before us.—Emerson.

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LIQUID, TABLETS first day SALVE, ROSE DROPS Headache, 30 minutes. Try "Rub-My-Tiss"—World's Best Liniment

### Sentinels of Health

**Don't Neglect Them!**  
Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood streams free of an excess of toxic impurities. The act of living—life itself—constantly produces waste matter the kidneys must remove from the blood if good health is to endure. When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may experience backache, persistent headache, attacks of dizziness, getting up at night, swelling, puffiness under the eyes—feel tired, nervous, all sorts of things.

### DOANS PILLS

WNU-4 37-41

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