OF INTEREST TO THE HOUSEWIFE

Preserving Bright Color.—Cooking preserves or jelly rapidly helps to retain the bright color of the fruit. The addition of pectin shortens the necessary cooking time.

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Just for a Change.—If you cannot afford to buy anything new for the house and you are just a little bit disinterested this fall, try changing the position of the furniture and see if that bored feeling will not depart.

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Opening Jars.—A strap with a buckle on one end can be used to good advantage in opening glass fruit jars. Run the strap through the buckle and tighten it around the cap. This enables you to get a good grip on the lid.

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Using Kerosene Safely.—One of the safest ways of using kerosene is to mix it with wood or coal ashes, then use a few spoonfuls of this mixture when starting or rekindling a fire. This can be stored for regular use in a gallon bucket or other suitable container.

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Dried Peel.—It is nice to dry the skins of several oranges and lemons and grate them, then putting them in a glass bottle in the refrigerator to be kept for flavoring purposes. It certainly saves time in the future and one is inclined to use these flavorings in interesting ways if already at hand.

WNU Service.

What Two Things Happen When You Are Constipated?

When you are constipated two things happen. FIRST: Wastes swell up the bowels and press on nerves in the digestive tract. This nerve pressure causes headaches, a dull, lazy feeling, bilious spells, loss of appetite and dizziness. SECOND: Partly digested food starts to decay forming GAS, bringing on sour stomach (acid indigestion), and heartburn, bloating you up until you sometimes gasp for breath.

Then you spend many miserable days. You can't eat. You can't sleep. Your stomach is sour. You feel tired out, grouchy and miserable.

To get the complete relief you seek you must do TWO things. 1. You must relieve the GAS. 2. You must clear the bowels and GET THAT PRESSURE OFF THE NERVES. As soon as offending wastes are washed out you feel marvelously refreshed, blues vanish, the world looks bright again.

There is only one product on the market that gives you the double action you need. It is ADLERIKA. This efficient carminative cathartic relieves that awful GAS at once. It often removes bowel congestion in half an hour. No waiting for overnight relief. Adlerika acts on the stomach and both bowels. Ordinary laxatives act on the lower bowel only.

Adlerika has been recommended by many doctors and druggists for 35 years. No griping, no after effects. Just QUICK results. Try Adlerika today. You'll say you have never used such an efficient intestinal cleanser.

Character Making

The man that makes a character makes foes.—Young.

HOW LONG CAN A THREE-QUARTER WIFE HOLD HER HUSBAND?

YOU have to work at marriage to make a success of it. Men may be selfish, unsympathetic, but that's the way they're made and you might as well realize it.

When your back aches and your nerves scream, don't take it out on your husband. He can't possibly know how you feel.

For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, thus lessening the discomforts from the functional disorders which women must endure in the three ordeals of life: 1. Turning from girlhood to womanhood. 2. Preparing for motherhood. 3. Approaching "middle age."

Don't be a three-quarter wife, take LYDIA E. PINKHAM'S VEGETABLE COMPOUND and Go "Smiling Through."

GET RID OF BIG UGLY PORES

PLENTY OF DATES NOW...DENTON'S FACIAL MAGNESIA MADE HER SKIN FRESH, YOUNG, BEAUTIFUL

Romance hasn't a chance when big ugly pores spoil skin-texture. Men love the soft smoothness of a fresh young complexion. Denton's Facial Magnesia does miracles for unsightly skin. Ugly pores disappear, skin becomes firm and smooth.

Watch your complexion take on new beauty

Even the first few treatments with Denton's Facial Magnesia make a remarkable difference. With the Denton Magic Mirror you can actually see the texture of your skin become smoother day by day. Imperfections are washed clean. Wrinkles gradually disappear. Before you know it Denton's has brought you entirely new skin loveliness.

EXTRAORDINARY OFFER
—Saves You Money

You can try Denton's Facial Magnesia on the most liberal offer we have ever made—good for a few weeks only. We will send you a full 12 oz. bottle (retail price $1) *plus* a regular sized box of famous Milnesia Wafers (known throughout the country as the *original* Milk of Magnesia tablets), *plus* the Denton Magic Mirror (shows you what your skin specialist sees) . . . all for only $1! Don't miss out on this remarkable offer. Write today.

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Facial Magnesia

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Long Island City, N.Y.
Enclosed find $1 (cash or stamps) for which send me your special introductory combination.

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City..... State.....

FALL DAYS ARE SAUSAGE DAYS

Once Just Breakfast Dish, Now It Spreads Out.

By EDITH M. BARBER

SAUSAGE has risen in the world. While its association with breakfast still remains, it is now allowed on the luncheon and supper menus. Of course, there was one exception to the old rule, as sausage has always been allowed to serve as a sort of a garnish for turkey or as a stuffing for other fowl.

The business woman housekeeper gives sausage, however, a star role, and when crisp fall days arrive she will occasionally choose it, as it demands only a short time for its cooking.

Sausage in cakes and sausage in links, whichever is preferred, may be used. There is no trick about cooking the first. Link sausage, however, needs special treatment to prevent the bursting of the casing. Of course, each link may be pricked with a fork, but I find it easier to allow sausage to cook in its own fat either in a covered pan on top of the stove or in an uncovered pan in the oven. In the first case, a low flame should be used for the first five minutes, after which the heat may be increased so that each link may be a golden brown.

Fried apples seem to belong with sausage when served as a main course. Some of the fat which liquefies as the sausage cooks may be used for cooking the apples in another frying pan. Instead you may like to make your main dish a combination of sausage and scrambled eggs, each of which seems to bring out the flavor of the other. And once in a while you will probably have to humor the family by giving them griddle cakes even at supper time with their sausage. Try these:

Sausage With Cream Gravy.

1 pound sausage
4 tablespoons flour
2 cups milk

Cook the sausages (if you use sausage meat, form into small cakes before cooking) in a heavy frying pan, tightly covered over a low heat for ten minutes. Then increase the heat until each link is brown. Remove sausages and all but four tablespoons of the fat. Add the flour and when well blended, add the milk slowly, cook one minute, add sausages and reheat. Season with salt and pepper if necessary.

Sausage and Apples.

6 sweet potatoes
3 apples
1 pound link sausage

Boil the potatoes until soft and place in a greased dripping pan; pare, core and slice the apples and place between the potatoes. Place the sausage across the potatoes and bake in a hot oven (450 degrees Fahrenheit) until the sausage is crisp.

• • •

MORE GOOD RECIPES

Mint Jelly.

1 cup mint leaves and stems
½ cup vinegar
1 cup water
3½ cups sugar
Green coloring
½ bottle fruit pectin

Wash mint. Measure into a saucepan and press with potato masher. Add vinegar, water and sugar and bring to a boil over a hot fire. While mixture is coming to a boil, add coloring to give desired shade. As soon as mixture boils, stir in fruit pectin, bring to a hard boil and continue boiling for half a minute. Remove from fire and skim. Strain jelly into clean, hot glasses. Cover with an eighth of an inch layer of paraffin. Yield—five to six six-ounce glasses.

Scalloped Oysters.

5 tablespoons butter
4 cups soft bread crumbs
1¼ teaspoons salt
Pepper
1 tablespoon lemon juice
1 pint oysters

Melt the butter, add crumbs and seasonings and mix well. Drain oysters and arrange in alternate layers with the buttered crumbs in a greased baking dish. Bake twenty minutes in a hot oven, 450 degrees Fahrenheit.

Escarole Milani.

Remove tough outer leaves of many heads of escarole, wash and cook until tender. Drain and cut coarsely. Saute one tablespoon minced onion in a little olive oil three minutes. Add drained escarole, pepper, salt and a generous amount of vinegar or lemon juice. Garlic may be used instead of the onion, and then discarded before the addition of the escarole.

Baked Quinces.

8 quinces
6 sliced oranges
¾ cup sugar
1½ cups water

Wash and dry quinces. Cut in quarters, core and pare. Place quinces and oranges in baking dish, sprinkle with sugar, add water, cover and cook until tender in a slow oven, (300 degrees Fahrenheit). Quinces require a long time to cook.

© Bell Syndicate.—WNU Service.

Paint Improves Stucco

Stucco surfaces may be painted a pleasing shade without hiding their beautiful texture. Stucco houses in the North and East are counterparts of the stucco residences in California and the Mediterranean countries, where such homes are painted in beautiful hues—for stucco permits of colorful treatment.

French Style House

A pleasing color scheme for the French style home combines white painted brick walls with a shingle roof stained a weathered gray. Color accent is found in the doors and windows, which are painted an ultramarine blue. Shutters are carried out in the same gray used on the roof.

Remove All Loose Putty

When preparing to repaint a window sash, all loose putty should be first removed.

Household Hints

By BETTY WELLS

WE GOT to worrying the other day about the reason that there's nearly always something the matter with the dining room of the house.

So we set out to explore around and find some dining rooms that did have personality. And we found several that pleased even our hypercritical mood.

French Provincial.—Walnut and beech furniture, off-white walls, a floral hooked rug, draperies of a scenic toile de Jouy style material in tones of mulberry on white and hung from a shaped wood cornice. A built-in alcove of walnut stained wood had a niche in the center papered in a mulberry and white striped paper . . . this niche was just big enough to hold the small buffer, and on either side of it the alcove had built-in cupboards lined with the same toile de Jouy scenic fabric which made a pleasing background for the pottery plates standing there decoratively. Chair seats were in a heavy cotton damask striped in mulberry and green.

Marbleized Wall Paper.—A very small dining room was this, furnished in simple mahogany furniture with shield shaped upholstered

Bamboo Chairs for a Dining Room.

back chairs. The walls were papered in a red marbleized wall paper, and the floor was inlaid linoleum in plain old green with cream striped for the border, repeating flecks of the colors in the wall paper. The chairs were covered in an ivory horizontal striped damask and the draperies were in an old dull green horizontal striped cotton over deep ivory ninon.

Bamboo. — Another very small dining room was given distinction by the use of bamboo furniture. Really smart lines with lattice back chairs and a trim table. The walls of the room were panelled three-quarters of the way up with bamboo laid horizontally. Above the bamboo the walls were painted in a natural bamboo color and the ceiling was in wine color. A brown linoleum floor and chair seats in wine tone were complemented by raw silk curtains in a brown and cream design.

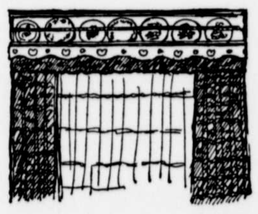
• • •

Clean and Cold.

It's always fun to see how the other half lives . . . or even the other one-tenth or one-hundredth of the world. But we're not going into the fractions of it as far as Sweden is concerned. We went to that clean cold country to see the homes there.

Here, as everywhere else we've traveled, we were more struck by the likenesses than the differences in comparison with our own homes.

The Swedish provincial house is first of all built of heavy timbers and often has a sod roof, which is as pretty as a meadow in the growing season with its green grass and odd tufts of yellow wild flowers blooming atop the house. Inside, this house has lots of wood in evidence. Walls are sometimes panelled (especially interesting are they when the



A Plate Rail Above a Corner Cornice.

panels run horizontally) and sometimes they combine plaster and wood. Occasionally they are papered in bright little conventional designs. Frequently you'll find strips of paper panels hung on the wall . . . these will have parades of peasants in traditional costumes as well as conventional flower motifs.

The furniture is hardy as the Norsemen and rough hewn with hand carved motifs for decoration and seldom any paint or varnish finish of any kind. The dates they are made are sometimes carved on them as are the characteristic Swedish peasant motifs—hearts, peasants, sea horses.

One of the nicest things about Swedish provincial houses is what they do with little details such as cut out cornices for windows, open shelf cupboards, plate rails which go on a wall alone or else above a window, corner fireplaces whitewashed and high off the floor, the use of brightly woven materials and perfectly grand wool embroideries for wall hangings, cornices, table covers and the like.

© By Betty Wells.—WNU Service.

Painted Draperies

Many of the adobe homes in the Southwest are using permanent draperies in the form of painted glass. Gay and brilliant designs are applied to door and window panes. Outlines are drawn first in soap, then artists' colors.

Do You Need This?

Do not have family photographs in the living room, excepting those of a son or daughter away from home. These pictures belong in the bedroom or the private sitting room.

Glove-and-Bag Ensemble Is Latest

By CHERIE NICHOLAS

LOOK to your accessories! This is a season when the accessory theme reigns uppermost in the minds of designers. Fashion demands accessory items that not only tune to a nicety to your costume but they must radiate glamor and be as elegant "as thy purse can buy."

So all-important, so outstanding has this idea of smart accessories become in the scheme of things, 'twould almost seem as if the clothes we wear were made to serve merely as a background to show off the swank, the splendor and romance of the added accents in way of jewelry, gloves, handbags and belts, headwear, neckwear, footwear and even the very "hankies" we carry or proudly display in capricious little pockets that may not be so utilitarian as they are decorative.

Especially do handbags reflect this trend of the mode to indulge in elegance and glamor. Leathers are softer, trimmings are more startling and to add to the fuss and furor now raging in behalf of accessories, designers have worked to achieve matching ensembles of bag and gloves which make it simple for the woman of impeccable taste to dress up to her standard.

The illustration shows a trio of perfectly stunning ensembles by David Lewis, American designer, noted for his leather artistry. Here gloves and handbags are matched in a manner so striking the entire costume takes on an air so smart there is none smarter.

Black with gold accents is the favorite language of fashion these times. It's gold and glamor that makes its way into the styling of the handsome and distinctive dressy afternoon and cocktail set to the right below in the picture. For this ensemble the softest of black antelope is used in a frameless skirt-type bag with black bengaline to line it. Gussets of gold kid are set in with inverted pleats both front and back. The soft handles have the "feel" of luxury and the slide-fastener closing adds the practical note. The matching black antelope slip-on gloves are hand-stitched and have gold details, but the back of the glove is devoid of any knuckle stitching which cites an important trend this season.

Tiny perforations are one of the newest style notes in leather. You will undoubtedly see bag-and-glove sets as pictured to the left above at the smartest places. Black perforated antelope soft as a kitten's ear is used for this ensemble—the air-conditioned idea carried out even to one's accessories. The bag is beautifully lined with slipper satin. The short pull-on gloves to match are handstitched and have a corded binding at the wrist but no stitching on the backs.

One of the loveliest of the Lewis tailored bags (see pictured to right above) is simple and squarish in shape, with white cross-stitched whipped edges. The handles are set on the bag with tiny cross stitches, which is the only trim. A slide-fastener gives a wide opening for convenience. This bag comes in grand fall accessory colors and is made of antelope, lined with bengaline. Short pull-on gloves with matching cross stitches around the fingers and the entire glove make this set a striking example of how American designers are keyed to create what the American women want and will wear. Such lovely accessories thrill us with the knowledge that we are correct even to the fingertips.

© Western Newspaper Union.

KNIT THIS SUIT
By CHERIE NICHOLAS

A two-piece suit that looks like a three-piece one, such is this smart outfit of lustre knitting yarn. It is knitted in a waffle pattern in a manner that makes it firm and reliable in wearing. The wide lapels and jabot are knitted separately and then sewn to the jacket. A smart cutaway line makes the jacket take on a trimly tailored and up-to-the moment style.

LAME HEADS LIST OF PARIS FABRICS

Lame heads the list of important fabrics in the Paris couturiers' winter collections, for fabric designers have adapted the metallic material for broader use than ever before.

Lame is no longer simply lame. There are flower print lames in colors; simple heavy gold and silver cloths draped into enchanting evening gowns, iridescent materials with glowing silky stripes; "gold dust" lames; plaid and checkered metallic fabrics and lame moires.

Velvet in all its forms from the sheerest of chiffon velvet through Lyons and even corduroy are distinctive and feature in costumes for wear at every hour of the day. Cut velvets backed with colors or metal tones provide luxurious evening fabrics.

Four-Way Costume Is Back in New Wool and Velveteen

The four-way costume returns this fall with added popularity in a new plaid wool and velveteen version that is especially appropriate for college or general school wear.

There is a two-piece plaid dress of the shirtwaist type that comes in black, brown, wine or green, with a boxy swagger velveteen jacket and skirt with front panel of the predominant color of the plaid.

The velveteen jacket is practical in that it may be worn with other dresses and skirts.

Sequins for Glitter

Glittering sequins embroidery trims hundreds of new fall frocks. Among the motifs which brighten sober dresses are stained glass window patterns, fireworks designs and Louis XV bowknots.

Late Tips From World Centers of Fashion

Veils flutter in flattering ways about most of the hats.

Bead trim is favored for evening costumes in Vionnet's collection of winter fashions.

Day and evening bodices accentuate the high bustline and svelte waist in Chanel's winter collection.

Silk satin, supple and clinging, is included in every wardrobe both for formal afternoon and evening.

Boleros of sparkling embroidery or of metallic lace are worn over simply styled gowns.

Trimmings that used to be seen only on the stage now decorate the frocks of our most conservative fashion-minded.

Molyneux shows calf-length evening gowns of simple line with flared skirts trimmed with fur or flowers.

A Trio of Triumphs

THE way to day-in, day-out chic for the woman who sews is shown in today's attractive new three-way plan. It goes deeper than the surface, you see, in the presentation of a sleek new slip. Ah, and it gives great thought to the surface, too, as you can't help but note in the two wing-side models. This is one triangle every woman who sews should want to know all about.

Spicy New Model.

As shipshape as a Parisian streamline fashion and, in its own role, as important—that's the little number at the left above. It does wonders to give one that up and doing feeling that's handy to have around the house in the morning. You can repeat it time and again without fear of being repetitious; without losing your fondness for it. Anything in gay cotton: shantung, print, gingham, crash, will do nicely for this one.

A Congenial Slip.

Beneath a well-groomed surface hangs a perfect fitting slip! That's an old and honest notion and one Sew-Your-Own abides by religiously. Today's five piece version is as easy to put together as it is congenial to your comfort and outward superbness. Make two while you're about it: one with a plain top for everyday, the other with a bit of frou-frou for dress-up occasions.

Deft Design.

The "girl in the little green hat" wears a dress with many tucks in this her latest picture. It is the dress for you, Milady, to star in at familiar Fall festivities. Deftly but definitely it gives you emphasis where you want it; soft pedals worry-areas. No more willing and able frock than this was ever designed and it can be yours so easily. Thin wool is a smart material and it fits this frock's personality to a T. Let's sew and be seen places this Fall. Okay?

The Patterns.

Pattern 1389 is designed for sizes 36 to 52. Size 38 requires 4⅜ yards of 35-inch material, or 4½ yards, with long sleeves.

Pattern 1988 is designed in sizes 34 to 46. Size 36 requires 3⅛ yards of 39-inch material, plus 1 yard of ribbon for shoulder straps, and 1½ yards of edging for finishing upper edge.

Pattern 1392 is designed for sizes 14 to 20 (32 to 42 bust). Size 16 requires 2¾ yards of 54-inch fabric.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third street, New York, N. Y. Price of patterns, 15 cents (in coins) each.

New Pattern Book.

Send 15 cents for the Barbara Bell Fall and Winter Pattern Book. Make yourself attractive, practical and becoming clothes, selecting designs from the Barbara Bell well-planned, easy-to-make patterns.

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Ask Me Another
A General Quiz

1. How much thread is woven into a pair of silk stockings?
2. Why were the Pillars of Hercules so called?
3. What percentage of the members of congress attended college?
4. How many comets are there in the known solar system?
5. Where did the school originate?
6. Why do we have summer and winter seasons?
7. What is the largest office building in the world?
8. Are any of the old Roman aqueducts still in use?

Answers

1. In 4-thread women's hose, 19,700 feet; 8-thread women's hose, 9,900 feet; 10-thread women's hose, 6,500 feet.
2. From the myth that they had been torn asunder by Hercules to admit the flow of the ocean into the Mediterranean.
3. Eighty-one per cent of the 441 members of congress whose education is recorded in the current Congressional Directory attended college.
4. Approximately 120,000.
5. In ancient Greece. Plato was first to give regular educational courses extending over three or four years and in a fixed place, the Academy.
6. Because the axis of the earth in its revolution around the sun is not perpendicular to the sun's rays, thus the different parts of the earth's surface receive the direct rays of the sun at different periods.
7. The R. C. A. building in New York city is the largest office structure in the world, with a gross area of 2,924,036 square feet. It has a ground area of 99,770 sqare feet.
8. Of the nine aqueducts which brought water to ancient Rome, three are still in use. One of them, constructed in 149 B. C., is 56 miles long.

HEADACHE REMEDY
STARTS WORKING IN SECONDS

All people who suffer occasionally from headaches ought to know this way to quick relief.

At the first sign of such pain, take two Bayer Aspirin tablets with a half glass of water. Sometimes if the pain is unusually severe, one more tablet is necessary later, according to directions.

If headaches keep coming back we advise you to see your own physician. He will look for the cause in order to correct it.

15c FOR 12 TABLETS
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Duties and Virtue

The truly virtuous man fulfils his duties in their order, and makes the small give way to the great duties.—Joubert.

for WOMEN only

CARDUI is a special medicine for the relief of some of the suffering which results from a woman's weakened condition. It has been found to make monthly periods less disagreeable, and, when its use has been kept up awhile, has helped many poorly nourished women to get more strength from their food. This medicine (pronounced "Card-u-i") has been used and recommended by women for many, many years. Find out whether it will help you by giving it a fair trial. Of course, if not benefited, consult a physician.

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