

Homemaker's Pages

They Make the Most of What They Have

By MRS. JOHN LAND



In the projects sponsored by home demonstration agents in Kentucky's Homemakers Clubs, housewives are encouraged to make the most of what they have.

Some boards, nails, hammer and saw, and a can of paint resulted in the kitchen cabinet, water table and stool shown at the left.

A fresh, cherry slip-cover transformed an ugly old chair into a comfortable and attractive bed room piece.

A Boyd county family used the stone from what is said to be the last of the open hearth charcoal furnaces to construct the attractive fire place shown below.



No candle holders were available, so attractive pairs to flank the lovely old mirror were fashioned from shoe trees.

SHORT STEPS

By VIRGINIA LEE

For economy in window shades, purchase them longer than needed, and when worn, dirty or faded cut off the bottom and rehem it.

Use iodine to touch up scratches in cherry or mahogany furniture. It looks more natural than streaks of varnish.

A good "sink cleaner" is made from dissolving a bar of white kitchen soap in a quart of boiling water and adding a tablespoon of kerosene. Use this after washing dishes.

Use double boiler to save fuel. Cook in the lower part such foods that need boiling and in the top part heat peas, corn or other foods that only need simmering.

When separating eggs, if you drop a portion of egg yolk into whites, moisten a cloth with cold water, touch the yolk and it will adhere to it.

Lemon juice added to the boiling water for meats will make tough meats tenderer. Steaks will be improved by rubbing them with a cut lemon and brushing them with oil ten minutes before cooking.

If bothered with moths on rugs—wipe off rug in warm water with a small amount of turpentine added.

Never apply soap directly to black materials, wash in sudsy water made by soap flakes, do not have water too hot.

Save cabinet and pantry space by hanging your cups on small brass hooks screwed into the underside of shelves.

Cottage Cheese Fruit Salad Ring

One food which makes a most appropriate hot weather dish because of its remarkable versatility in its many uses is cottage cheese.

Cottage cheese may be used as the main part of the menu and mixed with boiled eggs or nuts. In sandwiches, it may be combined with jelly, preserves, raisins, nuts or olives. Salads in which cottage cheese may be used are numerous and as a dessert, it may appear in the form of a pie, pudding or sundae.

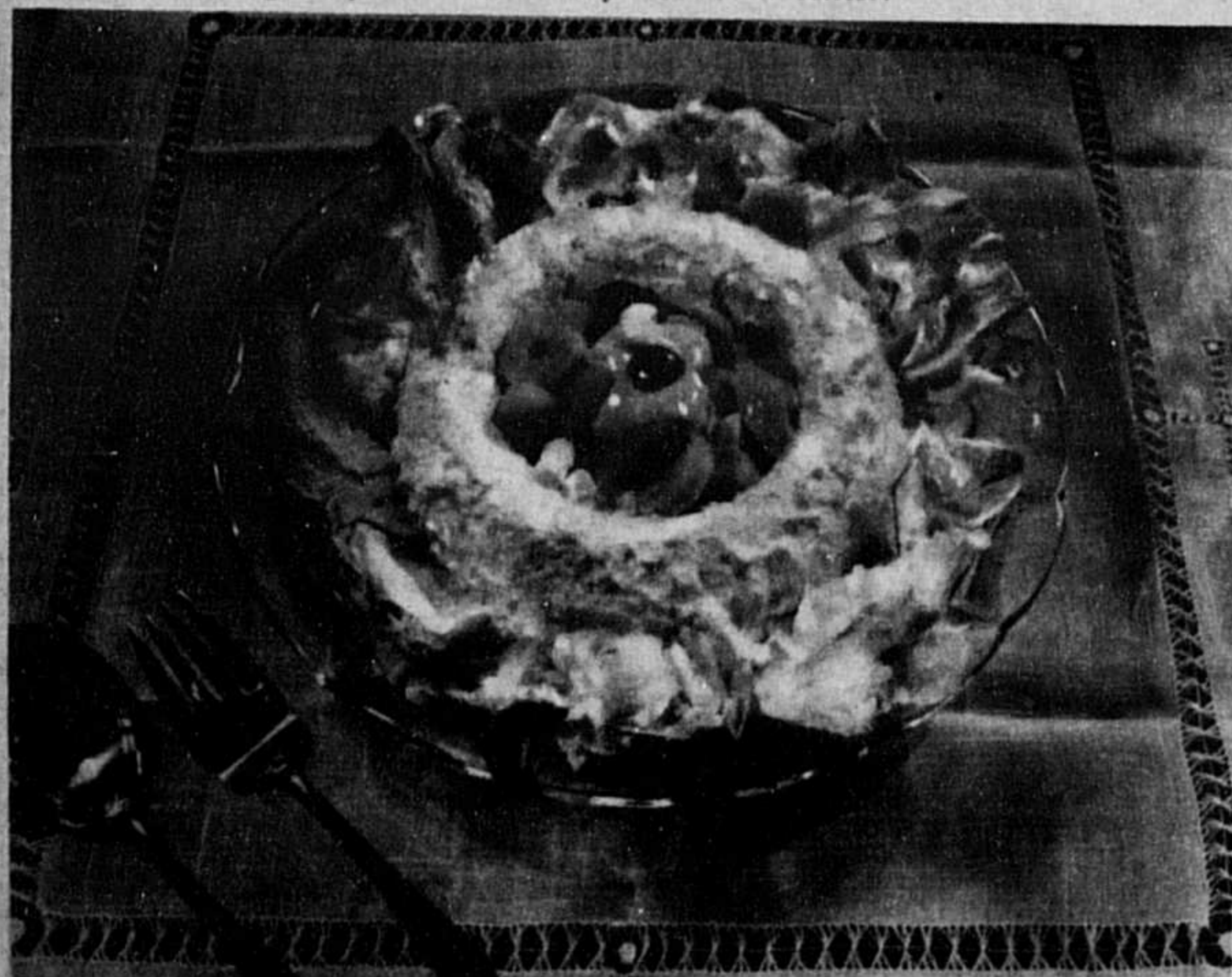
A jar of cottage cheese makes an economical food because there are no waste portions to discard.

The U. S. D. A. summarizes the virtues of cottage cheese as: "One of the important meat substitutes. It contains a larger percentage of protein than many

meats and furnishes this material at lower cost. In every pound of cottage cheese, there is about one-fifth of a pound of protein, nearly all of which is digestible." Here is the recipe for fruit salad ring:

FRUIT SALAD RING

- 2 pounds Cottage Cheese.
 - 2 tablespoons plain gelatin.
 - 1/2 cup water (cold).
- Combine gelatin and water. Dissolve it over boiling water. Cool. Add mixture to cottage cheese that has been forced through a potato ricer or sieve. Pack into greased ring mold and chill until firm. Unmold and serve with favorite fruit salad in center.



(Photo Modern Science Institute)

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THE WINTER GARDEN



Just as the home garden furnishes the health-giving food of Summer when the mercury soars toward the point that makes the thermometer almost squeal a little, so does the Winter garden of the thrifty farm home maker provide tasty foods, bottled sunlight in the form of delicious canned fruits, vegetables and meats.

Above is 15-year-old cellar storage in the home of J. A. Gillespie, Alamance County, Burlington, N. C. The temperature runs an average of 78 degrees in Summer and remains even throughout the Winter. No fruit or vegetables have been lost or hurt through cold to date.

The Trick of This Bag is Crepe Paper

By MARY BROOKS PICKEN

How smart she looks in her thoroughly tailored suit and fetching hat. But no less smart, and just as fetching, is her handbag made in a few hours' time. Crepe paper crocheted did it, and she can well be proud, for it cost literally only a few cents, and the bag is sturdy, colorful, and right for any daytime occasion. The crepe paper is cut in strips 3-8 inch wide, stretched and twisted, and crocheted with a steel hook No. 0, 1, or 2. Cut the paper across the grain and do the stretching by hand or with the aid of an inexpensive little gadget called a twister.

The stitch is simple, being a single crochet combined with double crochet, picking up both loops of each stitch. Two contrasting colors of crepe paper were used, vermilion and sand. The directions are easy to follow, and you need only substitute your own chosen colors for the two given.

The bag is made in three pieces—one flat piece 10 1/2 inches wide and 18 1/2 inches long, and two gussets. Start with the flat piece, using sand crepe. Chain sufficient to make a 10 1/2 inch width work will draw up slightly as you crochet. Ch 2 more and turn. Make 1 d c in each ch to end of row. Ch 1, turn. S c in each st, ch 2, turn. Alternate rows of d c and s c until work measures 14 inches. Now add the vermilion crepe and make 1 d c in sand, * drop thread, pick up vermilion, make 1 d c, drop thread, pick up sand, make 1 d c. Repeat from * to end of row. *Break vermilion thread, ch 1, turn, s c with sand in each st, ch 2, turn. Add vermilion and, alternating with sand, make 1 d c and repeat from * until work meas-



ures about 19 inches from the beginning. The vermilion and sand part makes the flap of the bag.

Gussets: Ch 12 sts with sand. Make 11 d c starting 3 sts from hook. Ch 1, turn, s c in each st. Ch 2, turn. Alternate rows of d c and s c, increasing sufficiently at either end until gusset measures 5 3/4 inches long and 4 1/2 inches wide at top. Sew the gussets in at the sides.

There are three wooden buttons. Secure the top large button, by threading it to a smaller one underneath the flap, with a twisted crepe loop 4 inches long. Sew the second small button below the edge of the flap.

Put camphor gum in the cupboard or any place that mice might come, they do not like the smell of camphor.

To keep the bright plating on the bumper of your auto new and shiny—wash surface good and then wax the same as you do the body of the car. This will prevent rust and keep it bright.

Lettuce, celery, etc., can be refreshed by adding a small amount of lemon juice to some cold water and letting the vegetable stand in it for a few hours.

When storing preserves made this Summer, be sure to put them in a dark place. They quickly deteriorate if kept in the light.

Authentic Fashions for Fall



AS WORN BY JUDITH FORD

Pattern No. 9734

Fall is reflected in every line of this up-to-the-minute wool frock.

Pattern No. 9734 is available for sizes 14, 16, 18, 20; 40 and 42. Corresponding bust measurements 32, 34, 36, 38, 40 and 42. Size 16 (34) requires 3 1/2 yards of 54-inch material.

MODELED BY HELLEN BENNETT

Pattern No. H-3196

Nothing could be smarter for the first crisp days of fall than this trig wool frock with smart tailored lines.

This perfect all-occasion frock for your fall wardrobe, you can make with ease and assurance. Send for Pattern No. H-3196 designed for sizes 32, 34, 36, 38, 40, 42 and 44. Size 42 requires just 3 yards of 54-inch fabric.



FALL DAYTIME FROCK

Pattern No. H-3195

This attractive tailored frock for immediate wear has the new silhouette that Fall fashions indicate.

Pattern No. H-3195 is available for sizes 12, 14, 16, 18 and 20. Corresponding bust measurements 30, 32, 34, 36 and 38. Size 14 (23) requires 3 3/4 yards of 39-inch material, the belt and neck bow of ribbon requires 1 1/2 yards.



QUICKLY MADE

Pattern No. 9729

Advance information indicates tunics will be seen everywhere this Fall for daytime, formal and informal wear. This attractive model can be made quickly, inexpensively, in a couple of jiffies.

Pattern No. 9729 is designed for sizes 14, 16, 18, 20; 32, 34, 36, 38, 40 and 42. Size 16 requires 3 3/4 yards of 39-inch fabric for the tunic and 3 yards for the skirt.



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Pattern No..... Size.....

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