Smiles

Doubled Up

"Has she kept her girlish figure?"

"Kept it? Man, she's doubled it."

Too Much for Him

"But, constable, I didn't knock him down, I pulled up at the light to let him cross and he just fainted!"

WENT OVER

"Was it a good speech?"

"Fine."

"What did he say?"

"I don't remember. All that I recall now is that he said it well."

Fit Guaranteed

Drowning Man — Quick, throw me a life belt!

Rescuer (tailor)—Yes, sir. What size round the waist?

As Per Instructions

The blacksmith was instructing a novice in the way to treat a horseshoe.

"I'll bring you a shoe from the fire and lay it on the anvil. When I nod my head you hit it with this hammer."

The apprentice did exactly as he was told, but he never hit a blacksmith again!

CONSTIPATION MADE HUSBAND DRAGGY

JUST NO GOOD!

HE just didn't feel like work or play. Always draggy and worn out—often cross and irritable. But like so many women, his wife knew about Nature's Remedy (NR Tablets). She put him wise. He found out what an astonishing difference there was in this purely vegetable laxative. Not merely partial relief. Instead thorough cleansing action that aided in ridding his system of poisonous waste, refreshed him, made him feel like a "million." Try NR Tablets yourself. Note how gentle they are and non-habit forming. 25 tablets—25 cents at any drugstore.

NR TO-NIGHT TOMORROW ALRIGHT

Training Babes

To be perfect, the training of children must begin with the very cradle. The saying that man is a bundle of habits is as true of babies as it is of grown children.

CHECK THAT COUGH BEFORE IT GETS WORSE

Check it before it gets you down. Check it before others, maybe the children, catch it. Check it with FOLEY'S HONEY & TAR. This double-acting compound gives quick relief and speeds recovery. Soothes raw, irritated tissues; quickly allays tickling, hacking. Spoonful on retiring makes for a cough-free sleep. No habit-forming, stomach-upsetting drugs. Ideal for children, too. Don't let that cough due to a cold hang on! For quick relief *and speeded recovery* insist on FOLEY'S HONEY & TAR.

Individuality

Individuality is everywhere to be spared and respected as the root of everything good.—Richter.

"Black Leaf 40" KILLS LICE

OUR "Cap-Brush" Applicator makes "BLACK LEAF 40" GO MUCH FARTHER

JUST A DASH IN FEATHERS.. OR SPREAD ON ROOSTS

Sacrifice to Win

You cannot win a battle without sacrifice.

Health-Wrecking Functional PAINS

Severe functional pains of menstruation, cramping spells and jangled nerves soon rob a woman of her natural, youthful freshness. PAIN lines in a woman's face too often grow into AGE lines!

Thousands of women have found it helpful to take Cardui. They say it seemed to ease their pains, and they noticed an increase in their appetites and finally a strengthened resistance to the discomfort of monthly periods.

Try Cardui. Of course if it doesn't help you, see your doctor.

WNU—4 45—36

FOR CRACKED SKIN BLACKHEADS, PIMPLES get Cuticura- SOOTHES FAST HELPS HEAL

FREE SAMPLE write "Cuticura" Dept. 37 Malden, Mass.

CUTICURA SOAP and OINTMENT

The HOME CIRCLE

INSTRUCTIVE, ENTERTAINING AND AMUSING READING FOR THE WHOLE FAMILY

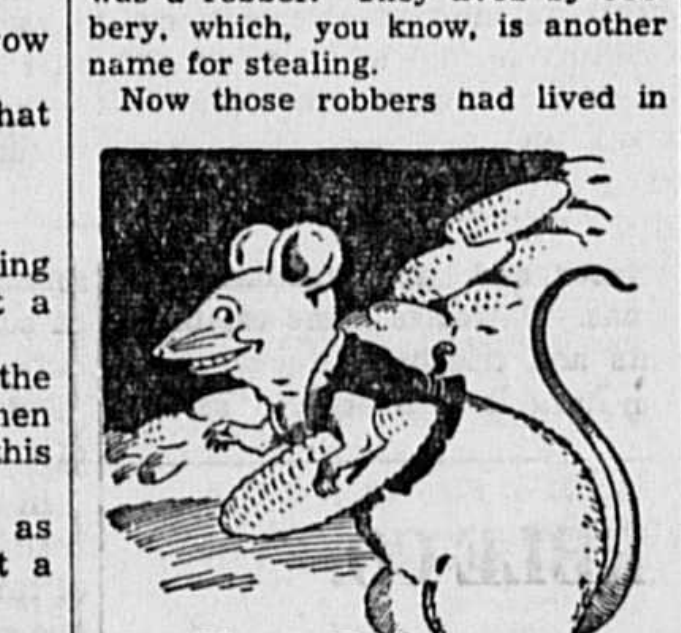
Bedtime Story

by Thornton W. Burgess

A DEN OF ROBBERS

WHEN Billy Mink started to explore the big barn in the farmyard where he had decided to stay for a while he didn't know that he was entering a den of robbers. But that is what he was doing. Yes, sir, that is just what he was doing. You see, that barn was the home of ever and ever so many of the tribe of Robber the Rat, and each one of them, big and little, was a robber. They lived by robbery, which, you know, is another name for stealing.

Now those robbers had lived in that big barn so long that they had come to look on it as belonging to them. They knew every nook and corner and cranny in it and under it. The farmer who owned it had tried his best to drive them away. But those robber rats simply laughed at all his efforts. They were smart. Oh, yes, indeed, they were smart. Robbers often are quite as smart as honest people. They were too smart for that farmer.



They Become Robbers as Soon as They Can Run About.

All those rats belonged to the Brown Rat tribe. Not that they were all brown. The fact is, the older ones were quite gray. But that was because they were old and had grown gray with age.

Not all rats are bad. There are Brushtail the Wood Rat and Miser the Trade Rat and their families. They are honest and respected by their neighbors. But all the Brown tribe are outcasts, despised by all the little people of the Green Meadows and the Green Forest, and hated by man. There is no good in them. They become robbers as soon as they can run about, and they remain robbers as long as they live. There is not an honest hair on one of them. They hate the sunlight, for their deeds are deeds of darkness. They are savage.

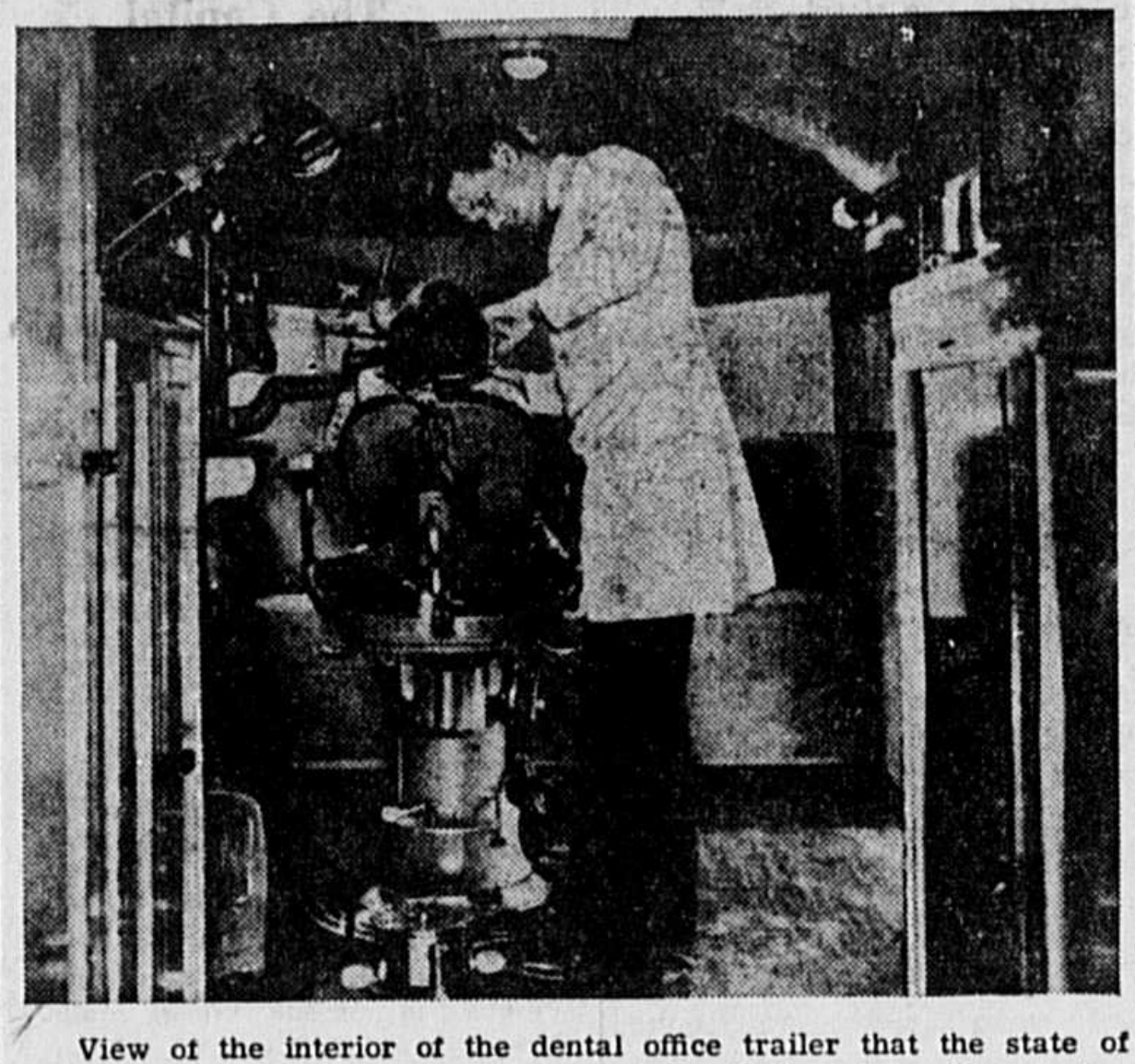
But with all this, they are clever, very clever indeed. They are so clever that in spite of all man's efforts to kill them their tribe has increased until it is probably the largest tribe of little people who wear fur in all the world, excepting the Mouse tribe.

The farmer who owned that barn had set traps of many kinds, but the wise old leader of the rats had found each trap and warned all his relatives. The farmer had tried to poison them, but somehow their wise old leader always knew where the poison was and warned them against it. A cat had been brought to catch them, but the tough old fighters among the rats had driven the cat out.

So, the rats had increased and the greater the numbers the more they stole. They gnawed holes wherever there was a chance of getting food. They got into the farmer's house and did great damage there. In the spring they killed young chickens in the henhouse. They stole eggs. In fact, these robbers did about as they pleased and the big barn was their den.

© T. W. Burgess.—WNU Service.

Inside Indiana's Dental Trailer



View of the interior of the dental office trailer that the state of Indiana has sent on the road to treat needy children from three to ten years old whose parents are on relief. The trailer has one chair, a divan, hot and cold running water, sterilizer, and other equipment, all of the latest design. Services are limited to prophylaxis, cement and amalgam fillings, and extractions.

Caracul and Marten

Black caracul is slimly fitted and widely flared in this handsome coat for afternoon wear. It is lavishly trimmed with sable dyed baume marten. The little toque combines the same two furs.

MOTHER'S COOK BOOK

HINTS ON FOODS

THE preparation of a leftover into something appetizing takes vastly more thought than to produce an ordinary dish, which is one of the reasons why such dishes are not acceptable; they are prepared with too little thought.

There is something out of balance with a person who cannot enjoy with a thrill, crisp, well-blended salads, or well-cooked and seasoned vegetables; but no one can be blamed for refusing unattractive food. Because the male members of the family shy at anything reheated, made over, or rehashed, the problem of carefully conserving good foods and giving them back in an acceptable form is one which takes more finesse than a hand of bridge.

One reason that many men balk at salads is because they have been often used as a clearing house for leftovers.

Children will learn to like almost any kind of vegetable if it is not discussed pro and con every time it appears. Children are people, and when we learn to respect their feelings as we would older ones, they will respond accordingly, usually.

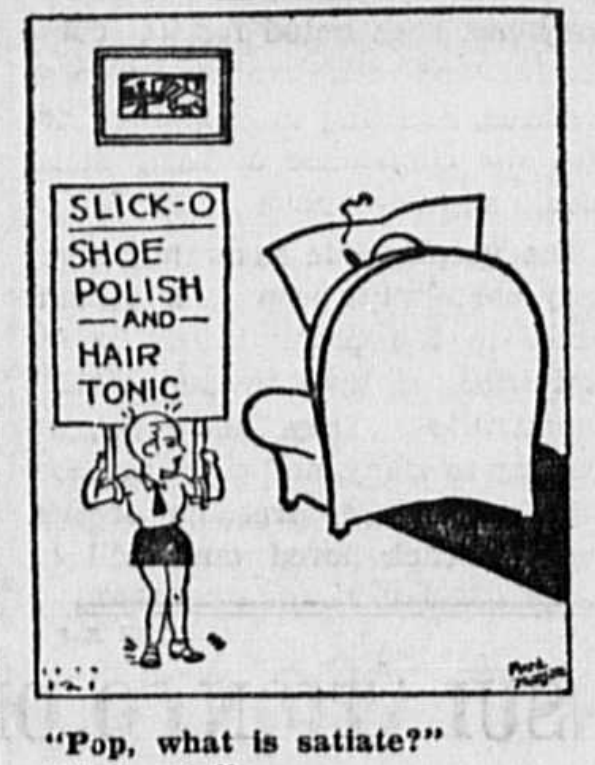
When teaching a child to eat a new dish, make it as attractive as possible in appearance and so tasty that it will not disappoint, and you will never have to urge the food upon an unwilling child.

Children need whole wheat; other cereals may be used for variety. They need fat—butterfat is the best of all fats to promote growth. The child needs milk, at least a quart a day in some form; sugar in moderate amount and candy after a meal or between meals so that it will not destroy his appetite for the coming meal. Plenty of fruit and fresh vegetables are needed in all diets, and especially in the child's.

Another food that a well-nourished child needs is fresh eggs; serve one in some form each day for each child. Well-cooked rice, fresh fish, poultry, are all good foods for the growing child.

© Western Newspaper Union.

PAPA KNOWS—


SLICK-O SHOE POLISH —AND— HAIR TONIC

"Pop, what is satiate?"

"Full cup."

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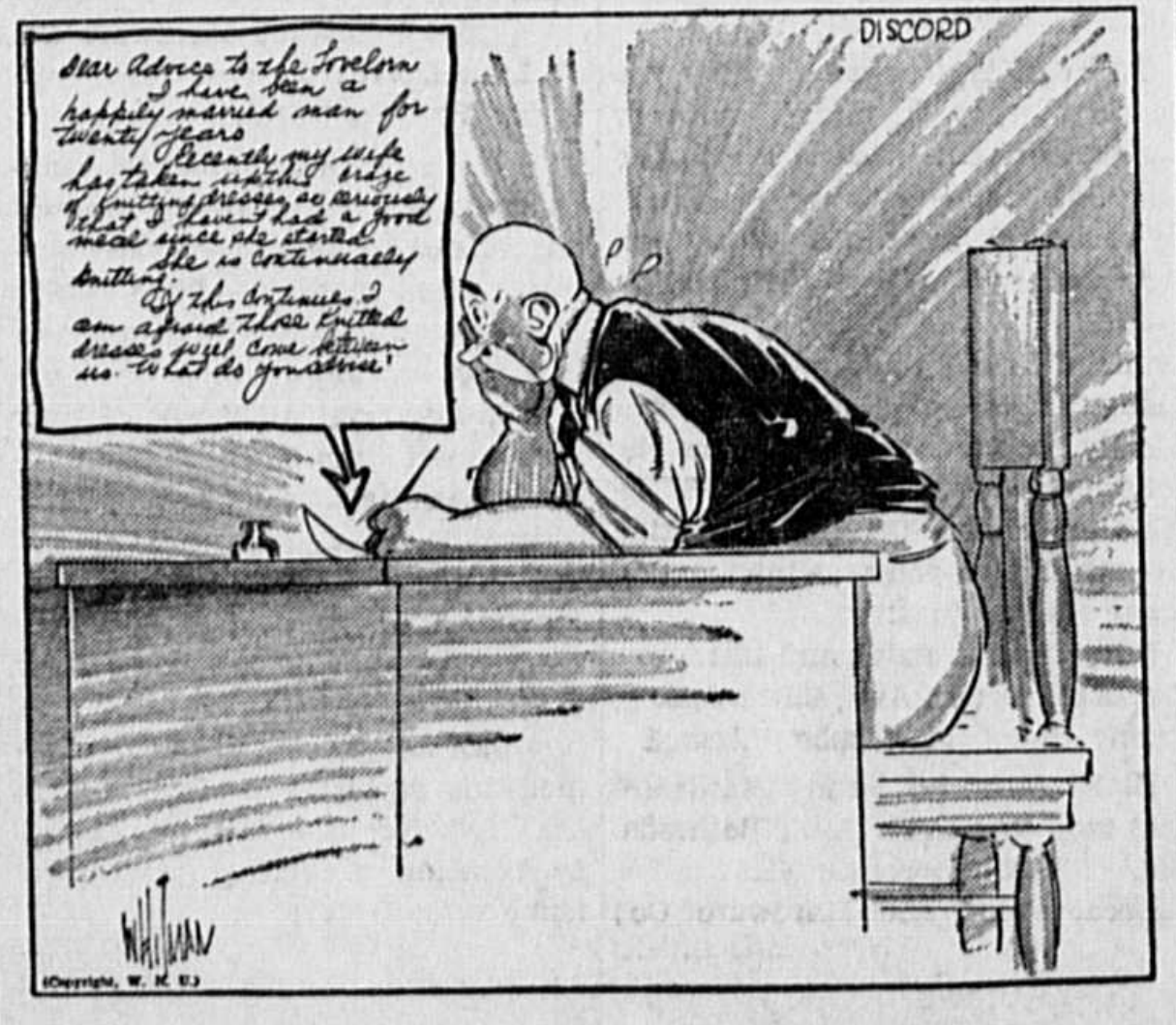
Love, Honor and Obey


DISCORD
Dear Advice to the Lovelorn I have been a happily married man for twenty years. Recently my wife has taken up the craze of knitting dresses so seriously that I haven't had a good meal since she started. She is continually knitting. If this continues I am afraid those knitted dresses will come between us. What do you advise?

Work Your Garden

By DOUGLAS MALLOCH

UNLESS you work your garden
You can't expect a rose,
The poorest little pansy flow'r,
Or anything that grows.
Unless you work a little
But little you will win,
For all that's worth the having comes
To those who toil and spin.

Unless you work your garden
You can't expect the joy
Of those who grow the growing things
That busy hands employ.
Unless you give a little
But little will be yours,
Although you live a life of ease,
But little that endures.

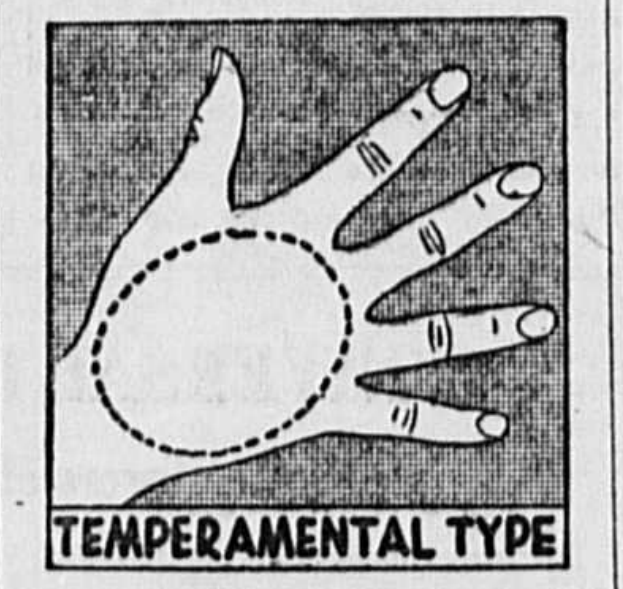
Unless you work your garden
You can't expect to reap
The things that are the beautiful,
Or friends that you can keep.
Unless you love a little
And kindly say and do,
The rose of life will be for some,
The weeds of life for you.

© Douglas Malloch.—WNU Service.

THE LANGUAGE OF YOUR HAND

By Leicester K. Davis

© Public Ledger, Inc.


TEMPERAMENTAL TYPE

HOW often you meet interesting people, socially or in business, whose true traits and character you would give almost anything to see delineated. This isn't difficult if you are on speaking terms with the language of the hand. But before you attempt a verdict, be sure that you are familiar with the characteristics of type.

The Temperamental Type of Hand.

Graceful symmetry is the outstanding feature of this type. The fingers, particularly, impress the observer with their smoothness and delicate modeling from root to nail tip. Hands of the temperamental type are in general quite small, though there may be exceptions to the rule; are plump but not overfleshed and have a responsive, resilient feel when grasped.

The fingers of this type are of moderate length in proportion to the length of palm, which is usually neither square nor elongated, but rather full and oval in shape. The thumb, like the fingers, is well proportioned, of moderate length, and in many instances has a markedly tapered nail joint, with the joint below it of unusual slenderness and sometimes corseted in appearance.

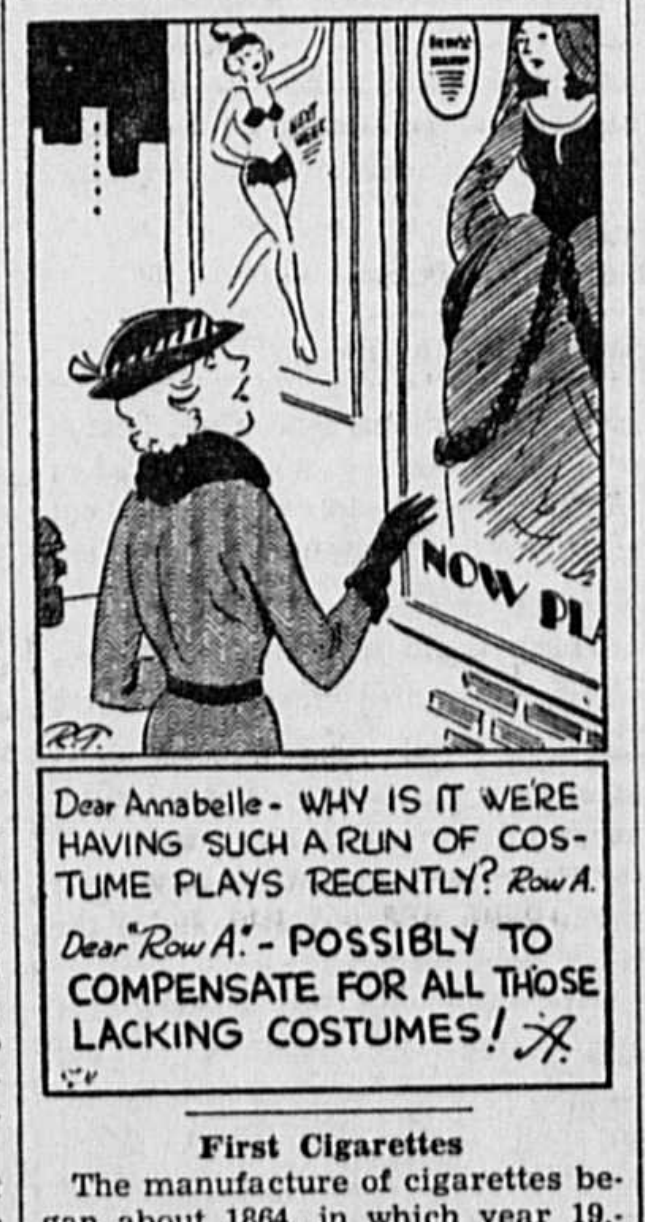
The firm hand of temperamental type indicates the emotional, dramatically inclined, artistic man or woman, with far greater endowments along these lines than average. But if overfleshed, the indications are that indolence and love of ease will be serious drawbacks to emotional and artistic expression.

Possessors of the temperamental type of hand are natural artists and actors, who, although they may never follow their natural inclinations, nevertheless are only truly happy when in an artistic or "dramatic" environment.

WNU Service.

ANNABELLE'S ANSWERS

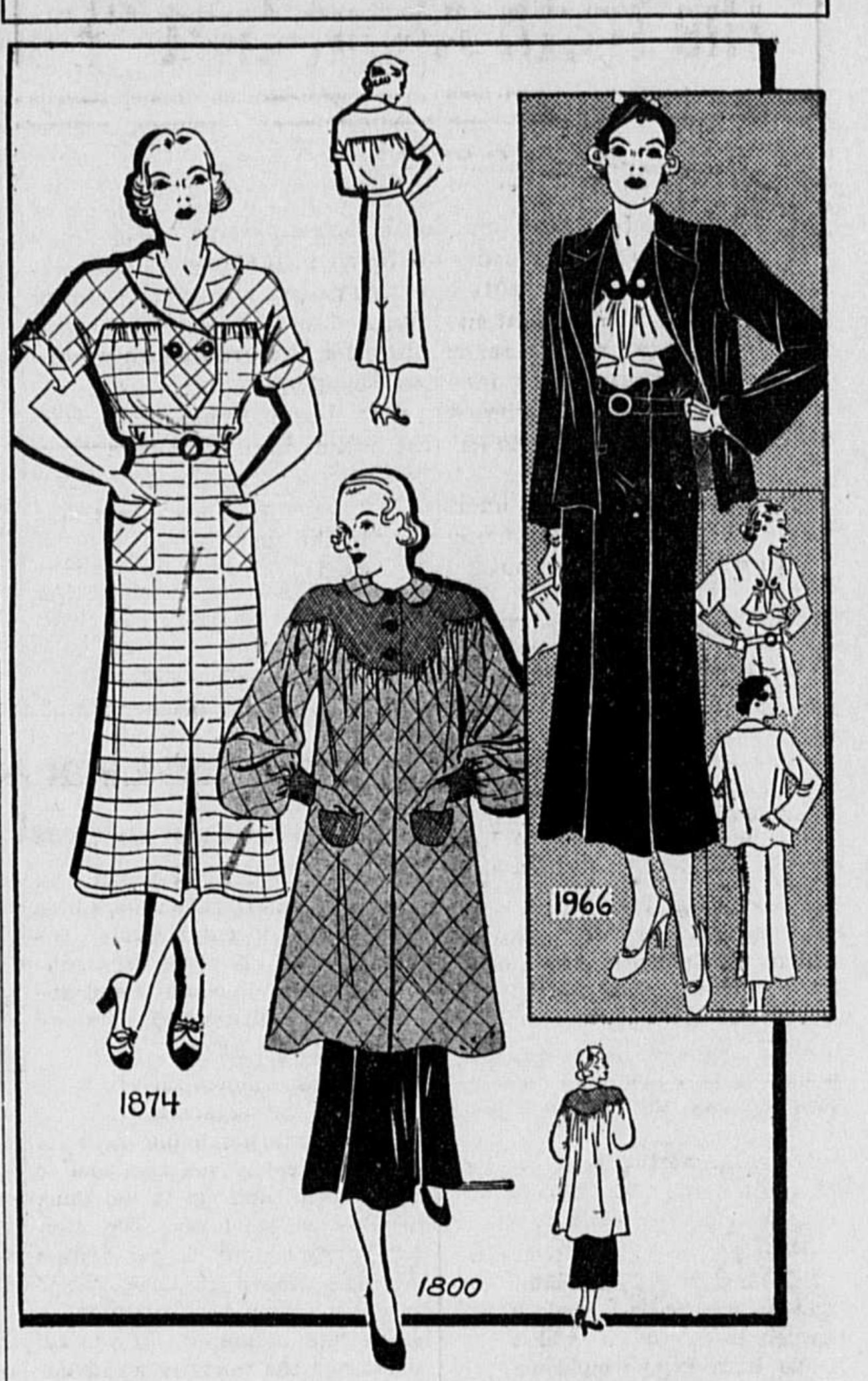
By RAY THOMPSON


NOW PL
R.T.
Dear Annabelle - WHY IS IT WE'RE HAVING SUCH A RUN OF COSTUME PLAYS RECENTLY? Row A.
Dear "Row A." - POSSIBLY TO COMPENSATE FOR ALL THOSE LACKING COSTUMES! A

First Cigarettes

The manufacture of cigarettes began about 1864, in which year 19,770,000 cigarettes were made in the United States. Apparently they did not take well, for in 1869 the number of cigarettes manufactured was only 1,750,000.

Three Certain Winners



THREE candidates for your approval, good on any ticket. Put your "machine" to work and you will win the vote of any group, however critical, with these fetching frocks especially designed for women who sew at home. Correctly styled, accurately designed and cut, they combine smartness with utility and offer the solution to many wardrobe problems.

Pattern 1966, the jacket ensemble, is a smooth, flattering model, as slimming as it is smart and serviceable. The graceful neckline and jabot conceal those extra pounds above the waistline and the panelled skirt is slick and slenderizing. Worn with or without the clever box jacket, this number in any sheer wool or crepe or velveteen will assist you to put your best foot forward and make a successful appearance. Designed for sizes, 36, 38, 40, 42, 44, 46, 48, and 50; size 40 requires four and one-fourth yards of 54 inch fabric.

Pattern 1874, the beguiling house frock, features a panelled yoke with the yoke and sleeves cut in one. There is gathered fulness in the waist, a shawl collar, and one or two patch pockets for your household trinkets. Easily put together with the aid of the detailed, step-by-step instruction guide, this is a morning frock which will survive the day with honors. The pattern is available in sizes 14, 16, 18, 20; 32, 34, 36, 38 40, 42, and 44. Size 18 requires four and one-half yards of 39 inch fabric.

Pattern 1800, the graceful smock, is formed with just eight simple pieces including the pockets, collar, and cuffs. The contrasting yoke is unusually effective, the sleeves are full and graceful, and there is an air of sophistication about the design not often found in a garment so practical and useful. Send for size Small (bust 34-36), Medium (38-40), or Large (42-44). Size Medium requires four and one-half yards of 35 inch material.

Send for the Barbara Bell Fall Pattern Book containing 100 well-planned, easy-to-make patterns. Exclusive fashions for children, young women, and matrons. Send fifteen cents for your copy.

Send your order to The Sewing Circle Pattern Dept., 247 W. Forty-third St., New York, N. Y. Price of patterns, 15 cents each.

© Bell Syndicate.—WNU Service.

Household Questions

Bits of leftover jelly are good used for stuffing baked fruits, topping baked or steamed pudding or spreading over chops or roasts just before serving.

* * *

A stick of wax and a brush of oil will do much to take the curse off furniture scratches. The wax will fill in the scars and the oil will darken the wax.

* * *

When buying sheets always allow at least 10 inches on each side and top and bottom, as the bed will never stay neat with sheets that are too short.

* * *

Preserves of all kinds, more especially if they are in glass bottles, should be stored in a dark place. They quickly deteriorate in flavor if kept in a light place.

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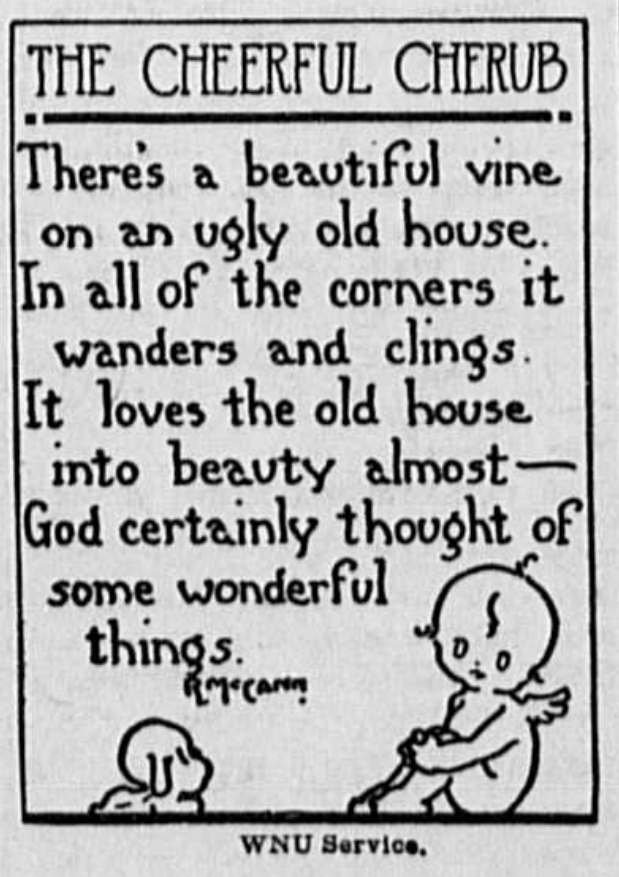
THE CHEERFUL CHERUB



There's a beautiful vine
on an ugly old house.
In all of the corners it
wanders and clings.
It loves the old house
into beauty almost—
God certainly thought of
some wonderful
things.

R McCann

WNU Service.

QUICK HEAT ANYWHERE

- CLEAN
- HEALTHFUL
- LOW COST
- PORTABLE

Coleman RADIANT HEATER

Plenty of quick, penetrating warmth wherever you want it!... that's what you get with a Coleman Radiant Heater. Carry and use anywhere. No connections. Makes and burns its own gas from untreated gasoline.

Just the thing for removing chill from home, office, store or for extra warmth in severe weather. Costs less than 2¢ an hour to operate! See it at your dealer's.

WRITE FOR FREE FOLDER. Send postcard now!

THE COLEMAN LAMP AND STOVE CO. Dept. WU403, Wichita, Kans.; Chicago, Ill.; Philadelphia, Pa.; Los Angeles, Calif. (6403)

Time to Weigh Words

Our deeper thoughts are best when written; hardly ever as impressive when spoken.

A Three Days' Cough Is Your Danger Signal

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled.

Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

BACKACHES CAUSED BY MOTHERHOOD

Those months before baby comes put such a heavy strain on mother's muscles, that she frequently suffers for years.

Allcock's Porous Plasters do wonders for such backaches. They draw the blood to the painful spot—whether it be on the back, sides, legs, arms or shoulder. This has a warm, stimulating effect, and the pain soon vanishes. It takes only 2 seconds to put on an Allcock's Porous Plaster, and it feels as good as a $2 massage.

Over 5 million people have used Allcock's, the original porous plaster. Refuse any plaster but Allcock's. It brings quickest relief. Lasts longer. Easy to apply and remove. 25¢ at druggists.

The Truth About that "Public Be Damned" Interview

By ELMO SCOTT WATSON

PASSENGERS! The Railroads Love You.

So reads the headline in a recent issue of a popular weekly magazine and the theme of the article thus titled is the present attitude of the railroads toward the citizens of these United States.

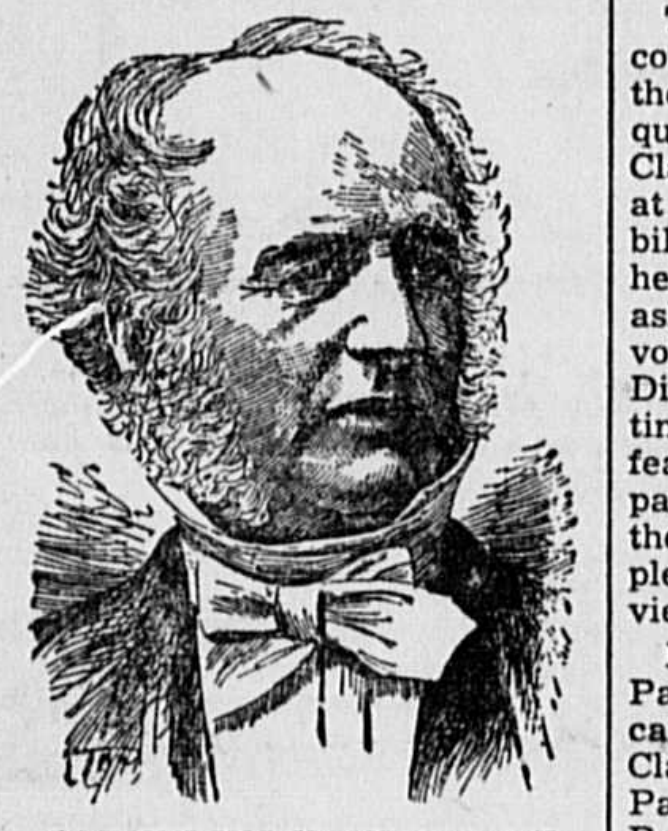
Lower rates, faster schedules, luxurious streamlined trains, air-conditioned coaches and sleeping cars, better and cheaper meals in dining cars, special excursions—all of these they are offering us now to halt the decline in passenger revenue. For they "have learned that competition, whether it comes from other railroads, from automobiles, airplanes or busses, is something to be dealt with by being nicer to the customer."

In other words: the public be pleased!

How different is all this from their attitude half a century ago when an arrogant "railroad king" spoke for all of them and uttered the phrase which has been inseparably linked with his family name ever since.

"The public be damned!" he snorted scornfully but, contrary to popular belief, it was not old Cornelius ("Commodore") Vanderbilt who said that. The man who did say it was his son, William H. Vanderbilt, and the public, because of its prejudice against Wall Street and men of great wealth, never forgot that it had once been damned by a Vanderbilt.

Since old "Commodore" Vanderbilt was much more famous than his son, William, it is only natural, perhaps, that the phrase should have been tacked upon him and perpetuated in the long list of our "popular beliefs which are wrong."



CORNELIUS VANDERBILT
He Never Said "The Public Be Damned!" Even Though Many Americans Believe He Did.

That historic phrase was uttered in an interview with newspaper men in October, 1882. And just as there has been confusion as to the identity of the Vanderbilt who uttered it, so has there been confusion—and controversy—over the circumstances under which it was said. No less than three versions of the story, all agreeing in some details but differing in others, have been told and retold many times. To give the true version, based upon authoritative sources and contemporary evidence, is the purpose of this article.

Three Versions.

As for the contradictory accounts of this incident which have been published, one of them says that it took place at an important meeting of railroad men in St. Louis at which William H. Vanderbilt, then president of the New York Central, was the leading figure. When the conference broke up, a crowd of newspaper reporters forced their way into the room and demanded to know what had been done. Vanderbilt, acting as spokesman for the railway men, answered that nothing was yet to be given out. A reporter, whose identity is not established in this version, tried to force the railway magnate to issue some statement. "Mr. Vanderbilt, the public wants to know and is entitled to know," he said, whereupon Vanderbilt replied wrathfully, "O, the public be damned!"

Another version places the scene in the Grand Pacific hotel in Chicago. The Pennsylvania railroad had recently put on a fast, deluxe train between Chicago and the East. It was the first of its kind and created something of a sensation. Clarence P. Dresser, a free-lance reporter (so this account identifies him), learned that William H. Vanderbilt was stopping at the Grand Pacific and called upon him there. Dresser asked what the New York Central was going to do to meet this new competition of the Pennsylvania.

Vanderbilt replied that he did not know that his company was going to do anything.

"But won't the public demand it?" asked Dresser.

"O, the public be damned!" was the reply.

Still a third version of the yarn has the same reporter but the circumstances under which he obtained his interview are different. It says that while Vanderbilt was eating dinner in his private car, which had been sidetracked in the Michigan Central yards in Chicago, Dresser forced his way into the car and demanded an interview. Vanderbilt replied that he was busy but the reporter was insistent.

"Well," replied the railroad president, "sit down at the other end of the car until I have finished dinner and I will talk with you."

"But," insisted Dresser, "it is getting late and I will not reach the office in time. The public—"

At this point Vanderbilt interrupted him. "The public be damned! You get out of here!"

So Dresser "got out" and the next morning Vanderbilt's ill-tempered retort was heralded far and wide through the columns of the Chicago newspapers.

Two Reporters.

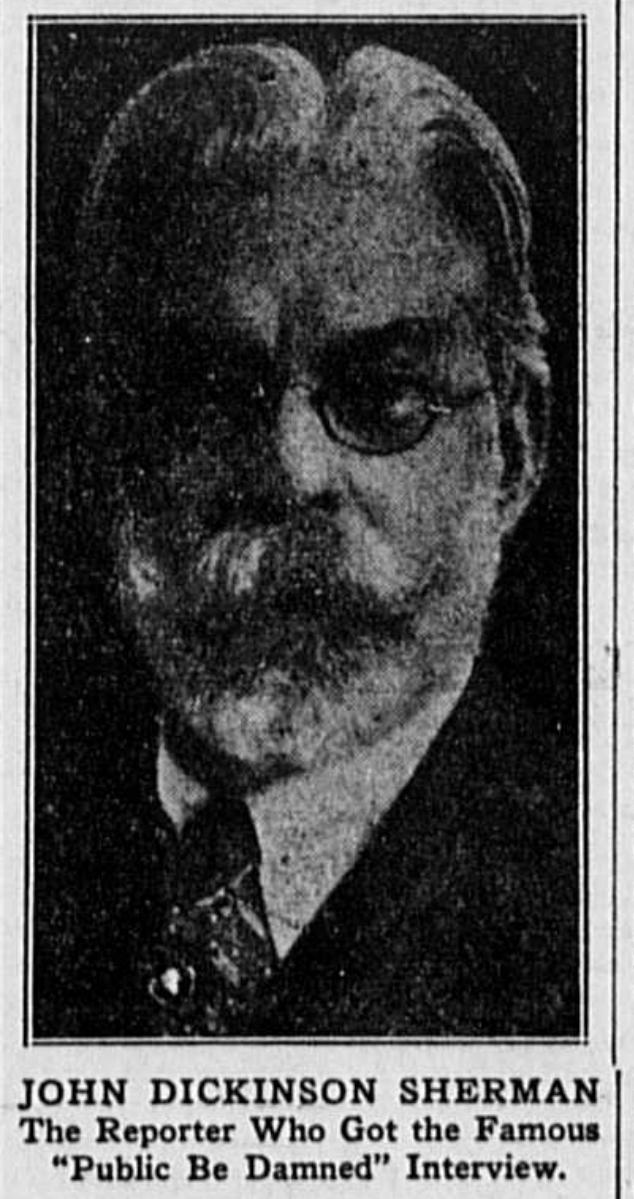
The true story of this incident contains some of the elements of the second and third versions quoted above. It is true that Clarence P. Dresser was present at the interview when Vanderbilt made his historic reply but he was not the reporter who asked the question which provoked it. That reporter was John Dickinson Sherman, who at the time of his death in 1926 was feature writer for Western Newspaper Union and who once told the writer of this article the complete story of that famous interview.

In 1882 Sherman was Hyde Park correspondent for the Chicago Tribune and his friend, Clarence P. Dresser, was Hyde Park correspondent for the City Press, an organization which supplied routine news to most of the Chicago newspapers. Learning that Vanderbilt was en route to Chicago in a special train these two enterprising reporters on Saturday night, October 7, persuaded the crew of a freight train to let them ride on it to Michigan City, Ind. When the Vanderbilt special arrived the next day and stopped at Michigan City for a few minutes to change engines, they went aboard.

After the train was well on its way, they succeeded in getting into Vanderbilt's private car where he sat alone after his Sunday dinner. Explaining the reason for their intrusion, they asked permission to ride with him to Chicago and ask him some questions. He agreed to this and the interview began. It led finally to this question which was put to him by Sherman:

"Do your limited express trains pay or do you run them for the accommodation of the public?"

"Accommodation of the public? The public be damned!" replied Vanderbilt. "We run them because we have to. They do not pay. We have tried again and again to get the different roads to give them up; but they will run them and, of course, as long as they run them we must do the same."



JOHN DICKINSON SHERMAN
The Reporter Who Got the Famous "Public Be Damned" Interview.

After that there were many other questions — about freight rates, wages of railroad employees, a proposed union depot for Chicago, the condition of other railroads, his interest in them, etc.—and upon their arrival in Chicago, the two reporters hurried to write their stories for the next day's editions.

For some reason, the railroad editor of the Tribune saw fit to change Sherman's story in one important particular. Instead of giving Vanderbilt's famous reply varbatim, the story in that paper quoted him as saying "Accommodation of the public! Nonsense! They do not pay either. We have tried again and again to get the different roads to give them up; but they will run them, and, of course, as long as they run them, we must do the same."

But if this editor, sensing the "dynamite" in the railroad king's answer, was trying to protect him from the consequences of his intemperate words, he failed. Other Chicago papers, using the City Press (Dresser's) account of the interview, had not been so charitable. Typical of their handling of the story was Victor Lawson's Chicago Daily News which displayed the story prominently on page one under the headline:

Mr. W. H. VANDERBILT

The Magnate Talks Plainly

He Deprecates the "Nickel Plate"—Railroads Are Not Run for the Dear Public

And Dresser's version of the famous question and answer was this:

"Does your limited express pay?"

"No, not a bit of it. We only run it because we are forced to do so by the action of the Pennsylvania railroad. It doesn't pay expenses. We would abandon it if it was not for our competitor keeping its train on."

"But don't you run it for the public benefit?"

"The public be d—d! What does the public care for the railroads except to get as much out of them for as small a consideration as possible. I don't take any stock in this silly nonsense about working for anybody's good but our own, because we are not. When we make a move, we do it because it is our interest to do so, not because we expect to do somebody else some good. Of course, we like to do everything possible for the benefit of humanity in general, but when we do we first see that we are benefiting ourselves. Railroads are not run on sentiment, but on business principles and to pay, and I don't mean to be egotistic when I say that the roads which I have had anything to do with have generally paid pretty well."

Vanderbilt's Denial.

When a report of the interview was telegraphed to New York, the New York Times printed it and editorially recommended to the people that they go to Vanderbilt's house and tack placards on it bearing the words: "Damn the public." Realizing the blunder that he had made, Vanderbilt resorted to the expedient since used by so many public men to save face when there is an unfavorable reaction to one of their utterances. He declared that he had been misquoted by the reporters. "I have frequently been interviewed by the New York press and everyone knows I never use the language or expressions attributed to me by the reporters," he said in formal statement disavowing the words attributed to him.

Even though he did disavow using the "language or expressions" attributed to him, there is available other evidence of his contemptuous attitude toward the public. The Chicago Times, instead of using Dresser's report, sent one of its own reporters to interview the railroad king at his hotel the next day, and in its report he is quoted as saying: "Railroads are not run for the public benefit but to pay. Incidentally, we may benefit humanity, but the aim is to earn dividends."

But the News, while printing this denial on page one, said editorially: "Mr. Vanderbilt rises to explain and deny the interview with him published in the Chicago papers a few days ago. It is not strange that he should be disgusted even with himself when he read his profane, egotistical remarks on paper. But that he did say what was credited to him is beyond all question, his own pointed denial to the contrary notwithstanding. There were two reporters present at the interview; both report it substantially alike and their notes agree almost exactly. The fact is, Mr. Vanderbilt is in the habit of revising his interviews before they appear in print and it is very evident that he had better insist upon such a privilege in the future although it was not accorded him in this instance."

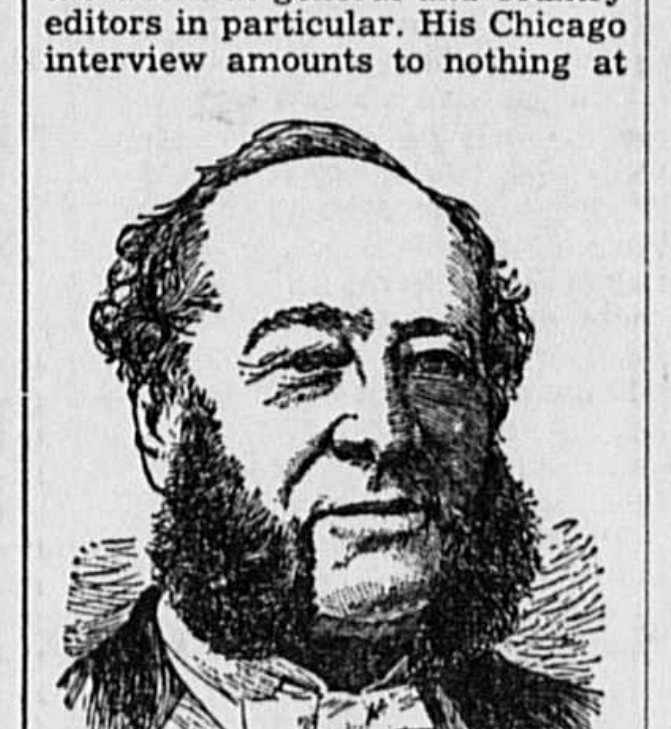
A day or two later the Chicago Times printed in its "Gotham Gossip" dispatches from New York the following:

"In regard to Vanderbilt's extraordinary damnation of the public in Chicago but one opinion prevails in Wall Street. Everyone firmly believes that he did use the words attributed to him and every one declares him to be a crazy loon for having done so. 'Everyone knows,' he said in his letter of denial, 'that I never use such language as attributed to me by the reporter'. But ask any of his friends and they will tell you at once: 'Why, it's W. H. all over!.'"

"Four Fatal Words"

Newspaper paragraphers made wisecracks about "the four fatal words" and editorial denunciation of his statement became so widespread that the Cincinnati Gazette finally declared:

"It is surprising, to say the least, that the sayings of a man like Vanderbilt should so disturb the world in general and country editors in particular. His Chicago interview amounts to nothing at all, and the public is giving both Mr. Vanderbilt and his silly talk altogether too much prominence. If he were a great railway manager, or a great financier, or if he understood the first principles of the science of transportation, some weight might be attached to his utterances. But he is nothing of the kind. From a tiller of the soil, and a very common tiller at that, he sprang at one bound to the top round of wealth. But in point of experience in ways of trade and commerce, and in the elements of greatness, he stopped short off in the subcellar of progress, philanthropy, generosity, liberality and brotherly love. The public condemn him for doing and saying outlandish things when he can not help doing and saying them. He knows no better . . ."



W. H. VANDERBILT
The Railroad President Who Uttered the "Four Fatal Words."

A week later the Tribune carried this significant news story: "W. H. Vanderbilt and party returned from their Western trip yesterday afternoon and put up at the Grand Pacific hotel where they remained overnight. Mr. Vanderbilt refused to be interviewed again, as his experience in this respect when he passed through here on his Western trip seemed to have taught him the lesson that 'speech is silver but silence is golden'"!

That was more than 50 years ago, but to this day mention of the name Vanderbilt brings to the mind of the average American the "four fatal words" which one of them once uttered—"The public be damned!" The public, it seems, like the elephant, never forgets!

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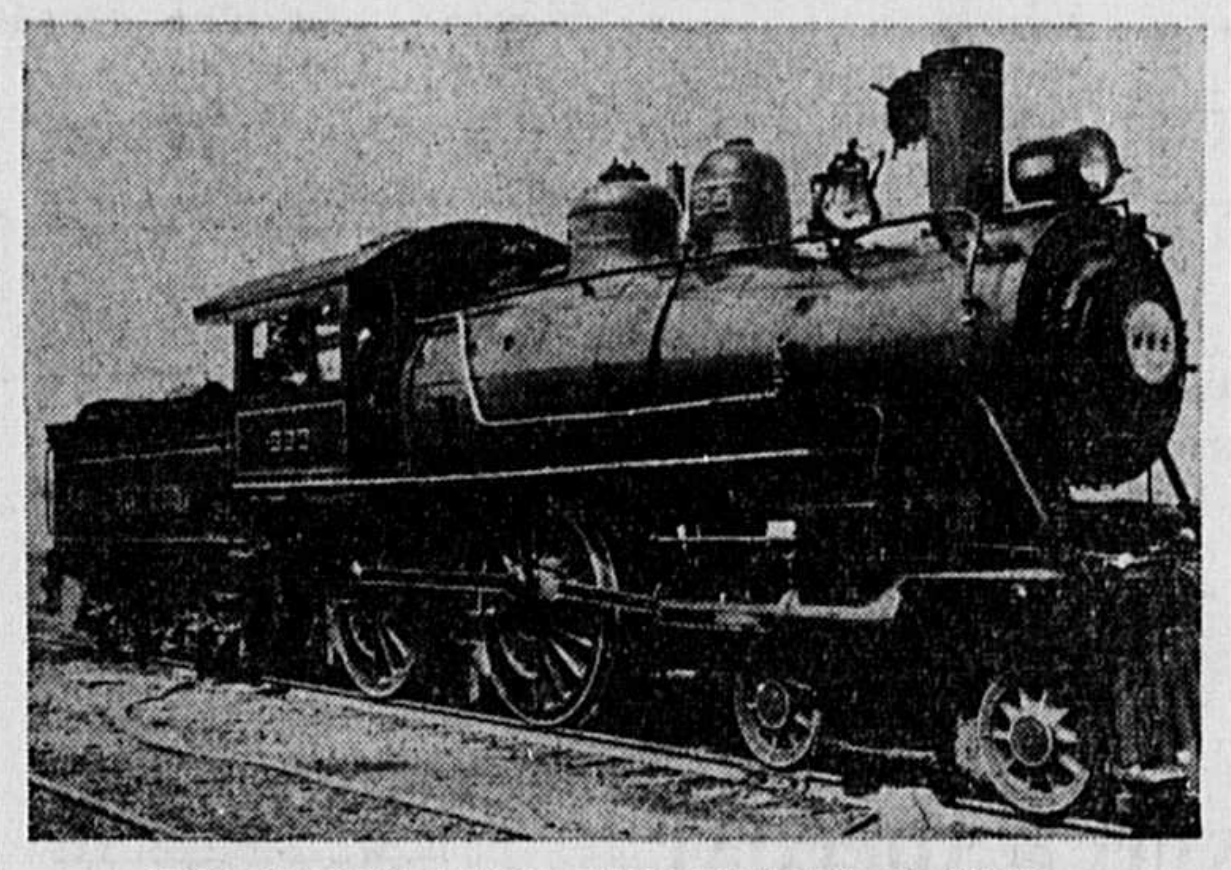

THE EMPIRE STATE EXPRESS LOCOMOTIVE
The New York Central "Flyer" Which Made Railroad History at the Turn of the Century.

Wives, Know Yourselves!—

Accurate Analysis Will Do Much to Overcome Difficulty in Wedded Life

SPEAKING on the question of trial marriages, a well known writer said, "There should be no need for trial when two people know their own abilities and have measured themselves accurately. Two people who understand themselves will never, I believe, have any difficulty living happily together after marriage."

That is a new slant on the question of success in marriage, supplements a woman writer of national fame. Not "Know thy husband" —or "wife," but "know thyself!"

And, come to think of it, isn't most of the discontent and dissatisfaction in marriage traceable to ideas of ourselves—that may be misconceptions, no less than our illusions about the other person?

How many women's dissatisfaction with their husband has as its source the thought of all they gave up to marry him, all they "might have had" if they had married a certain other man?

How many women's discontent with the role of wife and mother springs from the thought of how much more fascinating pastimes they might have had if they had followed that career?

How many girl's impossible expectations of a fulltime lover and Prince Charming originates in an exaggerated notion of their own devastating beauty and charm?

If all discontented wives would look deeply unto themselves, measure themselves, stop fooling themselves, many might discover that the other man they might have married is a self-nurtured illusion; that the career of their dreams is not a soft snap and a joy forever; but a grueling, exhausting job which might have worn them out if they had qualified for it, which they probably would have been unable to do; that they themselves are neither devastating beauties nor always charming, but women who are frequently disappointing and difficult to live with. They might discover and admit to themselves that they are greatly in debt to their husbands for many things that make life easier and better and more worthwhile—that they would not get along so well without them.

Then they might think more of doing their part of trying to make those husbands happy. And that effort on the part of one must inevitably go a long way toward a mutually happy and successful marriage.

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Two Impressions of the Loveliest Things

A school teacher put this question to a group of children: "What are the loveliest things you know, persons not counted?"

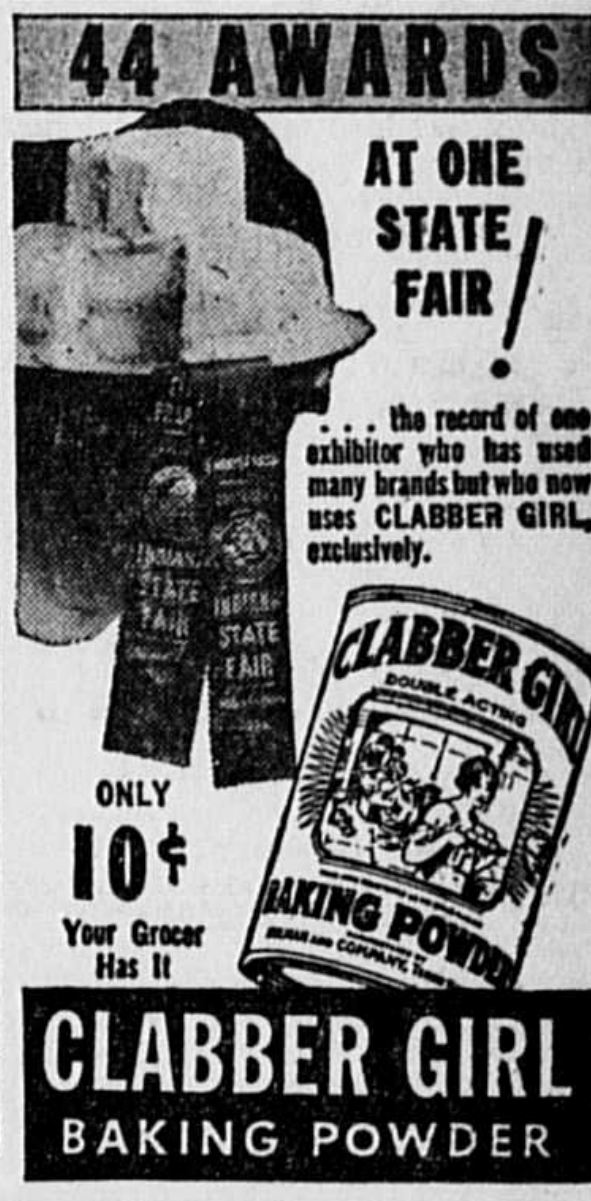
Here is the list of one girl: The scrunch of dry leaves underfoot, the feel of clean clothes, climbing up hill and looking down, hot water bottle in bed.

Here is one boy's list: The feel of running, looking into deep clear water, a swallow flying, water being cut at the bow of a boat, an express train rushing, a builder's crane lifting something heavy, the mounted policeman's horse, the feel of a dive, a thrush singing.—Stanley High.

Mine Rescue Methods

More than 963,000 persons have been trained in first-aid and mine-rescue methods under the supervision of the safety division of the bureau of mines. Since the establishment of this service such training is estimated to have saved 665 lives.

44 AWARDS AT ONE STATE FAIR!



. . . the record of one exhibitor who has used many brands but who now uses CLABBER GIRL, exclusively.

ONLY 10¢ Your Grocer Has It

CLABBER GIRL BAKING POWDER

QUAKER OATS FOR DIONNE QUINS

World-Famous Youngsters Eat It Every Day

Vitamin B in Quaker Oats Promotes Good Appetite, Healthy Nerves and System

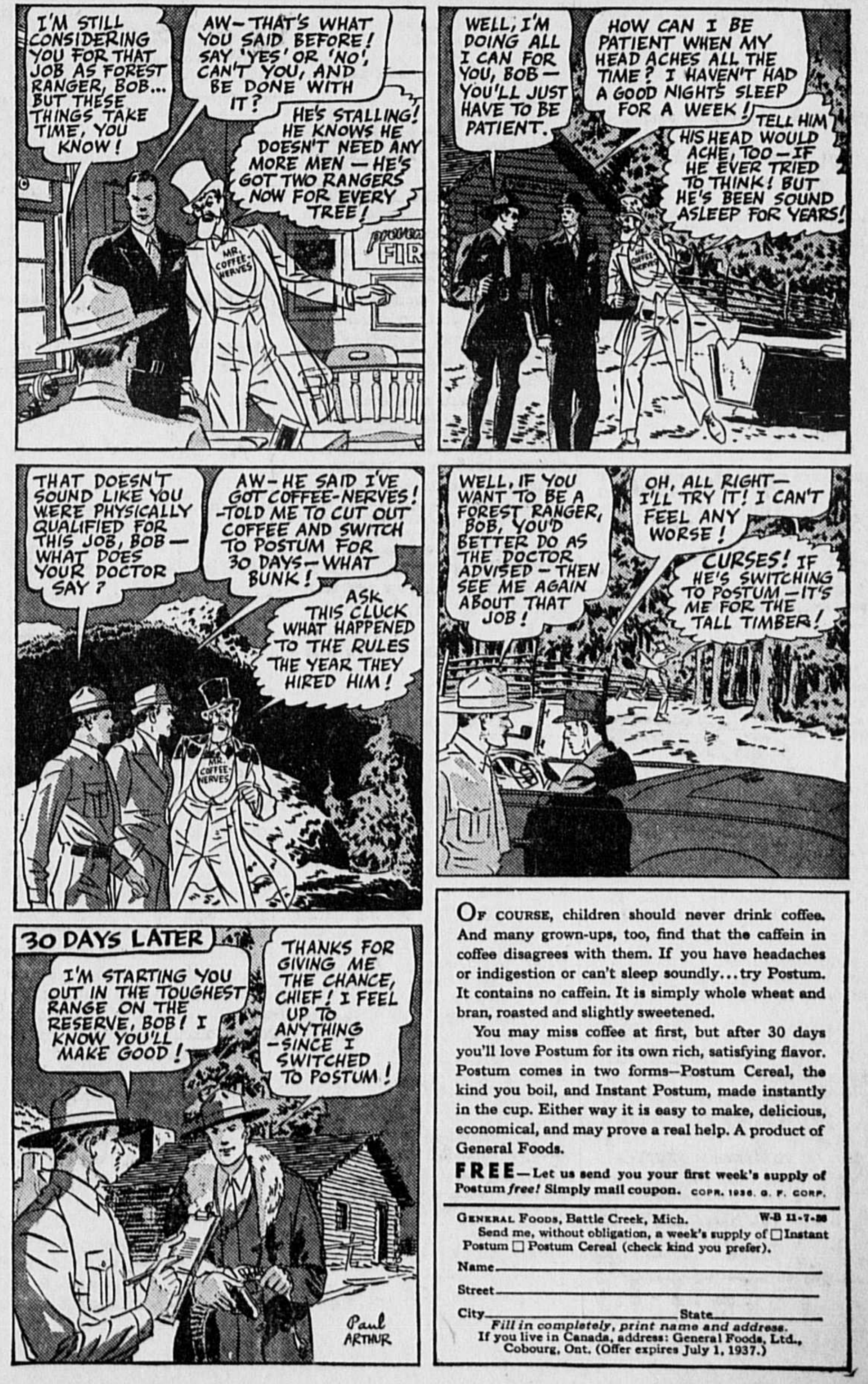
● Doctors warn against a shortage of Vitamin B in diets of either youngsters or adults.

So give the whole family a Quaker Oats breakfast every day. It supplies plenty of the wonderful 3-purpose Vitamin to combat nervousness, constipation, and poor appetite due to lack of Vitamin B.

Order a package of Quaker Oats by name from your grocer today.

QUAKER OATS

BOB JOINS THE RANGERS!


I'M STILL CONSIDERING YOU FOR THAT JOB AS FOREST RANGER, BOB... BUT THESE THINGS TAKE TIME, YOU KNOW!
AW—THAT'S WHAT YOU SAID BEFORE! SAY 'YES' OR 'NO', CAN'T YOU, AND BE DONE WITH IT?
HE'S STALLING! HE KNOWS HE DOESN'T NEED ANY MORE MEN — HE'S GOT TWO RANGERS NOW FOR EVERY TREE!
MR. COFFEE-NERVES
WELL, I'M DOING ALL I CAN FOR YOU, BOB— YOU'LL JUST HAVE TO BE PATIENT.
HOW CAN I BE PATIENT WHEN MY HEAD ACHES ALL THE TIME? I HAVEN'T HAD A GOOD NIGHT'S SLEEP FOR A WEEK!
TELL HIM HIS HEAD WOULD ACHE, TOO—IF HE EVER TRIED TO THINK! BUT HE'S BEEN SOUND ASLEEP FOR YEARS!
THAT DOESN'T SOUND LIKE YOU WERE PHYSICALLY QUALIFIED FOR THIS JOB, BOB — WHAT DOES YOUR DOCTOR SAY?
AW—HE SAID I'VE GOT COFFEE-NERVES! —TOLD ME TO CUT OUT COFFEE AND SWITCH TO POSTUM FOR 30 DAYS—WHAT BUNK!
ASK THIS CLUCK WHAT HAPPENED TO THE RULES THE YEAR THEY HIRED HIM!
WELL, IF YOU WANT TO BE A FOREST RANGER, BOB, YOU'D BETTER DO AS THE DOCTOR ADVISED — THEN SEE ME AGAIN ABOUT THAT JOB!
OH, ALL RIGHT— I'LL TRY IT! I CAN'T FEEL ANY WORSE!
CURSES! IF HE'S SWITCHING TO POSTUM — IT'S ME FOR THE TALL TIMBER!
30 DAYS LATER
I'M STARTING YOU OUT IN THE TOUGHEST RANGE ON THE RESERVE, BOB! I KNOW YOU'LL MAKE GOOD!
THANKS FOR GIVING ME THE CHANCE, CHIEF! I FEEL UP TO ANYTHING —SINCE I SWITCHED TO POSTUM!
Paul ARTHUR

OF COURSE, children should never drink coffee. And many grown-ups, too, find that the caffein in coffee disagrees with them. If you have headaches or indigestion or can't sleep soundly... try Postum. It contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened.

You may miss coffee at first, but after 30 days you'll love Postum for its own rich, satisfying flavor. Postum comes in two forms—Postum Cereal, the kind you boil, and Instant Postum, made instantly in the cup. Either way it is easy to make, delicious, economical, and may prove a real help. A product of General Foods.

FREE—Let us send you your first week's supply of Postum *free!* Simply mail coupon. COPR. 1936, G. F. CORP.

GENERAL FOODS, Battle Creek, Mich. W-B 11-7-36
Send me, without obligation, a week's supply of ☐ Instant Postum ☐ Postum Cereal (check kind you prefer).
Name
Street
City State
Fill in completely, print name and address.
If you live in Canada, address: General Foods, Ltd., Cobourg, Ont. (Offer expires July 1, 1937.)

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