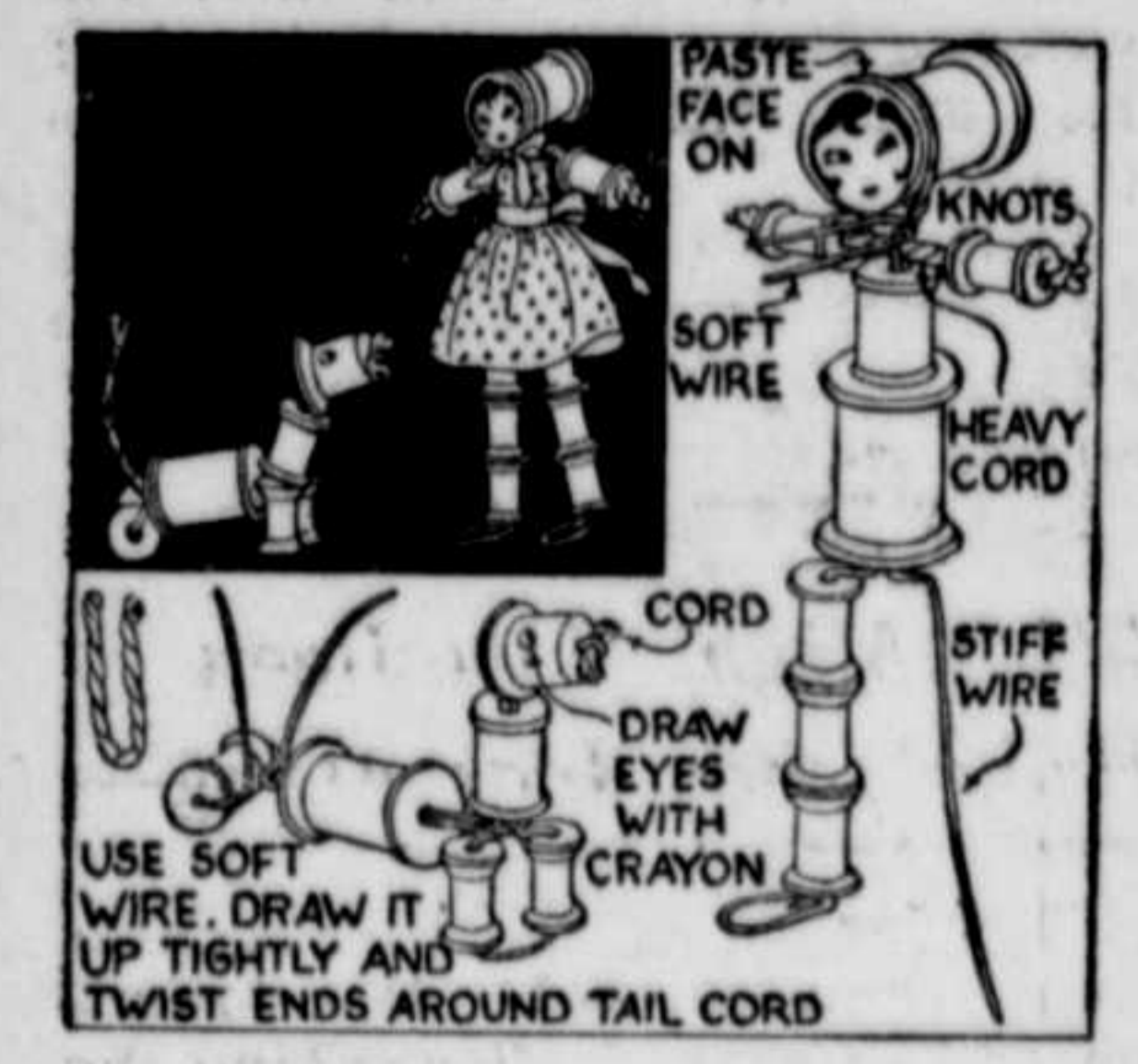


Toys for Christmas Made From Spools

By RUTH WYETH SPEARS
SO MANY readers have asked for more spool ideas after seeing the directions for spool shelves in Sewing Book No. 3, that I know you will love making these amusing toys.

The two spools for the doll's arms are strung together with cord. Start with these, then bend the body wire over the center of the cord. Run both ends of the



wire through the two body spools, then bend the wires and run them through the spools for the legs. Bend in flat loops for the feet. Twist wire around the bonnet spool and fasten to body tightly so the bonnet tips up at the back. Cut a face out of a fashion magazine or draw one and paste it on the front of the bonnet spool. The dress is of two straight pieces; the bright sash and bonnet ribbons match.

One end is cut off the spool for the dog's head. Bend the wire over the whiskers, then run both ends through the head and neck spools. Run one end through the two leg spools, then both through the body and one through the back spool. Twist together around the tail.

NOTE: Readers who are now using Sewing Books No. 1, 2 and 3 will be happy to learn that No. 4 is ready for mailing; as well as the 10-cent editions of No. 1, 2 and 3. Mrs. Spears has just made quilt block patterns for three designs selected from her favorite Early American quilts. You may have these patterns FREE with your order for four books. Price of books—10 cents each postpaid. Set of three quilt block patterns without books—10 cents. Send orders to Mrs. Spears, Drawer 10, Bedford Hills, New York.

Beware Coughs from common colds That Hang On

Cremolusol relieves promptly because it goes right to the seat of the trouble to loosen germ laden phlegm, increase secretions and soothe the inflamed and raw, tender, inflamed bronchial mucous membranes. No matter how many medicines you have tried, tell your druggist to sell you a bottle of Cremolusol with the understanding that you are to like the way it quickly always the cough or you are to have your money back.

CREMOLUSOL for Coughs, Chest Colds, Bronchitis

Habits to Cultivate
Cultivate only the habits that you are willing should master you.—Elbert Hubbard.

HEADACHE?

Here is Amazing Relief of Conditions Due to Stagnant Bowels
Natures Remedy
If you think all laxatives act alike, just try this one. It is a vegetable laxative. So mild, thorough, refreshing. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation. Get a 25c box of N.R. from your druggist. Make the test—then without risk return the box to us. We will refund the purchase price. That's fair. Get N.R. Tablets today.

National Calamity

Every war is a national calamity whether victorious or not.—Gen. Von Moltke.

Today's popularity of Doan's Pills, after many years of world-wide use, amply proves that they are accepted as evidence of the value of the medicine which they contain. And favorable public opinion supports that of the able physicians who use the value of Doan's under exacting laboratory conditions. These physicians, too, approve every word of advertising you read, the objective of which is only to recommend Doan's Pills as a good diuretic treatment for disorder of the kidney function and for relief of the pain and worry it causes.

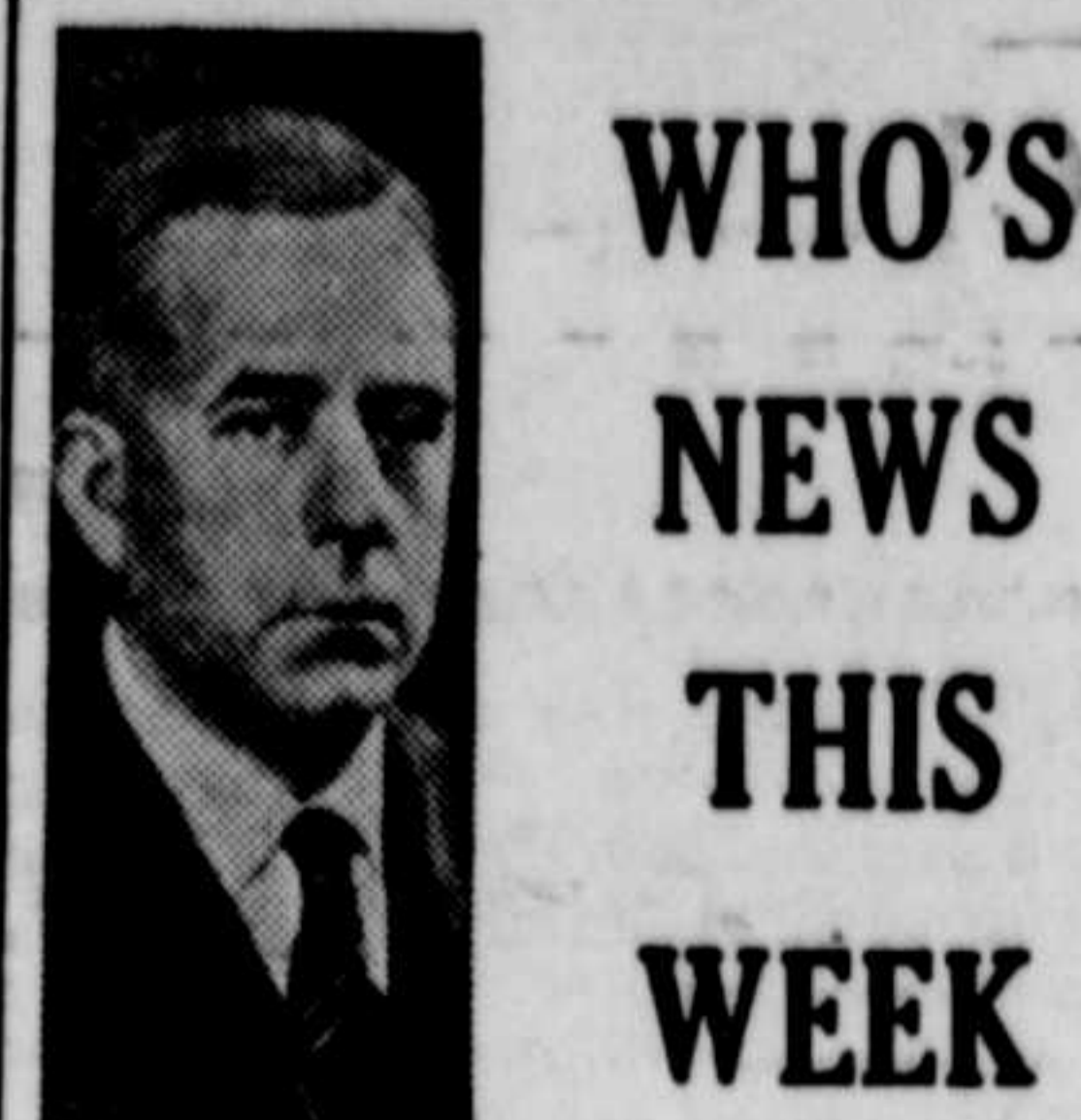
If you are aware of how the kidneys must constantly remove waste that cannot stay in the blood without injury to health, there would be better understanding of why the whole body suffers when kidneys lag, and diuretic medication would be more often employed. Burning, scanty or too frequent urination sometimes warn of disturbed kidney function. You may suffer nagging kidney ache, persistent headache, attacks of dizziness, getting up at night, swelling, pain under the eyes—feet weak, nervous, all played out.

DOAN'S PILLS

Whether you're planning a party or remodeling a room you should follow the advertisements... to learn what's new... and cheaper... and better. And the place to find out about new things is right here in this newspaper. Its columns are filled with important messages which you should read regularly.

MODERNIZE

Consolidated Features—WNU Service.



WHO'S NEWS THIS WEEK

By LEMUEL F. PARTON

NEW YORK.—When we went into the World War, Sen. Smith W. Brookhart of Iowa said our crack riflemen would win for us if we were allowed to recruit and train them. Americans, he said, were born marksmen, and the rifle would be suited to our native genius. He was soundly patriotic and moving, as he worked in Daniel Boone and individual initiative, but his plea went unheeded—in fact, the senator's suggestion seemed amusing to most commentators.

But, at that time, there was a young fellow popping off the conveyor belt ducks at Coney Island with such accuracy that he became a virtuoso of rifle fire, and, in between war years, made the rifle the mainstay of our army firing power, just as Senator Brookhart said it ought to be. The Garand self-loading, semi-automatic rifle, tested by National Guardsmen at Camp Smith, Peekskill, has for several years been put down by military men as the world's most sensational achievement in light arms. The army took it over in 1937. It is the creation of John C. Garand, the young toolmaker whose earlier laboratory was a Coney Island shooting gallery. It weighs only nine pounds, and fires 60 shots to the minute—one shot with one trigger-pull.

Young Garand made several models, embodying his basic idea, and sent one to the navy department at Washington. They planted him with the bureau of standards to continue his experiments.

Later, they sent him to the United States armory at Springfield, where in 1923 he brought through the deadliest small weapon ever made. It has been steadily improved since then, and, according to the most authoritative military judgment, has more than trebled our army's firing power. Automatic in all but the trigger-pull, muzzle gas is used to power it.

John C. Garand was born in a French-Canadian village, 20 miles from Montreal, and was brought to Putnam, Conn., by his father, when he was seven, after the death of his mother. He was the seventh of 14 children. He was a textile mill machinist at 13. In 1930, he married a Canadian girl. They have a boy and a girl. He is 52 years old, still a gunsmith at the Springfield armory.

THERE was once a hillbilly girl who went to a neighbor's cabin to borrow a hammer. She said, "Pappy's fixin' to build a house next fall." Over in Europe, they are "fixin'" to build a federated Europe, forehanded about it, as above, with the building apparently dependent on a preliminary wrecking job.

Within the last few days, plans for the grand remodeling have gone forward, with two sets of blueprints on each side of the west wall. Franz von Papen thinks the new commonwealth of Europe will be devised by Germany, while Paul Reynaud, French minister of finance, and his conferees in London, are making other arrangements. The wide range of planners swings from intellectuals, such as Julian Huxley, the British scientist, to the man of action, General Wladislaw Sikorski, premier of the Polish government which is just now camping out in France.

General Sikorski, the latest matriculate in the peace seminar, visions a "consolidated Europe," but one in which a reconstituted Poland will somehow be happily encysted.

He is a soldier who became a writing, as well as a fighting man, also, with his gift of ready speech, an orator and politician. He was an effective leader of the war of 1920, when the French general, Maxime Weygand, helped the Poles stop the Bolsheviks, and he became premier in 1922 when he was replaced by Marshal Pilsudski as chief-of-staff. He was forced out in 1923, and in 1924 became minister of war. One of his first official acts was to forbid women workers in the department to wear silk stockings. He decreed dark, high-collared dresses, high shoes and cotton stockings. He is a strict disciplinarian.

Household News By Eleanor Howe



COOKIES MAKE CHARMING CHRISTMAS GIFTS

(See Recipes Below)

Holiday Fruit Cakes And Cookies

Half the thrill of Christmas is in the pre-holiday preparations. Making cakes that are crammed with fruit and nuts, baking an endless variety of cookies to be frosted and "trimmed" in true holiday fashion, and packing gift boxes of Christmas confections, is as much fun as the great day itself!

Fruit cakes are a Christmas holiday tradition. The dark cakes do improve with age and should be made as early as possible. They won't mold or dry out if they're properly stored. Wrap the cooled cakes well in wax paper, then store in tightly covered cans. If you like, brandy or wine may be spooned over the cakes at two-week intervals during storage. White fruit cakes make a pretty contrast with the dark, but they dry out rather soon and should be eaten within a few weeks after baking.

Don't forget that fruit cakes, cookies, and small plum puddings make charming Christmas gifts, especially for the friends and relatives who'll be away from home on the holiday.

Christmas Fruit Cake. (Makes 10 pounds)
1 1/2 pounds currants
3 pounds seedless raisins
1 pound citron
1 pound mixed candied fruit
1 pound candied pineapple
1 pound candied cherries
1 cup butter
1 cup brown sugar
6 eggs
4 cups pastry flour
1 teaspoon baking powder
1 tablespoon cinnamon
1 teaspoon allspice
1 teaspoon nutmeg
1/2 teaspoon cloves
1/2 teaspoon salt
1 cup fruit juice or wine

Cut fruits. Cream butter and add sugar. Add well-beaten egg yolks. Mix and sift dry ingredients and add alternately with fruit juice or wine to the butter mixture. Add fruit. Fold in beaten egg whites. Place in baking pans lined with wax paper. Cover pans with cheesecloth and steam 5 hours. Then bake one hour in a slow oven (275 degrees).

Glaze Finish for Fruit Cakes.
1 1/2 cups water
3/4 cup granulated sugar
3/4 ounce Gum Arabic (4 1/2 teaspoons)
Place sugar and water in a saucepan and boil to the thread stage (230 degrees). Add Gum Arabic and heat again just to the boiling point. After fruit cake has been baked, remove from the oven and garnish with nuts and fruits as desired. Then pour the Gum Arabic mixture over the fruit cake in a thin stream, and manipulate as little as possible in order to avoid crystallization of the glaze.

Plum Pudding. (Serves 6)
1/2 cup milk
3 1/2 cups soft bread crumbs
1/4 pound suet (ground)
1/2 cup sugar
2 eggs (separated)
3/4 cup seedless raisins
1/2 cup currants
1/4 pound figs (cut fine)
1/4 cup citron (sliced thin)
1/2 teaspoon nutmeg
1/4 teaspoon cinnamon
1/4 teaspoon cloves
1/2 teaspoon mace
1/4 teaspoon salt
1/4 cup apple cider

Scald milk and pour over bread crumbs. Cool. Cream ground suet in warm bowl. Add sugar, cream together thoroughly, and add well-beaten egg yolks. Combine these two mixtures. Add cut fruits together with spices and salt. Add cider. Lastly, fold in stiffly beaten egg whites. Pour into well-greased pudding mold. Cover tightly and

What They Want

Maybe this will help you pick out Christmas presents. Sales Management Magazine recently asked 2,000 people for their idea of the "best Christmas present." Here are the answers:

Type of Gift	Times Chosen
Wearing Apparel	539
Jewelry	219
Household Goods	204
Automobiles and Accessories	154
Don't Know	111
Personal Accessories	106
Sporting Goods	85
Radio and Musical Instruments	81
Tobacco	68
Travel	61
Cameras	56
Leather Goods	54
Liquor	47
Cash	42
Books and Magazines	39
Writing Materials	27
Binoculars	23
Tools and Machinery	23
Boats	18
Pets	16
Instruction Courses	13
Miscellaneous	12
Art Supplies	5

Think of Children, Not Only Yourself, When Buying Toys

Don't buy the toy just because it pleases your fancy. Keep the child in mind, too. Miniature dogs with wagging tails are fascinating to parents but they won't keep the child happy very long. Miss Elizabeth Irwin, who is principal of New York's Little Red School House, says large blocks, tool chests or hand-manipulated derricks make much better gifts.

Keeping in mind the child's age and taste, durability of the toy and a few well-chosen scientific principles, she offers these rules to you who are Santa Clauses this Christmas:



1. Choose toys which stimulate the child's imagination, rather than mechanical toys. Trains that run by hand are an example.

2. Choose toys which help children exercise their large muscles, like large blocks, trapezes, boards to fit over saw horses. Roller skates, sleds, bicycles and other athletic toys are also good.

3. Find toys that don't break easily. If you buy tools, be sure the hammer head won't fly off. Inexpensive miniature automobiles may break down after a few trips around the parlor floor.

4. Buy games of skill, not of chance. Select games involving counting and building.

This new Arabian pony, which scoots along as the rider bounces up and down, is a sample of the toy which helps children exercise large muscles.

Santa's Gifts Censored

In S. Africa This Year
They've cramped Santa Claus' style this Christmas in South Africa. Little Jannie may ask for a toy pistol and little Piet may want a box of lead soldiers. But they won't get them.

Toy soldiers, guns and tanks and pistols are now banned by the Union.

The reason: A recent outbreak of violence by young criminals frightened the legislature into barring any toy resembling a weapon, particularly a revolver. Water pistols are barred; and even the little percussion cap pistols are taboo.

City Christmas



Shining down on Chicago's Michigan boulevard, this Christmas tree in lights 21 stories high is formed by office lights in the stately Palmolive building, the effect being crowned by the Lindbergh aerial beacon atop the skyscraper.

Strange Facts

1200 Years on Poem
Thumbers Certified
Blonds for Ladies

The Hindu epic poem, the "Mahabharata," was started in 500 B. C., and not finished for 1,200 years, which is probably the longest period ever devoted to the composition of a single piece of secular literature.

The Registered Collegiate Thumbers, an organization of "certified" hitchhikers, now has more than a thousand members in about 200 colleges. For the 50-cent fee, one is enrolled and given a large "RCT" label for his suitcase and an identification card whose reverse side bears a waiver legally releasing the motorist from liability in case of accident.

One of the largest machinery manufacturers in this country still spurns addressing machinery in the mailing of 1,500,000 copies of its free bimonthly magazine, sending them, for the personal touch, in hand-addressed wrappers.

According to organizations that supply lone women with men escorts, most ladies prefer blonds.—Collier's.

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Try this way once and you'll know almost instantly why people everywhere praise it. It has rapidly replaced expensive "pain remedies" in thousands of cases. Always ask for genuine "Bayer Aspirin" by its full name when you buy name never ask for "aspirin" alone.

Demand BAYER ASPIRIN

By Understanding
Justice between men or between nations can only be achieved through understanding and good will.—Jane Addams.

THE TEA-CUP THAT FIGHTS CONSTIPATION

Garfield Tea is not a "cure-all," but if you want prompt relief from temporary CONSTIPATION without drastic drugs, try a cup tonight of this fragrant, 10-herb tea. Act thoroughly and mildly. Pleasant to the taste. 25c-10c at drugstores.

GARFIELD TEA

Share Fortune
The best use we can make of good fortune is to share it with our fellows.—Julian Hawthorne.

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4 blocks from 3rd Church
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The best place to start your shopping tour is in your favorite easy chair, with an open newspaper.
Make a habit of reading the advertisements in this paper every week. They can save you time, energy and money.