Accenting the Width Of a Narrow Room

By RUTH WYETH SPEARS

ON A Thursday afternoon the south end of a certain dining room was as shown here in the upper sketch. The following Monday it appeared as shown below. Cupboards had been added to display china and give storage space, yet the room actually seemed wider and more spacious than before.

The transformation was made by the handy man with no tools but a hammer, saw and screw

driver plus the aid of his willing helper with needle, thread and paint and a brush. The cupboards were eight inches deep and made of one-inch lumber with doors of plywood for the lower part.

• • •

NOTE: Mrs. Spears' Books 1 and 3 are full of other practical ideas for making and hanging curtains. Each book has 32 pages of pictures showing you how to modernize and beautify your home. Send order to:

MRS. RUTH WYETH SPEARS
Drawer 10
Bedford Hills New York
Enclose 20 cents for Books 1 and 3.
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Crowned Before Born

Shapur II of Persia was the only king who was crowned before birth, the coronation, which consisted of placing the royal circlet on the head of his waiting cradle, taking place three days before he was born in 310, says Collier's.

Inez de Castro of Portugal was the only queen who was crowned after death, the coronation, for which her body was exhumed and set on the throne, taking place two years after she was murdered in 1355.

DON'T BE BOSSED
BY YOUR LAXATIVE—RELIEVE CONSTIPATION THIS MODERN WAY
• When you feel gassy, headachy, logy due to clogged-up bowels, do as *millions* do—take Feen-A-Mint at bedtime. Next morning—thorough, comfortable relief, helping you start the day full of your normal energy and pep, feeling like a million! Feen-A-Mint doesn't disturb your night's rest or interfere with work the next day. Try Feen-A-Mint, the chewing gum laxative, *yourself*. It tastes good, it's handy and economical . . . a family supply costs only
FEEN-A-MINT 10¢

Unused Freedom

A dictatorship is a nation where men once had freedom but didn't use it.—A. Brandon.

"MIDDLE-AGE" WOMEN [38-52 yrs. old]
HEED THIS ADVICE!!
Thousands of women are helped to go smiling thru distress peculiar to women—caused by this period in life—with Lydia E. Pinkham's Vegetable Compound—famous for over 60 years. Pinkham's Compound—made *especially for women*—has helped *thousands* to relieve such weak, nervous feelings due to this functional disturbance. Try it!

Moving Nature

Nothing stands still in nature but death.—Emerson.

CORN FREE, HAPPY FEET
SALVE PADS & TAPE 15¢ SALVE PADS & TAPE 15¢
KONLER
ONE NIGHT CORN SALVE
AT ALL DRUG STORES—SINCE 1885

BUREAU OF STANDARDS
• A BUSINESS organization which wants to get the most for the money sets up standards by which to judge what is offered to it, just as in Washington the government maintains a Bureau of Standards.
• You can have your own Bureau of Standards, too. Just consult the advertising columns of your newspaper. They safeguard your purchasing power every day of every year.

RESTAURANT MEN ARISE!

"Washington.—A meeting of the Regional Restaurant Convention was told by speakers here that restaurant owners should serve foods which would help national security. 'Restaurant men should put their knowledge of nutrition and diet to work in the cause of defense,' a speaker said. 'They can help improve the stamina of America.' "—News item.

• • •

Elmer Twitchell was much interested in the above item. As an old restaurant man himself, the idea absorbed his interest. "I think there's something in it," he declared. "You take a hamburger . . .

The reporter reached out to take one, but Mr. Twitchell explained he was speaking figuratively.

"Take a hamburger. There are hamburgers and hamburgers. I don't know how they rate in the matter of stamina, but the kind many restaurants serve today certainly make a man want to fight."

"What about all-hots?" he was asked.

"The all-hot rates about B plus in a defense program," explained Elmer solemnly, consulting his charts. "They are not only nutritious, but they are a national habit. They are a part of the American system. Take our frankfurters and rolls away from us and our morale would undergo terrific damage."

• • •

"How does the combo or ham and egg on rye rate in a national defense program?"

"Our tests have shown," replied Elmer, "that a man cannot remain an adequate fighting unit as long on the combo as he can on a three-decker liverwurst with lettuce and mayonnaise, but he is within one point ten of being as durable as a man who prefers a salami on a hard roll."

"What about the minute steak?"

"This minute steak business demands an immediate study," snapped Mr. Twitchell. "It covers too much territory. I ordered a minute steak sandwich in a fairly good restaurant last night. It unfitted me even for draft purposes by loosening all my front teeth."

• • •

"How about chicken salad as an aid to national security?"

"I understand there are places where chicken salad is chicken salad," replied Elmer, "but I have not been able to locate 'em. There is nothing in the chicken salads I have ordered that would sustain a man through a minor skirmish with a platoon of Singer midgets."

"What about the cheeseburger sandwich? Could the nation put its trust in that in time of war?"

"The war and navy departments have the cheeseburger under consideration at this moment. Messrs. Stimson, Knox and others had a special session to determine the proper place of the cheeseburger in any defense program," said Elmer.

"How about beef stew and beans?"

"Now you're talking sense," concluded Elmer. "No matter what the restaurant man or the defense bodies may suggest, stew and beans are what the fighting forces will get . . . and past performances show it ain't half bad."

• • •

Reaction to the ASCAP-Radio War.

I cannot get the old sweet songs;
Somehow it strikes me funny
That those who write of "love and you"
Can think so much of money.

• • •

Well, anyhow, the ban on all those song hits on the chain radios has killed off the fellow who was always asking for request numbers.

• • •

The best slogan for America in the present crisis is reported on billboards in Miami: "AMERICA, LOVE IT OR LEAVE IT."

• • •

Germany has gone to the rescue of Italy. This may turn out to mark the introduction of a new type of German warfare: Rescue with pursuit.

• • •

Observations.

Misfortune, friends, befell me,
I hate to walk an inch;
I let some salesmen sell me
A pair of shoes that pinch.

• • •

Have you broken any New Year's resolutions yet?

• • •

This looks like a year when a good slogan for anybody is, "Never change skis in midair!"

• • •

DEFENSE PROGRAM STUFF

("New army camps are at least a month behind schedule."—News item.)

Last night I saw most everywhere
An army camp that wasn't there;
It wasn't there again today—
I hope the foe will keep away!

• • •

The present horizon
To Il Duce is "pizon."

• • •

THE GIST OF IT

Marshal Graziani's report, boiled down, would read, "I shoulda stayed in bed."

MID-WINTER MENUS
(See Recipes Below)

You may have a mental filing system for your menus, or you may jot down your meal ideas and slip them into a recipe box. Either way, the chances are that mid-winter finds you in the market for some fresh and workable ideas for what to feed the family.

First and foremost, you will want your winter menus to be warming and heartening. The calorie content may be a little higher because more energy is needed to supply heat and because the cold stimulates us to more activity. Vitamin suppliers need to be carefully watched. With your garden adrift with snow, not so many fresh vegetables and fruits will find their way to your table without a special effort on your part.

Even if fresh peas, green beans and vine-ripened tomatoes are out of reach, almost any market boasts whole bins filled with apples, sweet potatoes, cabbage and carrots—all of them potent sources of vitamins. Plenty of grapefruit, oranges and tomato juice will help to replace the fresh tomatoes.

But now for the menus! Two are dinners—one built around a fragrant, red-brown dish of Hungarian goulash served with plenty of hot buttered noodles; the other, sausages baked under a covering of Yorkshire pudding. The third meal is a hot soup luncheon.

Hungarian Goulash
Buttered Noodles
Salad Bowl
(spinach, carrot, raw cauliflower)
Brazil Nut Cherry Pie
Coffee Milk

Yorkshire Sausages
Canned Green Beans with
Mustard Butter Sauce
Whole Carrots
Red Cabbage Salad
Honey Spice Cake
Coffee Milk

Tomato Chicken Soup
Swiss Cheese Sandwiches
Grapefruit and Apple Salad
Frosted Ginger Bars
Tea Milk

Red Cabbage Salad.
(Serves 5 to 6)

2 cups red cabbage (shredded fine)
3 tart, red cooking apples (unpeeled) (diced)
1 cup grated carrot
4 tablespoons brown sugar
3 tablespoons vinegar
2 tablespoons French dressing (prepared)

Buy a small, solid young head of red cabbage, one with thin, tender leaves. Remove core, and shred very fine. Place shredded cabbage in ice water for 30 minutes to crisp it. Combine cabbage, diced apple and grated carrot. Mix brown sugar, vinegar and French dressing and pour over salad. Toss lightly, until dressing is thoroughly mixed with salad.

Hungarian Goulash
(Serves 4 to 5)

1½ pounds beef round (cubed)
3 tablespoons fat
3 beef bouillon cubes
3 cups hot water
½ clove garlic
½ bay leaf
½ teaspoon salt
Few grains cayenne pepper
2 cups cubed potatoes
1½ tablespoons butter
1½ tablespoons flour
1 tablespoon paprika
1 cup canned tomatoes (sieved)

Have beef cut in 1½-inch cubes. Brown on all sides in hot fat, then add bouillon cubes dissolved in hot water. Add garlic, bay leaf, salt and cayenne pepper and simmer the mixture for 2 hours. Remove garlic and bay leaf, and add potatoes cut in ½-inch cubes. Cook 30 minutes, then remove ¼ cup of broth from pan and cool. Combine with melted butter, flour, and paprika and blend into a smooth paste. Add to goulash, stirring constantly; cook until thick, about 5 minutes. Add sieved tomato and cook 10 more minutes.

Brazil Nut Cherry Pie.
(Makes 1 9-inch pie)

2½ cups sour, red cherries (canned)
1 cup cherry juice
3 tablespoons cornstarch
1 cup sugar
1 tablespoon butter
½ cup sliced Brazil nuts

Drain cherries, and set aside the juice. Blend cornstarch and sugar in a saucepan; add cherry juice. Place over heat and cook, stirring constantly until thickened, about 3 minutes. Remove from the heat, add drained cherries, butter and Brazil nuts. Pour the filling into a 9-inch pie plate lined with pastry. Moisten the edge of the pie with cold water; arrange lattice of pastry strips across pie. Press down rim with fork. Bake in hot oven (450 degrees Fahrenheit) 15 minutes, then in moderate oven (350 degrees Fahrenheit) for 30 minutes.

Honey Spice Cake.

3 cups sifted cake flour
3 teaspoons baking powder
½ teaspoon salt
½ teaspoon soda
1½ teaspoons cinnamon
½ teaspoon cloves
½ teaspoon nutmeg
¾ cup butter or other shortening
⅓ cup sugar
¾ cup strained honey
2 egg yolks, well beaten
½ cup chopped nut meats
1 teaspoon vanilla
¾ cup water
2 egg whites (stiffly beaten)

Sift cake flour once, add baking powder, salt, soda, and spices and sift together three times. Cream butter thoroughly, add sugar, and cream together until light and fluffy. Add honey gradually. Beat after each addition. Add egg yolks, nuts, and vanilla; beat well. Add flour, alternately with water, a small amount at a time. Beat after each addition until smooth. Fold in stiffly beaten egg whites. Bake in a paper-lined greased loaf pan (9 by 13 by 2 inches) in moderate oven (350 degrees) for 50 minutes.

Tomato Chicken Soup.
(Serves 6)

2 tablespoons onion (finely chopped)
1 tablespoon butter
2 No. 1 cans condensed chicken soup
1 No. 1 can condensed tomato soup
1⅓ cups water
1⅓ cup light cream or milk
¼ teaspoon salt
⅛ teaspoon white pepper

Saute onion in butter until yellow and transparent. Add chicken soup, tomato soup, water, milk, salt and white pepper. Stir thoroughly and heat to serving temperature.

Apricot Sweet Potatoes.
(Serves 6)

6 medium-sized sweet potatoes
½ pound dried apricots
¾ cup water
¾ cup sugar
½ teaspoon salt

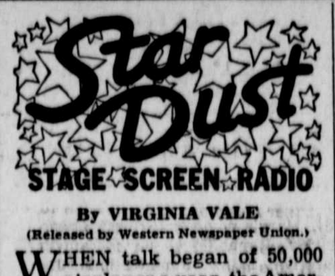
Peel sweet potatoes and cook in boiling salted water (1 teaspoon per quart) until tender, about 35 minutes. Mash with a potato masher. Cover apricots with water and let soak for 30 minutes. Then simmer until tender, about 25 minutes. Mash the fruit to a pulp and add sugar and salt. Whip apricot pulp with sweet potatoes until very well blended. Serve very hot. Apricot sweet potatoes are especially good with ham and broccoli.

WHEN DAUGHTER LEARNS TO COOK

Is your teen-age daughter learning to cook? Father will encourage her efforts if she learns to prepare the kind of good substantial food he likes. Eleanor Howe's Cook Book "Feeding Father" will tell her how in simple, easy-to-follow language. She'll even learn to bake his favorite chocolate cake without much supervision from you.

Simply send 10 cents in coin to "Feeding Father" care of Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois to get her a copy.

(Released by Western Newspaper Union.)



By VIRGINIA VALE
(Released by Western Newspaper Union.)

WHEN talk began of 50,000 airplanes a year, the American public was surprised to learn that it takes at least five men on the ground to keep one man in the air, but the picture makers of Hollywood considered the number rather small; you see, they use anywhere from thirty to forty persons behind the camera to keep one actor in front of it.

In a scene made for "That Uncertain Feeling," in which Merle Oberon appeared alone before the camera, there were 35 persons on the set to help her make a shot which will last 15 seconds on the screen. If you're interested, the list included two assistant directors, a cameraman, a camera operator, two camera assistants, ten electricians, three carpenters, two property men, four sound men, a painter, a wardrobe woman, a makeup man, a body makeup woman, a hairdresser, a still photographer, a playback operator, a pianist for off-stage sound and a stand-in. The thirty-fifth was Director Ernst Lubitsch.

—*—

Betty Brewer's ship has really come in at last. Betty's the attractive but not beautiful youngster who made such a hit in "Rangers of Fortune," remember? She's been the bread winner for her family of five for a year—she's 13 now. Her family migrated from Joplin, Mo., to Sacramento, Calif., in a flivver, but her father couldn't find work there and Betty began singing at conventions and banquets.

Betty Brewer

She went to Hollywood, sang on the radio, lost her job and had to go on relief. She was singing on the streets for pennies when Sam Wood, the director, discovered her. Her second picture was "The Roundup"; she's working now in "Las Vegas Nights," and next will do "Two Bad Angels," and she's just signed a brand new contract with Paramount.

—*—

Katharine Hepburn has had her revenge on the people who not so awfully long ago considered her "poison at the box office"; her new Metro picture, "The Philadelphia Story," topped all records for New York's huge Radio City Music Hall for the last five years. Cary Grant, James Stewart, Roland Young and Ruth Hussey give her perfect support. Miss Hepburn evidently knew that she had a good thing when she found "The Philadelphia Story"; she is still starring in the stage version—she is part owner of the play—and she is full owner of the picture, as well as its star.

—*—

The success of "Teeny," Fibber McGee and Molly's little "I betcha!" girl, is no flash in the pan. Marian Jordan, who plays "Teeny" as well as "Molly," was one of radio's pioneers in adding a child's voice to her repertoire of characters. She did her little-girl routine fully 12 years ago in Chicago as part of Kaltenmeyer's Kindergarten, one of radio's first network children shows.

Marian Jordan

Fibber McGee and Molly weren't even names on a radio script until six years later, when Don Quinn, the Jordans' script writer, thought them up.

—*—

If the "Quizz Kids" are among your radio favorites prepare to see them on the screen before long. They're making a series of shorts at Paramount's Long Island studios. The star performer is sure to be that very young man, Gerard Darrow, who ranks with John Kieran of "Information Please" when it comes to natural history.

—*—

Don't be surprised if you happen to meet your favorite radio stars and discover that their voices sound altogether different than they do when you hear them on the screen or radio. Rudy Vallee, John Barrymore and Billie Burke are outstanding examples of this difference in voices; theirs are all pitched lower naturally than they are when they come over the air.

—*—

ODDS AND ENDS

¶ *Franchot Tone has signed up to make two pictures a year for five years for Universal.*

¶ *Charles Boyer co-stars with Deanna Durbin in "Ready for Romance"—which Deanna is.*

¶ *James Cagney and the newly-wed Bette Davis will co-star for the first time in "The Bride Came C. O. D."*

¶ *Bing Crosby and Bob Hope are going to play golf for Britain. They've announced that they will begin a golfing tour in March, teamed with two golf professionals, the proceeds going to British war relief.*

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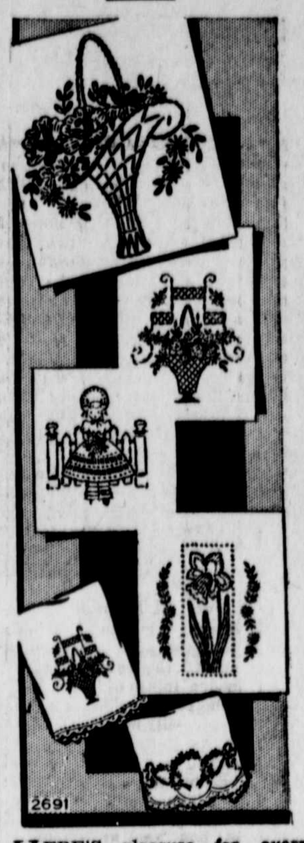

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• • •

Pattern 2691 contains a transfer pattern of 24 motifs ranging from 3x9 inches to 1½x1½ inches; materials required; color schemes; illustrations of stitches. Send order to:

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Enclose 15 cents in coins for Pattern No.....
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15¢ RED CLOUD BERRIES
ALL VEGETABLE LAXATIVE PREPARATION

Little Choice

There's small choice in rotten apples.—Shakespeare.

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As time goes on advertising is used more and more, and as it is used more we all profit more. It's the way advertising has—
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