

Household Hints

by Lynn Chambers



HERE'S TO BUTTERY FINGERS AND A TAFFY PULL
(See Recipes Below)

CHILDREN'S DELIGHT

If you want your children and their friends to give you a rating of "super," then give just one party for children alone, and make that party a good, old-fashioned taffy pull. Think back a moment and remember how you looked forward to a taffy pull just as much as going to a circus.

This party is exciting fun because the children have a chance to help in the making of refreshments. Yes, pulling taffy with their fingers all buttered, and watching the dark candy mixture get lighter and lighter each time it's pulled. They'll like this too, because a taffy pull isn't a fussy party. When you send out the invitations, let the mothers know it's a taffy party so the children will be dressed accordingly.

Unlike many foods which are iron sources, molasses when cooked does not lose its iron content.

If possible use a candy thermometer to test the candy so it will be cooked just right, neither too stiff nor too messy to handle. When the candy is cool enough, cut it just the right size for small hands. The piece should be large enough to work on, but not too large. When the piece is light tan and very stiff, pull into a long strip and cut.

Molasses Taffy

- 2 cups pure New Orleans molasses
- 1 cup granulated sugar
- 2 tablespoons butter
- 1 tablespoon vinegar
- 1/4 teaspoon vanilla, if desired
- 1/2 cup water

Cook the molasses, sugar and water in a heavy kettle slowly until the mixture reaches 260 degrees or until a little of the mixture dropped in cold water becomes brittle. Stir a little during the latter part of the boiling to prevent burning; pour into a buttered pan. When cool enough to handle, cut in pieces and pull until light and stiff. Butter the hands before pulling.

Refreshments can be simple for a taffy party, for children will be so excited about the taffy, they won't give their best attention to elaborate dishes. Assorted sandwiches will fill the bill perfectly and a hot chocolate milk drink will take care of their keen, lusty appetites. As dessert you might have simple cupcakes iced with pink and chocolate icing, fruit, and of course, the taffy.

If you'd rather give them a hot dish in place of the sandwiches, here's a simple but elegant one:

Millionaire Gold

- (Serves 8)
- 2 egg yolks
- 1/2 cup flour
- 1/2 teaspoon mustard
- 1 1/2 teaspoons salt
- 1 1/2 teaspoons paprika
- 3 cups milk
- 1/2 pound American cheese
- 1 teaspoon Worcestershire sauce

LYNN SAYS:

Stop food wastes. Not only is this a matter of thrift but also a vital step in conserving this country's resources. It is estimated that tiny food wastes total up to a tremendous amount.

Wise shopping will prevent buying unwanted, and not usable food. The wise shopper should also recognize between good and poor grades, by reading labels and markings, and by watching the scales.

Poor cooking causes much waste. Meat, for instance, shrinks when cooked at too high a temperature. Vitamins and minerals are lost when cooked too long or when air is stirred into them while cooking. Use short methods for cooking whenever possible.

THIS WEEK'S MENU

- *Chop Suey, Rice or Noodles
- Bean Sprouts
- Apricot-Cream Cheese Salad
- Bran Bread
- Orange Chiffon Pie
- Tea
- Coffee
- Milk
- *Recipe Given

1 pound mushrooms
4 tablespoons butter
8 slices buttered toast
16 slices crisp bacon
Beat egg yolks, add flour, mustard, salt and paprika. Mix well. Add 1/2 cup milk gradually and stir until smooth. Put mixture in double boiler, add rest of milk, and cheese, cubed. Cook until thick, add Worcestershire sauce. Wash, slice, and saute mushrooms, slowly. Place mushrooms on toast and pour cheese mixture over them. Garnish with bacon.

Although the taffy pull will be the main event of the party be sure to have games planned to fill out the evening. Quiz games are popular and lists for these can be made up beforehand using questions on slogans, famous personalities, historical events, interesting facts, and riddles as questions.

Children will want some lively fun too, and for this you can have a sack race. The leaders of two lines of players are given two large paper sacks. They place the sacks on their feet and at a signal run to the opposite goal and back, take off the sack and give it to the person next to them. The object is to see which line finishes first.

Speaking of children, are you having a time with their school lunches?

Variety is the big problem for packing a complete meal in one small box is hard to vary and doesn't have as many possibilities as the table at home. Having at least one hot food helps loads, and put this in the thermos bottle. You can have cream soups, vegetable soups, then again hot milk drinks for variety.

Sandwiches are a standby, but don't get into a rut with these. Don't have soggy fillings. Wrap each one separately in wax paper. Favorite fillings include:

- Peanut butter and jelly
- Chopped meat mixed with mayonnaise and relish
- Chopped hard-cooked eggs with bacon
- Cheese and luncheon meats
- Vegetable salad sandwiches
- Flaked fish with celery, lettuce
- Chopped figs or dates, nuts, moistened with orange juice
- Color peeps up the lunch box, so occasionally pack a salad in a paper container. Use fresh fruits often, or canned ones also packed in small glass or paper containers. Cornstarch puddings are attractive and nourishing, and simple cookies wrapped in wax paper will bring cheers from any child.

Economy is highlighted these days, but it needn't be dull if you use attractively garnished platters.

*Chop Suey or Chow Mein

- (Serves 6)
- 1/2 cup butter or shortening
- 2 3/4 cups cooked meat, cut in strips
- 1 1/2 cups onions, cut fine
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1 can bean sprouts, drained
- 2 1/4 cups celery, cut fine
- 1 cup hot water
- For thickening and flavoring:
- 1/2 cup cold water
- 2 tablespoons cornstarch
- 1 tablespoon soy sauce
- 1 teaspoon sugar

Melt butter, add onions, fry for 3 minutes. Add celery, salt, pepper, hot water, cover and cook for 5 minutes. Add bean sprouts and meat, mix and bring to a boil. Combine thickening and flavoring ingredients, add to first mixture. Cook 5 minutes. Serve hot with Chinese noodles for Chow Mein, or with steaming rice for Chop suey. Garnish platter with thin strips of fried egg and green onions if desired.
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My Week

by Eleanor Roosevelt

YOUNG PEOPLE IN CIVILIAN DEFENSE

One day of the week was spent very largely on one subject, because from nine o'clock to 12:30 we sat in Room B in the Labor auditorium and talked about participation of young people in civilian defense. The conference adjourned to the White House for lunch, and we were back at the Labor department building at two o'clock. We actually finished by four o'clock, which was the time we had scheduled to bring the conference to a close. I think this speaks well of the young people and their ability to keep their program moving on time.

At the meeting, there was a feeling expressed that, through our defense work, certain goals should be set which we should all strive to attain in the next few years. It was agreed they should not be for youth alone, but must be goals for every age and group. The entire over-all picture must be covered, though there may be certain interests on which youth will want to place special emphasis.

Mr. Eugene Meyer came in to tea with me that day to tell me how deeply impressed he was with the work of the women in England. He considers that their labor is not only contributing valuable service, but is creating unity throughout the British nation. There is no doubt that women have a tremendous role to play and I am looking forward to the meeting which Miss Eloise Davison will hold soon in Washington, when the role of women in civilian defense will be canvassed from many points of view.

HURRIED EVACUATIONS

I have been reading some accounts of the removal of the Jewish people from Germany to Poland and Russia. Somehow, being suddenly told that within an hour you must leave your home never to return, is very difficult for us here to visualize. It is a leave-taking which savors somewhat of death. In all partings with people whom we love, there is in a minor way, that sense of temporary loss which presages the horrible finality of separation which comes over one at the time of death. These mass removals, where people are treated like animals and not like human beings, are so horrible to contemplate that one can only hope that at a certain point feelings become numb and suffering ceases to be acute.

NEW YORK VISIT

My daughter and son-in-law were leaving one day for the West, so we devoted last evening to being with each other. We went to a little restaurant on Sixty-third street in New York which we often frequented when they were living in New York City. After a short, but very good dinner, we went to the theater to see "The Wokeye," by Mr. Frederick Hazlett Brennan. It is amusing, dramatic, well acted and very moving.

To those of us who know the people of the East End in London, it brought all that has happened in the past few months vividly before our eyes. Mr. Wokeye did not agree with his government. It was his right to criticize and to advise, and even to write the prime minister. In spite of all his disagreement, however, when his people were really in danger, and his country under attack, Mr. Wokeye could put up with any amount of discomfort and go forth cheerfully to almost certain death on the docks. That is why some of us believe that Great Britain must come out victoriously in this war.

I love the scene where Mr. Wokeye airs his views to a high ranking officer. A lump was in my throat when his home was destroyed and his wife was killed. Other people are brave, other people suffer in just the same way, but not even do we have that sense of complete independence of expression and assurance that makes the British feel that they know how to run the affairs of the nation far better than those who are in charge. That is a British trait.

ANOTHER POSTCARD

I have one postcard, which I want to share with you today. The writer seems very indignant with me because I said my knowledge of the Bible was superficial. I wonder how many people would dare to say otherwise. Few people can claim a real study and knowledge of that book, which is probably the most widely read book in the world and, frequently, the least understood. My correspondent seems to feel that saying one's knowledge is superficial means that one had little respect for the subject.

As a matter of fact, it is because I have such a deep appreciation of what real knowledge the Bible implies, that I would never presume for a minute to consider it possible for me to claim anything beyond a very superficial study. On the other hand, my correspondent ends by thinking it odd that people in Washington can ever understand what is going on there. I should like to assure him that it is quite easy to understand what human beings conceive and carry out in Washington. . . and I am sure most of them wish often for Divine Guidance!

PATTERNS

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The jerkin can also be made to contrast with odd skirts, the skirt to go with sweaters and jackets and the blouse to be worn with suits and jumpers.

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ASK ME ANOTHER?

A General Quiz

- #### The Questions
1. What is a jury-rigged ship?
 2. What is the unit of lumber measurement called a board foot?
 3. What was the first place in the British colonies in America to have slaves?
 4. What Canadian province extends along the border from New York to Minnesota?
 5. In Greek mythology what was the name of the monster with 100 eyes?
 6. What is a bowdlerized novel?
 7. Who was the financier of the American War of Independence?
 8. Who made the Gibson girl famous?
 9. The "Hundred days" are usually associated with whom?

The Answers

1. One rigged for temporary service.
2. One foot by one foot by one inch.
3. Jamestown, Va.
4. Ontario.
5. Argus.
6. An expurgated novel.
7. Robert Morris.
8. Charles Dana Gibson.
9. Napoleon. (The interval between his entry into Paris after his escape from Elba and his departure after his abdication, March 10 to June 28, 1815.)

A gift within a gift is the new Christmas gift humidifier package of Prince Albert Smoking Tobacco now being featured at local dealers. The handsome wrapping of this package conceals a real glass humidifier filled with Prince Albert. The humidifier is a welcome gift for any pipe-smoker—not to mention the choice tobacco inside it. Prince Albert also is available in the one pound tin, specially wrapped as a gift. Take care of the pipe-smokers on your Christmas list with Prince Albert—The National Joy Smoke.—Adv.

Women Are Cooler

Women are usually cooler than men not only because of their lighter-weight clothing but also because of their lower metabolic rate, says Collier's. A recent series of scientific experiments reveals that, on the average, women's limbs are three degrees cooler, their arms four degrees cooler and their hands and feet five degrees cooler than those of men.

Free, a Grand Cook Book

Standard Brands, Inc., Dept. W, 691 Washington Street, New York City, have prepared a cook book containing dozens of delicious recipes for those who bake at home. It may be had absolutely free by dropping a post card to Standard Brands at the above address, requesting that it be mailed to you.—Adv.

POOR GRANDMA

Her children grown up, she has time to enjoy things, but she's worn out from years of work. Old folks often have finicky appetites and may not get the Vitamin B1 and Iron they need; Pleasant-tasting VINOL, the modern tonic, combines these and other valuable ingredients. Your druggist has VINOL.

Youth's Dreams
How beautiful is youth! How bright it gleams with its illusions, aspirations, dreams.—Longfellow.

Study Ennobles
There are more men ennobled by study than by nature.—Cicero.

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How Big I Am!
It was prettily devised of Aesop: The fly sat upon the axle-tree of the chariot-wheel, and said, What a dust do I raise.—Bacon.

"I bake more cakes on my Food Budget"

More cakes, yes; but better cakes, too. You save when you buy Clabber Girl and then, the light and flavorful tenderness of your cakes and pastries gives you added pride and satisfaction in your baking. Clabber Girl means Bigger value when you buy. Better results when you bake. You'll be surprised when your grocer tells you Clabber Girl's price. You'll be delighted with your baking results.

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Silence a Friend
Silence is a true friend who never betrays.—Confucius.

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Mind's Tongue
The pen is the tongue of the mind.—Cervantes.

THEY HAVE SUCH A WELCOME FLAVOR. I NEVER GET TIRED OF SMOKING CAMELS

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THE SMOKE OF SLOWER-BURNING CAMELS CONTAINS

28% LESS NICOTINE

than the average of the 4 other largest-selling cigarettes tested—less than any of them—according to independent scientific tests of the smoke itself!

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