# Wash All Fruit, Vegetables, Is Health Advice

## Sprays Used Against Pests Breed Danger, Says Director

Before you bite into that luscious looking apple, wash it off thoroughly to be sure you have gotten rid of all traces of the poisonous spray used to destroy insect pests while the fruit was growing", is the advice of Dr. R. H. Riley, Director of the State Department of Health. Dr. Riley doesn't limit his precautionary reminder to apples, but includes pears, grapes, and other fruits now in the market, and vegetables, also.

"Fruits and vegetables that are in use today", he said, "go through a great deal of handling before they reach you, or me. The custom of spraying growing fruits and vegetables with poisonous chemicals to protect them against pests, has also become very general. Much of the poisonous spray is washed off by the summer rains, but there is always a possibility of some trace of it being left. A thorough washing before the fruit, or vegetables are used, will remove dirt or soil acquired in handling, and will get rid of the substances used to protect the growing crops from insect enemies.

"Great care is taken", Dr. Riley continued, "to protect Maryland fruit from damage by the spray used to destroy insects. The Bureau of Food and Drugs of the State Department of Health is in touch with farmers and fruit growers throughout the State, and with the Inspection Service of the University of Maryland.

"Samples of Maryland-grown fruit are collected from representative orchards by the Inspection Service before the crop is harvested, and are brought to the chemical laboratories of the State Department of Health to be tested for traces of left-over-spray containing arsenic or some other poisonous substance. If excess spray residue is found the growers or shippers are notified that it must be removed before the fruit may be put on the market. Other States are giving similar service to growers and purchasers in other parts of the country.

"The growers are very cooperative and work very readily with us. But it is always safest to wash both fruits and vegetables before using them."

**BANANA CHICKEN SOUP**

4 tablespoons butter
6 medium-sized bananas, thinly sliced
6 cups chicken broth
¾ teaspoon salt
⅛ teaspoon pepper

Use all-yellow or slightly green-tipped bananas. Heat butter until it begins to brown. Fry banana slices in butter until golden brown. Ad chicken broth and seasonings. Heat. Serve at once.

Banana Cream Chicken Soup: Just before serving add ¾ cup whipping cream. Heat and serve at once.

15,000 jars of vegetables have been put by the town of Okmulgee, Oklahoma, for the needy this winter.

## THE RITZES, "STRAIGHT, PLACE AND SHOW"

Damon Runyon put some sort of story in 'Straight, Place and Show", but when the noisy, caper-cutting Ritz boys get their antics into play there's no time to bother about a story. The film is a mad hilarity wrapped around the Ritz brothers and a steeplechase nag and is packed with comedy. The Churchill Theatre shows the picture four nights from Monday through Thursday.

## *Queen Anne's County Social Register*

### DOMINION

Those who have been absent at Sunday school for two or three Sundays should start this Sunday as we are starting something very interesting and it will be a great help to each of us.

We are glad that the Misses Violet Lee and Ellen Thomas and friends were not Badly hurt Saturday night in their accident.

Mr. George Tull, of West River, and Miss Alber Tull, of Baltimore, and Mr. Henry States, of Queen Anne, were Sunday visitors with Mrs. Tull and son.

Mr. and Mrs. George Buhl, of Baltimore, were dinner guests Sunday of Mr. and Mrs. Henry Reese.

Mrs. William O. Sewell and children Bobby and Beverley, spent Sunday with her mother, Mrs. Annie Jones.

We are indeed sorry Mr. Joseph Davies will not be able to serve the community with milk anymore. Mr. Davies has been a daily visitor to many a home where little ones are for a number of years. I remember in winter when the snow would be so deep that his horse could not get up the road. He and his boys would come across fields and deliver their milk. You could always depend on him. He never missed a day in many a year. No matter how bad the weather or how deep the mud you knew you would have your milk for your babies. Here's thanking him for what he has done in the past, and hope God will reward him and be with him in the future.

Mr. and Mrs. Albert Thomas and family, of Grasonville, spent Sunday with her parents, Mr. and Mrs. Henry Thomas.

Mrs. Jennie Thompson is spending the winter with her daughter and son-in-law, Mr. and Mrs. Fletcher Burns.

### STARR

One of our witty farmers said, "if the milk inspector keeps on wanting things fixed up he would have to sell his shirt to buy the fixings." He said, "The next thing they would want would be to have the pound yard cemented and in the winter he would be sure to fall and break his neck."

Mr. Charles Mullikin had some carpenters busily engaged last week in putting a new room on his house on the farm tenanted by Mr. James De Lacy, near Starr.

Mr. and Mrs. Richard Montague, of Millville, N. J., and Miss Sallie Montague of Pennsylvania, were the week-end guests of Mrs. Rena Adams.

Mr. and Mrs. William Adams and children Billy, Bobby and Joyce, of Quarryville, Pa., were the Sunday guests of their mother, Mrs. Rena Adams.

Mr. George D. Smith spent Tuesday in Baltimore with relatives.

Mr. Rufus Callahan who resides near Willoughby, had trouble with a colored man one day recently. The man and Mr. Callahan had some words and the next day or night, the colored man went to Mr. Callahan's home and shot and killed one of his best cows.

Mr. and Mrs. Benjamin Welch, visited friends and relatives on Sunday.

The members of the Starr M. E. Church held a prayer meeting at their Church on Tuesday evening.

The many friends of Mr. Edward Covington, are glad to know he is recovering nicely.

Mr. and Mrs. J. N. McQuay, of Bozman, were the week-end guests of their mother, Mrs. Rena Adams.

The inspector from the milk plant at Easton, visited a great many farms near Willoughby and they were not fixed up as had been requested, so he stopped them from delivering milk to the plant.

We are wondering what has become of the polite gentleman who visited this section before the 12th of September?

Quit a few of the patrons of the mlik route have been discontinued owing to the lack of requirements.

It is rumored in this community that the cooling stations are contemplating on not receiving any farmer's milk for one day during the week and it was thought that Sunday would be the day selected, owing to the over production of milk.


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**CASH SPECIALS—Friday and Saturday, October 14 and 15**

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N. B. C. OREO SANDWICH Lb. 32c
N. B. C. OYSTERETTS 1-Lb. Pkg. 20c
N. B. C. GAIETY SANDWICH Lb. 20c
VIRGINIA DARE CHOCOLATES Lb. 39c
HERSHEY KISSES Cello. Pkg. 25c
Campfire Marshmallows Economy Pkg. 19c
KING POT-O-RIK MOLASSES Lg. Can 19c
KING SYRUP Lg. Can 17c
Mayfair Club MACARONI - NOODLES SPAGHETTI 2 Pkgs. 9c
VIRGINIA ROYAL MINCE MEAT Full 2-Lb. Jar 25c
BISQUICK Large Pkg. 29c
Mrs. Filbert's MARGARINE Lb. 19c With a Beautiful Water Glass FREE
LeGRANDE String Beans 3 Cans 22c
MUSSELMAN Apple Sause 3 Cans 22c
TISSOGOOD Tomatoes 3 Cans 22c
CAMPBELL'S Pork and Beans 3 Cans 22c
TISSOGOOD Pancake 3 Pkgs. 22c
LeGRANDE FLOUR 12 Lb. Bag 39c
DeLUXE FLOUR 12 Bag 27c
ALL GOLD ORANGE JUICE 2 Cans 19c
GLEN RAE GRAPEFRUIT JUICE 2 Cans 19c
MANNING'S HOMINY 3 Cans 25c
MARIPOSA PEACHES 2 Lg. Cans 25c
TISSOGOOD Salad Dressing ½-Pts. 10c Pts. 15c Qts. 25c
Tissogood Mayonnaise Half Pints 15c
Alamo Tuna Fish, can 15c
North River Shrimp, can 15c
Wilson's Pigs Feet, jar 15c
Campania Tomato Paste, 2 cans 13c
Salt . . . . . 4-lb. bag 10c
FRENCH BIRD SEED Pkg. 15c
BIRD GRAVEL Pkg. 10c
Lub-O-Flo MOTOR OIL 2-Gal. Can 79c
LeGrande Swt. Potatoes, can 10c
Hurff's Veg. Soup, lg. can 10c
LeGrande Lima Beans, can 10c
LeGrande Spinach, 2 cans 23c
Skipper Dog Food, can 5c
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