

testimonials are convincing proof of the merits of THE STONE METHOD.

We enlarge your chest expansion from three to six inches, thus vastly increasing your lung capacity; we take off all superfluous fat and replace it with healthy tissue; we build up the weak, increasing the weight, making them strong and robust; we reduce the corpulent, replacing fat with muscle; we cure chronic ailments of the stomach, bowels, lungs, heart and nerves, as surely as day follows night; in short, we give you an erect carriage, light step, good circulation, ruddy color, bright eyes, sound lungs, greater strength, BETTER HEALTH.

Our terms are \$20.00 for the full course, payable \$10.00 in advance, and \$10.00 at the beginning of the fourth week. When the entire fee is sent in advance, which saves bookkeeping, a discount of 10% is allowed, which makes the cost of the entire course only \$18.00. However, we should like to become well established in Centreville, for it would mean further business for us from that locality. Provided your remittance is received promptly, we will give you our complete course for only \$10.00. But here we wish to state that while we are now in a position to offer you these extra liberal terms, Mr. Emory, you will readily understand that such an offer cannot be held open indefinitely. In fact, we must make the limit 15 days, and if you wish to secure our complete course at half price, be careful to remit \$10.00 with your measurement blank on or before May 23rd.

Being interested in physical culture, you would receive the maximum benefit from a course of instruction under Mr. Stone. We find that those who really appreciate the value of physical training, either for a better physique, or to improve their health, obtain best results.

Trusting we may hear from you in a few days, we remain

Very truly yours,

THE STONE SCHOOL OF SCIENTIFIC PHYSICAL CULTURE,