the constitution from the relaxation of our summers. If you will then bear in mind that the voyage across the ocean involves a gradual, and somewhat protracted adaptation to a warm climate, it does seem to me conclusive, that that season is the most favourable to their departure from this country, and to their arrival in Africa. For thirty years almost I have been accustomed to look at ~~this~~ such questions with a medical eye; and in the recent investigation I have been desirous only to have my opinions entirely governed by the experience of all African settlements, and particularly by the history of our own most interesting colony. I present my sentiments with great respect for the better judgement of those around me.

The present state of our Colony requires that a plan of emigration should be deliberately arranged ~~by~~ our friends. I am certain that we can safely send and secure there twelve hundred emigrants this fall, provided such means be adopted as will prevent those who go ~~proving~~ burthens - that is, so to send and provide for their health, that they avoid not only mortality, as far as may be, but chronic sickness. This plan refers only to emigrants south of North Carolina. From the southern states they can go at any time, and sickness need not be calculated on. But, sir, as we cannot be too careful of the blacks from Virginia & Maryland, and as this carefulness does not affect the extent of emigration, but the mode of conducting it, it appears to me that so simple a thing as to secure for them the benefit of three healthy months for acclimation, was not only wise but obligatory.

I have only to appeal to your kindness to excuse your pardoning the liberty I take in addressing you -

I am very respectfully
Your's
Thos. Henderson

Maryland Historical Society

The Maryland State Colonization Society Papers

II. Correspondence Received
A. Letter Books

1. May 1827--December 1833

1832