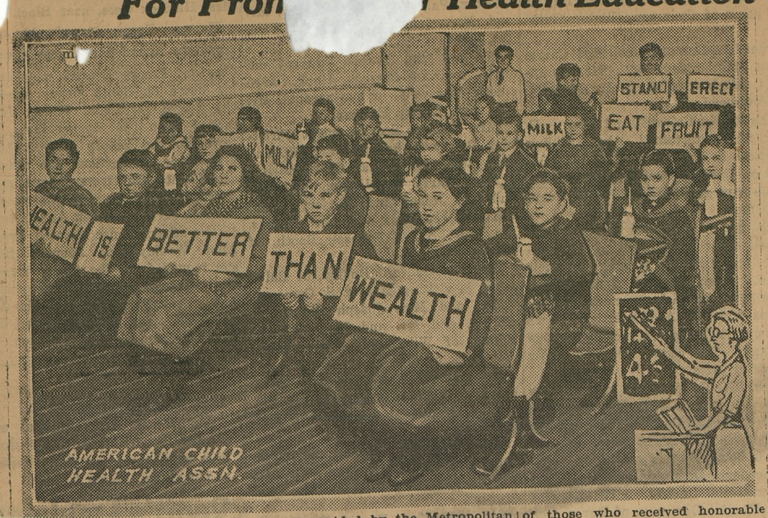
Of...ed In Competition For Pron... Health Education



Fifty progressive elementary school teachers from as many cities will spend the summer or the next school year in studying health instruction for school children, each aided by a scholarship of $500 won in the health teaching contest conducted by the American Child Health Association.

These teachers were awarded the scholarships in competition with more than sixteen hundred elementary teachers who were judged on the health instruction and correctional work they accomplished with their classes from December 1, 1923 to May 15, 1924.

The $25,000 for the scholarships was provided by the Metropolitan Life Insurance Company. Dr. Lee K. Frankel, head of the company's welfare work, pointed out that it was of vital importance to teach proper health habits to children. He said the best methods for doing this were being developed by individual teachers but still remained virtually hidden away from the great mass of teachers. The purpose of the contest is to reveal these methods as well as to give those who are doing the best work an opportunity for special study at accredited universities to make them even more effective.

Educational authorities, who have reviewed the reports of the work of the winning teachers and of those who received honorable mention, expressed great enthusiasm for their high quality. Many of the reports, they declared, were equal in value to a thesis earning a Ph. D. degree.

The effectiveness of the competing teachers work was measured by the following standards:

1. Healthier children as judged by improvement in growth attested by height-weight records; and by removal of physical handicaps.
2. Healthier children, as judged by right attitudes, and sound knowledge, as evidenced in good health habits and practices.
3. Sound teaching methods as evidenced in teacher's plans, illustrated by children's work.

Nature's Amends for Toll Taken by Years

The critics have always stumbled a little over this final phase of supreme genius. They used to think that Michelangelo's last work was unfinished. They still often think that what we must recognize in such a manifestation is lassitude, failure of energy, a weakening grasp of brain or hand. I am not sure that there is not an element of truth in such criticism, observes Havelock Ellis, in the Forum. Only let us not forget that it is the mark of high genius, less to display athletically Titan strength than to be able to use weakness to reach divine ends. That power, it may well seem to us, is supremely visible in the typical last phase of the highest genius. The artist has lost his early power of realistic grip, and with it lost also his early taste for such power. But he has lost it only to attain a wider and deeper and more symbolic mastery of the world. He no longer cares more than he has ever before for its essence, and he is conscious of that essence with a delicacy of sensitive perception he never before possessed. He is no longer concerned with things; they are receding from his view. As he rises above the earth, like Elijah in his chariot of fire, he now sees it only in the distance. Henceforth he no longer deals with things. It is the soul of things that he brings before us. That is why his latter work fascinates us endlessly as, slowly, after many years, enlightened by the long course of our own experience, we begin at last to understand what it means.

Good Stories Told of Famous French Writer

Max O'Rell, the famous French satirist, joked to the end. When he was lying on his deathbed, and after the doctors had informed him that there was no hope, he wrote: "I fear that I am doomed. The doctors give me a few months, but I believe I shall last longer. At any rate I shall try; for I'd rather wear a hat than a halo."

Max O'Rell, like all professional men, was occasionally imposed on with regard to hospitality, hostesses inviting him to an "at home" as a guest and then expecting him to perform, in other words to "tell a few stories."

Once when this happened, he left the drawing room hurriedly and went down to the hall, whence he returned in a few minutes in a state of great excitement, and approaching his hostess whispered agitatedly into her ear: "Madam, what kind of people have you here? The check you placed in my overcoat pocket—my fee for tonight—has been stolen!"—San Francisco Argonaut.

Wars of the Roses

The Wars of the Roses were a series of sanguinary contests for the possession of the English throne, waged by the adherents of the houses of York and Lancaster, whose badges were the white and red roses, respectively. The struggle, says the Kansas City Star, commenced with the battle of St. Albans (1455), and lasted until 1485 when Henry Tudor (of Lancaster) defeated and killed Richard III (of York) at Bosworth field. The two houses were finally united in the person of Henry Tudor (afterward Henry VII), who in 1486 married Elizabeth of York, daughter of Edward IV. It is estimated that the Wars of the Roses occasioned the deaths of 12 princes of the blood, 200 nobles and 100,000 of the gentry and common people of England.

Oldest Almanac

In the British museum is an almanac that is 3,000 years old; it is supposed to be the oldest in the world.

It is written like all other Egyptian manuscripts, on papyrus, and was found on the mummy of an Egyptian, who had treasured it apparently as something sacred, for it is of a strong religious character. Under the days, which are written in red ink, there is a figure followed by three characters, signifying the probable state of the weather.

It is not entire, but it was evidently torn before its owner died. Beyond clearly establishing the reign of Rameses the Great, it contains nothing else of any value.

Doubloon Still Current

The doubloon, that famous coin of romance, is still in circulation. The Isabelle doubloon, worth $5, still remains current in Cuba. The doubloon is so called because, when first coined, it was double the value of a pistole—that is, it was worth $8. The name was given later to a double doubloon current in the West Indies. Pieces of eight, with which readers of fiction are familiar, are also in circulation. They are simply Spanish dollars of eight reals. A doubloon dated 1787—there are said to be only six of that date in existence—sold not long ago for $6,200.

Colors to Scare Spirits

The Chinese, as most people know, are extremely superstitious, and have a great dread of evil spirits; they take endless trouble, in all the affairs of life, to circumvent the demons, says the Detroit News. The evil spirits, the Chinese believe, loathe bright colors, especially red, and these lurid decorations are supposed to be very potent in their protective influences. With decorated hull in all sorts of vivid tints and a big eye at the bow to enable "it to see," a Chinese junk is a very impressive-looking craft.

DAIRY

Cooling Tank Essential for Producers of Cream

Every farmer who milks a few cows should have a cooling tank of some kind. It makes little difference whether he patronizes a creamery, cheese factory, sells milk or keeps it for his own use; a cooling tank is necessary.

Why not capitalize the great storehouse of cold which lies in the ground? This can be done by simply passing the water designed for live stock first through a tank which will serve as a refrigerator for all products which need cooling. Well or spring water in most of the dairy states has a temperature varying from 55 to 65 degrees Fahrenheit, writes A. L. Haecker in the Illinois Farmer. This is about as cold as the average domestic refrigerator. By utilizing this cold water to chill down the milk, cream or other products we are getting refrigeration at the lowest possible cost.

Millions of dollars are lost annually to the cow-keepers of this country purely on account of the neglect of milk and cream while it is held at the farm. Butter and cheese would be greatly improved if every patron used a cooling tank. As a matter of convenience it is worth while for every farmer to be thus equipped, for it is necessary to have a place to keep the milk and cream, and where a refrigerator can be put into use the housewife will find it very efficient and convenient.

A cooling tank is needed in both winter and summer; in winter to prevent freezing and to retain the cream or milk at a uniform and favorable temperature, while certainly in summer it is needed to prevent extreme souring and the development of undesirable flavors. Cold is a wonderful preservative. We are told that the prehistoric mammoth has been preserved in the ices of the polar region for 50,000 years. When dairy products or perishable foods are kept at a low temperature decomposition is retarded, and with dairy products this means much in the way of better quality and price. A can of cream kept in a good cooling tank is worth a dollar more than the same can kept outside and exposed to the heat of average summer weather. The producer is more interested in this dollar than anyone else. He may not feel that he is losing the dollar simply because he gets the same price for his product, but this is only a temporary condition; the industry is losing the dollar, and he is the most important and biggest part of the industry. As a matter of satisfaction it should be worth while to turn out a good product when it is nearly as easy to do so.

The grading of cream and paying a differential for quality is rapidly coming into general use. In a little while the cream producers will either have to get cooling tanks or suffer a big loss due to producing second grade cream. The cooling tank is sound, sensible, economical, and demanded by decent and progressive farming methods, and we should all be for anything that has so much merit.

Farmers Now Realizing Importance of Good Sire

These are days of opportunity for breeders of purebred cattle. Farmers in general are realizing the importance of putting first-class purebred sires at the head of their herds. With this good demand for bulls it is poor policy for breeders having young bulls for sale not to give them good care and plenty of the right kind of feed. Improper feeding of the young bull is poor economy.

The man out looking for a bull is not much impressed when shown an undersized half-starved bull, no matter how well bred he is. Better prices always are secured for those that are in good thrifty condition and of good size for their age. We cannot afford to sacrifice size in developing the bulls.

Remember the bull that has not been well fed is generally disappointing to the buyer. A disappointed buyer is a poor advertisement. A stunted animal is not always satisfactory as a breeder.—W. L. Blizzard, Professor of Animal Husbandry, Oklahoma A. and M. College.

Iowa Demonstrates Value of Good Purebred Sires

The value of good purebred sires in grading up scrub or grade cows was shown at the Iowa state college in an experiment starting in 1907. Native scrub cattle from Arkansas were graded up through the continuous use of purebred sires. The granddaughters had an average increase of 4,471.7 pounds of milk and 186.60 pounds of butterfat over their scrub dams.

What Cow Should Produce.

A good dairy cow should produce at least 6,000 pounds of milk or 200 pounds of butterfat per year. Many cows do not come up to this record of production.

Cow Is Efficient Machine.

A good cow is an efficient machine, but her owner is often a poor mechanic.

Get Rid of Scrub Bull.

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