Worton Notes

Mr. and Mrs. Herbert Armstrong and children, of Philadelphia, spent the week-end with her sister, Mrs. Joseph Duyer.

Barney Cooper, of Philadelphia, visited relatives here over the week-end.

Mr. and Mrs. George Williams, Mr. and Mrs. Ralph Williams, Mr. and Mrs. Harrison Cornelius and Mr. and Mrs. G. E. Nichols visited the Centennial this week.

Mr. and Mrs. B. F. Rash, Mr. and Mrs. M. Cranor and Mrs. Barney Cooper visited relatives at Rock Hall on Wednesday.

Mrs. Walter Fletcher and daughter, Miss Mildred, and girl friend, of Baltimore, are spending the week with Mr. and Mrs. Samuel Loller.

Mrs. Burk, of Chestertown, spent several days last week with her sister, Mrs. C. G. Hadaway, who has been quite sick, but better at this writing.

Mrs. H. E. Cooper continues quite ill at her home here.

Master Marvin Nichols has returned home after visiting his aunt in Wilmington.

THE Organization in Kent believe in economy and lower taxes. Kent's Organization Commissioners have given to the people one of the lowest tax-rates of the State.

PEARS FOR SALE

Bartlett Pears for sale at 40c per basket. D. W. INGERSOLL, Quaker Neck. Phone 815F13. a21-3t*

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A USED CAR IS ONLY AS DEPENDABLE AS THE DEALER WHO SELLS IT

A HEALTH AND A BUSINESS PROPOSITION

Is It Not So, "That Health Is The Greatest Asset That One Can Have."

Is It Not So, "That Health Is The Greatest Defense That Home State And Nation Can Have?"

The natural state of the body was intended to be healthy. Ill health indicates some transgression of nature's law. The human being requires food, clothing and shelter. Without either of these we cannot live.

There are FIVE essentials of GOOD HEALTH:

Pure Water, Fresh Air, Proper Exercise Sufficient Sleep and Natural Food.

It is easy enough to get the first four mentioned through the natural channels, but when it comes to our getting it through the natural food, we surely do not get it in the quantity intended. A fact that is not to be passed over lightly, but does require sober thought of all good American citizens.

Now the body does and will get in a run down condition if not kept supplied with the minerals, salt and vitamines that the food we cook and eat contain.

The different organs of the body require this. The remedy is supplied in the food we eat. We cannot supply them, but we can retain them in a way that the body may get the mineral, salts and vitamines contained therein.

The food we eat, the vegetables and fruit take up these minterals, salts and vitamines through the natural channels supplied by nature, earth, sunshine and rain, and fresh air, the different kinds, the amount required to produce a healthy unit, whether it be vegetable or fruit, intended for the specific purpose of being retained in the cooking process, and passed on to the human body in order that it be kept in a healthy condition.

I repeat this: We cannot supply this necessary tonic, so to speak, but we can retain them.

Now with the co-operation of the people of Kent County we can show and explain how this can be done. We does not llaim, however, that there will be no more sickness. We do not claim, we can add ten to fifteen years to our lives, but we do claim that by so doing, we can and will enjoy better health, and thereby be more happy, as a home, state and nation while living.

But we must have the co-operation of the people in order to do these things.

I take this means of bringing it before the people because it thb quickest. There is only one other, and that is: THROUGH DEMONSTRATION. What we see we know.

But to show these things we must need the HOME DEMONSTRATION. WHO WILL GIVE US THE CHANCE.

We are in the position. Who says YES. Answer,

R. S. G. CLIFT,
Chestertown, Kent County, Md.

P. S.—We will hear more and see more soon. R. S. G. C.

Betterton Items

Mr. and Mrs. Wm. Davis, of Phonixville, Pa., have been visiting the latter's brother-in-law and sister, Mr. and Mrs. Archie Crew.

Miss Gladys Hickman, of Wilmington, spent several days last week with her parents.

George Turner, of Wilmington, spent the week-end with his mother, Mrs. M. V. Turner.

James Willis, who is employed at a branch factory of the New York Canners in New York State spent the holidays with his parents, Mr. and Mrs. Harry Willis.

Reese Crew, of Philadelphia, was a holiday guest of his parents, Mr. and Mrs. Walter Crew.

Mr. and Mrs. Arthur Elliott and sons, of Eagle Heights, Pa., have been visiting the former's sister, Mrs. Florence Clark.

Miss Vaneit Ellis and brother, Herbert, of Baltimore, spent the holidays with their mother, Mrs. Catherine Ellis.

Charles Herfurth, of Philadelphia, spent a few days with his sister, Mrs. Clarence Luik.

Mrs. Walton Redmile and little daughter, of Baltimore, spent Labor Day holiday with her parents, Mr. and Mrs. Lotan Rasin. Other guests were Miss Martha Rasin, of Philadelphia, and Russell Finley, of Hollywood, N. J.

Dr. S. S. Hepburn, who retired from the active ministry the first of the year assisted Rev. John White with the Sunday evening service at St. John's Chapel.

Last Wednesday evening a successful bake and bazaar was held by the Ladies' Auxiliary on Turner's Pier.

Mrs. Carson Harris and children of Lansdowne, Pa., spent last week with Mrs. Wm. Sykes.

Franklin Harris was accompanied by his wife, having been married in Philadelphia on Saturday, Aug. 28.

Capt. Thomas Brice visited Baltimore last week to have one of his eyes treated.

Betterton Construction Company are erecting a new house adjoining the home of Mr. and Mrs. Nelson Boone.

Kennedyville Notes

Mrs. Wheatley and daughters, of Wilmington, visited Mr. and Mrs. Henry Boggs on Sunday.

Mrs. Meeks and daughter, Miss Hope, spent Friday with Mrs. John Rollison.

Mr. and Mrs. Gerald Myers spent a part of last week in Baltimore.

Mr. and Mrs. Ralph Miller and Mr. and Mrs. Charlie Miller spent Sunday at Rehoboth.

Miss Hanna Scotten is visiting relatives in Philadelphia.

Mr. and Mrs. Houston Pote and children spent a few days with their parents, Mr. and Mrs. W. A. Pote.

Mr. and Mrs. George Carroll and baby, of Middletown, visited at the home of George Johnston on the farm near town over the week-end.

Mr. and Mrs. Harry Rasin have taken an apartment at Millington for the next school year.

Mr. and Mrs. Marcus Hedley, of Marcus Hook, spent the week-end at the home of Mr. and Mrs. Oliff.

Joseph Cosden, of Philadelphia, was a visitor in our town Monday.

Thomas Jones is a welcome visitor in our midst.

Miss Daisy Ford and Miss Della Spry spent a few days this week in Baltimore.

Mr. and Mrs. Moore and son and daughter, of Florida, Herbert Ford and family, John Ford and sisters Misses Addie, Blanche and Mary, and niece, Blanche, of Elkton, were the guests of Mr. and Mrs. Wilmer Ford on Sunday.

Mr. Dempsey and family, of Wilmington, visited his brother, Wm. Dempsey on Sunday.

Miss Grace Glenn and cousin, Miss Martin, of Baltimore, were week-end guests of Mr. and Mrs. George Glenn.

Mr. and Mrs. Cleve Tucker, of Washington, are visiting relatives here.

Mr. and Mrs. Wm. King spent a part of the week with their son, Homer King.

Miss Anna Rasin and Miss Mary Hill will return to the State Normal School on Saturday.

Mr. and Mrs. Ernest Reese, of Wilmington, and Mr. Reeses' mother visited Mrs. Wiltbanks last week.

Miss Bertha Grantlin spent the week-end with her parents.

GEORGE W. FRENCH
General Insurance
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HOUSE CLEANING TIME

Every A&P Store is featuring house cleaning aids, at pleasingly low prices, Soaps, Ammonia, Brooms, Etc., and many other helps await you they lighten your work and brighten your home.

Old Dutch Cleanser, 3 cans 20c

Kirkman's Borax SOAP 2 cakes 11c

Does your washing better DUZ 2 4oz. pkgs. 15c 11 oz. pkg. 19c

10 Quart PAILS, each . 18c

BROOM SALE

Clean Sweep Each 25c | Little Jewel Each 39c

Sterling No. 6 Each 59c | Sterling No. 7 Each 69c

Wash TUBS, each 55c-65c-75c

A&P Ammonia	10 oz. bot. 10c
Bon Ami	cake 9c
Bon Ami Powder	can 11c
Babbitt's Cleanser	can 5c
Chipso	small pkg. 9c
Star Soap	cake 5c
Brook's Crystal Soap	cake 4½c

Improved DETHOL sprayer and pint can 89c, Pint Can 59c | Sultana Furniture POLISH bottle 19c

Best Quality Meats At Economy Prices

Fancy Chuck ROAST lb. 18c | Lean Boiling BEEF lb. 12½c

Fresh Ground BEEF lb. 19c | Prime Rib ROAST lb. 27c

Leg LAMB lb. 39c | Very Good Smoked SAUSAGE lb 24c

The Great Atlantic & Pacific Tea Co.

Chestertown, Md. Rock Hall, Md.

Old Homes- Need Not Be Old-Fashioned

The old walls and ceilings may be out of style, the arrangement of rooms and conveniences out of date, the roof not modern, but these objections can be overcome by a little remodeling. A little wall board here and there, an extra room built in, extending the roof down one side, or other remodeling possibilities will create magic changes at little cost. Our suggestions and free plan service are at your command.

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GEORGE R. RASIN
ELLA M. THOMAS
PRICIE M. WATSON
JENNIE B. WHALAND
CHARLES F. WHEATLEY

Delegates to State Convention
MORRIS H. COOPER
CHARLES L. DODD
ROBERT R. WALBERT

Orphans' Court
JAMES H. GROVES
EDWARD A. SCOTT
J. HENRY THOMPSON

For Senate
S. SCOTT BECK

House of Delegates
ARTHUR H. BRICE
CHARLES R. KERR

State's Attorney
STEPHEN R. COLLINS

Clerk of Circuit Court
J. PAGE GALE

Treasurer
CLARENCE NEWSOME

Register of Wills
MERRITT BRICE

Sheriff
J. THOMAS HADAWAY

County Commissioners
WM. H. COOPER
SAMUEL J. JOHNSON
T. RINGGOLD JONES

Three Important Questions

"WHAT SHALL I DO WHEN I AM OLD?"
"WHAT WOULD I DO IF I WERE DISABLED?"
"WHAT WOULD MY FAMILY DO IF I DIED?"

These are questions that men and women ask themselves as they look into the future and as they note the increasing hazards of life.

This NEW PLAN takes the worry out of life. Ask

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Good taste and good health demand sound teeth and sweet breath.

The use of Wrigley's chewing gum *after every meal* takes care of this important item of personal hygiene in a delightful, refreshing way—by clearing the teeth of food particles and by helping the digestion.

The result is a sweet breath that shows care for one's self and consideration for others—both marks of refinement.

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Announcement

We are making a High-Grade of Ice Cream which we will serve in addition to our famous pasteurized milk to the public.

We have a special handy package for the farmers and travelers that need not be returned which we guarantee to keep cream hard for several hours.

Have also Cottage Cheese fresh every day.

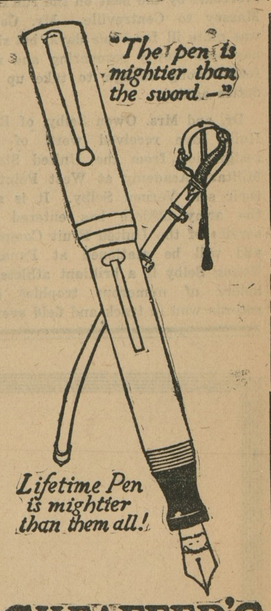
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BLIND MAN WANTS CHAIRS TO CANE.

George W. Bowen would like chairs to cane. Though he is blind he does good and satisfactory work after four years at the "Work Shop for the Blind," in Baltimore. Drop postal to 240 N. College avenue, Chestertown, and the work will be called for.

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