The "Miracle House" That Seals Built

"MIRACLE HOUSE" FOR UNDER-NOURISHED

FINANCED BY CHRISTMAS SEALS

Preventorium on Eastern Shore of Maryland Offers Natural Facilities for the Summer Care of the Undernourished and Underweight Child.

Thousands of residents of Maryland as well as visitors who have made the trip from Annapolis to Claiborne on the Ferry have noticed the big white house situated but a few rods from the Claiborne wharf. By day or by night a large red double barred cross is noticed long before the boat reaches its landing. Situated but a few feet from the briney waters of the Chesapeake, nestled in a grove of pines, this big white house has become known as the "Miracle House" of Maryland. Its big double barred cross which may be seen for miles, is the emblem of the Maryland Tuberculosis Association in its fight against Tuberculosis.

In nine years, more than one thousand underweight and undernourished children of Maryland, many of whom have been in contact with Tuberculosis have enjoyed and received the benefits to be obtained from fresh air, pure food, rest, exercise, sunshine, salt water bathing and supervised play.

Work Made Possible by Christmas Seals

In 1919 the "Miracle House" consisted of but one two-story building and a few small outbuildings. Today the "Miracle House" consists of one large building three stories in height containing double the space of the original building, two separate dormitories accommodating twenty children each, and a large dormitory which was built this year accommodating sixty children. The equipment of the preventorium is of the most modern, and the children receive the utmost care and personal attention. All of this has been made possible by the annual sale of the Tuberculosis Christmas Seals. This year's sale, which is the twentieth annual Seal Sale started on Thanksgiving Day and will continue until Christmas. Sponsored by the Maryland Tuberculosis Association and its affiliated County Branches, a special effort is being made in each locality of the State to make the present sale the most successful in the history of the organization.

The "Miracle House" is but one of the various health activities in Maryland, financed by the Christmas Seal. Other activities of the Association which depend upon the Christmas Seals are the following: Free chest clinics throughout the State, nursing service, child health education, industrial work, education and publicity.

Seventy per cent of all the funds raised in this county will be used to finance county health work.

Explaining Sneeze

A sneeze is a sudden, violent and spasmodic exhalation of breath, wholly or partly through the nose. A sneeze is caused by irritation of the nasal branches of the fifth pair of cranial nerves.

Keal Bug House

A "bug house" is operated in Berlin, Germany, where insects are bought and sold for scientific purposes.

Effect and Cause

It is said that more men than women commit suicide. This is because the men have all the things to worry about that the women do and then have the women to worry about besides.—Hudson Star.

When Time Almost Flies

"I have had so many troubles, my dear, that this year I have grown six months older."—Pele Mele (Paris).

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RED CROSS ADVANCES IN HEALTH PROTECTION

Record for Progress Is Made in Protecting People of Vast Flooded Section.

Record health protective activities marked the year's service of the American Red Cross in this field. The outstanding health accomplishment was the successful conclusion of the emergency health program launched as part of the relief work in the Mississippi Valley flood. In co-operation with State and Federal health agencies, the Red Cross successfully conducted a campaign designed to prevent epidemics as a result of flood conditions.

Thousands were immunized against typhoid and smallpox, preventive measures against malaria were undertaken, and as the flood receded an intensive clean-up program was set in motion to purify water supplies, provide sanitary surroundings of rural communities and complete other health protective steps.

Beside the emergency work, the Red Cross Public Health Nursing Service developed about 100 new community nursing and health services throughout the country. Nurse instructors and others operating under the Red Cross also extended training in Home Hygiene and Care of the Sick to both adult and junior groups, the latter in educational institutions in certain instances. Every State, Alaska, the Hawaiian Islands, the Philippines, Porto Rico, and the Virgin Islands, had Home Hygiene classes which showed a large increase.

One contribution to national health achieving a growing recognition is the nutrition instruction service, through which thousands of adults and school children are learning the proper foods for health and the fundamentals of correct food habits in relation to health. Classes include housewives, school children, foster-mothers, policewomen, women having charge of homes and institutions, business girls and students in universities and colleges.

Besides these direct services for better health, the Red Cross enrolled reserve of nurses mounts to more than 45,000. These nurses are available for disaster relief service, epidemics and other serious emergencies, and are on call for duty with the Army, Navy and the Veterans' Bureau.

Thought for Today

There is no better sign of a brave mind than a hard hand.—Shakespeare.

Christmas Seals Fight Tuberculosis

Use Christmas seals ~ Save human lives.

Smallest Known Bird

The smallest bird in the world is the fairy humming-bird of Cuba, which is only 2¼ inches long, according to Liberty.

Perfect Opportunist

By robbing Peter he paid Paul, he kept the moon from the wolves and was ready to catch the larks if ever the heavens should fall.—Rabelais.

Red Cross Nurses Aid In Every Great Disaster

Two major disasters, the Florida hurricane and the Mississippi flood, required the services of Red Cross nurses in large numbers over a long period of time in the past year.

In the Florida storm, service of 350 nurses is recorded. It is estimated that about 100 others assisted in the first few days as volunteers. The total number of nurses in the Mississippi valley flood was approximately 200. In every major disaster the services of Red Cross nurses are needed, lending added importance to the enrolled reserve which now numbers more than 45,000 Red Cross nurses. These nurses are available for any emergency, though they are on duty in hospitals and in private practice. They constitute the reserve of the Army and Navy nurse corps in time of war.

Besides emergency duty, Red Cross nurses assisted materially in many local services, Chapter reports to National Headquarters indicate. The Eleventh Annual Roll Call of the Red Cross, from November 11 to 24, it is pointed out, is an opportunity for everyone to become identified with the Red Cross.

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