The Chestertown Transcript.

$1.00 PER ANNUM—IN ADVANCE. CHESTERTOWN, MARYLAND, AUGUST 18, 1898. VOL. XXXVIII—NO. 15.

DR. J. G. EMERSON,

DENTIST.

Ex-Demonstrator of University of Maryland.

ROCKWELL BUILDING,
Chestertown, - - Maryland.

DR. CHARLES RICHARD TWILLEY,
Graduate of the Baltimore College of Dental Surgery,

taving enlarged and otherwise added to the conveniences of my office on Main street, I am prepared to perform operations in advanced Dentistry in the most approved style.

EXTRACTING TEETH WITHOUT PAIN.

I will be at Rock Hall, every Thursday and may be found at the residence of Mrs. Abe Casey.

Office 115 Main street, with Dr. J. T. Twilley.

C. P. GILPIN, DENTIST,
Chestertown Md.,
MAIN STREET, OPPOSITE THE OLD STAND.

OFFICE HOURS:—8.30 to 12 A. M.; 1 to 4 P.M.

Teeth extracted by local anesthetics and comparatively without pain.

Having enlarged my office and added many new conveniences, I am able to offer my patients much greater comfort while under treatment than in the past. Nov. 29-tf.

DR. H. BENGE SIMMONS,
HOMOEPATHIC Physician and Surgeon.

Office and residence in the house recently vacated by Mr. W. O. B. Knight, opposite Market Space, Chestertown, Md. a28-3t.

MEDICAL ANNOUNCDMENT!

I take pleasure in announcing to the friends and patients of the late Dr. T. H. Cooper and to the public generally, that I have purchased all of Dr. Thomas H. Cooper's SPECIAL REMEDIES and offer them to the public. The merit of these remedies are widely known and I am in full possession of his recipes. Any one needing these remedies will find me at

344 High St., next door to McFeely's Furniture Store, each day in the week.

DR. F. W. HODGKIN,
April 7-tf. Chestertown, Md.

LEWIN W. WICKES,
ATTORNEY-AT-LAW,
Chestertown, - - - Maryland.

WILLIAM W. BECK,
ATTORNEY-AT-LAW,
Chestertown, Maryland.
Office opposite Market Square.

CLARENCE W. PERKINS,
ATTORNEY-AT-LAW,

10 South Street, Room 35, Baltimore, Md., will attend the jury terms of the Circuit Court for Kent county.

All business intrusted to his care will receive careful and prompt attention.

CHAS. B. LONEY. GEO. B. PROBERT
COMEGYS BROWN
—WITH—
LONEY & CO.,
Successors to Wright & Loney.
FLOUR, GRAIN & COUNTRY PRODUCE
COMMISSION MERCHANTS,
No. 215 S. Charles Street Baltimore, Md.

REFERENCES.—Drovers and Mechanics National Bank, cor. Eutaw and Fayette, Sts.

Established 1877.
J. E. HENDRICKSON & CO.,
Live Stock
COMMISSION MERCHANTS,
30th & Market, Philadelphia.

We handle Live Stock, and have all facilities for this line of trade. We solicit the patronage of shippers, and guarantee to make prompt returns. Give us a trial and be convinced.
Jan. 16, 1896.

WILLIAM P. IRELAND,
FRUIT, PRODUCE AND LIVE STOCK
COMMISSION MERCHANT,
No. 121 Callowhill Street,
PHILADELPHIA

GEO. E. LAMBERT
—WITH—
WM. B. McCADDEN & CO.,
COMMISSION MERCHANTS,
FOR THE SALE OF
ALL KINDS COUNTRY PRODUCE
Fish, Crabs, Oysters and Terrapin Specilties.
5 E. Camden St., Baltimore, Md.
Daily returns in cash or by check. [m31-y.

SERECK SHALLCROSS,
—WITH—
G. W. ROEDER & CO.,
General Commission Merchants,
S. E. Cor. Charles and Camden Sts.,
BALTIMORE, MD.

Grain, Fruits, Vegetables, Live Stock, Poultry, Eggs, Hides, Wool, Furs, Feathers, Tallow, Bees-wax, Oysters, Fish, Crabs, &c. Returns sent daily.

REFERENCES.—Traders National Bank, Bradstreet's and Dunn's Mercantile Agencies, and the Business Community.

Stewart Fruit Company.
WHOLESALE
FRUIT, PRODUCE AND GRAIN
COMMISSION MERCHANTS,
118 E. Pratt Street, Baltimore.
Reference, Merchants' National Bank.

FRANK WRIGHT & Co
FRUIT AND PRODUCE
Commission Merchants,
304 SOUTH CHARLES STREET,
Baltimore, Md.

Having removed to No. 304 South Charles St., in the centre of the jobbing trade, and having ample room on the first floor to handle Produce of every description, we respectfully solicit a continuance of past favors, and from shippers generally a trial, we guarantee top market prices and prompt returns.

Yours respectfully,
FRANK WRIGHT & CO.

Jas. W. Stevens. R. Nelson Stevens.
STEVENS BROS.,
Members Chamber of Commerce,
Grain, Fruit and Produce
COMMISSION MERCHANTS,
206 S. CHARLES STREET,
BALTIMORE, MD.
REFERENCE—Merchants National Bank

Happy George,

Spring Season from March 20th, to June 20th, 1898,

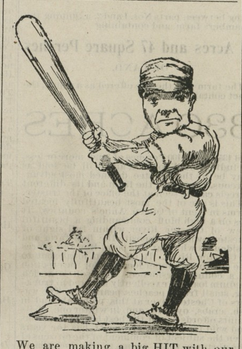
One of the best-bred horses in the State, a handsome chestnut bay, 17 hands high, 9 years old this coming April; Sired by Happy Russell, No. 4491, whose strain includes a large number of fast goers, being as fast as 2.15¾; his record at 4 years old was 2.32½. Dam, Keystone by Old Keystone, one of the best-bred horses in the State. Happy George will make the season in Kent and Queen Anne's counties.

TERMS:—$10 for the season; $15 to insure and $5 for single fee.

W. B. DeFORD.
No Groom's fee charged. Chestertown, Md.

OPIUM and Whiskey Habits cured at home without pain. Book of particulars sent FREE. B.M.WOOLLEY, M.D. Atlanta, Ga. Office 104 N. Pryor St.

PRICE and QUALITY
OF
LEA'S
FLOUR
IS ALWAYS RIGHT.



We are making a big HIT with our Complete line of

BICYCLES!

We have the Wheels the people want—the tried and true kinds. Wheels that stand up over all kinds of roads. We have been in the Wheel business a number of years and know the good ones from the bad. A Wheel must be made of the best material and put together mechanically perfect before we will handle it. All these features we have combined in the

Chester Special!

and put the price down to $25.00. This makes an elegant road Wheel at a low price. For those who want a stylish Wheel with all the up-to-date features, we have the

CPAIFIC.

This is a strictly high grade Wheel with all the '98 improvements, made to sell at $50, our cut-price $29.00. We also have a full line of the celebrated

CRAWFORDS AND EAGLES.

None better made. See us before you buy, and get our cut-rate prices. Send for Catalogues. We have the largest stock of

Bicycle Repairs and Sundries

in the county. Come to us for everything in the Bicycle line, and we will save you money.

J. H. SIDES,
JEWELER,
Chestertown, - - Maryland.

Mid-Summer Millinery
AT STILL POND.

In anticipation of the needs of my patrons, I have laid in a full line of beautiful mid-summer millinery. Dainty Hat Creations, Beautiful flowers, sprays of rare design and feathers, particular attention given to such combinations of material and color as will please the taste of the most æsthetic.

BEAUTIFUL RIBBONS.

The demands of Dame Fashion have been fully met, and all of the latest shades and colors of Ribbon are on hand.

If you have a little money to put in a few articles of "Standard" value like Lace, Veils, Hamburgs, Ties, Gloves, Ladies' Collars and Cuffs, Handkerchiefs, give me a call.

In the Notion Department

you may find a superior line of Corsets, all prices; Ladies' and Children's Hose, Ladies' Gauze, Shirt Waists, Dress-makers' Supplies, Embroidery, Silks, Cottons and Sewing Silks, Baby Bonnets and Children's Mull Hats a specialty.

You would do well to call and examine my immense stock of "SPRING GOODS" before purchasing elsewhere.

Yours to serve,
(MISS) D. A. CROSSLEY,
March 31, 1898. STILL POND, MD

OILS!
Oils! Oils!
—GO TO—
M. A. Toulson's
FOR OILS OF ALL KINDS

Trotting Track at Tolchester.

I wish to state to those having Horses to be Trained or Handled for the Development of Speed,

that on or about May 1st I will be located at Tolchester Beach for the entire season, and will devote my personal time and attention to the work. Roomy, Comfortable Stables have been built; the track will be put in first-class condition, and the best possible results are expected.

G. W. STEVENS, Agent.
m24-4m. Tolchester Beach, Kent Co., Md

4
Of the Greatest Successes of the Nineteenth Century!

FIRST.
The Advance Improved Wheat Fan.

The only Fan made that will separate the cockle from the wheat, positively guaranteed. will also clean oats, barley, timothy and millet. Come and examine one, and a trial will convince you.

SECOND.
The Owego & Buckeye Grain Drills

we can recommend these two Drills to be equal to any in the market, and the prices are all right.

THIRD.
Randall Harrows,

We have the Buffalo Pitts, Bells Centre and Osborne Harrows. Also a line of Spring-Tooth Harrows. Come and see them, and we will show you a complete line at a low price.

FOURTH.
The Wittington Perfection Spring Lock Wire Fence.

We are prepared to furnish material for this Fence, which is the best Fence made, or we can give you a good cheap job put up in our territory.

We are here for business, and you will always find our Goods and Prices right.

ISAAC ROBINSON,
TOWN HALL. STILL POND, MD.

FARMERS AND LAND OWNERS
Why not Look to Your Interest

In the Improvement of your lands, while grain is a good price and the indications have an upward tendency. Does it pay to let your land sour and degenerate for want of a stimulant? We answer no. The question arises how are we to get the best results from our crops and at the same time raise the standard of our land? We answer by the use of lime. Well, what Lime do you think will give the best results? We think

The Celebrated Kerr's Wrightsville Lime,

which has stood the test for many years by our oldest and most prosperous land owners. We can furnish you with other limes as you may wish, all of which will be delivered to any station on the Balto. & Del. Bay R. R. at short notice on reasonable terms. Last but not least is the well known

Standard Lime and Stone Company's Lime,

which has been the greatest selling Lime on the market; this Lime runs 97 per cent. of pure Carbonate of Lime. We can deliver this Lime by water to any point on the Chesapeake Bay or tributaries on reasonable notice. We would be pleased to have you call on or write us before placing your orders.

COAL AND WOOD.

Building and White Wash Lime, Cements, Baled Hay, Roofing Felt and Terra Cotta Piping, all of which will be sold at city price. Hoping you may favor us with your orders and we will promise to try and please you. Thanking you for past favors, I remain, yours for business,

J. D. BACCHUS,
March 3, 1898. CHESTERTOWN, MD.

FERD H PAAR,
MAKER OF
Gents' Fine Footwear,
No. 104 N. Howard Street,
BALTIMORE, MD.

HORNER'S ABSOLUTELY Pure Animal Bone
FOR
ALL CROPS AND PERMANENT GRASSES.
WARRANTED IN THE FULL PRICE OF THE GOODS.
Higher in Essential Qualities than any other Goods on the Market.
WE WILL SELL EITHER BY ANALYSIS, OR WEIGHT, PREFERABLY THE FORMER WAY.
Also Concentrated FERTILIZERS for Quick Crops and Vegetables.
Send for Circular. JOSHUA HORNER, JR. & CO.,
26 SOUTH CALVERT STREET, BALTIMORE.

New Freighting Line.

Having purchased the fine Schooner Harry B. Moore, and having had her put in thorough repair, I wish to announce that the vessel, in command of Capt. P. Biggs, will run a General Freighting business out of Worton Creek. The vessel is admirably adapted for the freighting of Grain, Lumber, Phosphate and General Freighting. The business will receive the personal supervision of myself and Capt. Biggs. For further particulars, apply at Buck Neck. Respct.,
J16-tf. GEORGE J. TARBUTTON.

ICE CREAM.

I can now furnish Vanilla Ice Cream and all other flavors at reasonable prices. Special prices given in large quantities for Festivals, Entertainments, etc. Families desiring Cream for dinner must give their orders before 10 A.M.

Fresh Cakes and Ciscults
on hand at all times.
JOHN L. SHUSTER & CO.,
j9-3m. Chestertown, Md.

STILL THE GARDEN SPOT!

We are buying Grain for Wm. Hopps & Co., for which we pay the highest market price.

We commence the spring season with new goods and new and greater inducements for our patrons and the public. Come, inspect and endorse what I say.

I Have the Best $55.00 Carriage
for sale in Kent county.

$10.50 CARRIAGE HARNESS

that I sell will cost you $12 or $15 anywhere else. A full supply of PLOW IRONS always on hand. I have just received a boat load of Salt, and now is the time to buy cheap.

FRESH SUPPLY OF WHITEWASH LIME, BRUSHES AND HAIR.

that I take everything in exchange for goods—Horses, Cattle, Sheep, Hogs, Chickens, Eggs, Butter, Potatoes, wood, Posts and anything you bring me. Don't forget.

M. M. RASIN,
MELITOTA, MARYLAND.

AS USUAL,
Our Reduction Sales
OF
Men's, Boys and Children's Suits,

command the attention of careful buyers.

ALL

Spring and Summer Goods are being closed regardless of cost.

A

First-class assortment of Separate Trousers will be sacrificed.

During this sale—Alterations will be charged for.

Hats, Shirts, Neckwear and Underwear!

All departments will be similarly dealt with.

Respectfully,
MOODY & LUSBY,
Directly opposite Court House. Square Dealing Clothiers.

Millinery Parlors,
E. C. Marshall & Co,

The Millinery Parlors are beautifully lit up with electric lights. The windows are pictures to lovers of art. Come visit the parlors and examine the daintiness and various designs of handiwork.

OUR NOVELTIES

are increasing constantly. We visit the large cities frequently to give our customers the lates styles. Orders taken and lessons given in embroidery. Prices low.

Miss E. C. Marshall & Co.,
CORNER HIGH AND QUEEN STS.

BUY YOUR SHOES
—FROM—
A SHOE STORE,

Where you can get a large assortment to select from, and where prices are lower than from a general merchandise store, because an exclusive Shoe Store makes a specialty of Shoes, and specialties are always sold cheaper.

Men's Shoes from $1 to $5. Ladies' Shoes from 90c. to $3.50. Children's Shoes from 25c. to $1.50.

Watch for change of advertisement next week.

No trouble to show goods.

T. G. WROTH
Under Stam's Hall, Chestertown, Md.

SAMUEL ROLPH WITH
J. GEO. WALTER,
FOREIGN AND DOMESTIC
WINES and LIQUORS,
Old Rye Whiskey a specialty.
326 AND 328 LIGHT STREET,
Opp. Piers 6 and 7,
Baltimore, - Maryland.
April 7-6m.

DR. E. H DEWEY'S
GREAT MEDICAL BOOK.
The True Science of Living.
The New Gospel of Health.
Diseases Cured Without Drugs
The Health of all Improved,
and
Life Prolonged to its Normal Limit.
Correspondence solicited from persons suffering from chronic diseases and obesity.
Book sent, POSTAGE PAID, as directed on receipt of price, $2 in cashand 25 cts. in postage stamps. Send your order by mail to
B. B. PERKINS, M. D.,
3259 Sansom street, Philadelphia, Pa.

IS YOUR HAIR TURNING GRAY?

What does your mirror say? Does it tell you of some little streaks of gray? Are you pleased? Do your friends of the same age show this loss of power also?

Just remember that gray hair never becomes darker without help, while dark hair rapidly becomes gray when once the change begins.

Ayer's Hair Vigor

will bring back to your hair the color of youth. It never fails. It is just as sure as that heat melts snow, or that water quenches fire.

It cleanses the scalp also and prevents the formation of dandruff. It feeds and nourishes the bulbs of the hair making them produce a luxuriant growth. It stops the hair from falling out and gives a fine soft finish to the hair as well.

We have a book on the Hair and Scalp which you may obtain free upon request.

If you do not obtain all the benefits you expected from the use of the Vigor, write the Doctor about it.

Address, DR. J. C. AYER
Lowell, Mass.

Based on Short Crops
—AND—
LOW PRICES OF WHEAT.

July Buyers, Look
TO YOUR INTEREST.

We Are Going to Offer Special Bargains
—IN—
Dry Goods and Notions,
SHOES, SLIPPERS, Etc.

We offer a Full Track Single Leather (Special) Carriage Harness (net cash, no discount), for.....$9.69 per set
We offer Full Set (body parts) Wagon Harness.... $7.00 per set
We offer Full Set (body and breeching parts) Wagon Harness .....$14.50 per set
We offer Full Set Track Heavy Single Leather Carriage Harness with cut-out breast collar for only.....$12.50 per set

Special Prices on Shoes and Slippes.

We offer a job of 30 pairs Ladies' 50c. Oxfords for 38c. per pair
We offer a job of 24 pairs Ladies' 80c. Oxfords for 62½ per pair
We offer a job of 24 pairs Ladies' 75c. Oxfords for 50c per pair
We offer a job of 36 pairs Men's $3 50 Calf Lace for.....$2.79 per pair
We offer a job of 50 pairs Men's $3.50, $4.00, $5.00 Calf Lace Hook Bals. in odds and ends at only.....$2.50 per pair
We offer a job of 30 pairs Boys' and Youths' Lace and Button, in odds and ends (were $3.00 and $3.50 shoes), for only.....$1.25 per pair

Lawns, Dimities and Percales
REDUCED IN PRICE.

We offer all our 10c. Lawns at..... 7½c
" " " 12½c. Percales at....10½c
" " " Light Shirting Prints at..... 4c

Special Prices on Bleached and Unbleached Muslin

Our 4-4 Brown Muslin at..... 5c is especially good value.
Our 4-4 Bleached Muslin at..... 6½c Can't be beaten.
Our Feather Tickings at.....12½c Excells All.
Our Bleached Table Damask at.....23½c Has no superior.
Towels, 5c.; Towels, 10c.; Towels, 3 for 25c
Ladies' Gauze Vests 5, 10 and 12½c.
Gents' Shirts, Laundred and Unlaundred, from 25c. up.
Tobacco at old prices—now must soon advance in price.
Mason's and Sened Cans in pints, quarts and half gallons.

Yours truly,
R. F. PARKS.

NEW
BUTCHER HOP.

AFTER an experience of FIVE YEARS in the Butcher Business with Mr. George D. Lofland, I have OPENED A MEAT SHOP in the Store Room opposite Stam's Hall, and adjoining the store of J. H. Sides, where I will be glad to see my friends and will endeavor to accommodate and please them.

Yours very truly,
JOSEPH H. LEWIS,
a13. Chestertown, Md

HAYING TOOLS.

Sleds In the Hayfield—Hay Rakes—Tracks and Track Ropes.

Mr. S. of Paulding county, O., says that when hay is to be stacked in the field he uses sleds 8 feet wide by 12 feet long, with runners made of 2 by 6 inch plank. This sled has a light sliding platform, and one horse is hitched to each sled. He can generally find a boy who will ride the horse for the fun there is in it. One man in the field pitches the hay on to the sled, and one man at the stack pitches it off. In this way quick and easy work is made of stacking. The three inch tire wagon or truck makes the best hay wagon. It runs easier than the narrow tires and can be used with less injury on soil and grass. Mr. S. believes in feeding the hay on the farm and considers it a mistake to sell the hay, although it is often a great temptation to do so.

A reader in Toledo says that the revolving hay rake is better for the meadow than the spring tooth, as it does not tear up the roots of grass. For a new meadow he would use a revolving rake, although it does not glean as cleanly as does the sulky. This man says that timothy is very sensitive to odors and foul atmosphere and should not be stored in a mow close to a hog-pen or other strong smelling places. Strange to say, he does not value clover hay highly, except for cows, and even for cows he would dampen and sprinkle with bran before feeding. He wants a boy or two up in the haymow to tramp the hay as it is put in.

A reader in Michigan says that steel hay tracks do not take well in his locality, as they get out of shape. Wooden tracks are largely used. There is some bother with track ropes when first put up, as they stretch a good deal. One man doctored his rope by hitching one end of it to a large tree and the other end to a good span of horses. He let them pull on it all they could about ten times, and that took the stretch out of it, so that they had no further trouble.

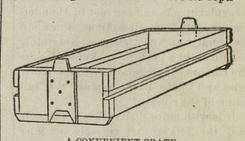
In addition to the foregoing summaries of opinions from its correspondents The Rural New Yorker tells that on parts of Long Island hay farmers make a barn of peculiar construction. The sides are composed of doors. Beginning at one end, loads are driven through and dumped into the barn. When one space is filled, loads are driven through the next door, and so on until the whole barn is full of hay. These barns are built long and wide enough for an entire load to be driven in.

Hay Prospects.

With another record breaking hay crop in prospect and consequent low prices on all low grades and inferior qualities farmers must begin early to realize the fact that in order to reap the best results and highest market prices hay, especially timothy, must be cut early and a greater amount of attention given to curing and gathering it in. The past season's experience must have been a disastrous one to producers, so far as the hay crop was concerned, as the majority no doubt found that their poor hay, which constituted a large proportion of their holdings, realized very little if any profit on the time, labor and money invested. Low and inferior qualities of hay of last year were a drug on the market, and as no inconsiderable bulk of this class of hay is still in the hands of farmers, mainly because there was no demand for it and because of low prices ruling, and considering that the coming crop is likely to be of enormous proportions, poor hay will no doubt rule as low as and in all probability lower than last season's prices, says The Hay Trade Journal.

Marketing Tomatoes.

A correspondent of The Country Gentleman recommends a package which exposes the most fruit to view. Providing it is not larger than a half bushel it gives better satisfaction and obtains better prices. He says: I am using a crate of my own devising, which exposes one-third of the contents and holds a half bushel. In packing we put the firmest fruit at the bottom and the ripest on top, packed in layers very much as California fruit comes to our markets. Some of my readers will say they cannot afford to take the trouble to pack tomatoes in this way. Neither could I if I had to market them in bushel baskets in the open market in competition with some careless, slovenly market gardeners who have no reputation at stake and seem to care more for the number of bushels they bring to market than for the quality of the same. We sell all our tomatoes direct to the consumers, and I find that they appreciate the care we take and are willing to pay us for the same.



A CONVENIENT CRATE.

Herewith is a sketch of the crate I use—17 inches long, 12 inches wide, 6 inches deep, inside measurement; sides and bottom, three-eighths spruce; ends, seven-eighths spruce; upright cleat one half inch thick, 3 inches wide. These crates can be piled one on top of the other without injury to the fruit, as there is a space of one inch between the top of the bottom crate and the bottom of the one above. Our crates are neatly painted and stenciled with name and address and name of farm and are returned when empty. We find them very convenient for carrying other produce on peddling wagon.

The lawn should be kept close cropped except during the dry summer months when the roots should not be exposed to the burning rays of the sun.

Milk Farm Routine.

A very thorough and successful milk producer in Pennsylvania gives the following as a resume of his daily practice: At a well conducted dairy the milking is done at regular hours, which is commenced at 4 a. m.; the afternoon milking is commenced at 4 o'clock. The milkers bathe hands and face and comb their hair before milking in the morning and bathe hands before afternoon milking. The cows are well curried and the stables are cleaned. No conversation, singing or whistling is allowed while milking. The best milkers milk rapidly and this adds greatly to the cleanliness of the milk, which is first strained through a strainer pail into a muslin strainer on top of an aerator, with which is connected a coarse strainer, and lastly, through another muslin strainer fastened with clothespins on top of the milk cans, which are, when filled, placed in a trough of cold water. The milk is not watered, but the cows are allow to drink all the water they require. The cleanest milker is promoted to can and pail washer. The driver of the team conveying the milk cart to market refuses to load the cans that are not clean outside, because milk customers look suspiciously at dirty cans. All the cans are handled by their handles and not the tops of cans, which are thoroughly scalded, brushed, washed with Hasley's electric washing powder and rinsed as often as used. Vegetables are fed immediately after milking, thus preventing any unpleasant taste in the milk. Milk pails are handled by their bails and not by the tops of the pails. Milk cows are fed well cured hay, oats, straw, bright cornstalks, cottonseed meal, wheat bran and gluten meal. Before mixing milk the temperature of both quantities must be nigh.

WHEN OLD AGE COMES

IT DEPENDS NOT UPON YEARS, BUT UPON VITAL FORCE.

The Greatest Enemy to Long Life Is Self Indulgence — Why People of Advanced Age Should Eat Sparingly and Drink More Freely.

Some men are 20 years younger physically and mentally than others are at the same age. It is self evident that old age does not begin at any set time, so far as the divisions of time divide the periods of life, but that it has to do with that subtle agent known as the vital force, an acquaintance with which enables the analytical mind to become proficient in prognosis by weighing in the balance the vitality on the one side with the pathology on the other.

The indication of old age may be noticed by ocular inspection. The figure stoops, the walk is less elastic, the rounded figure gives place to the spare habit of body, the wrinkle of time mounts the cheek, while the frost of many winters mantles the brow. The typical healthy person who attains old age is spare of body, and old age emphasizes this fact by causing a paucity of adipose tissue. So the wrinkle of time, after all, is kindly in nature.

Physiologically we notice that a diminution of the physical energy is accompanied by a corresponding diminution of the power to eliminate waste material from the body. Elasticity and strength give place to hardness and brittleness of nearly all the tissues of the body. The general health may be good, because there is a harmonious balance between the action of the nervous system and the circulatory system.

However, the former is less responsive to external stimulation, and the latter is less vigorous in old age. The vital processes conducted by the circulation, respiration and metabolic changes in the tissues are less active. There are diminished adaptability of the whole system to changes in the environment and less ability to meet the requirements of emergencies, such as sudden demands of muscular and mental strain.

The senile conditions and diseases are numerous and obvious—in the first place, weakened digestion and assimilation. The weakened vigor of the circulation and glandular system necessarily weakens the power of eliminating the excrementitious substances, which gives rise to pernicious nutrition, and that in turn is the cause of the tendency to develop malignant or benign growths in different parts of the body in old age.

The strong tendency to overeat and underdrink, together with the natural decline of functional power, gives rise to a condition of lithemia, which is the prime cause of the majority of deaths in old age. In the healthy state that great glandular furnace and chemical laboratory, the liver, is capable of transforming an excess of nitrogenous matter, which may result from metabolism of tissue or exist in the food consumed, into the highly soluble excrementitious substance known as urea. This excrement is eliminated from the blood mainly by the kidneys and to a much less extent by the skin.

Now, in old age, with the functional power and natural vitality on the wane, together with the strong tendency to overtap this function of the liver, we find this waste is not converted into urea, but into uric or lithic acid, a comparatively insoluble excrementitious and toxic substance, which if it appears in the blood in sufficient quantity and is long enough continued in circulation through the urinary tubules sets up irritation and inflammation, which inevitably impair the function of the renal epithelium, and we find this poisonous substance is not eliminated from the system, but accumulates in the blood.

This explains why old people are almost universally troubled with disease of the liver, kidneys, bladder and prostate gland. The unstable circulation, atheromatous changes and brittleness of the walls of the blood vessels, with the tendency to overtax the digestive apparatus, are the cause of many old people going to "that bourn from which no traveler returns" by the apoplectic route.

Hereditary diseases naturally manifest themselves when the vitality is below a certain level, so we are not surprised to find certain dyscrasic and latent tendencies manifesting themselves at this period of life, when the natural vitality is waning. The diseases most frequently found to be the cause of dissolution among the aged are pneumonia, diseases of the liver and urinary organs, consumption, cancer, apoplexy and gangrene.

The enemy to longevity, the author continues, is self indulgence. People who have reached an advanced age may prolong their lives and greatly add to the comfort of their declining years by diminishing the quantity of food ingested, thereby avoiding too large a residue of waste matter either in the intestinal canal or in the form of excrementitious matter in the blood.—Journal of American Medical Association.

Free Pills.

Send your address to H. E. Bucklen & Co., Chicago, and get a free sample box of Dr. King's New Life Pills. A trial will convince you of their merits. These pills are easy in action and are particularly effective in the cure of Constipation and Sick Headache. For Malaria and Liver troubles they have been proved invaluable. They are guaranteed to be perfectly free from every deleterious substance and to be purely vegetable. They do not weaken by their action, but by giving tone to the stomach and bowels greatly invigorate the system. Regular size 25c. per box. Sold by M. A. Toulson, druggist.

Well Fed Fighters.

Says the London Chronicle: "Admiral Dewey's interruption of the battle of Manila bay to give his crews the opportunity of breaking their fast recalls our own 'glorious 1st of June,' when Earl Howe, before he gave the French such a hammering off Ushant, hove to for an hour before attacking to permit of his men fortifying themselves for the coming fight with a good meal—a pause which caused much conjecture in the minds of the astonished French. It has ever been the Anglo-Saxon way to fight, if possible, on a full stomach. Wellington once said that if ever he wanted an Irish or a Scotch regiment to reach a particular point by a certain hour all he had to do was to promise the former a drink on getting to its destination, the latter its pay, but that the corresponding bait to an English battalion was a good dinner of roast beef."

When wear begins to exceed repair in your body you are going to fall sick. The signs of it are: loss of flesh, paleness, weakness, nervousness, etc. The repair needed is food. You think you eat enough, and yet you feel that you wear out more tissue, energy, nerve-force than your food makes for you. The difficulty is that you do not *digest* enough. And this is *so serious* it is worth sitting down seriously to think about. If you can't digest what you eat, take a few doses of Shaker Digestive Cordial. The effect of it will be to increase your flesh and make you feel stronger. You won't fall sick. Proof that it is in control of your repair apparatus. It's easy enough to test this for yourself. Take a few bottles of Shaker Digestive Cordial.

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