Headaches of Different Kinds.

No more frequent ailment of a nervous character presents itself for treatment to the refractionist than cephalalgia or headache. The sufferers from this affliction are everywhere. Subjects of cronic headache have often inherited the tendency and are of a highly nervous temperament. They have tried all kinds of treatment, sometimes with partial relief, but never with permanent benefit, because the underlying cause of the trouble has not been removed. Hence, on slight excuse, the old trouble has returned.

Headache is of various kinds, according to the excitement cause. Thus there are catarrahal, gastric, and nervous headaches; and again, some headaches are caused by tumors of the brain. In most cases the seat of the pain is in the scalp, or the occipito-frontalis muscle, which lies just beneath the scalp. For this reason pressure or hot or cold applications give temporary relief. In no case, however, is the trouble local, except when there is intracranial disease. The plan is always of a reflex character, and we must look to a point more or less remote for its origin. Again in those cases where the trouble frequently recurs, there is, besides the direct exciting cause, some deeper seated predisposing agency. Anything which reduces the reserve nervous power to such an extent that it is insufficient for any emergency may be the underlying cause of headache. Recital disease, female complaints, secret vice, and a score of lesser evils act in the manner indicated. There is however, no more frequent source of nerve waste than that which comes from defect in the refraction, accommodation, or convergence of the eyes. The organs of sight are in constant use, adapting themselves instantly to every change of position and distance of the object looked at.

If an eye is defective anatomically—too short from before-backward, as in far-sightedness (hypermetropia,) too long as in near sightedness (myopia,) with an irregular curvature of the cornea, as in astigmatism, or if the two eyes are not evenly balanced in muscular development (heteraphoria,) we have in such cases a causative factor of headaches which is permanent, is usually inherited, and is a constant source of waste of nerve power, and the removal of which in ninety-six cases out of a hundred has been found to relieve a coexisting chronic headache. Hence, from practical results, we are waranted in saying that every case of headache should apply to the skillful refractionist, before wasting time and money power in seeking relief with medicine. Our present civilization and school system have a marked influence in producing and perpetuating neuropathic tendencies. The close room into which three score children are packed at the period of physical development, the close appreciation to books which is expected of them, the defective light, the bending position which from very weariness they assume, and the incentive to stand at the head of their class to which neurasthenic children always respond, are potent factors n producing eye strain and its many reflex disorders. It is to this period of youth that most sufferers with chronic headache can point as the time at which their trouble began.

Symptoms. — Pain in temples, over eyes, and at the back of the head, rarely on top. Paroxysmal, either at regular intervals, or after some especial excitement, care, work, or strain. In women there is often great pain at the seventh cervical vertebra at the base of neck and also at the lower point of shoulder blade or scapula. Others have pain between the two sacpulate or in the lower part of the back. In men the pain is in the occipital muscle, and is spoken of as if at the 'base of the brain.'

Chronic headaches cause a feeling of lassitude, incapacitating the person for mental labor and often causing them to exclaim: "I fear I am going insane."

Migraine, or sick headache, is a more severe form of the trouble and recurs with great frequency. The eyes become painful, especially when turned quickly or pressed upon. There is often dimness of the vision, glimmering or even momentary vanishing of sight, so that the patient speaks of the attacks as "blind headaches." The torture usually reaches the point where the patient has to go to bed in a room protected from light, noise, or a draught of air, which sometimes becomes unendurable. Occasionally the pain is so intense as to draw the head backward between the shoulders, and it may result in total nervous prostration for the time being. Temporary relief is at times obtained from traveling, from medicine, or from prolonged rest. After years of suffering the form of the disorder may change to a neuralgia, asthma, or other ailment, but this is not a cure. Nothing will cure the affection permanently until the underlying cause is removed. Unlike ordinary headache, migraine does not so often yield to refractive correction, because it is more often due to a muscular heteraphoria and can only be cured with higher prisms or by a tenotomy.

MANY rejoice that they ever heard of "Goldey's," that well known Wilmington (Del.) Commercial and Shorthand College. Its short practical courses soon fitted these young people for good positions.

SIGMAN PAID HIS BET.

Majah Gin'l Chawles H. Sigman, U. S. Mail Carrier between Easton and Tunis Mills, paid his freak election bet Monday afternoon by riding a decorated mule through the streets of Easton. The pair of them looked like a Chinese Fourth of July celebration in the dry district, and the Majah Gin'l, when he climbed aboard the mule, explained his part of the jamboree as follows:

"Ladies and gentlemen: I am a democrat and an honest man. I voted for Bryan and I bet this mule-ride he would be elected, and I am now paying my honest debt. Lead on. I follow."

This latter to Adams Express Agent William C. Johnson, with whom the bet was made.

So the procession of Johnson, Sigman, mule and small boy accompaniment began.

If there was ever such another looking mule history does not record its existence. It was bedecked from ear to tail with red, white, blue and black bunting, and from its tail trailed a long flaring red streamer.

The rider was attired even more conspicuously. He wore a specially made clawhammer coat and trousers of eighty seven different colors, which made him resemble an overgrown Raines law pousse cafe. On his back was a big placard, announcing "I voted for Bryan." Another on his right leg said, "Don' talk to me about Boy Orators; they won't quite do," and a third on his lef leg advised the populace to "Just tel them that you saw me."

Yes, they saw him.

The route was from the Postoffice to Dover street, east to Aurora, north to Railroad avenue, west to Washington and back to the starting point. Every door and window along the route was thrown open, the people wandering what in the name of the Great Horn Spoon had been turned loose.

The mule, by the way, belongs to Congressman-elect Barber, and during the entire procession it looked as if it were ashamed of the job.—*Easton Ledger.*

HE WAS MILKING.

"It was way back in the '70's" said an old engineer. "I was pulling 'the limited' east from Council Bluffs to Chicago over the Rock Island. The night was bitter cold. We had gone about twenty miles out and had started up again when the fireman reached over and said: "There is a hobo on the pilot; saw him get on at the depot." "Sure?" I said.

"Go out on the running board and see if he's there yet." The fireman did as he was ordered to do and returned with the information that the hobo was still there. "Well, said I, it's a bitter cold night, and if he can stand it out there I am willing he should ride with me." And on we went toward Chicago, with old '211' barking like sixty at the low joints ahead, and forgetful of our 'head end' passenger on the pilot, who had ceased to have any existence for us.

"Bye and bye, by the faint glimmering of the headlight, I thought I saw ahead what seemed to be a bunch of cattle on the track. As we approached it the bunch seemed to grow larger. It was now too late to do anything, so I just pulled her wide open, and old 211 hit that bunch of cattle ka bif. To paraphrase the language of Tennyson, who glides into raptures of admiration over the harge of the Light Brigade at Balakava, there was simply cattle to the right of us, cattle to the left of us, cattle to the rear of us, but none any more to the front of us. After it was all over our thoughts reverted to the hobo on the pilot. "Go out and see if he's still there said I."

"Well, said the old shack, under whose feet the frost of many winters had cracked, as he wended his way in the dark over many a train of box cars, and who had listened to the story, "well, said he, "was he killed?"

"No," replied the engineer. "There he sat as large as any hobo could sit on the pilot with an oyster can, milking one of these cows."

And the old man went on his way, venturing something as he left about the life of the average American hobo being on a par with the proverbial nine lives of the feline we have all heard of so often.

The Way it Acted.

A tailor named Sam Smith from a country place visited a large wholesale warehouse and ordered a quantity of goods. He was politely received, and one of the principals showed him over the establishment. On reaching the fourth floor the customer saw a speaking tube on the wall, the first he had ever seen.

"What is that?" he asked.

"Oh, that is a speaking tube. It is a great convenience. We can talk with it to the clerks on the first floor without taking the trouble of going down stairs."

"Can they hear anything that you say through it?"

"Yes, and they can reply."

"You don't say so. May I talk through it?"

"Certainly."

The visitor put his mouth to the tube and asked:

"Are Sam Smith's goods packed yet?"

The people in the office supposed it was the salesman who had asked the question, and in a moment the distinct reply came back:

"No. We are waiting for a telegram from his town. He looks like a slippery customer."—*Waterbury.*

HURLOCK, mortgagee, under power contained in a mortgage from Samuel Lively and wife to the said Sarah E. Hurlock, dated Nov. 12th, 1883, and recorded in the Land Records of Kent county, be ratified and confirmed, unless cause to the contrary thereof be shown on or before the 7th day of January next;—Provided a copy of this order be inserted in some newspaper, printed and published in Kent County, once in each of three successive weeks before the 7th day of December next.

The report states the amount of sales to be $75.00.

SAMUEL G. FISHER, Clerk.
True copy—Test:
SAMUEL G. FISHER, Clerk.
Nov. 7. 1896—3t.

Number 1224 Chancery.

Order Nisi.

The Chester Loan Association of Kent Co., versus William S. Maslin and wife.

In the Circuit Court for Kent County, in Equity.

ORDERED, this 6th day of November, 1896, that the sale of the Real Estate of William S. Maslin and wife, made and reported by MARION DEK. SMITH, attorney under the power in the mortgage from the said William S. Maslin and wife to the said The Chester Loan Association of Kent County, a body corporate, dated the 10th day of November, 1893, and recorded among the Land Records of Kent county, in Liber S. G., No. 2, folio 101, &c., be ratified and confirmed, unless cause to the contrary thereof be shown on or before the 9th day of January next;—Provided, a copy of this order be inserted in some newspaper printed and published in Kent county, once in each of three successive weeks before the 9th day of December next.

The report states the amount of sales to be $630.00.

SAMUEL G. FISHER, CLERK.
True copy, Test:
SAMUEL G. FISHER, CLERK.
Nov. 7, 1896—4t.

Order Nisi.

Carolene L. Hynson and Richard D. Hynson, Executors of Richard Hynson, dec'd. versus J. Horton Kelley, and Eliza D. Kelley, his wife

In the Circuit Court for Kent County, in Equity.

ORDERED, this 30th day of October, 1896, that the sale of the Real Estate made and reported by RICHARD D. HYNSON, Attorney named in mortgage from J. Horton Kelley and Eliza D. Kelley, his wife, to Richard Hynson, deceased, be ratified and confirmed, unless cause to the contrary thereof be shown on or before the 30th day of December next;—Provided a copy of this order be inserted in some newspaper printed and published in Kent County, once in each of three successive weeks before the 30th day of November next.

The report states the amount of sales to be $8,840.00.

SAMUEL G. FISHER, CLERK.
True copy, Test:
SAMUEL G. FISHER, CLERK.
Oct. 31. 1896—4t.

FIRE, LIFE AND TORNADO

Insurance!

The undersigned would respectfully inform his friends and the public generally that he has succeeded Mr. L. B. Russell as agent of the following old, reliable Insurance companies, namely:

Agricultural, of Watertown, N. Y., Fire,
Continental, of New York, Fire,
Norwich Union, of England, Fire,
Maryland Home, of Crisfield,
National Life, of Vermont.

ALL CLASSES of Property insured at lowest current rates.

LOSSES fairly adjusted and Promptly settled.

TORNADOES are becoming more frequent every year in this locality, and prudent property owners will avail themselves of this form of insurance. The rate is low.

LIFE INSURANCE. Send for an illustration of the very best Life Insurance Contract ever offered.

Prompt and careful attention given all business. Address or call on

JAMES G. BECK,
Chestertown, Md.

Office in the Simper's Building, opposite Court House.

Children Cry for Pitcher's Castoria.

900 DROPS
CASTORIA
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral.
NOT NARCOTIC.
Recipe of Old Dr SAMUEL PITCHER
Pumpkin Seed -
Alx. Senna +
Rochelle Salts -
Anise Seed +
Peppermint -
Bi Carbonate Soda +
Worm Seed -
Clarified Sugar -
Wintergreen Flavor.
A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac Simile Signature of
Chas. H. Fletcher.
NEW YORK.
At 6 months old
35 DOSES—35 CENTS
EXACT COPY OF WRAPPER.

SEE THAT THE FAC-SIMILE SIGNATURE —OF— Chas. H. Fletcher. IS ON THE WRAPPER OF EVERY BOTTLE OF CASTORIA

Castoria is put up in one-size bottles only. It is not sold in bulk. Don't allow anyone to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose." ☞ See that you get C-A-S-T-O-R-I-A.

The fac-simile signature of Chas. H. Fletcher. is on every wrapper.

Assortment:

THE stock of goods we have just placed is complete and gratifying in variety. We have all the lines, and all these lines are full to overflowing, so that a customer cannot leave the store without being able to find anything and every thing that a progressive merchant should carry. We do not dust over and sort up old goods, and try to make them pass for new ones, when a season comes in. We carefully select and order the best and newest the market affords, secure enough to meet all requirements, and look to it that every class and grade is represented. You will find what you want here, if anywhere, in all its variations of make, finish and price.

WE SELL ALL STYLES and ALL GRADES —OF— FINE, MEDIUM and Heavy Shoes —FOR— Men, Boys, Youths, Ladies and Misses.

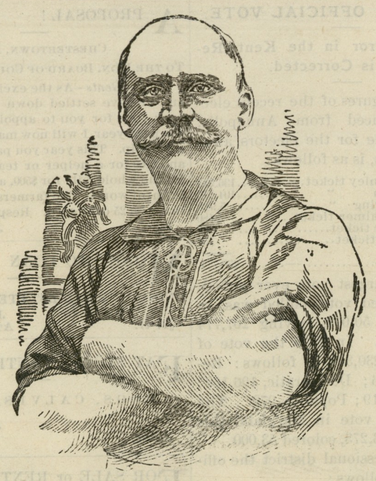
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ALL KINDS OF SHOE DRESSING.

T. G. WROTH, THE SHOE MAN.

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CHEAP JOHN, the Mechanic



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CLEAN YOUR DRILLS AT ALL HOURS, NIGHT OR DAY!

HORSE-SHOEING, - 40 Cents!

Plows and Plow Repairs Cheaper than the Cheapest!

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$10.00 FOR A BICYCLE

☞ Before buying a Wheel send 2 cent stamp for our BARGAIN LIST of SECOND HAND MACHINE.

Good Serviceable Wheels from $10.00 up.

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Commission Cards.

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GENERAL COMMISSION MERCHANTS for the sale of FRUITS, FISH, WOOL, POULTRY, LIVE STOCK, &c.
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☞ Established 1892.

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Special attention given to the sale of Grain and Fruits.
18 East Camden St.,
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☞ GRAIN and FRUITS a SPECIALTY.
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WITH LONEY & CO.,
COMMISSION MERCHANTS
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215 S. Charles St., Baltimore, Md.
Reference:—Drovers, Mechanics' and National Bank.

STEVENS BROTHERS,
Members of Chamber of Commerce,
COMMISSION MERCHANTS.
for the sale of
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☞ Special attention given to the sale of Grain and Fruits.
No. 206 S. Charles St., Baltimore, Md.
Reference:—Merchants' National Bank.

Philadelphia.

WILLIAM P. IRELAND,
121 Callowhill Street, Philadelphia.
COMMISSION MERCHANT
IN FRUITS, PRODUCE, POULTRY, EGGS AND LIVE STOCK.
Quick Sales at top market prices and prompt returns, daily if requested. jy13.

R. A. BRICE.
SPECIALTY in PEACHES and POULTRY,
328 N. Front St., Philadelphia, Pa.
Quick Sales. Prompt Returns.

Thanks for past patronage. I ask for a continuance of your shipments, knowing that it is better to keep old, shippers by fair and prompt dealings than to hunt new trade every year. jy20.

WILLIAM CLAYTON,
—WITH—
H. W. PHILLIPS,
FRUIT and PRODUCE
COMMISSION MERCHANTS,
258 South Front Street, Philadelphia.
We earnestly solicit your consignments of fruits and vegetables, with best market prices. All returns made daily.
Reference:—Southern National Bank, Philadelphia, and Phila. Produce Exchange.

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329 Washington St., - - New York.
REFERENCES:—Citizens' Nation'l Bank, Middletown, Del., Irving Notional Bank, New York.
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258 SOUTH FRONT STREET,
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FINE and STAPLE

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☞ CASH paid for country produce

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CORRUGATED IRON ROOFING on hand and for sale at small advance on manufacturers' price. ☞ Would be pleased to quote prices on small or large lots.

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