THE CHESTERTOWN BANK OF MARYLAND

Offices at

CHESTERTOWN, BETTERTON,
KENNEDYVILLE, GALENA,

THE BANK OF SERVICE — THE FARMER'S FRIEND

RESOURCES — $969.216.42

We Offer Our Facilities To The Farmers Of Kent County, And Extend A Cordial Invitation To All To Call And Consult With Us. Small Accounts Receive The Same Careful Attention As Large Ones

WE TREAT ALL ALIKE

PRAISE FOR MISS ARNQUIST

Assistant State Agent of Iowa to Take Team of Club Girls to France This Summer.

"The Lady From America" is probably what Miss Josephine Arnquist, assistant state agent, in charge of the girls' clubs in the state of Iowa, will be called by the French people during her visit to that country this coming summer.

It was Miss Arnquist's team of club girls, Katherine Bolibaugh and Beulah Rodgers of Eddyville, Iowa, who were



Miss Josephine Arnquist.

America's champion canning girls at the last International Boys' and Girls' clubs exposition at Chicago. They will tour France this summer to demonstrate domestic science projects in the devastated regions, the trip being awarded by the American Committee for Devastated France. The Iowa team will be accompanied by the Colorado team which placed second.

Delaware Elects.

The new officers of the Delaware Farm Bureau federation are: President, John Ponder of Milton, and secretary, Thos. N. Rawlins of Seaford. Headquarters are in the Capital Hotel building, Dover, Del.

McKerrow Re-elected.

At the annual meeting of the Wisconsin Farm Bureau federation George McKerrow of Pewaukee was re-elected president. George Hull of Whitewater was elected vice president.

Never Worth While.

We should not trouble ourselves about things that are past.—Napoleon.

TALKS to MOTHERS about THEIR BABIES



By DR. J. H. MASON KNOX, JR.,
Chief, Bureau of Child Hygiene, Maryland State Department of Health.

MATERNAL IMPRESSIONS

Reprinted by permission of the Baltimore Sun.

THERE is no error which has gained more general acceptance than that which asserts that there may be a harmful physical modification of the child through the influence of some abnormal state of mind in the mother.

Birth marks, for example, are said to be due to a fright the mother may have had or to some terrifying experience during the waiting period. It is said that the sight of a deformed person may produce a deformed child. This kind of an effect is quite impossible.

THERE is no connection between the mother and the child by which nervous impulses can be conveyed. Even the mother's blood does not itself enter the body of the child. The two circulations are quite distinct, and direct injury of the child in this way has never been proven.

If all mothers who had some fright or disturbing experience during the waiting period "marked their babies," very few would escape, whereas the truth is the great majority of babies are born without such stigmata. It is safe to conclude that when they do occur, it is a mere coincidence, and not the result of any known cause. The facts are that the form of a child is established at the third month, and therefore, disturbing events which happen in the later months of pregnancy can have no effect.

USUALLY women do not realize their condition for a couple of months, and do not worry about the bad effects on the child of "maternal impressions" until the latter part of the waiting period.

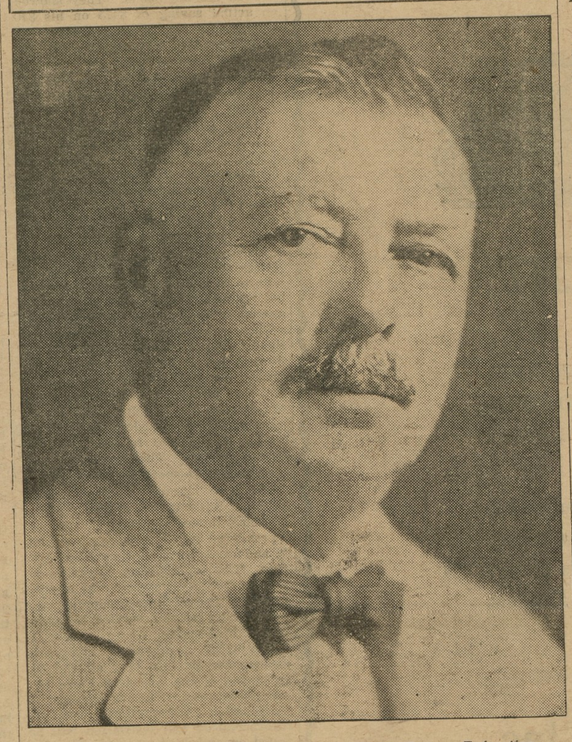
The harm which a mother may do to her child is the result of her failure to live her own life in a way that will result in the highest degree of health and happiness for herself and, therefore, for the child.

THE child, before its birth, is entirely dependent for its development upon the nutrition which it extracts from the blood of the mother, and it is only through nutrition that the mother is able to influence her child's future. If she lives in such a manner as to conserve her own health, taking plenty of sleep and exercise, and eating sensibly of simple food, she can be quite sure that her child will be able to build up for itself a sound body and brain.

On the other hand, if she neglects these plain rules of health and goes through the waiting period fretfully, full of apprehension or lamenting her condition and paying but little attention to her own bodily functions, it is quite possible that the child may be deprived of some of the nutrition it needs for its own best development.

Many malnutritic fretful babies do not get the right sort of nutrition during the prenatal period, and doubtless many early infant deaths are traceable to these causes.

He Leads the Farm Bureau



O. E. Bradfute, President of the American Farm Bureau Federation.

Co-Operative Marketing Approved

In the passage of the Capper-Volstead co-operative marketing bill, Congress said to the farmer: "It is to the national good that you co-operate in your marketing. We'll make it smooth for you. Now for the love of your country get together!"

Congress has even stamped its approval on monopolies—providing trade is not restrained or prices unduly raised. We need not be afraid of monopoly. For the protection of the purchasing public a new set of machinery is erected which leaves it up to the Secretary of Agriculture to determine whether the law is being broken by the co-operatives, and if it is he will hale them into court. For instance, if the Secretary should find that the association has restrained trade so as to enhance the price unduly he would order the association to desist. Should the association continue to operate in a manner intended to advance prices unduly the Secretary, after 30 days, would bring suit in the United States Court. The testimony gathered by the Secretary would be presented to this court to expedite proceedings, and the court is given complete jurisdiction to mete out justice.

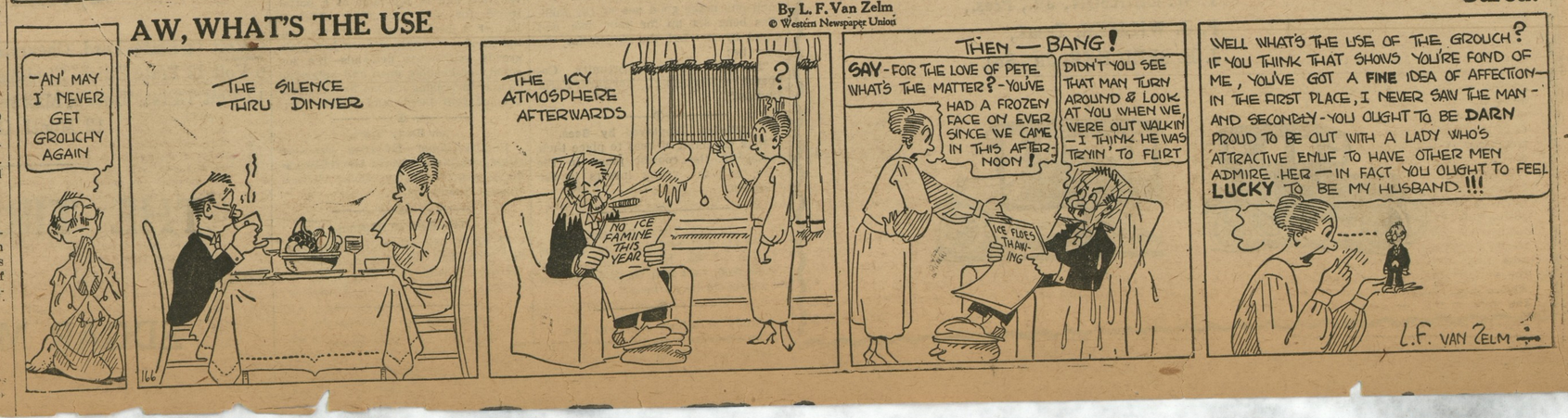
This should settle the cry of those who wail about farmers keeping the price up. When the farmer sells in quantity he cuts down the cost of sales. The expense saved is added to his profits. The merchant should understand the principle of co-operative marketing. The grocer gets his goods cheaper than he can afford to sell them because he buys in quantity. If the wholesale houses sold one can of beans or one hat at a time they would either have to operate without profit or charge more. The farmer is tired of operating without profit, but he does not expect to charge more. His scheme is to cut down overhead expense. The legitimacy of his proposal is recognized by the United States government. Efficiency by co-operation has been practiced by all other industries for some time.

Those who condemn farmers' co-operative marketing associations can now take their positions near the back, just in front, please, of those who believe that the devil is in the fiddle and a dog always howls just before somebody dies.

JOIN THE FARM BUREAU

AW, WHAT'S THE USE

By L. F. Van Zelm
© Western Newspaper Union



©Maryland State Archives, msa_sc6000_43_1-0252