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THE CROOKS-DITTMAR COMPANY
Williamsport, Pa.

PROCLAMATION

PROPOSING AN AMENDMENT TO THE CONSTITUTION OF THE STATE AUTHORIZED BY CHAPTER 281, ACTS OF 1922.

Whereas, At the January Session of the General Assembly of Maryland, held in the year 1922, an Act was passed proposing an amendment to the Constitution of the State by adding a new Section to Article 4 thereof, to follow Section 31 of said Article 4 and to be known as Section 31A, and which said Act is known as Chapter 221 of the Acts of 1922, and is in the words and figures to the legal and qualified voters of the following:

CHAPTER 281

AN ACT to amend the Constitution of Maryland by adding a new Section to Article 4.

Section 1. Be it enacted by the General Assembly of Maryland, three-fifths of all the members of both Houses concurring, that the following section be and the same is hereby proposed as an amendment to the Constitution of the State of Maryland, and if adopted by the legal and qualified voters thereof, as hereinafter provided, the same shall stand as an additional section to Article 4 of said Constitution, to follow Section 31, and to be known as Section 31A.

31A. In addition to the authority granted to the Mayor and City Council of Baltimore by the preceding Section to pay to each of the Judges of the Supreme Bench the annual sum of five hundred dollars, authority is hereby given to said Mayor and City Council to pay to each of said Judges such further annual sum as an addition to their respective salaries as the Mayor and City Council of Baltimore shall from time to time deem right and proper, provided, that any such sum being once granted shall not be diminished during the continuance of said Judge in office.

Section 2. And be it further enacted by the authority aforesaid, that the said foregoing Section hereby proposed as an amendment to the Constitution, shall be at the next general election for members of the General Assembly to be held in this State, submitted to the legal and qualified voters thereof for their adoption or rejection, in pursuance of the directions contained in Article 14 of the Constitution of this State; and at the said general election the vote on said proposed amendment to the Constitution shall be by ballot, and upon each ballot there shall be written or printed the words "For the Constitutional Amendment," and "Against the Constitutional Amendment," so that the voter may elect; and immediately after said election due return shall be made to the Governor of the vote for and against said proposed amendment, as directed by said 14th Article of the Constitution.

Approved April 13th, 1922.

Now, Therefore, I, Albert C. Ritchie Governor of Maryland, in pursuance of the direction contained in Section 1 of Article 14 of the Constitution of Maryland, do hereby order and direct that this Proclamation, containing a full, true and correct copy of the text of said Chapter 281 of the Acts of the General Assembly of Maryland of 1922, be published in at least two newspapers in each of the counties of the State where so many may be published and where not more than one may be published then in that newspaper, and in three newspapers published in the City of Baltimore, one of which shall be published in the German language, once a week for at least three months next preceding the election to be held in the State of Maryland on Tuesday, November 6th, 1923, at which said election the said proposed amendment to the Constitution of the State shall be submitted, in the form and manner prescribed by the General Assembly to the legal and qualified voters of the State for their adoption or rejection.

Given Under My Hand and the Great Seal of Maryland. Done at the City of Annapolis this 2nd day of July, in the year one thousand nine hundred and twenty-three.

(The Great Seal of Maryland)

By the Governor:
ALBERT C. RITCHIE.
PHILIP B. PERLMAN,
Secretary of State.

FARM FOR RENT 1924

Our Butlertown Farm on Rural Route, convenient to Chestertown, cooling station, Buck Neck Wharf, half mile from railroad station, stores, school, churches, etc. This farm is highly productive, pear orchard and meadow, large dwelling and barn, outbuildings and stables, good well of water. W. J. FANNORT, Chestertown, Md. a18-tf

FOR SALE

3 Used Pianos, Mahogany Cases, 6 Used Singer Sewing Machines, 3 Used Wheeler & Wilson Machines, 2 Used White Sewing Machines. All in fine condition. W. P. NEWNAM, Chestertown, Md. a18-3t

The KITCHEN CABINET

(©, 1923, Western Newspaper Union.)

Never mind what the other fellow is worth. He paid for everything he possesses by work, constant and unremitting, and an eternal watchfulness for opportunity. Do you want the same results? Then be prepared to pay the price.—Lloyd.

GOOD THINGS TO EAT

When you want a cake especially nice try the following: Candied cherries are expensive unless you have put them up yourself. Pour hot water over a pound of candied cherries, let stand a few minutes then drain and set into the oven to become dry. Soak one-half pound of crustless bread in as much milk as it will absorb; add four beaten eggs, four tablespoonfuls of sugar, four tablespoonfuls of warm butter, one-fourth of a pound of boiled and grated chestnuts, and a dusting of cinnamon. When well-mixed add the cherries, pour into a buttered shallow pan, brush generously with butter, sprinkle with sugar and cinnamon, and bake slowly in a moderate oven. Serve with a cupful of hot chocolate.



Luncheon Eggs.—Wash and chop one-fourth of a pound of mushrooms; melt one tablespoonful of butter in a saucepan, add the mushrooms and stir until all the moisture is evaporated; add one tablespoonful of flour, blend well, then add one-half cupful of chicken stock, one-fourth of a teaspoonful of salt, and a little pepper; let boil two minutes. Cut in halves six hard-cooked eggs, remove the yolks and mix them with the mushroom sauce. Fill the eggs with this mixture and set them into a baking dish, surround with tomato sauce and heat thoroughly. Just before serving place a fillet of cardine on each stuffed egg. Serve from the baking dish.

Sardine Salad.—Skin and bone a dozen sardines, add a cupful of mashed, hard-cooked egg yolks, two tablespoonfuls each of chopped olives and celery, a pinch of dry mustard, and lemon juice to moisten. Mix and form into balls, roll in boiled rice. Arrange around a mound of stuffed olives and serve garnished with roses of mayonnaise.

A good breakfast dish is buttered toast served with hot stewed tomatoes, seasoned well with butter, salt and pepper. The tomatoes will have a better flavor if well-cooked with the seasoning and add a little water while cooking.

Nellie Maxwell

Island Walled in by Coral.

Rennell island, the least visited in the Pacific, is surrounded by walls of coral limestone 300 feet high.

SUMMER HEAT
wears down strength and resistance
Scott's Emulsion
refreshes the system
RESTORES VITALITY
23-5

HOT AND COLD

In days that are hot prepare for days that will be cold. This is not a command. It is just plain common sense. Animals do this. In summer they get ready for winter. Why shouldn't man do the same? He should. But he likes to put off until tomorrow the thing he knows he should have done yesterday.

Don't wait. Now is the time to have your heating plant put in order—gotten ready for the first cold day.

To wait will not make the cost less. Chances are a wait will make the job cost more. The first cold snap will bring a rush of orders. The rush will mean busy days, overtime, a line of waiting customers.

Don't wait. Many Fall colds are caught on chilly days while the family's waiting around for a heating plant to be fixed. Colds cost time and money—more time and more money than you will have to pay to put your heating plant in order.

Wait for the cold days if you want to. But, as sure as you're alive, you will then have to pay in money, in medicine, in suffering, in discomfort.

"Do it now" is the only way to protect your family.

W. H. THAWLEY
Phone 86 CHESTERTOWN, MD.

For Sale

Cozy home, Catts' Corner, near Worton, seven room dwelling and store, 3½ acres of land, outbuildings, only $1500, now vacant.

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Made With Anthracite Coal, hard in structure.

THE IDEAL DOMESTIC FUEL
NO SMOKE NO SLATE
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TALKS to MOTHERS about THEIR BABIES



By DR. J. H. MASON KNOX, JR.,
Chief, Bureau of Child Hygiene, Maryland State Department of Health.

ARTIFICIAL FEEDING

Reprinted by permission of the Baltimore Sun.

THE advantages of feeding a young baby with its mother's milk have already been emphasized. There are, however, many babies whose mothers cannot nurse them satisfactorily. In this country, cow's milk is the only practical substitute. Cow's milk differs considerably from mother's milk, and must be diluted to suit the digestion of the infant.

The best milk for infant feeding is produced not from the rich milk of the Jersey or Guernsey breeds, but from the Holstein, Ayrshire or Durham cows or the ordinary grade cow. The cleanliness of the whole process of milk production from the stable to the baby is more important than the breed of cow.

PROPER rations for milch cows and a description of the necessary clean dairy methods can be obtained from the State and Agricultural Departments. The production of clean milk on a small scale is not an expensive process, but it does require a conscience alive to the danger of dirty milk and intelligence. The laboratories of the State Department of Health will be glad to furnish information concerning any of the dairies in the State. It is impossible to judge the cleanliness of milk by its appearance.

The preparation of the milk mixture for the baby should always be done under the direction of a doctor, for the strength of the mixture and the amount at each feeding should be adjusted to meet the needs of the individual baby. In recent years artificial feeding has been greatly simplified. In thousands of instances it has been found that the simple dilution of whole milk with the addition of a small amount of sugar furnishes a balanced diet on which the average baby will thrive.

A NEW born baby beginning artificial feeding should start with a dilute mixture not more than one-third milk and two-thirds water. It is safer also with the artificially fed baby to use long feeding intervals.

A baby receiving an ounce and a half of cow's milk in twenty-four hours and an additional amount of sugar for each pound of weight will have its dietary needs satisfied. For example, a baby weighing seven pounds in the first week might be given a milk mixture as follows:

	Ounces.
Whole milk	7
Boiled water	14
Sugar (1 level tablespoonful)	½
	21

Of this one to three ounces every four hours.

Each week an additional ounce of milk can be added and an ounce of water removed, so that the baby in a month will be receiving approximately half milk and half water.

At three months a baby weighing eleven pounds could take five ounces at each of six feedings of the following mixture:

	Ounces.
Milk	18
Water	12
Sugar (2 level tablespoonsful)	1
	30

After this period a thin cereal water can be substituted for the plain water. At six months a baby of fourteen pounds could usually take—

	Ounces.
Milk	21
Cereal water	14
Sugar (2 level tablespoonsful)	1
	35

Seven ounces every four hours. Five feedings in twenty-four hours.

At nine months a baby of eighteen pounds could take—

	Ounces.
Milk	27
Cereal water	13
Sugar (2 level tablespoonsful)	1
	40

Eight ounces every four hours. Five feedings in twenty-four hours.

BOTTLE babies rarely gain as rapidly as breast-fed babies when there is an abundance of mother's milk, and it is much safer for the mother to be satisfied with a slower but steady gain, as overfeeding is harder to avoid in artificially fed babies and often results in dangerous consequences.

It is much safer to scald the milk mixture before feeding the baby. The boiled milk mixture is just as nutritious and perhaps a little more digestible. Any increased tendency to scurvy and rickets from the use of boiled milk can easily be avoided by the early use of fruit juices.

As has been indicated cereal water can be used instead of water after the third month, and thicker cereal gruels made of cream of wheat or farina, cooked at least two hours, about the consistency of honey can be given to the baby once or twice a day after six months.

Strained vegetable soup made of carrots, spinach and potatoes with perhaps a beef bone, boiled slowly until the vegetables are very soft, can be given with advantage in a small quantity beginning with a tablespoonful once a day to a baby over six months of age.

Directions For Milk Mixture.

HAVING determined upon the milk for the day, dissolve the sugar in the amount of water or cereal water of the mixture, pour into an agate pitcher and add the required amount of milk mixed thoroughly and boiled for a minute in a saucepan. There is less danger of burning in a double boiler. Place the required amount in individual bottles or a quart jar and cool as rapidly as possible. Keep cool, preferably on ice until used, when the required amount is poured into individual feeding bottles, warmed and fed to the baby.

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Timothy Seed

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The quality will be high and the price the very best the market will afford. Let us book your order now and assure you of getting the Best NEW SEED.

Yours to serve

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PHONE 51. CHESTERTOWN, MD.

BASIS FOR DAIRY INDUSTRY

Don't Wait In Meadows for Cow to Back Up to Be Milked—Waste Converted Into Milk.

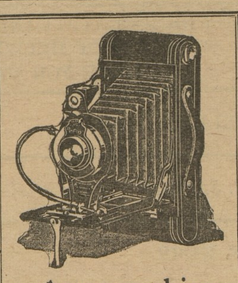
"Don't sit down in the meadow and wait for the cow to back up to be milked—go after the cow." The basis for the whole dairy industry is the cow, and if farmers are going to utilize to the best advantage the quantities of roughage that annually are wasted on every farm they must go after the cow.

There is no way to convert the corn, the hay, the clover, the straw, and the abundance of other forage into a marketable form so quickly and so economically as by feeding to the dairy cow. She works day and night, summer and winter, week days and Sundays, in flood and drought, to convert the unmarketable waste of the farm into a finished and valuable product of human food.

The first thing is to get the cows. Profits are then assured.

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Money is almost unknown on Norfolk island, in the Pacific ocean, about $25 being all that is handled by the entire population in the course of a year.



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CHIROPRACTIC
NOT A NEW OR UNTRIED METHOD

Discovered in 1895 by D. D. Palmer of Davenport, Iowa, the Chiropractic has grown by leaps and bounds, until today there is scarcely a community of any size without a Chiropractor, and the good word of Chiropractic is being spread to every corner of the earth.

The fact that in the past 10 or 12 years the great majority of the States of the Union have given legal recognition to Chiropractic proves that Chiropractic is advancing on its merits alone.

Chiropractic is well known in the larger towns and cities, especially in the Western States. Numerous people in Kent county have tried Chiropractic in Baltimore, Wilmington and Philadelphia with good results but generally speaking Chiropractic is comparatively new in this section of the Shore.

Being a new method of healing and differing radically from all other methods naturally there is bound to be a great deal of scepticism regarding its curative value. To overcome this scepticism and to show and prove my confidence in the curative value of Chiropractic. I am willing to make this offer.

After analyzing your case if I find that I can help you, I will agree to take your case with the understanding that if you follow my instructions and take the adjustments for a sufficient length of time you will get well or your money will be refunded.

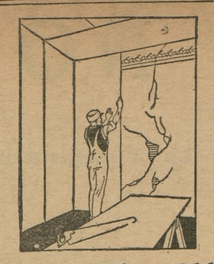
You have all to gain; nothing to lose. You cannot now afford to hesitate to try Chiropractic and regain your health. No charge for consultation.

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The Johns Hopkins University
Baltimore, Md.
Engineering Scholarships

Scholarship Applications in the School of Engineering, established under provisions of Laws of Maryland, Chapter 90, 1912, will now be received. If one or more applicant for particular scholarship, competitive examinations will be held Sept. 21, 1923, beginning at 9 a. m.

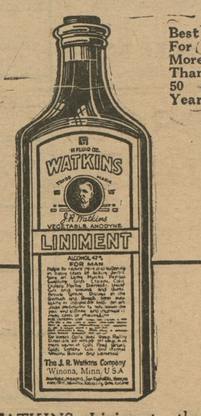
Each Legislative District of Baltimore City and each County of State, with the exception of Howard, will be entitled to one or more scholarships for 1923-1924.

Scholarships are awarded only to deserving students whose financial circumstances make it impossible to obtain engineering courses unless free tuition be granted.

The Scholarships entitle the holders to free tuition, text books and exemption from regular fees. One scholarship in each County and each Legislative District of the City carries also the sum of $200.

Scholarships may be awarded to graduates of Loyola, St. John's, Washington College, Western Maryland, University of Maryland (Maryland Agricultural College), Mt. St. Mary's and Rock Hill.

Applicants address the Registrar, Johns Hopkins University, for application forms and catalogues of information regarding examinations, award of scholarships, and courses of instruction. The next session begins Tuesday, October 2.



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Tolchester Co.

CHANGE OF SCHEDULE

(Weather Permitting)

SASSAFRAS RIVER LINE

In Effect 2:45 P. M. September 4, '23

Mondays and Wednesdays steamer will leave Fredericktown at 6:30 a. m. Betterton 7:45 a. m., Worton Manor 8:45 a. m., Tolchester 9:45 a. m.

Tuesdays and Saturdays steamer will leave Baltimore at 2:45 p. m. for all the above landings. (Does not stop at Tolchester on Saturdays.)

PORT DEPOSIT AND HAVRE DE GRACE LINE

In effect 2:45 p. m. September, 5, '23

(Express Service)

Tuesdays, Thursdays, Fridays and Saturdays steamer will leave Port Deposit at 6:30 a. m., Havre de Grace at 7:00 a. m., Betterton 8:15 a. m., Tolchester (except Saturdays) 9:45 a. m.

Mondays, Wednesdays, Thursdays and Fridays steamer will leave Baltimore at 2:45 p. m. for Tolchester, Betterton, Havre de Grace and Port Deposit.

TOLCHESTER SATURDAYS

Effective September 8th, 1923

Leave Tolchester 9 a. m. and 4:45 p. m., Leave Baltimore 7 a. m. and 2:45 p. m.

For further information apply to agents at different wharves, or THE TOLCHESTER COMPANY, Baltimore, Md.

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