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of day and night into months of tedious ^{monotony}
 Its attractions few grandeur is expressed in
 'high seas' and calms become extremely irksome
 So day it is more moderate again and
 we shook out topsails reefs. This evening bid
 fair to be a pleasant one as far as wind and
 weather are concerned and the sea going down.
 Lat. 16° 27' Lon. 6° 19'

May 19.

Fair and fresh gales St. Helena
 has been in sight nearly all day and to night
 bears E. 40 miles. Saw also just before
 sunset a sail apparently having just left
 the island and steering to the northward.

May 20.

Another unpleasant day being a mixture
 of squalls of wind and rain with rare glimpses
 of the sun. That resplendent luminary however
 granted us an observation. Under double reefed
 T. sails during the day and saw one sail
 Lat. 17° 0' Lon. 6° 40'

Sunday April May 21.

The wind and weather unchanged but a
 heavy swell setting in. Made a sail
 running free from the island which is out
 of sight since the 19th. Have been quite busy
 going over books and papers and read and
 reread several old letters which I brought
 from home for want of better ones and my hope

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of receiving any after my many disappointments
 are on the decline. No obs.

May 22.

Morning cloudy and some rain. Saw
 a sail. About noon weather became
 clear. Shook out reefs. Soon after made
 two other sails perchantmen. To night the
 sea is rising but continues pleasant. Lat.
 17° 50' Lon. 6° 50'.

May 23.

Generally pleasant but some light rain.
 Raised up the island again and it now
 bears E. S. E. 40 miles. Made a sail
 which we took to be the ^{Whitton} ~~Whitton~~ ^{hove in}
 sight about 1 P.M. after which she tacked
 and we saw her only 3 hours. No obs.

May 24.

Commencing with stiff trades and
 a large swell on. Afternoon light breeze
 Saw also a sail. To day we had a most
 an excellent duff though we have had good
 ones for some time this is the best of them all.
 Have them twice a week now dandy funk
 once rice once and lob skouse once our
 other meals are made up of salt junk
 hard bread and other vegetables occasionally
 we have beans both stewed and baked all
 together our provisions are as good if not better
 than we could expect at sea. Lat 16° 07' Lon 6° 35'