

MYRTLE LEAF LACE

CURE FOR SORE MOUTH.

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Get five cents' worth of Epsom salts, and take a teaspoonful dissolved in a little water, for three mornings in succession; then omit three and begin again. I think five cents' worth will be all you need. Hoping this will help others as much as it did me, I remain yours truly,

Connecticut. AUNT HATTIE.

Crochet Edging.

the last a c of its last row; turn.
12th row—Same as 6th row.
RIVERTON, N. J. V. RUDDEROW.

SHELL TIDY.

Find off one-half of the stitches and ravel the other half.

Knit on coarse wooden needles.

Mrs. M. E. G.

MOTH PREVENTIVE

No one can ask for a purer or pleasanter odor about garments. A liberal distribution of lavender sachets in closets, drawers and trunks will give you the satisfaction of making sweeter your belongings with the weapon which drives away their depredators. Put a lavender sachet in your piano if you fear moths will ravage the felt.

OAK LEAF EDGING.

This is correct. The accompanying sample was knit from directions.

MRS. W. H. HENDERSON.
Connecticut.

USES OF OILCOTH

—Cayenne pepper blown into the cracks where ants congregate will drive them away. The same remedy is also good for mice.

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ch, dc in next ch, * repeat * to * arou

HEART LACE.



THE USE OF LEMONS.

The lemon tree is a native of Asia, although it is cultivated in Italy, Portugal, and in the south of France. In Europe, however, it seldom exceeds dimensions of the smallest tree, while in its native state it grows to over sixty feet in height. Every part of this tree is valuable in medicine, though we rarely employ any of it but its fruit—that is, the lemon itself; and every one knows how to employ this, as in lemonade—to squeeze the juice into cold water; this is the shortest way; or to cut it in slices and let it soak in cold water, or to cut it in slices and then boil it. Either way is good. Lemonade is one of the best and safest drinks for any person, whether in health or not. It is suitable to all stomach diseases, is excellent in sickness—in cases of jaundice, gravel, liver complaints, inflammation of the bowels and fevers. It is a specific against worms and skin complaints. Lemon juice is the best anti-scorbutic remedy known; it not only cures this disease, but prevents it. The hands and nails are also kept clean, white, soft and supple by the daily use of lemon instead of soap. It also prevents chilblains. Lemon is used in intermittent fevers, mixed with strong, hot, black coffee, without sugar. Neuralgia may be cured by rubbing the part affected with a cut lemon. It is valuable also to cure warts, and to destroy dandruff on the head by rubbing the roots of the hair with it. In fact, its uses are manifold, and the more we employ it externally and internally the better we shall find ourselves. Natural remedies are the best, and nature is our best doctor, if we would only listen to it.—*Ex.*

HOW TO BE HEALTHY.

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