

all hands sweep off decks and clear up
the ship ~~and from then~~ while the one
of the starboard watch goes to the wheel
and is relieved at 5 $\frac{1}{2}$ by one of the larboard
watch who keeps it until 7⁰⁰ when the
larboard watch goes below and turns in
and the starboard watch takes the deck
until 11, when the larboard watch comes
on deck and are on duty until 3⁰⁰ pm
when they are relieved by the starboard
watch who are on duty until 4 am.

The succeeding 24 hours the larboard
watch have the 18 hours duty at night and
the starboard but 8 hours and so on.

The must heads are taken to or
"stood" as the phrase is in the same
manner as the tricks at the wheel.

after dark a ~~man~~ ^{one} of the watch on
duty is always stationed in the bows
on the lookout for vessels and when
off the lee shore he is sent to the
must head.

~~At the termination of~~
breakfast time in the morning the
watch who have had 8 hours duty the
night before always have the morning
below for rest and sleep.

This much of favor we had
been enjoying for a week or two
but the announcement of watch

match or that, all hands should regular-
ly have one four hours in the daytime
for rest and refreshment was as may be
apprehended received with much rejoicing.

In truth we needed it.
The change from the life of total idle-
ness and leisure which we had probably
all been leading for some months to a
period of twenty hours ^{in the twenty four} hard labor
and watching was as severe a test of
physical endurance I think as is often
gone through by any one.

For myself I say truly that
the pain in my head and eyes were so
intense that I feared ~~seriously~~ that my
sight would be severely injured from pure
want of sleep and rest.

The other my companions in the
starboard watch groaned a good deal
though none as much as I; this was
~~because~~ either from their sleep being less
sound or their luck better than mine
as they managed to enjoy a good many naps
in the night watches. Undoubtedly while
if I but slept for an instant I was sure
to be detected and ordered with great
sternness not to be caught again.

However there is a saying the which
though common I often comfort myself with
that all things must have an end and