FOR WOMEN ONLY

Food, beauty, garden, career tips for home makers.

Easy Does It

If you feel tired from overwork, try some short cuts in your housekeeping and see if you can't save up to a half an hour a day for doing something restful and relaxing.

Use one clean-up process to replace several. For example, if you have cooking or baking to do in the morning, do this before washing breakfast dishes. Then wash all preparation utensils along with the dishes.

RECIPE OF THE WEEK
Candied Carrots
(Serves 6)

6 medium-sized carrots
½ cup brown sugar
1 cup brown sugar
4 tablespoons butter

Boil carrots and scrape them. Cut in strips as you would for French frying. Mix remaining ingredients in a baking dish and warm to make a syrup. Place carrots in syrup so that it covers them entirely and bake in a moderate (350 degrees F.) oven until candied, about 20 minutes.

DO MESSY TASKS such as paring potatoes or scraping vegetables on a piece of waxed paper or a disposable bag which can be discarded as soon as you've finished.

Eliminate broiler and oven cleaning by placing sheets of aluminum foil over broiler rack or at bottom of oven. This will catch drippings and can be discarded, thus saving a special cleaning job.

Keep all your spices in a tray or large box. You can lift it to the mixing or cooking area and save several trips to a shelf to get each ingredient.

It's more sanitary this way: wash your dishes, then place in a rack and rinse with hot water. They dry more quickly by themselves and are more sanitary than when towel-dried.

MISS ESTHER GRIFFIN of Washington won first place in styling at a recent beauty show in Baltimore. Her model is Miss Mamie Ellis, also of Washington. Both are Poro College graduates.

Mrs. Branford's perfect cocoa cake result of 20-year practice

Mrs. Leanna Branford is a fine cook . . . and admits it. In fact, she is most proud of the fact that she taught herself to cook, by the trial and error system, beginning in her teen-age.

And if you are lucky enough to sample her cocoa layer cake, you will agree that there is no place for modesty when it comes to Mrs. Branford and cooking.

Mrs. Branford says that she had been making this cake for 20 years. Maybe that accounts, not only for its perfection, but for the ease with which she makes it.

She beats together two cups of sugar, a half pound of butter and the yolks of six eggs. Then she adds two cups of flour alternately with a cup of milk, and beats the batter until fluffy.

She then beats the egg whites until stiff, stirs in two level teaspoons of baking powder and three teaspoons of vanilla, adds this to the batter.

She bakes the cakes in two nine-inch pans for 20 minutes or until done.

* * *

HER COCOA ICING is made with two tablespoons cocoa, an eighth-pound of butter, a half-cup of powdered sugar and three tablespoons of hot milk. The mixture is stirred until creamy and placed between layers and over the cake.

Mrs. Branford's pleasure is found in church work. She is president of the Volunteer Organization of Payne Memorial AME Church, which has 15 members and a $1200 per year budget. They raise these funds through two affairs each year. The Rev. W. T. Mitchell is pastor.

The pride of Mrs. Bransford's life is a son, James E. Hodge, who was the first non-white student in the school of Pharmacy at the University of Maryland. Her first husband was Elmer J. Hodge, who owned a cleaning and tailoring business, and who has been deceased for 11 years.

She later was married to the Rev. James E. Branford, who is associate pastor at the Mt. Lebanon Baptist Church.

Mrs. Branford is a beautician of the modern school. She holds diplomas from both Poro and Apex Schools of beauty training and has more recently earned a certificate from the University of Maryland School of Cosmetology. She conducts an establishment at 1517 W. Mulberry St.

WORKSHOP FOR CHILDREN

DURHAM, N.C.—The department of home economics at North Carolina College will conduct a special summer workshop for children June 7 to July 14.

MRS. LEANNA BRANFORD

Pot roast is chef's special

With plenty of beef at the market, the choice of pot roast has many attractions.

Not only is it a more economical cut than higher-priced steak and roast beef, it is every bit as nutritious. But perhaps the biggest advantage is the fact that pot roasts require long, slow cooking. That allows the cook a real creative outlet for her flair with seasonings.

There is plenty of cooking time for the flavor of added herbs, spices, and vegetables to penetrate the meat, and add zest to an otherwise simple dish.

Pot roast takes well to a long list of spices—garlic, paprika, thyme, sweet marjoram, summer savory, chervil, parsley, celery—take your choice of one or several. For added substance and flavor, such vegetables as potatoes, onions, carrots, or tomatoes, combine particularly well.

* * *

THE CUTS of beef known as pot roast are large pieces of meat, about 3 to 4 pounds in weight, taken from the chuck, round, rump, or ribs. Braising consists of browning the meat in fat, then cooking it in a covered pan, with or without added liquid, on top of the stove, or in the oven.

For tenderness as well as good texture and flavor, the quantity of added liquid should be kept to a minimum. The meat is cooked slowly to the well-done stage.

Here is a basic recipe for pot roast with vegetables, from the U.S. Department of Agriculture:

Select a piece of beef weighing 3 to 5 pounds from the chuck, shoulder, rump, or round. Sprinkle the meat with salt, pepper, and flour, and tie or skewer into compact shape. Brown the meat in a heavy pot; use suet if the meat is very lean. Then slip a low rack under the meat to keep it from sticking to the pot.

Add ½ cup of water, cover with a close-fitting lid, and cook slowly over a low fire for 2-½ to 3 hours, or until the meat is tender when pierced with a fork. During the last hour or when the meat is almost tender, add onions, carrots, or potatoes. Cook until both meat and vegetables are tender, then remove to a serving platter and keep hot. Make gravy with the drippings.

Scrub daily for beautiful back

It takes consistent homework to keep back and shoulders smooth and appealing.

Warm soapsuds and a brush are all you need. Spend extra minutes in the tub scrubbing your back with a long-handled brush. Friction, plus softening suds, will leave your skin both glowing and velvety.

There just aren't any quick, drastic measures that will develop a beautiful back and shoulders, so put your faith in daily scrubbing.

The well-dressed bed now clothes in fitted sheets

To buy or not to buy fitted sheets! That's the question facing half the homemakers in America today.

Actually, fitted sheets are past the experimental stage. They have been on the market for five years and a recent survey shows that 85 out of every 100 women know about them. Forty-five per cent of these 85 have tried them, and nearly all of them have bought more, or indicate they plan to buy more of these new sheets.

The three main points in favor of fitted sheets are that (1) they save time and labor for the comfort of the sleeper; (3) they make a smoother, neater, more efficient bed.

Time and Labor Saver: Whether it is in the initial bed making or in the subsequent days of remaking, fitted sheets eliminate much of the trudging back and forth, side to side, head to foot routine. They eliminate, too, the tugging, folding and meticulous squaring of the sheet to effect hospital corners. The problem of remaking the corners pulled out by a restless sleeper is eliminated also.

After a careful study of the time saving factor, it has been estimated that the use of fitted sheets frees one eight-hour day of work, per year, per bed. As 3.4 beds per household, this adds up to nearly 30 work hours saved per year.

Fitted sheets make it easier for the children to make their own beds each morning. This is a real lift for the busy homemaker and good training for the youngster.

For women who "wash their own" at home or at the community laundry, a very real labor savings can be effected in the elimination of ironing. Even the most meticulous housekeepers are pleased to see how the laundry-wrinkled sheets stretch out to a crisp, smooth appearance on the bed.

* * *

INCREASED COMFORT! These sheets with mitered corners that fit tightly over the mattress are wonderfully comfortable to sleep on. They conform to the mattress and give it a firmer feeling. There is no wrinkling or bunching, so the sleeper feels like he or she always has a freshly changed bed. This wrinkle-free quality produces sounder, more relaxed sleep. This, in turn, makes for better health. Sleep experts agree that July and August are problem months for many sleepers. It is interesting to note that 94 out of 103 retailers report a sharp upturn in sales on fitted sheets in this same period of the year.

Better appearance and efficiency! Homemakers are enthusiastic about that "smooth neat look" characteristic of beds made with fitted sheets. Bedmaking is homemaking and women are proud of their craftsmanship.

Fitted sheets cling snugly to the mattress and stay trim. They never reach the sloppy, lopsided stage with dragging ends no matter how restless the sleeper. They keep the mattress pad in place.

The Price Factor: There is little if any price differential in the initial cost of fitted sheets versus regular sheets. Further, most commercial launderies do not charge more for one type than the other. However, because there are less square feet of fabric in fitted sheets, there is less poundage and hence a savings when laundry is sent out "by the pound."

* * *

THERE ARE some arguments against fitted sheets.

Fitted sheets are hard to fold and iron neatly. If you don't have the know-how, the corner pokets crease and bulge, and the sheets are awkward to handle. The result is a scraggly sheet stack in the linen closet. This was a real problem in earlier years, but the Sanforized people along with their other pioneer work put this into an expert's hands, and today supply linen departments of retail stores all over the country with folders illustrating six progressive steps for quickly and efficiently folding fitted sheets into neat smooth rectangles. Some manufacturers include these directions in the packaging.

No rotation. An early study showed that 50 per cent of the housewives rotate their sheets. In other words, they put the bottom sheet in the laundry each week, move the top sheet to replace the bottom sheet, and add a clean top sheet. By so doing, each sheet remains on the bed two weeks.

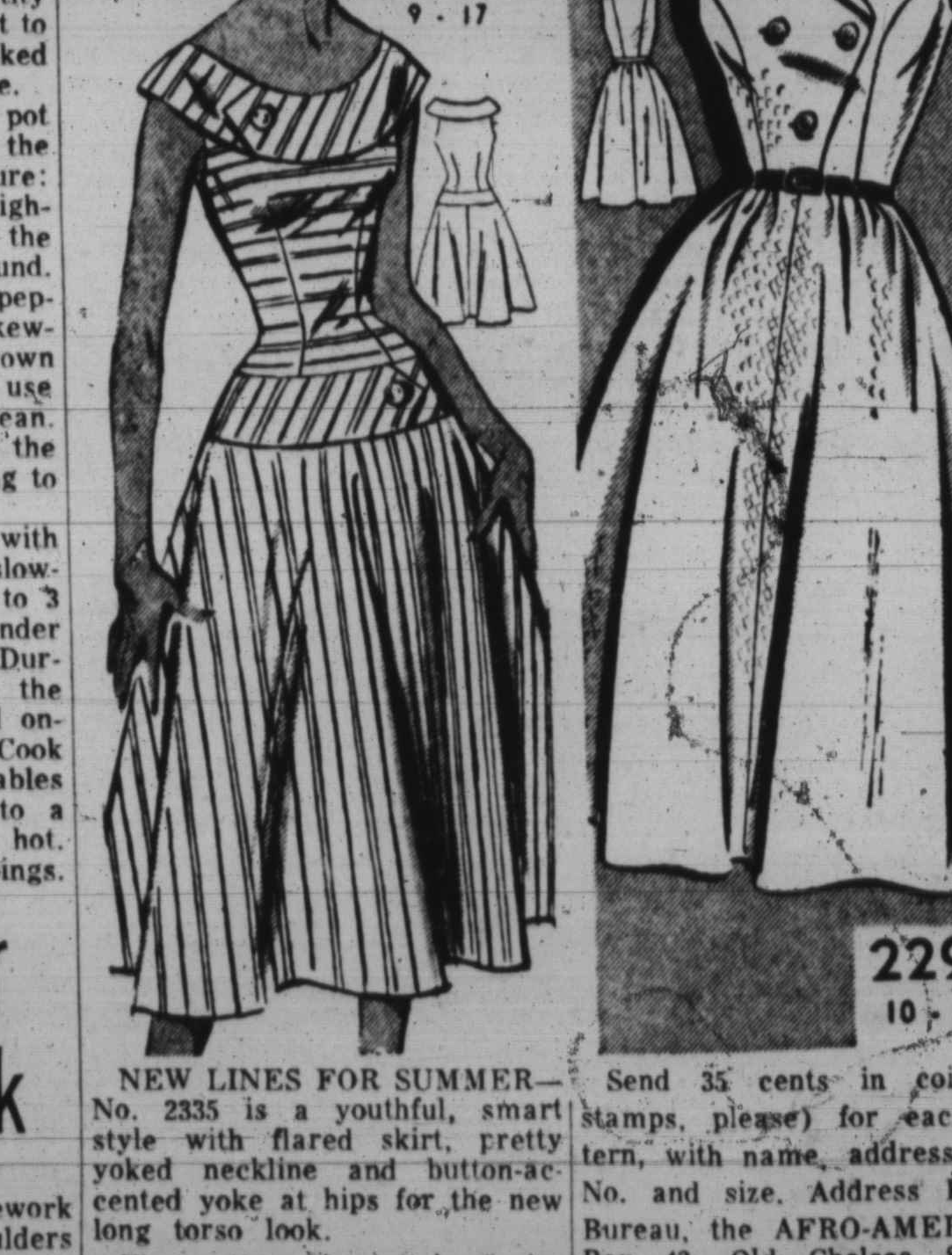
With fitted sheets several alternatives are possible. Since they remain fresher they may be used for a two week period and both sheets changed. Or the top sheet may be used for two weeks and the bottom one changed each week. Or two top sheets, mitered only on one end, may be used and the second week the top sheet may be placed on the bottom with the mitered end at the top of the bed.

No homemaker can, of course, discard her present supply of sheets. However, the oldsters in the sheet pile do get retired and today's homemakers are replacing them with fitted sheets, continuing to use their old stock as top sheets. Records show that most women today buy two fitted sheets as a trial purchase and within six months order two or four more.

* * *

BIGGEST USERS of fitted sheets today are among the 25 to 35 years old group of homemakers. Some had fitted sheets in their trousseau of course, and others were anxious to try anything new that promised better homemaking. Also, many enthusiastic by their own experience with fitted sheets now buy them as anniversary, shower, and even birthday gifts. They come in pastel shades as well as white. They are made in muslin and percale.

Records show that today one out of every five sheets sold is a fitted sheet. Time marches on! the experimental stage is past. Here's a homemaking tool that has come to stay.



NEW LINES FOR SUMMER—No. 2335 is a youthful, smart style with flared skirt, pretty yoked neckline and button-accented yoke at hips for the new long torso look.

The pattern is cut in junior sizes 9, 11, 13, 15, and 17. Size 13 requires 3 ¾ yards of 35-inch material.

YOU'LL LOVE No. 2293, a sleeveless, collared style with button-accented bodice and full skirt with gathers.

The pattern comes in sizes 10, 12, 14, 16, 18, and 20. Size 16 requires six yards of 35-inch material.

Send 35 cents in coin (no stamps, please) for each pattern, with name, address, style No. and size. Address Pattern Bureau, the AFRO-AMERICAN, Box 42, Old Chelsea Station, New York 11, N.Y.

For first class mail include an extra 5 cent per pattern.

NOW! Just out, the SPRING-SUMMER FASHION WORLD illustrating IN COLOR scores of delightfully wearable fashions for every size and occasion. Sew these practical pattern designs for the season ahead. Order your copy now. Price just 25 cents.

WOMEN AND WHEELS:

Car air conditioning growing in popularity

By MARY LOU CHAPMAN

Have you ever walked to your car on a steaming hot day, hoping for a cool breeze once you started off, only to open the door and find that it was so hot inside you could bake a cake on the seats?

It has happened to almost everyone, and this experience, along with the fact that today's air conditioning units for automobiles are becoming less expensive, explains the amazing upswing in demand in the last two years.

Southern States used to account for the greatest volume in sales of air conditioning systems, but today many sales are being made in Northern states as well.

* * *

YOU CAN now find a cooling unit for almost every car made. The deluxe units draw fresh air into the car from the outside, and smoke and stale air are drawn out. The less expensive units recirculate the air that is already in the car.

Some deluxe units can reduce the temperature inside a car from 115 degrees to approximately 80 degrees in two minutes while you drive 25 miles an hour. And in five minutes, you can take the temperature down even further if you desire.

Even with the engine idling, the unit cools the car effectively. You can set the controls to virtually any temperature you wish.

Other units, which use entirely recirculated air (no outside air introduced), are less expensive than the deluxe models, but have approximately the same cooling capacity.

* * *

INSIDE THE CAR, vents for the cooled air are located on the rear seat package-shelf in some designs, so that the cool air circulates through the entire car. Some cars have tiny individual ducts, similar to those found in airplanes, which can direct cool air at the passenger. And others have ducts on the instrument panel for this purpose.

Air conditioning also is designed to dehumidify the air, so that if you live in an area that has the damp kind of heat, this would be particularly welcome.

With hot summer coming on, don't overlook air conditioning for your new car. It certainly gives you cool comfort in the blazing summer sun.

Sweet dreams for baby

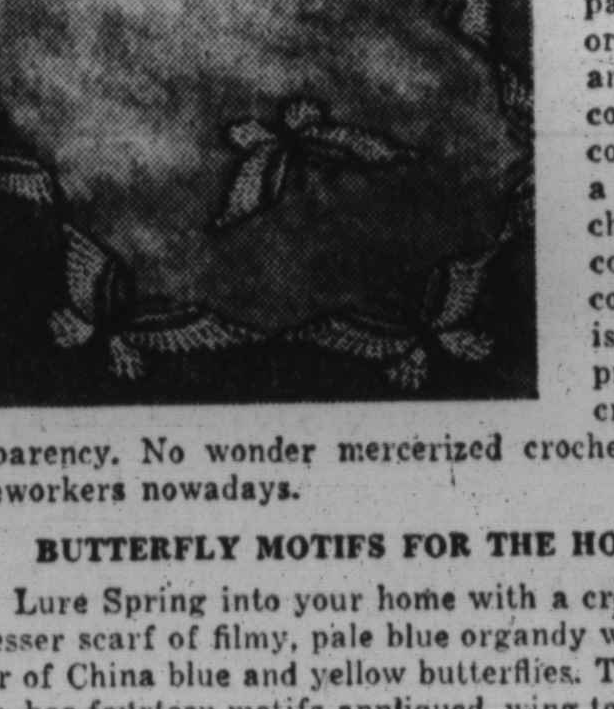
A new Dacron-filled nylon comforter, equipped with four plastic rings on each side, should make baby's dreams a lot sweeter.

These rings attach to the crib slots, making it impossible for baby to become either uncovered or entangled—yet allowing complete freedom of movement. The comforter comes in a circus print or an embossed floral pattern in pretty pastels.

It is mildew and mothproof, and can be swished through warm soapsuds and rinses, then hung to drip-dry in a jiffy.

Needlecraft News
by Nancy Baxter

As indicative of Springtime as fluttering hearts and beautiful flowers is the delicate butterfly, spreading its wings in the sunlight. A myriad of brilliant colors, a phenomenon of Nature's fine work, the flittering butterfly has captured the imagination of poets and painters, designers and decorators. Crocheters have captured the beauty of the butterfly in their work on household linens, handkerchiefs and fashion accessories with mercerized crochet cotton in rainbow colors.



MERCERIZATION

Because of the ingenuity of an English calico printer, today we are able to duplicate, in crochet, the vivid colors of a butterfly's wing. Mercerization, a process patented in 1850 by its originator, John Mercer, among other things gives cotton a greater affinity for color. True, rich color and a high degree of luster is characteristic of mercerized cotton thread. Mercer discovered that when this finish was applied to cotton prior to dyeing, it also increased the strength and transparency. No wonder mercerized crochet cotton is a favorite of needleworkers nowadays.

BUTTERFLY MOTIFS FOR THE HOUSE BEAUTIFUL

Lure Spring into your home with a crochet hook. Make a runner or dresser scarf of filmy, pale blue organdy with a decorative, crocheted border of China blue and yellow butterflies. The finished runner, 14 x 36 inches, has fourteen motifs appliqued, wing to wing, around the edge and a single butterfly applied in the center, toward each end. If you would like the instructions for making this BUTTERFLY RUNNER, please send a stamped, self-addressed envelope to the Needlework Department of this paper and request Leaflet No. S-37.

Washables need cosmetics

These finishing touches to laundering add new life to washable fabrics:

STARCHING. Follow directions on the hot-or-cold water starch package, since varieties differ. Use heavy starch for shirt collars and cuffs, children's dresses; medium starch for dresses and aprons; light starch for sheer rayons, cottons, linens, curtains.

Let starched fabrics dry, then dampen them for ironing. Plastic starch lasts through many washings and should be used sparingly. Prepared liquid starch is convenient for small pieces.

BLEACHING. The sun is an excellent bleaching agent. Lather white cottons and linens with soapsuds, hang in the sun to dry, then launder as usual. If you use a bleach, dilute well and add it to the soapsuds.

BLUING. The purpose is to brighten white and colors. Varieties differ, so use bluing according to directions on the container.

Foot sufferers spent $66 million last year

We're a nation of foot sufferers!

That's the unhappy word from the U.S. Public Health Service, which reports that Americans spent $66 million last year on bunion pads, arch supports, Dr. Whatnot's corn plasters, and a vast assortment of other gadgets, creams and salves.

Maybe that's not much when you figure that nine out of ten people complain about their feet at one time or another, and that just about seventy per cent of them are women. But the real sham of it all is that most of this nation-wide suffering is unnecessary.

FOOT DOCTORS say that nearly all foot aches and pains are avoidable, and that you can keep your feet in good shape by taking a few simple precautions. With Easter and the warm, outdoor months just around the corner, now's the time to lend an ear to what the good doctors have to tell us!

Make certain your shoes fit properly, and that they have supple leather uppers and resilient leather soles. Leather, being the closest thing to the human skin, conforms easily to the shape of your foot, and thus reduces the likelihood of your developing painful corns and calluses.

The leather soles will give you good arch support, as well as absorbing the terrific poundings your feet take during the eight to ten miles you cover during the day.

* * *

GIVE YOUR FEET nightly exercises to tone up sluggish blood vessels, and to keep the tiny bones and muscles in trim. You can also do them during the day, in a more limited fashion, by wiggling your toes inside your shoes and rotating your foot from the ankle.

The end-of-day foot routine should include treating them to a pep bath—a handful of bicarbonate of soda mixed with warm water. After a cool rinse, dust the feet lightly with a foot powder. Then follow up with some simple exercises. Fifty steps on your toes around the bedroom will do wonders for the circulation and stiffened muscles.

As a bunion-prevention measure, rotate the big toe by hand for a couple of minutes, and wind up by rubbing the soles briskly with a dry towel.

Follow these recommendations, and chances are that you'll get through the year without having to contribute one cent to that $66 million!

A AND M SENIOR WINS TOP CADET HONOR

TALLAHASSEE, Fla.—Robert D. Cain, a senior ROTC cadet at Fla. A. and M. has been designated a "distinguished military student."

HELPS MORE CHILDREN THROUGH MORE ILLS
—than any other brand. Orange-flavored; accurate dosage. Buy the best for your child.
ST. JOSEPH ASPIRIN FOR CHILDREN
World's Largest Selling Aspirin For Children

Mrs. Robertson entertains mother

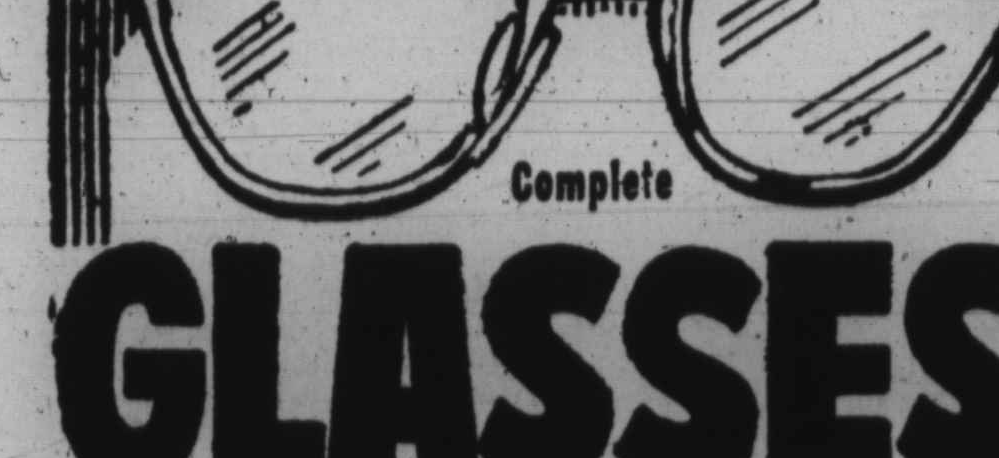
Mrs. Mervin Robertson of 613 Appleton St. entertained at a dinner party in honor of her mother, Mrs. Gertrude Burton, Sunday.

Guests were Mrs. Helen Stokes, Miss Wanda Robertson, Mrs. Beatrice Wilson, Charlie Burton, Earl Waddy, Jesse Moore and Miss Virginia Stokes.

This Fine Self-Rising Flour will give you
BETTER BISCUITS FASTER!
Like 'em high and fluffy and tender? That's how they'll always be, when you use AUNT JEMIMA SELF-RISING FLOUR! Salt and baking powder are right there in the flour . . . perfectly sifted and blended in. You just add the fresh sweet shortening, and enjoy the finest, best-tasting baked goods you ever had! For Breads, Rolls, Pastries too!
AUNT JEMIMA SELF-RISING FLOUR

Because All Rugs Are Not The Same...
Your Rugs Need Custom Cleaning!
Our Exclusive Methods Guarantee Satisfaction
NuBac Call GIlmor 5-3000
Chesapeake Custom RUG CLEANERS
FINEST IN RUG SERVICE Since 1899

Bewitching hair beauty
That silky-soft look, a brilliant sheen—that's the difference Pluko makes in the appearance of your hair! Try it. See your dull, dry, hard-to-manage hair take on sparkling highlights as it becomes easy to arrange, and stays that way. Get Pluko!
White 50¢, Amber 25¢ at your favorite cosmetic counter.
A FAMOUS BLACK AND WHITE PRODUCT
PLUKO HAIR DRESSING



Complete GLASSES! $10.50
EXAMINATION INCLUDED! WHY PAY MORE?
Choice of 40 styles, complete with lenses
SINGLE VISION! TINTS! KRYPTOK-BIFOCALS!
GUARANTEED FIRST QUALITY MATERIALS!
PRESCRIPTIONS FILLED—LENSES DUPLICATED
UNIVERSAL OPTICAL
COR. PARK AVE. & FAYETTE ST. HOURS: 9-5:30—Thurs. 9-9 P.M.
COR. EASTERN AVE. & CONKLING ST. 9-9 P.M. Wed. 9-6 P.M.

–Gadabouting

(Continued from page 12)

readers who were notified ahead of time of her birthday by an AFRO story.

Mrs. Jackson was mighty tickled with the plaque presented by the board of the Baltimore NAACP in recognition of her 20 years' service. Not to mention the new TV set presented her by her children. In addition to members of her family about, others who dropped in to honor her included:

The Rev. V. T. Williams, the Rev. S. A. Carter, the Rev. and Mrs. Harrison J. Bryant, Maceo T. Howard, the Rev. Howard L. Cornish, the Rev. and Mrs. Kelly L. Jackson, Mr. and Mrs. William Young, Mr. and Mrs. Robert B. Watts, Linwood Koger Jr., Tucker Dearing, Jay McRae, Mrs. Nellie Williams;

Mrs. Mary E. Hawkins, the Rev. and Mrs. H. Octavius Graham, Dr. and Mrs. Charles Watts, Dr. Hugh Price Hughes, Mrs. Celia Crawford, the Rev. John L. Tilley, the Rev. Gentry McDonald, Mrs. Florence L. Snowden, Mrs. Elizabeth Jordan, Mrs. Adelaide Jordan, Mrs. Augusta T. Chissell, Mrs. Sarah Diggs;

The Rev. and Mrs. Marcus G. Wood, the Rev. Mrs. Lillian Thompson, Keiffer Jackson, Clarence M. Mitchell Jr., Mrs. Beatrice F. Martin, Sandra Williams, Mrs. Emma Epps.

* * *

POT-POURRI: Dunbar Junior-Senior High School honoring Milton R. Branson, their vice-principal, whose promotion to the principalship of Junior High School No. 183 will take him from their faculty.

And in the same field two town teachers, Frances T. White of Dunbar, and Fay Hershaw of No. 141, will take sabbatical leave next year for full programs of travel. Camilla Sherrard, of the Henry Winter Davis School No. 125, will take a year out for study.

At Samuel Gompers Vocational School, Tuesday, any number of the town folks were out to see Dr. John H. Fischer, superintendent of public instruction, and John H. Schwatka, principal of Southern High School receive honors from the Hollander Foundation as a result of their gallant role in Baltimore schools integration. Dr. Fischer's award will, he announced, be given to the Lemmel Scholarship Fund.

Mr. Schwatka, who won honorable mention, was introduced by Senator Harry Cole: Harry Bard, who has done such a magnificent job in human relations down through the years, presided.

Verda Welcome is on the awards board. Later she dashed to the CPHA dinner. Thereabouts also were Dr. Houston Jackson, Mrs. Elizabeth Henderson, Richard Brown, Alexander Woodhouse, Mrs. Philathea Hall, Magistrate Linwood Koger, Miss Ruth Koger and Mrs. Maude LaForest. Still later Mesdames Welcome and Hall, Miss Koger and Mr. Koger went to the Hans Froelichers for cocktails.

Miss Kate Sheppard came in this week from the sessions of Region 2 of the National Council of Women in Pittsburgh. Mrs. Daisy Lampkin presided at the conference, which, aside from business sessions, had a number of highly pleasing festive affairs, including a luncheon in the Faculty Club Room of the Cathedral of Learning of the University of Pittsburgh, a banquet at Hotel Sherwin and a luncheon session in the YWCA. National President Vivian Carter Mason was luncheon speaker.

* * *

MRS. T. HENRY WATERS' seated buffet, Saturday, honoring her sister, Mrs. Joseph Ray of Washington, was the party of the week ....

And thoroughly enjoyed by some 30 guests . . . from the first morsel of pressed guinea hen to the last flip of cards at bridge.

Guests arrived at six ... dined from tables for four, enhanced with silver-ensconsed tapers ... then turned to cards.

Guests, other than Mrs. Ray, Ray, from Washington were Mrs. Blanche Hughes, mother of Mrs. Waters; Mrs. Madge Hurst and Mrs. Mamie Simmons, Misses Emma and Jane Sheppard of Myersdale, Pa. were other out of town guests.

Baltimoreans included Miss Kate Sheppard, Mesdames Gladys Derry, Letitia Ashe, Edith Scott, Nellis Callis, Elise Hunt, Vashti Murphy, Ethel Kendall, Genevieve Harris, Gertrude Tucker;

Also Mesdames Mattie Coasey, Sarah Diggs, Jennie Wilson, Mascelia Smith, Bertha Thomas, Violet White; Miss Hermione Wharton, Mesdames Pauline Wharton, Florence Ray, Myrtle Fax, Hattie Smith, Agnese Brown, Irene Blay and Mabel Coleman.

Garnering prizes were Mesdames Diggs, Thomas, Hunt, Hurst, Callis, Tucker, Thomas and Miss Jane Sheppard.

Mrs. Waters was assisted by Mesdames Iona Collins and Lillian Ross, and Mrs. Dora Hutchinson kept score.

* * *

MRS. J. HOWARD PAYNE entertained the Polly Annas at a pretty party on Saturday.

At the close of the bridge session, Mrs. Cora McDaniels and Mrs. Molly Talliaferro of the club, Mesdames Sara Neely of Philadelphia and Mary Proctor, guests, had won the prizes.

Also playing were Mesdames Lillian Jones, Sadie Murphy, Sally Logan, Ann Smith, Katherine Murphy, Gladys Pinderhughes, Cora McDaniels, Norma Marshall, club members; and Mrs. Lena Dickerson, a guest.

* * *

DATE DATA: Coppin State Teachers College Alumni are whipping up a banquet-dance slated for June 24 at the Moulin Rouge Ballroom, with an eye to reviving interest in the organization. Putting aside formal speeches for the occasion, the group is going in for "group dynamics," informality, fun, and a menu featuring filet mignon.

ELECTED—Miss Doris D. Oswell, daughter of Mr. and Mrs. Mahlon Oswell of Baltimore and a freshman at Wilson College, Chambersburg, Pa., has been elected treasurer of her class for the coming academic year.

–Baby contest

(Continued from Page 1)

local parents for having so many cute babies!"

What makes the job doubly difficult is that all judges must agree on every prize-winning photo. Twenty top snapshots must first be selected before the judges can get down to the really difficult part—deciding which babies are the first, second and third best.

These three lucky babies and their parents will win $300, $100 and $50 respectively.
and $50 respectively. Judging will be Tuesday, May 31, 4 p.m., at the Madison Ave. YWCA.

* * *

WHEN THE AFRO wired the Carnation Company in Los Angeles, Calif., about the tremendous number of babies entered in this second annual Healthy Baby Contest, the company immediately telegraphed us back how happy they were with the results.

The telegram read:

"Congratulations to your newspaper for making this 1955 Contest so successful. Our sincere thanks to every parent and baby who entered, and to every local citizen who volunteered to serve as judges."

* * *

FOR OUR PART, we have enjoyed working so closely with the people who make Carnation Evaporated Milk. For years it has been a standard favorite in our community not only for baby's formula, but for family cooking and coffee-creaming.

We feel honored that Carnation singled out our city and this newspaper for the Annual Healthy Baby Contest.

Keep watching the columns of this newspaper for news about the contest, and for pictures of the final winners.

Dancing follows to the music of Douglass McArthur and his Blue Notes. Heading arrangements are Milton A. Dugger and Clarence J. Gittings, while James E. McDonald is alumni president.

The Cooperative Women's Civic League has scheduled a card party on the lawn of the Me-De-So Club for June 11, from two to five in the afternoon. They are planning to have 50 tables ...to garner funds for League treasury. Mesdames Sarah Rayne and Delores Hunt are arranging the fete.

The president and board of trustees of Morgan State College will be hosts at dinner to the recipients of honorary degrees on June 6.

NORMAN'S SEA FARE CRAB HOUSE
NORTH near LINDEN
Presents
LIONEL
STEAMING THE HOTTEST AND TASTIEST CRABS IN BALTIMORE
NORMAN'S SEA FARE
816 W. NORTH AVE.
MAd. 3-9328
FREE PARKING

WHEN CHILDREN SULK
Sweeten Stomach to make them laugh and play again
When constipation sours little tummies, children sulk and cry—can't sleep or eat right. That's because sour, gassy stomach upset makes them feel so miserable.
That's why thousands of mothers give Syrup of Black-Draught at first sign of coated tongue, bad breath—sluggishness. Its wonderful laxative action helps sweeten sour stomach, too! So children smile and play again.
Laxative-Stomach Sweetener Acts Overnight
Syrup of Black-Draught acts thoroughly. But no harsh griping! Made of pure vegetable herbs. Overnight, brings comforting relief from constipation . . . thus helps sweeten sour stomach, too! So honey-sweet children love it! 18,000,000 bottles sold. Get a bottle of Syrup of Black-Draught at your druggist's today.
ADULTS, TOO! Try regular Black-Draught laxative-stomach sweetener for your constipation. In Powder or Granulated form and convenient, new easy-to-take Tablets.

Va. Seminary to bestow degree upon Dean Thelma Bando

Virginia Seminary and College, Lynchburg, Va., will bestow an honorary degree of Doctor of Humane Letters upon Mrs. Thelma Bando, dean of women of Morgan State College, Monday.

Mrs. Bando, who has held the post at Morgan for the past 13 years, is also assistant professor of education at the college. A graduate of Howard University with a master of arts degree from Columbia University, Dean Bando is a candidate for a Ph.D. at Temple University, Philadelphia.

She is the daughter of Mr. and Mrs. John O. Perry and wife of Dr. McDonald Bando. Her affiliation is the Alpha Kappa Alpha Sorority.

DEAN BANDO

Clubs

JOLLY FRIENDS—The charity club held its most recent meeting with Mrs. Alma Johnson, 1230 N. Eden St., when final plans were made for their bazaar.

Officers of the group are:

Mesdames Francis McGlotten, president; Myrtle Fludd, vice president; Elnora Watson, financial secretary; Edith Mitchell, recording secretary; Alma Johnson, treasurer; Lillian Perry, chaplain; and Ollie Leak, business manager.

Members also include Mesdames Connie Cartwright, Lois Powell and Beulah Coleman.

* * *

JOLLY HOSTESSES — The club met at the home of Mrs. Mattie Holmes in Wilson Park, recently.

Plans were made for a crab feast on Memorial Day at 4432 St. Georges Ave. Mrs. Geraldine Rogers is president of the group.

The next meeting will be with Mrs. Doris Matthews of 905 E. Arlington Ave.

* * *

WILLING WORKERS — The club of Leadenhall Baptist Church, was entertained on Monday evening by Mrs. Evelyn Bolin of 1005 W. 42nd St.

Plans were completed for a Fourth of July outing to Hershey, Pa.

The Rev. Mr. and Mrs. T. B. Davis were guests of the club.

MARY LOU'S
Beauty Clinic
Open for business offering good and quick service. Scalp treatment free.
750 W. Franklin Street

Post-graduates of BLAIR'S BEAUTY CLINIC

Standing left to right: Mrs. Adele L. Taylor, Miss Edith Terry and Mrs. Thelma C. Jones. Miss Terry completed course in blocking and curling for easy styling. The models seated are wearing styles by members of this post graduate clinic. There are two permanent waves, one LeMaur Caprice, one Rocket wave, one pin curl, brush system and one copper tone tint.
This class will close on Sunday with two lectures and a social hour. The lectures will be based on personality and Business Manners by Mrs. Ann Blair and Business Ethics and Business Management by Mr. William C. West of the North Carolina Mutual Life Insurance Co.
The Next clinic and last post graduate class for this year starts on Monday, June 6th. The deadline for registration of new students is June 1st.
BLAIR'S BEAUTY SALON
1355 W. NORTH AVE. MAdison 3-9512

"FLOWERS FOR ALL OCCASIONS"
Expertly Arranged Reasonably Priced
J. J. CUMMINGS & SONS
PHONE: PLAZA 2-1374, 1375, 1376
1123-25 W. BALTIMORE ST.
MEMBER FLORIST TELEGRAPH DELIVERY ASSN.
NO BRANCH STORES

"How much electricity is there, Dad?"
You can answer that question—as well as Jimmy's dad can.
The answer is pretty clear—there's *plenty* of electricity.
Just look around your house. Electric lights—radio and television—refrigerator, toaster, washer, dryer, dishwasher, clocks, iron, freezer, vacuum cleaner. You'll think of many other electric helpers at work or standing ready.
There's *plenty* of electricity because America's electric light and power companies keep the supply ahead of your needs. Today you're using twice as much electricity as you did in 1945. In 5 or 10 years you'll be using a lot more. The new power plants and equipment to bring you that additional electricity are already being built or on the drawing boards.
This is a good thing to remember when you hear people say that the federal government ought to build more electric power plants. That is unnecessary—and a waste of tax dollars. In addition, government-built power plants present the threat of a socialistic U. S. A.
See "YOU ARE THERE" every Sunday, 6:30 P.M., WMAR-TV
BALTIMORE GAS AND ELECTRIC COMPANY
LEXINGTON BUILDING ★ BALTIMORE 3, MD.
For General Offices and Merchandise Purchases—Call LExington 9-8000
For Repairs, Complaints, Meter Applications—Call MUlberry 5-0123

Double Treat For Holiday Enjoyment!
DON'T GUESS..GET
Goetze's
Combination Special!
LB. SKINLESS FRANKS
JAR HOT DOG RELISH
Goetze's FRANKFURTERS
Goetze's HOT DOG RELISH

Goetze's certainly started something when they invented this wonderful HOT DOG RELISH — to go with Goetze's famous Flavor-Smoked All-Meat FRANKFURTERS. It has a flavor that can't be copied—an extra-special flavor that is Goetze's own, original, private recipe! And so is the unequaled taste goodness of Goetze's plump, tender, juicy All-Meat Franks!
Get BOTH for one special price Now!