Light Hous keeping

By LULA MACKAY

The U.S. Department of Health, Education, and Welfare has proposed regulations banning certain liquid drain cleaners which fail to meet strict packaging requirements. The proposal would require liquid household drain cleaners containing more than 10 percent sodium or potassium hydroxide to be packaged in containers designed to prevent opening by children. Drain cleaners failing to meet this reuqirement would be classified as banned hazardous substances and prohibited from shipment in interstate commerce, according to the Agency.

The Food and Drug Administration cited a rising number of serious injuries and some deaths among children who accidentally ingest even small quantities of these products. The Agency says an antidote is ineffective because corrosion and destruction of the esophagus and stomach walls may follow seconds after ingestion. The progsive accumulation of scar tissue formed during healing requires frequent surgery, causing the victim severe physical and mental trauma.

Beauty Bit — Many women who think they have dry skin, actually do not. Their skin is oily, but after baking in the sun, being assaulted by dirt and grime and washing with harsh soaps, the top layer is dried out.

Therefore, their beauty preparations are only compounding their problem. The solution should begin with cleansing. Baby soap with hexachlorophene cleans thoroughly, without robbing the skin of all its natural oils. The hexachlorophene is the perfect germfighter to combat the effects of air pollution and to help clear up blemished skin.

Normal skin benefits from the pure castile baby soap and both types can be used as many times during the day as your face feels hot and sticky. Rinsing the face with warm water helps open the pores before soaping up.

The soap can be used lavishly and rubbed into the skin gently with circular strokes. After rinsing, splash on cool water to close the pores and help prevent them from becoming clogged with oils and dirt.

What's New: Sewing without thread or needle is made possible with an ultrasonic sewing machine.

The new technique sews by welding together synthetic materials with ultrasonic vibrations. The vibrations generate localized heat by causing one piece of material to vibrate against the other, creating a molecular change which joins or "sews" the pieces together.

Material can be sewn at rates up to 50 feet per minute, in a variety of patterns, the manufacturer says. The machine can be used to seam, hem, tack, baste, pleat, slit and buttonhole.

Recipe of the Week: This is really your last week for baking your fruit cake. Fruit cake should be baked three or four weeks in advance of serving so the cake can ripen to its best flavor and texture.

To store fruit cake, wrap snugly in aluminum foil or plastic wrap. Some cooks like to wrap cakes in cheesecloth and then sprinkle with sherry or brandy before packaging for storage. Store the wrapped cake in a cool, but not freezing, place.

Since fruit cake batters usually contain a high percentage of sugar they may scorch easily. To prevent scorching, line baking pans with parchment paper or brown unglazed wrapping paper. Two layers of white typing paper also serves beautifully. Fit paper closely to the pan shape and grease lightly before adding batter.

Ingredients for fruit cake tends to be rather expensive this year, but the once-a year splurging is understandable. To achieve perfect flavor, select only the best and freshest nuts and candied fruits.

To many raisins or currants substituted for candided fruits or nuts may give a cake a bitter or burnt taste. Some cooks recommend buying whole candied fruit for home slicing into thin one-sixteenth-inch strips. These tiny strips make for easier thin-slicing of the finished cake.

Making lamps is his hobby

"Oh! I just make lamps for a hobby. It gives me something to do. I just found the pieces in a different number of places. I don't intend to sell the lamps. I just thought that it would be odd."

In a slow, calm voice Melvin Williams Sr., 531 Bloom St. told and showed the AFRO recently one of the hobbies which brings him joy — making lamps from odd pieces of material which he finds during his travels throughout the city.

The carefully-fashioned lamps which Mr. Williams makes are designed in a creative fashion with special emphasis on the types of material which he use for the lamp shade.

Ornaments adorn the top of the lamp while curious bric-a-brac centers the edges of the shade.

Mr. Williams works at Rosewood State Hospital. His wife, Maggie, is a housewife. The couple has four children. They are Hubert David, 9, Brunthelia 7, Roshell, four months and Melvin Jr., aged 2.

Mr. Williams noted that his son, Melvin, was the winner of the AFRO Baby Contest which was sponsored sometime in March.

The lamps which he finishes will be used in the front rooms of his home, Mr. Williams noted.

$$ sought for centers

At a recent meeting of the State Board of Education a tentative plan was developed to adopt a supplemental budget appropriation requesting nearly $2 million for the setting up of seven comprehensive early childhood centers starting next September.

In its early stages the program would be for 1,000 disadvantaged 2-and 4-year-olds.

The Department has directed staff experts who were responsible for drawing up the program in to inquire as to the possibility of equal funds being receiving from the State Department of Health and Mental Hygiene and the Department of Social Services, for implementation.

School Lunches

HIGH SCHOOLS

MONDAY
Frankfurter on Roll or
Grilled Ham and Cheese
Cheese Potato Casserole
Sauerkraut or Tosser Salad
Apple Crisp
½ Pt Milk

TUESDAY
Tempting Beefaroni or
Tuna Salad on Roll
Parsiled Buttered Carrots
Cole Slaw or
Buttered Spinach
Hot Roll and Butter
Fruited Jello
½ Pt. Milk

THURSDAY
Swiss Steak or
Oven Fried Liver w/
Gravy or Cheese Sandwich
Buttered Noodles
Buttered Peas and
Carrots or Kale
Cheese Roll and Butter
Applesauce
½ Pt. Milk

FRIDAY
Jumbo Meat Ball
Submarine or Egg Salad
Sandwich
Oven Brown Potatoes
Golden Corn or
Three Bean Medley
Velvety Chocolate Cake
½ Pt. Milk

ELEMENTARY SCHOOLS

MONDAY
Frankfurter on Roll
French Fried Potatoes
Cream Cole Slaw
Orange Juice and
Chunky Peanut Cookies
½ Pt. Milk
or
Turkey Noodle Soup
Frankfurter on Roll
Creamy Cole Slaw
Orange Juice and
Chunky Peanut Cookies
½ Pt. Milk

TUESDAY
Tempting Beefaroni
Buttered Corn
Buttered Collard Greens
Cheese Roll and Butter
Fruited Jello
½ Pt. Milk

THURSDAY
Oven Fried Liver
or Pepper Steak
Buttered Noodles
Creole Green Beans
Dixie Cheese Biscuit
and Butter
Apple Cobbler
½ Pt. Milk

FRIDAY
Jumbo Meat Ball Submarine
Oven Browned Potatoes
Scalloped Apples
Velvety Chocolate Cake
½ Pt. Milk

The outstanding characteristics of acrylic, a man-made fiber, include: wool-weight bulk and fluffiness in pile fabrics which resemble fur in appearance, resistance to shrinkage and wrinkling, blends well with wool, rayon and cotton.

VALUABLE COUPON — 8¢ OFF WITH THIS COUPON — Toward the purchase of 2 BARS IVORY SOAP LARGE SIZE. 2 FOR 25¢ WITH COUPON 2 FOR 33¢ WITHOUT COUPON. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Dec. 5, 1970. Two Guys FOOD SUPERMARKETS AA 12-4-70

VALUABLE COUPON — 30¢ OFF WITH THIS COUPON — Toward the purchase of HILLS BROS. 10-OZ. JAR INSTANT COFFEE. VALUE 1/20th OF 1¢. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Dec. 5, 1970. Two Guys FOOD SUPERMARKETS AA 12-4-70

VALUABLE COUPON — 40¢ OFF WITH THIS COUPON — Toward the purchase of BURST "ENZYME POWER" 9-LB. 13-OZ. SIZE. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Dec. 5, 1970. Two Guys FOOD SUPERMARKETS AA 12-4-70

VALUABLE COUPON — 20¢ OFF WITH THIS COUPON — Toward the purchase of TASTER'S CHOICE 6-OZ. JAR FREEZE-DRIED COFFEE. GOOD ONLY AT TWO GUYS. One coupon per customer. Good thru Sat., Dec. 5, 1970. Two Guys FOOD SUPERMARKETS AA 12-4-70

WE SELL ONLY U.S. GOV'T. GRADED CHOICE BEEF

Two Guys more for your money

SALE TODAY thru SAT.

PLUS YOUR MOST VALUABLE TRADING STAMPS FREE!

CHUCK STEAKS 43¢ LB. TRIMMED FIRST CUTS. CENTER CUTS LB. 53¢

U.S.D.A. CHOICE BONELESS CROSSRIB ROAST lb. 95¢
U.S.D.A. CHOICE SILVER TIP ROAST lb. $1.23
U.S.D.A. CHOICE TOP ROUND ROAST lb. $1.12
U.S.D.A. CHOICE BONELESS RUMP ROAST lb. $1.29

MASH'S SEMI BONELESS SMOKED HAM . . LB. FULL CUT SHANK HALF 49¢
SEMI-BONELESS BUTT HALF lb. 69¢

FRESH 3-LB. PKG. OR OVER GROUND CHUCK lb. 69¢
FRESH EXTRA LEAN GROUND ROUND lb. 79¢

THICK CUT SHOULDER LONDON BROIL
BONELESS SHOULDER STEAK TENDER JUICY CUBE STEAK lb. 1.19
U.S.D.A. CHOICE USUAL FINE TRIM SIRLOIN STEAK LB. 1.09
BONELESS BRISKET FIRST CUTS CORNED BEEF lb. 79¢
THICK CUT TWO GUYS MIDGET PORK ROLL 1½-LB. LB. OZ. 98¢
TWO GUYS OR BONNIE BRAND SLICED BACON lb. 49¢

GOV'T. INSPECTED CHICKENS THIGH ON Chicken Legs LB. 49¢
WITH RIBS Chicken Breasts lb. 59¢
SWIFT PREMIUM READY TO EAT Canned Picnics LEAN PORK SHOULDER 3-lb. 2.29
CITY CUT LEAN PORK SHOULDER Fresh Picnic LB. 45¢

PRODUCE DEPARTMENT
GOLDEN RIPE BANANAS lb. 8¢
LETTUCE CALIF ICEBERG FRESH EACH HEAD 25¢
FLORIDA ZIPPER SKIN FLORIDA TANGERINES 15 in bag 39¢
U.S. #1 MAIN RUSSET BAKING POTATOES 5-lb. bag 39¢
U.S. #1 YELLOW GLOBE ONIONS 3-lb. bag 27¢
SWEET TASTY CARROTS 2 1-lb. cello bags 19¢

DAIRY DEPARTMENT
MRS. FILBERTS SOFT GOLDEN MARGARINE 4 OFF 1-LB. 39¢
HUNGRY JACK BISCUITS REG. BUTTERMILK BUTTER TASTIN 5 9½-oz. 99¢
LIGHT N' LIVELY Cottage Cheese 12-oz. 29¢

FROZEN FOOD DEPT.
BIRDS EYE TASTI FRIES 5 10½ oz. 99¢
SARA LEE POUND CAKE 12 oz. OR BANANA CAKE 14 oz. 59¢ ea.
COFFEE RICH CREAMER NON-DAIRY 6 1-pt. 95¢ 3 1-qt. 93¢
RANCHER'S BREADED VEAL PATTIES 2-lb. 1.39

APPETIZING DEPARTMENT
JAKA IMPORTED DANISH CHOPPED HAM lb. 99¢
LIBERTY GERMAN BOLOGNA lb. 89¢

WELCH'S GRAPE JELLY OR JAM 2-lb. jar 53¢
KREY SLOPPY JOES 13-oz. can 49¢
TWO GUYS GELATIN DESSERTS OR PUDDINGS 10 3-oz. pkgs. 59¢

GREEN GIANT SALE!
WHOLE KERNEL NIBLET CORN 12-OZ. CAN 17-OZ. CAN
TENDER SWEET PEAS KITCHEN SLICED OR FRENCH STYLE 16-OZ. CAN
GREEN BEANS 4 CANS FOR 89¢

HUNT'S SALE: TOMATO KETCHUP 3 20-oz. bts. 89¢ TOMATO SAUCE 10 8-oz. cans 99¢

TWO GUYS HAWAIIAN PINEAPPLE JUICE 4 46-oz. cans 99¢

STARKIST CHUNK Light Tuna 2 6½-oz. cans 79¢
BREAKFAST COCKTAIL ALL FLAVORS Juice Drinks 4 1-qt. btls. 99¢
TWO GUYS ELBERTA SLICED OR HALVES FREESTONE PEACHES 4 1-lb. cans 99¢

SAFEGUARD "THE FAMILY SOAP" REG. SIZE 11¢
COMET CLEANSER 2 14-oz. cans 29¢

Once-in-a-lifetime bargain from Tide for Christmas! THE POLAROID SWINGER LAND CAMERA + PLUS ONE FAMILY, KING OR GIANT SIZE TIDE PROOF OF PURCHASE ONLY 5.99 + 1 pkg. deal. TIDE 2X 49-oz. size 79¢

TWO GUYS FREEZE-DRIED COFFEE 4-oz. jar 69¢

TWO GUYS TRADING STAMP ONE BOOK SPECIAL YOUR BOOK SAVES $6 TOWARD THE PURCHASE OF A.H.M. H.O. TRAIN SET MDT diesel with 3 cars. Complete with track and transformer. YOU PAY 6.99 REG. 12.99 PLUS ONE FILLED TWO GUYS STAMP BOOK. HOBBY DEPT.

CARNATION PKG. OF 10 INSTANT BREAKFAST 99¢
10¢ OFF LABEL — 48 CT. TETLEY TEA BAGS 47¢
STRAWBERRY PRESERVES JAM LOVERS 18-oz. jar 59¢
FFV HER MAJESTY ASS'T. COOKIES 24-oz. 69¢
LAROSA SPAGHETTI OR THIN SPAGHETTI 5 1-lb. boxes 99¢

FRISKIES BUFFET CAT FOOD 8 6½-oz. cans 99¢
HOUSEHOLD CLEANSER TOP JOB 40-oz. size 83¢
DUTCH MAID Parfait Cookies 12-oz. 47¢
NABISCO MINT SANDWICH COOKIES 11½ oz. 49¢

WEEKLY BONUS SPECIAL "DOW" BATHROOM CLEANER 17-ounce spray can. 2 FOR $1 REG. 67¢ EA. WITH A FOOD PURCHASE OF $2 OR MORE. HOUSEWARES DEPT.

ROUND TOP OR SQUARE KING SIZE SLICED WHITE BREAD 3 1-lb. 6-oz. loaves 89¢

Two Guys BAKERY SALE!
SLICED FRENCH BREAD 1-lb. 29¢
LARGE 8 INCH Lemon Meringue Pie 53¢
CHOCOLATE FROSTED DONUTS BAG OF 14 45¢
7-OZ. POPCORN 25¢

DASH LOW SUDS 3-lb. 1-oz. size 75¢
BOLD DETERGENT 49-oz. size 83¢
GAIN WITH ENZYMES 3-lb. 1-oz. size 83¢
CHEER DETERGENT 54-oz. size 83¢
JOY LIQUID DETERGENT 32-oz. size 83¢
IVORY LIQUID DETERGENT 32-oz. size 79¢
THRILL LIQUID DETERGENT 32-oz. size 82¢
CASCADE FOR AUTOMATIC DISHWASHERS 35-oz. size 77¢

Two Guys FOOD SUPERMARKETS
TOWSON Joppa Rd. & Goucher Blvd. Open Daily 9.00 A.M. Till 10 P.M.
DUNDALK Merritt Blvd. & German Hill Rd. Open Daily 9.30 A.M. Till 10 P.M.
BALTIMORE 2401 Belair Rd. Open Daily 9.30 A.M. Till 10 P.M.
We reserve the right to limit quantities. Not responsible for typographical errors. Prices effective thru Sat., Dec. 5, 1970.

4586 SIZES 8-16

4821 10½-20½

A princess charmer is good for multi-occasions in and through 1971. Has neck, mini-belt, graceful the nicest details — band pleats.

Printed Pattern 4821: NEW Half Sizes 10½, 12½, 14½, 16½, 18½, 20½. Size 14½ (bust 39) takes 2½ yds. 54-in.

It's a jumper, it's a dress, it's the SUPERSTAR of 1971! Zips up front above action pleat, can have contrast trim. Blouse has hi-rise neckline.

Printed Pattern 4586: NEW Misses' Sizes 8, 10, 12, 14, 16. Size 12 (bust 34) jumper 17/8 yards 54-inch; blouse 1¼ yds. SEVENTY-FIVE CENTS for each pattern — add 25 cents for each pattern for Air Mail and Special Handling. Send to the AFRO AMERICAN Pattern Dept., 243 West 17th St., New York, N.Y. 10011. Print NAME, ADDRESS with ZIP, SIZE and STYLE NUMBER.

Dynamic, fashion changes in new Fall-Winter Pattern Catalog. Free Pattern Coupon. 50 cents. INSTANT SEWING BOOK — cut, fit, sew modern way. $1.00 INSTANT FASHION BOOK — wardrobe planning secrets; flattery, accessory tips. $1.00

THE NO. 1 LOW PRICE LEADER IN TOWN!

HOME OF EVERYDAY LOW PRICES
PANTRY PRIDE COUNTRY
IT'S A WOMAN'S WORLD . . .

BONELESS ROUND ROAST or STEAK lb. 95¢
USDA CHOICE BONELESS RUMP ROAST $1.19
USDA CHOICE EYE ROUND ROAST lb. $1.39
USDA CHOICE SIRLOIN TIP ROAST lb. $1.29
USDA CHOICE

U.S. GOV'T INSP. FRESH FRYERS Whole lb. 29¢ SPLIT or CUT-UP lb. 33¢
FRESH CHICKEN LEGS lb. 53¢
FRESH CHICKEN BREASTS lb. 65¢

SEMI-BONELESS HAMS Esskay's Silver Label FULLY COOKED Whole or Half lb. 69¢
QUARTER PORK LOIN SLICED 11 CHOPS lb. 65¢
GOETZE'S SAUSAGE HOT or REGULAR 1-lb. Pkg. 49¢

ALL BEEF IS USDA CHOICE IN PANTRY PRIDE COUNTRY
NO ONE LIKES TO PAY HIGH PRICES FOR FOOD . . . THAT'S WHY MILLIONS OF WOMEN SHOP IN PANTRY PRIDE COUNTRY . . . HOME OF U.S. CHOICE BEEF AT LOW DISCOUNT PRICES.

SLICED BACON FYNE TASTE LEAN 1-lb. PKG. 59¢
LEAN GROUND ROUND lb. 95¢
GREENDELL'S STEAKS SEASONED QUICK BEEF BREADED VEAL lb. 89¢

LIVERWURST PANTRY PRIDE 8-oz. Pkg. 33¢ 1-lb. Roll 59¢

IMPORTED HAM PRESSED in our appetizing dept. ½ lb. 69¢

IN OUR BAKERY DEPT.
PANTRY PRIDE SLICED WHITE BREAD 4 1-lb. 6-oz. loaves $1.00
FRESH BAKED LEMON PIE 22-oz. pkg. 49¢

AMERICAN CHEESE WISCONSIN SLICED lb. Pkg. 79¢

COOKED SHRIMP Eldorado Brand Ready To Eat 10-oz. bag 89¢

It Costs Less In Pantry Pride Country—
LIBBY BEANS DEEP BROWN W/PORK 14-oz. can 10¢
MUSSELMAN APPLE SAUCE 5 15-oz. jar 1.00
PILLSBURY LAYER CAKE MIXES 1-lb. 1-oz. Pkg. 33¢
ORANGE DRINK WELCHADE 3 1-qt. 4-fl-oz. bots 89¢
OVEN CLEANER JIFOAM SPRAY 8-oz. Can 66¢
CHOCOLATE NESTLE'S QUIK 2-lb. Can 79¢
PANTRY PRIDE FROZEN ORANGE JUICE 6 6-oz. Cans 79¢
TOPPING FROZEN REDDI-WHIP 10-oz. Can 39¢
SARA LEE FROZEN POUND CAKE 12-oz. Pkg. 59¢

Produce is Fresher in Pantry Pride Country
SUGAR CORN SWEET FLORIDA 10 ears 79¢
BANANAS GOLDEN RIPE lb. 10¢

REDEEM THIS VALUABLE COUPON FOR 50¢ OFF OUR SPECIAL WEEKLY PRICE OF $3.49 10"x36" SHELF You Pay Only $2.99 WITH THIS COUPON. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SAT. DEC. 5th. Pantry Pride

FANTASTIC SAVINGS on BEAUTIFUL DECORATOR CUSTOM SHELVING . . .

REDEEM THIS VALUABLE COUPON FOR 20¢ CASH 10-oz. jar MAXWELL HOUSE INSTANT COFFEE Price with coupon $1.29. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SAT. DEC. 5th. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 10¢ CASH TWO—6½-oz. cans PUSS 'n BOOTS GOURMET CAT FOOD Price with coupon 2/21¢. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SAT. DEC. 5th. Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 10¢ CASH 1-lb. CAN CHASE-n SANBORN COFFEE Price with coupon 73¢. LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SAT. DEC. 5th. Pantry Pride

FABRIC SOFTENER FINAL TOUCH 35-oz. Pkg. 77¢
PINK SAFEGUARD SOAP 21¢
BATH SIZE LUX TOILET SOAP 16¢
"THE HAND SOAP" LAVA SOAP 2 27¢
CORAL LIFEBUOY SOAP 19¢