Clean Block Prize Fund Badly Needs Your Help

DON'T BE A LITTERBUG!

YOU JUST KNOW that these are not AFRO Clean Blockers. Clean Blockers never litter up city streets or country highways. They have learned to carry a litterbag in the family car. When it's full they stash their travel - trash in roadside trash baskets. They know every litter bit hurts and they are pledged not to add to the pain.

Clean Blockers Say 'I Can'

The success of the AFRO-AMERICAN Clean Block is due to the fact that the small children always say "I can."

Believe it, or not, they usually come through with blocks looking better than they have ever been according to the oldest inhabitants.

Whether it is a small street wedged behind tall houses, or a large street surrounded by plants and facing a dangerous intersection, or a commercial zone with all its tremendous amount of handicaps all are being made to look like little parks.

• • •

THE FOLLOWING captains and workers, who have just completed their registration despite many of these handicaps, are doing their very best to improve their blocks:

• • •

Captain Benita Whitman — 300 block New Pittsburgh Ave.

Gloria Knight, Co-captain; Miss Sonja Whitman, advisor; Constance Young, Maxine McCallum, Robert Gaines, Bobby Johnson, Mrs. Phyllis Seawell, Mrs. Anna Cheatham, Faith Whitman, Mrs. Mary Whitman, Paula Purivance, Ruth Evans, Linda Alexander, Arthur Alexander, and Mr. and Mrs. Henry C. Foster.

Captain Victoria Lee — 1400 block Myrtle Ave.

Jonathan Pilgrim, Co-captain; Mrs. Grace Lee, advisor; Julia Jordon, Laura N. Benson, Lorraine Benson, Alberta Benson, Ann Jordon, Jacluta Carlton, Ernest Hewlett, Annie McDougald;

Also Yvonne Womack, Bertram Womack, Johnny Williams, Zachary Scott, Bernard Womack, Chanie Carlton, Emma Mazyck, Terry Carlton, Fannie Carlton, and Albert Benson.

Captain Daniel Smith — 1300 block Division St.

Donovan Spriggs, Co-captain; Mrs. Eva Johnson, advisor; Isabelle McGee, Ada Spriggs, Wendel Smith, William Smith, Kirk Spriggs, Billy Brown, Lewis Diggs, Theresa Diggs, Alice Spriggs;

Also Bonita Lilly, Christine Blake, Cynthia Blake, Bonnie Burnette, Judith Jones, Veronica Smith, Joe Burnette, Phyllis Brunson, Emily Spriggs, Claudia Diggs, and Rosetta Diggs.

Captain Mary Anne Horne — 100 block N. Appleton St.

Christine McRae, Co-captain; Mrs. Eula Bell Horne, advisor; Beverly O. Horne, Melva Smith, Dettie Boone, Willie Mae McRae, Barbara Gay, Daniel McRae, Ellen Monroe, Phyllis Jennings, Eula Monroe, Debra Jennings, Rose Ann McNeil, Dennis Gay, Lois Gay, and Denise Gay.

Captain Larry Williams — 1700 block Patterson Park Ave.

Gregory Dean, Co-captain; Mrs. Barbara Anne Coleman, advisor; Shirley Williams, Mrs. L. Williams, Frederick Williams, Janet Williams, Linda Williams, Sharon Williams, Juanita Bowles;

Also Tyrone Bowles, Leonard Bowles, Catherine Bowles, Harry Bowles, Carolyn Bowles, Mrs. Virginia Thompson, Madaline Santos, James Harris, Charles Andrews, Edith Owens, Nancy Sparrman, Celia Booth, Deloris Brown0

Also Mrs. Vivian R. Lee, Bland Wade, Helena Rodges, Mrs. Delores Hough, Mrs. Pauline Fowlkes, Ms. Shirley Bishop, Virginia, Harris, Rose Thomas, Robert Martin;

Also Tyrone Owens, Patricia Jones, Ms. Edith Harris, Sam Harris, Fahny Fountain, Rosalie Pride, Cepheus Pride, and Gwendolyn Pride.

Captain Gail Hubbard — 2400 block Puget St.

Vernell Dance, co-captain; Mrs. Mary Wise, advisor; Clara Nealy, Virginia Tiller, Jane Bandy, Teddy Finch, Waverly Horsey, Kenneth Gregg, Ernest Gregg, Ethel Grice, Geraldine Nicholas, Maybelle Nicholas, Michael Hopkins, Mrs. Janet Williams, Mrs. Mamie Johnson, Mrs. Hazel Dubois, James Martin, and Will Simon.

Captain Patricia Ferrell — 2200 block Etting St.

Joan Harrison, co-captain; Mrs. Captolia Hassell, advisor; Beverly Davidson, James Stanton, Rosella Stanton, Delores Stanton, John Harris, James Harris, Doris Reed, Sheila Reed, Ann Poe, Mrs. Emma Jones, and Mrs. Inez Reed.

Captain Maria R. Smith — 2300 block Rayner Ave.

Andrew Brooks, co-captain; Mrs. Annie E. S. Wells, advisor; Lee Brooks, Wayne Brooks, Joyce Brooks, Helen Makay, Larry Morrisey, Saloma Carter, Valree Carter, Laurette Golden, Calvin Morrisey;

Also Gregory Morrisey, Deborah Morrisey, Mrs. Louise Wilson, George Wilson, Mrs. Bertha Williams, Miss Roxie Waters, Ms. Elsie Jones, Mrs. Vivian Thornton, Mrs. Pearlie Morrisey;

Also Mrs. Ethel Makay Frank Makay Sr., Mrs. Saloma C. Powell, Rev. Alfred Powell, Mrs. Pearle L. Brown, Mrs. Annie Carroll, Mrs. Marjorie Hynson, Joyce Hynson, George Briscoe, Mrs. Maggie Jones, Clarence Briscoe;

Also Mrs. Fannie Briscoe, Maryland Baptist Home for the Aged, Mrs. Ruth Hayes, John Brooks, Mrs. Sarah McKenzie, Mrs. Marian Epps, Mrs. Mabel O. Cook, Mrs. Gertrude Randall, Mrs. Maud Joyce;

Also Frank Golden, Mrs. Nancy Golden, Mrs. Hattie Long, Mrs. Agnes Long, Mrs. Louise Morrisey, John Taylor, Miss Cynthia McAleer, Frederick McLean, Sharon McLean, Regina Wilson, Mrs. Katie Brooks, and Miss Angela Hynson.

Captain Yvonne Williams — 400 block Oxford Ct.

Sharon B. Massdin, co-captain; Miss Patsy Jackson Daniels, S. Taylor, Mrs. Lucille Peterson, William Peterson, Howard Johnson, Paula D. Robertson, Michael Jackson, Delnora Robertson;

Also Pamela Jackson, Sharon Massdin, Michael Johnson, Marie Walden, Barry Walden, Leslie Morgan Frank Lansey, Garfield McIntyre, Sheila Johnson, Stephen Jackson, Tyrone Morgan;

Also Laverne Massdin, Gregory Johnson, Butch Cornish, Ronald Jackson, Joyce Watkins, Mrs. Ruth Payne, Rebecca Retcliff, Bernetta Bunton Finetta McIntyre, Minnie Nash, Susie Banks, and Dorothy Jackson.

Captain Chester Cotton — 1000 block Brantley Ave.

Ernest Garner, co-captan; Walter Brown, advisor; Tyrone Johns, Sylvester Johns, Richard Johns, Charles Mathews, Charles Whiting, B. Gripps, S. Cotton, Tony Parway, Howard Garner, Jeffrey Parway, Anthony Parway, James Dixon;

Also Josephine Jackson, Bernadine Jackson, Sheila Marshall, Arden Derricks, Dennis Snow, Denise Derricks, Tranda Derricks, Keith Garner, Edward Queen, Aaron H. Long.

Captain Delores Wilkes — 1100 block N. Milton Ave.

Arnetta Johnson, co-captain; Miss Sandra Langford, advisor; Rochelle Jubilee, Mrs. Marie Jubilee, John Jubilee, Warner Williams, Novella Williams, Mary P. Williams, Mrs. Annie Williams, Archie C. Williams;

Also Irma Williams, Shora A. Williams, Alfred Allen, Mrs. Victoria Jones, Sheila Jones, Mrs. Doris Hawks, Elden Hawks, Mrs. La Wilkes Cecelia Wilkes, Purnell Wilkes, Melvina Wilkes, Mrs. Ruth Johnson, Kevin Johnson, Warren Johnson, Carroll Johnson, Otis Johnson, Mrs. Juanita Tucker, Janet Langford, Cornell Langford, Lloyd Ward, Rose Ward, Connie Ward, Sandra Ward, and Mrs. Florence Brown.

Only $412 received thus far

Registrations from every section of the city were skyrocketing, but contributions to the Clean Block Prize Fund this week dropped to an all-time low.

If applications continue to pour in the Clean Block office at the present rate, more blocks will be registered in this year's campaign than ever before in the 27-year history of the drive.

But the fund out of which enthusiastic young Clean Blockers are rewarded at the close of the drive in August currently stands at a disappointing low of $412.50.

This is some $300 behind the amount that had been contributed at this period last year, Clean Block officials revealed.

• • •

UNLESS THERE is a sudden spurt of contributions, scores of deserving youngsters who are doing superior jobs in cleaning, painting and beautifying their neighborhoods will receive nothing for their efforts.

The big registration and lagging Prize Fund have created a real dilemma for Mrs. M. Francis Mackey, Clean Block Director, who in desparation this week sent out additional appeal letters to civic - minded individuals, clubs and business enterprises.

Unless the response to these appeals picks up, a real crisis will confront Clean Block officials at the awards ceremony next month.

• • •

THE ONLY HOPEFUL note of the week was the receipt from Dr. Charles Watts of his annual contribution of $10.

The donation renewed the belief that all Baltimoreans had not forgotten the work of these youngsters and do not intend to see them go unrewarded.

The goal of the Prize Fund has been set at a low of $2,500. This is absolutely the minimum amount that must be raised, it was explained.

• • •

ALL CONTRIBUTIONS to the Prize Fund are distributed to the youngsters at the end of the campaign. None is used for expenses of conducing the drive.

Won't you send your contribution today? No amount is too small, no amount is too large.

All monies received will be acknowledged on the Clean Block page of the AFRO.

FOR CLEAN BLOCKERS — These beautiful watches, one for a boy and the lovely Princess for a girl, are just two items in a growing supply of merchandise being contributed for Clean Block Prizes. The watches were the gift of the S. and N. Katz Co.

WHEN YOU FINISH READING YOUR AFRO PASS IT ALONG TO A FRIEND

Sign Up Now For Second Annual Litterbug Sale!

DON'T BE A LITTERBUG

I want to register as a Litterbug salesman to raise funds for our Clean Block Club.

NAME .....

ADDRESS ..... PHONE NO .....

I pledge that I will try to persuade every family in my block to buy a Litterbug as a reminder not to throw trash on the sidewalk or streets.

COMING EVENTS

JULY 8

Calvert County Day will be observed at South Baltimore Memorial Methodist Church.

• • •

IBPOEW, Elks Monumental Lodge 62nd Anniversary Service, 3 p.m. at Elks Home, Madison and McMechan, public invited.

• • •

Herbert Chapel CME Church, 3313 Fairfield Rd., at 3:30 p.m., Annual Homecoming Service with Dr. Lemuel Leeper, executive vice - president, Riverton Laboratories, Newark, N.J., guest speaker. All former residents of Fairfield, members and friends invited to attend.

JULY 9

Mtmbers' evening at the Walters Art Gallery. Movie, "Cyrano de Bergerac" at 8:30 p.m.

JULY 13

8:30 p.m. Moonlight Cruise, sponsored by the Grand Council, Mt. Olive Beneficial Asso., Inc., leaving from the foot of Broadway.

• • •

The Rev. William L. Banks, pastor of the Nazarene Baptist Church in Philadelphia, will be the guest speaker for the Greater Baltimore Evangelistic Crusade Fund-Raising Banquet at the Union Baptist Church's Harvey Johnson Educational Center, 1219 Druid Hill Ave., 7 p.m.

JULY 16

German expressionist paintings at the Baltimore Museum of Art, 33rd St. and Charles, 9-1 p.m.

JULY 21

All Day Eastern Shore Trip to St. Michaels, Md. Buses leave Anna Mae Hunter Foundation for the Blind, 1221 Eutaw Place, 7 a.m., returning late that evening. For further information, call LA 3-6396.

JULY 29

The Male Chorus of St. Johns AME Church will present a recital at Prospect AME Church, Georgetown, Del., at 4 p.m. Buses leave the local church at 1 p.m.

Invitation out to A&T alumni

Graduates of A and T College in Greensboro, N.C., and those who attended the school for at least one year, have been invited to become members of the school's Baltimore Alumni Chapter.

Interested persons may contact the secretary, Stevart Coley at 2000 Mt. Royal Terrace.

CARE helps Latins get drinking water

Because 85 per cent of Colombia's water comes from open streams and rivers, CARE and the Peace Corps are implementing a program to provide pure water for this area.

This was revealed this week in an announcement by Harold Leonhart, chairman of the Maryland Committee for CARE which has allocated $250,000 to expand the program in Latin America countries.

CARE will also broaden its school feeding operations in Chile, Ecuador, Panama and Honduras. Equipment needed in food preparation will also be provided.

The water in Colombia has resulted in water-borne diseases and causes the most frequent deaths.

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• Contact Lenses
• Prescription Filled
• Prescription Sun Glasses
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For Appointment CALL SA. 7-0285
BARENBURG OPTICAL SERVICE
Entrance: Westview Mercedes 3216 Eastern Avenue
Eyenburg Bldg.—100 Park Ave.

HOWARD COUNTY NEWS

Unity Baptist club sets Sat. luncheon

By BEAULA MOORE

The Young Ladies Club of Unity Baptist Church will sponsor a luncheon at Dawnee's, 4 p.m. Saturday. Miss Beverly Watts, president, the Rev. Samuel Moore, pastor.

There will be Junior Ushers and Young People's Choir Anniversary at the First Christian Community Church of Waterloo, 4 p.m. Sunday, the Rev. L. J. Flemming is pastor.

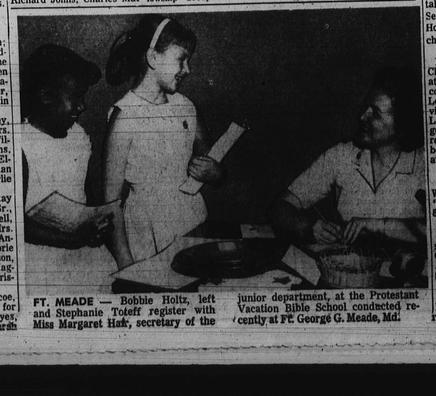
Baptizing Service will be held at the First Baptist Church of Guilford 3 p.m. Sunday. The Rev. A. D. Webb is pastor.

The Interdenominational Fellowship Group will visit the Miller Convalescent Home in Catonsville Sunday at 4 p.m. Ellsworth Mathews is president. Mrs. Naomi Miller was hostess.

MRS. CATHERINE GAITHER of Glen Burnie received a lovely handbag as a gift from her fellow employees and the post master of Linthicum Heights Post Office upon her retirement last Friday.

Send cards of cheer to Mrs. Gloria Kelly. She is ill at her home in Simpsonville.

Happy birthday to Arietta Moore, she will be sweet 16 on July 12th.



FT. MEADE — Bobbie Holtz, left and Stephanie Toteff register with Miss Margaret Hair, secretary of the junior department, at the Protestant Vacation Bible School conducted recently at Ft. George G. Meade, Md.

He's Called Dean Of The New Breed

By GEORGE COLLINS

"I feel that I'm dealing with the most precious things a man will ever have —his life and liberty.

"My client is entitled to the best that's in me. .he deserves nothing less!"

That is the creed of a new breed of lawyers, now pleading the cause of justice in courtrooms across the land.

They are competent, alert, uncompromising, and keen students of law —criminal and Constitutional.

The new breed is moving in on the scene bringing with it a brand of dedication, unparalleled in the annals of jurisprudence.

They come from every corner of the country and acquire their training at different institutions of higher learning, but all are apostles of the legal teachings of the late Charles E. Hueston, considered by scholars of law as one of the greatest minds the profession has ever known.

In Baltimore one such apostle is Milton B. Allen —a lawyer's lawyer or "dean of the new breed."

• • •

IN A MERE 14 years, the 44-year-old native Baltimorean has become one of the best criminal lawyers ever to practice in city courts.

The reason for this is perhaps best explained in his own words:

"To me this is serious business. There is nothing more important than a person's rights. It's my job to protect them."

This is true, the attorney declared, whether his client is accused of spitting on the street or first degree murder.

An observer recalled how Mr. Allen, his balding dome glittering, eyes flashing and speaking in rapid - fire order, thundered during a trial:

"Objection, objection, objection!!"

"Why do you object so strenuously? he was asked.

"I know the rules of evidence can determine the outcome of a case. In the interest of my client, I can't afford to allow the prosecutor to violate those rules," he said adding:

"Then too, that's the only way you can preserve your right to appeal."

• • •

The "DEAN" is co-founder of one of the best known law firms in the city — Brown, Allen and Watts, established Nov. 30, 1948.

Since one of its founders, Municipal Court Judge Robert E. Watts, was appointed to the bench and not allowed to practice, the firm's name now reads Brown and Allen.

Brown is the name of the other member of the founding trio, W. Emerson, himself a respected and polished attorney.

Other members include:

George L. Russell Jr., brilliant young lawyer and prominent in Republican circles; Harry A. Cole, former State Senator from the Fourth Legislative District;

Benjamin L. Brown, recently appointed assistant state's attorney, who has already won the plaudits of his boss, Saul A. Harris; and George Rosedom, former assistant prosecutor.

When the firm, located at 1520 E. Monument St., was established, Mr. Allen's records show, its total assets were $248.22.

Today, the building alone, lightly referred to as "East Baltimore's answer to 10 Downing St.," is valued at $20,000.

Mr. Allen estimates the value of its equipment at a conservative $15,000.

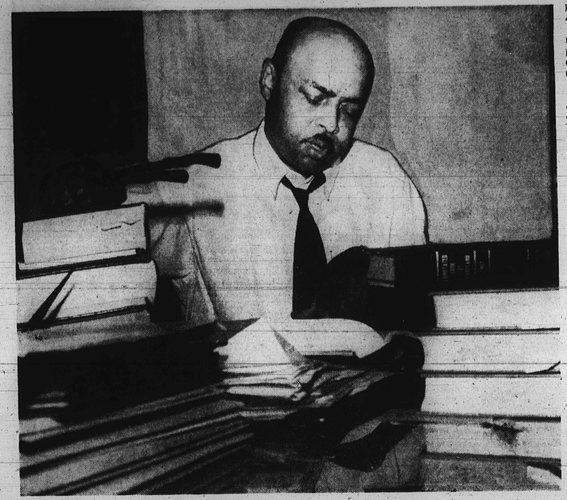
• • •

BUT THIS leap in physical excellence, as far as Mr. Allen is concerned, is but a reflection of a bigger and more important event.

"Along with these physical improvements has come a new sense of honesty, devotion, integrity, and respect among colored lawyers." he said.

These new and higher standards have created a new awareness in the new breed of lawyers, Mr. Allen feels, particularly of the U.S. Constitution, which he described thusly:

SERIOUS BUSINESS — Whether it's disorderly conduct or a possible capital punishment case, Mr. Allen gives all clients equal and serious consideration. To him, there are the most precious thing a client will ever have, is his conviction.



DIGGING — Milton B. Allen, "Mr. Criminal Lawyer," searches countless volumns to prepare cases for trial. He has spent as much as 18 hours without letup to dig up appropriate law for trials where the life of his client hung in the balance.

"To me, the Constitution, Bill of Rights and the Ten Commandments are the most beautiful documents ever conceived."

A thorough knowledge of the application and interpretation of the Constitution is a must requirement for the new breed, the "dean" declared, because:

"It doesn't take a genius to know what group of people is the first to have its rights trampled underfoot. It is done every day and unless we, as lawyers, invoke the Constitution to stop it, we've failed — our clients, ourselves and our profession."

In fact, this point is a sore spot for the devoted attorney.

"I think one of the greatest tragedies of our time is the way the courts and police stuff over the rights of citizens.

"An even greater tragedy is that it's done and nobody seems to care—especially if the victim dosn't carry the tag of being 'somebody'.

"Everybody is somebody as far as the Constitution is concerned," he declared.

• • •

FURROWING HIS BROW, the lawyer became intense as he discussed a subject obviously close to his heart.

"The people on Pine St., Greenwillow St., in the waterfront flop houses, — be they hobos, beggars, wayward and misguided souls — have rights.

"Their rights are just as important as those of the city's most prominent citizens living in the most exclusive residential section.

"And it's to our lasting shame that they are so completely ignored."

Devoid of political ambition, Mr. Allen is content to spend "my life in law."

"There is nothing more fascinating than the beauty and the majesty of the law. It is not an institution, but a process by, which we adjust our disputes.

"As such it is constantly changing and each change brings new challenges," he went on.

These challenges can only be met if an attorney is willing to work and keep abreast of the latest changes, Mr. Allen believes.

If he fails, the lawyer's lawyer, continued, he deserves to be left out because "When a lawyer is blessed with an opportunity to get a legal education he owes it to himself and his community to make a contribution."

If an attorney is not prepared, he can't contribute to the life of the community, Mr. Allen declared, adding:

"And a collection of non-contributing lawyers is something a community can do without."

As on other points, he speaks with good authority on this one, too.

Peter, 13, and Milton Jr., 8 students at Garrison and School No. 112, respectively. They live at 2400 Talbot Road.

The lawyer is a member of the Mt. Royal - Fremont Advisory Committee, YMCA Boys Work Committee, Legal Redress Committee of the NAACP, Americans for Democratic Action, and Citizens Planning and Housing Association.

He is also one of the original directors of Advance Savings and Loan Association, another project near and dear to him.

"I'm vitally interested in Advance because it is rapidly becoming a community institution," he declared.

The association which is negotiating to write FHA-insured mortgages after reaching the million dollar mark in assets, Mr. Allen declared, **represents an economic breakthrough for the colored community.**

"It's the biggest thing that ever happened in terms of economics for our people," he said.

Mr. Allen's devotion and dedication has been responsible for what the legal fraternity terms "new law."

He was the first to successfully raise the issue of amnesia as a complete defense for a client accused of assault to murder.

His challenge of the statute making miscegenation (a child born to parents of different races) a criminal offense resulted in it being declared unconstitutional.

• • •

USING ONE of the most recent decrees handed down by the Supreme Court, (Mapp vs. U.S.), Mr. Allen scored a big legal victory when the Maryland Court of Appeals reversed the dope conviction of James (Fat Man) Belton.

Pinning his argument on the high court's interpretation of illegal search and seizure, the lawyer won a verdict which brought a halt to questionable tactics of arresting officers who gave little or no thought to the method of gathering evidence to assure convictions.

Getting an employee restored to duty who was discharged for security reasons, and recovering back pay is another highlight in the colorful career of the lawyer, who, in terms of years, is still a young man.

He has also been instrumental in getting re-interpretation of laws governing rape cases.

Oddly enough, the "dean's" mettle shone brightest in a criminal trial where he served as assistant to a court-appointed attorney.

Despite a token fee, Mr. Allen pulled out all stops to save Clifford Earl Hazel from the gas chamber. Hazel was found guilty of rape and sentenced to death.

Had not it been for Messrs. Allen and Jacques Leeds, Hazel would hardly be still fighting a three-year battle to save his life.

His case is still pending and Mr. Allen is no longer involved, but regardless of the outcome, the Hazel case will be remembered as a living example of the "majesty of the law."

"It shows," Mr. Allen said, "what happens when officials are too hasty in convicting a person accused to certain crimes.

"When you are seeking revenge and not justice you are bound to make mistakes. But, thank goodness, the Constitution will not allow them to pass without notice."

The Hazel case, now in Federal District Court, has gone all the way to the Supreme Court.

The most dominant issue throughout has been the point of sanity — how it was determined, who determined it, and other aspects of the question.

This is the issue that Mr. Allen has hammered hardest at, and one that, is being watched with interest by students of the law.

A bitter foe of "speedy trials," Mr. **Allen is pained when attorneys plead their clients guilty without exploring all circumstances of the case.**

"Why should you pay a lawyer to put you at the mercy of the courts? he asks. Then, in answer to his own question, he adds:

"It's being done every day and I don't know why."

(Continued on Page 18)

Family Doctor For All Of Baltimore

By ELIZABETH M. OLIVER

Dr. Robert F. Farber, a 44-year-old physician who once had an interracial private practice in Sparrows Point, became Commissioner of Health of the city of Baltimore on Monday.

Sworn in at ceremonies at City Hall, he succeeds Dr. Huntington Williams who retired at the age of 69.

Dr. Farber took over the $20,000 a-year job as head of the Health Department after six years in public health work.

However, many Baltimoreans will recall he served the Sparrows Point community from private offices at 914 D St., from 1947 to 1955 and was known as the "kindly, young" physician.

• • •

AS HE TOOK over the serious task of directing the Health Department of the country's seventh largest city, Dr. Farber indicated his attitude is still one of a private physician.

"As commissioner of health, I am the family doctor for everyone in the city of Baltimore," he said.

Emphasizing the growing importance of the role each individual plays in the total health picture, he added:

"A public health official should dedicate himself to guarding the health and prolonging the life of each person in the community."

The new commissioner then diagnosed the state of health of Baltimore as "improving" but he expressed certain wishes, that if they could come true, would mean "more than all the medicine in the world."

He said:

"I wish more mothers-to-be would register for prenatal care in our public health clinics. If they would go for attention early in pregnancy, our infant mortality rate would come down."

He continued: "It is also my wish that we could find some magic way to build up family life, to make each person morally responsible so that venereal diseases and illegitimacy could be cut down."

• • •

DR. FARBER says he plans to continue the same policy the department has maintained through the years, a policy which emphasizes prevention of disease.

But, he states, he will place further emphasis on the necessity for adequate housing and opportunities to raise the standard of living for low-income families as means of both prevention and control of disease.

"We have come a long way in housing in Baltimore, but we still have a long way to go.

"Public health sees the need for better housing and more income for the economically deprived as decidedly important to improve the health outlook of the entire city," he said.

Tuberculosis and other communicable diseases, prevalent in the crowded slum areas, could be wiped out with better living conditions, the physician insisted.

Dr. Farber also predicted that the return of high income families to the metropolitan area is slated to help the city of Baltimore since the revenues will rise and thus provide more money for public health administration, research and facilities.

AS FAR AS the individual is concerned health-wise, Dr. Farber said that he can help himself greatly in this respect by getting more exercise.

"Grown-ups sit at a desk all day or spend most of their waking hours inactive physically on the job. Then, they go home, sit down and watch television," the commissioner declared.

"For better health," he recommended, "we should exercise more, go for walks, walk to the store instead of riding, watch your diet and get more rest."

• • •

AS HIS first official announcement after taking office Monday Dr. Farber revealed a free mass oral polio vaccine program to begin in October.

It will be sponsored by the Health Department and the Baltimore Medical Society.

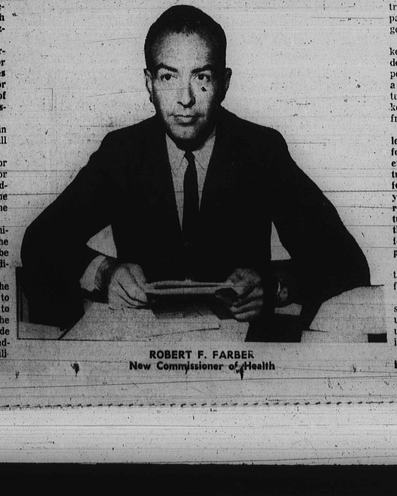
Dr. Farber and members of the department will make available more than $240,000 worth of the new oral Sabin polio vaccine absolutely free for every man, woman and child in the city and surrounding counties.

A liquid, the vaccine will be administered in drops or lumps of sugar or in water, to replace the "shots" used with Salk vaccine.

Dr. Farber says the new oral vaccine will also give profound immunity.

Persons able to contribute may give 25 cents. Persons who do not

(Continued on Page 18)



ROBERT F. FARBER
New Commissioner of Health

Prevent Food Poisoning

Food poisoning is one of the serious potential summer hazards. To prevent food poisoning, Ferdinand Korff, Director of the Bureau of Food Control in the Baltimore City Health Department, makes the following suggestions:

1. All perishable foods should be kept refrigerated at least below 42 degrees Fahrenheit. This is a temperature which can be reached with a modern refrigerator. The temperature however can only be noted by keeping a thermometer in the refrigerator.

2. **Cook all meats and poultry at least 20 minutes per pound. Cooking for this length of time assures recovery from low refrigerator temperatures to a degree of heat that will kill food poisoning bacteria. In past years, home ice boxes or mechanical refrigerators cooled only to temperatures about 50 degrees Fahrenheit therefore it was necessary to heat food only for about 20 minutes per pound.**

3. If frozen food is being prepared the recommendation is to heat the food for a longer period of time.

4. For the summer picnic or outing sandwich ingredients should be stored unassembled in the home refrigerator until just before leaving on the outing.

Making and wrapping sandwiches in advance does not permit the cold

5. **THE PACKED** picnic lunch lunch should be kept refrigerated until time for eating at the picnic site. If you cannot refrigerate, avoid taking those foods most likely to spoil such as processed meats, poultry, fish and custards.

Better still, take those foods which can be cooked and eaten on the spot.

Bacteria, however are not the only cause of food poisoning. Recently the practice of boiling large numbers of hard shell crabs in galvanized cans has come to the attention of the City Health Department.

Mr. Korff states that galvanized cans are zinc coated iron containers.

The acid in vinegar and even in small amounts of juices from the crabs will react with the zinc and poisoning by zinc compounds can occur when the crabs are eaten.

He recommends that only stainless steel or aluminum containers be used for cooking large quantities of crabs.

After the picnic, leftover foods which are likely to spoil should be discarded. Where food is concerned, the best rule is, "When in doubt, throw it out." For a pamphlet on simple household tests for food wholesomeness call or write the Baltimore City Health Department.

of the refrigerator to penetrate sufficiently to retard the growth of bacteria.