Versatile California avocado handy for summer party dips

No one ever has too many recipes for party dips, so make way for delicious "Creamy Avocado Dip." Cream cheese, California avocados and green onion tops are the chief ingredients in this fast-to-fix palate-pleaser.

In addition to being a "natural" for dips, California avocados are ideal in summery sandwich fillings and soups. They also dress up scrambled eggs for special occasions; simply fold in small cubes or balls of avocado just before the eggs "set."

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CREAMY AVOCADO DIP requires 2 California avocados, 1 tablespoon lemon juice, 1 package (8 oz.) cream cheese, ½ teaspoon salt, 1/8 teaspoon tabasco, 1 tablespoon finely chopped green onion tops, and dip chips.

Cut avocados lengthwise into halves, remove seeds and skin. Force fruit through sieve or whip in blender with lemon juice. Soften cheese; stir into avocado mixture along with salt, Tabasco and onion. Serve with dip chips. Makes 2 cups.

SALISBURY, N.C. — The annual workshop - retreat for faculty, staff, and trustees of Livingstone College will be held at Camp Dorothy Walls at Black Mountain Sept. 5 - 7. Orientation week begins Sept. 9.

Mr. and Mrs. Lambert married half century

YORK, Pa. — Relatives and friends from throughout the Eastern Seaboard were present at the 50th Wedding anniversary celebration of Mr. and Mrs. Elijah Lambert, of 212 W. Princess St. among them, 11 children and 29 grandchildren.

The couple was married on July 12, 1913, in Pittsburgh, Pa. A family dinner at Mosser's restaurant was followed by an open house at the Princess Street Residence.

CHILDREN of the couple present were:

Mrs. Lois Reeves, Tuskegee Institute, Ala.; Mrs. Vitalia Wilson and Mrs. Nancy Baker of Washington, D. C.; Mrs. Bernice Freeman and Mrs. Emelia Keenheel of Philadelphia;

Mrs. Esther Dillard, Camden, N. J.; Mrs. Susan Fountain, Boston, Mass.; Herbert Lambert, Detroit, Mich.; Mrs. Bonita Harris, John and James Lambert, of York.

Other guests from out-of-town were,

Mr. and Mrs. William Hodges of Pittsburgh, The Rev. Mr. and Mrs. George Lambert of Washington; Mr. and Mrs. Alex Ferrell, Arthur Ferrell, Miss Elizabeth Ferrell, Mrs. Emelia Ali, Mrs. Rebecca Robinson, Miss Laura Kelly and Samuel Porter of New York City; and the Rev. T. E. Montouth.

U.N. nations asked for FEP in Worlds Fair plans

UNITED NATIONS, N. Y., (INS) — Ambassadors to the United Nations have received a request from local civil rights organizations, including the NAACP, CORE and the Urban League, to stop all construction on their pavilions on the New York Worlds Fair site, until the unions involved agree to fair employment practices.

In making this request, these civil rights organizations are indirectly asking for a clarification on how much support the civil rights struggle commands overseas.

In the past when Afro - Asians have been queried about giving "material aid" to the civil rights struggle, they have pleaded that "they can not interfere in the domestic affairs of other nations."

It is obvious that stopping construction on foreign pavilions at the Worlds Fair would not interfere in the domestic affairs of the United States, but would offer considerable "material aid" to the colored American's struggle for freedom. No reactions, as yet, have come from United Nations Ambassadors.

THE STAY-SLIM REFRESHMENT

diet-rite cola

✓ LESS THAN 1 CALORIE PER BOTTLE
✓ FULL, RICH COLA FLAVOR
✓ NO SUGAR AT ALL
✓ NO EXTRA COST

A Product of Royal Crown Cola Co.

AMERICA'S MOST MODERN COLA

BEST BUYS

Tomatoes and corn on plentiful list

Summer brings quantities of produce from nearby farms.

Heavy supplies from local growers generally means more attractive prices to consumers. Thrifty shoppers take advantage of seasonal foods when they are most plentiful, says Virginia L. McLuckie, Food Economist, Baltimore Office, of the Department of Markets, University of Maryland.

• • •

PRODUCE COUNTERS are well filled with summer vegetables and the best buys are to be found in sweet corn, peppers and cucumbers and tomatoes. Vine ripened tomatoes have the fine flavor so desirable in this fruit.

When you select tomatoes quality is not dependant upon size but use or preference will often determine the size the shopper chooses. Well shaped, uniform and smooth tomatoes may be desirable when you plan to serve them whole, stuffed, sliced or broiled.

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IRREGULARLY SHAPED tomatoes, if good quality are satisfactory for stewing casseroles, or other uses where shape is not important. Avoid tomatoes with soft or rotten spots, a watery appearance and other defects that seem to be more than skin deep.

Color is an indication of the degree of ripeness. Under ripe tomatoes should be spread in a cool place where temperatures are 60 degrees F. to 70 degrees F. Avoid direct sunlight as an uneven color usually results from exposor of unripe tomatoes to direct sunlight.

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STORE RIPE TOMATOES in the refrigerator. Tomato flavor and food value is at its height during peak season. Tomatoes are in excellent source of Vitamin C.

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SUPPLIES OF sweet corn from Maryland farms are now moving in volume. Quality on this crop continues to be very good despite the prolonged dry hot weather of the past few weeks. Look for kernels well filled and husks that are bright green and fresh.

Cucumbers and green peppers are two salad bowl vegetables that are versatile and popular.

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THE GUIDE in the selection of top quality cukes is to choose those that are heavy for their size, well shaped and firm. The skin should be smooth, of a dark green color with greenish or whitish tips. When serving cucumbers in a salad leave the skin on to give color effect. In selecting green peppers look for well shaped, thick fleshed mature bright colored peppers. The flavorful green peppers contain generous amounts of vitamins A and C. To get the greatest good from these vitamins they should be served raw.

Cantaloupe and blueberries are among the best buys in fruits.

Eastern shore cantaloupes are starting to reach markets this week. Prospects are for a good local crop. Blueberries from New Jersey are in good supply and prices are low. A few blueberries add color and flavor to cereal, salads, puddings and other fruit dishes.

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EGGS ARE A GOOD buy in protein and so versatile that they fit into any of the three meals a day as well as in cooking other foods. Start your day with eggs for breakfast.

Other recommendations for the shopping list are rockfish, lamb and specials on steak.

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FOR BROILED TOMATOES use six medium tomatoes, one and a half teaspoons prepared mustard, two tablespoons minced onions, three teaspoons Worchestershire sauce, salt, and three tablespoons buttered fresh bread crumbs.

Wash tomatoes. Cut stem ends; then cut in half, crosswise. Arrange tomatoes, with the cut side up, in a shallow baking pan or a broiling pan. Spread with preapred mustard; top with minced onion and Worcestershire sauce; sprinkle well with salt, then with crumbs.

Broil about 3 inches below the heat source, without turning, for 15 min. or until tender and nicely browned. Serve immediately with meat or fish, on a vegetable plate, or with omelets.

Serves 6.

Peach Tarts

Peach Tarts 34 pt.

Tarts are always nibblin' tempters, and when they're filled brimful with blushing peach slices, who can resist?

Make the shells easily with your favorite pie crust mix and top the tarts with a flourish of airy, meringue - like topping.

Make PEACH TARTS with one 10-oz. pkg., Flako Pie Crust Mix, and 4 teaspoons cold water.

For Topping use 1½ cups sugar, ¼ cup water, ½ teaspoon cream of tartar, Dash salt, 2 egg whites, ½ teaspoon vanilla, 4 cups sliced peaches, fresh, frozen or canned drained.

For tarts, empty contents of package into bowl. Sprinkle cold water by tablespoon over mix; stir lightly with fork until just dampened. Form into ball. Divide in half.

Roll one half out on lightly floured board to 1/8 - inch thickness. Cut into four 5 - inch circles. Follow above procedure with other half of dough.

Shape over bottoms of medium - sized muffin cups; pleat edges; prick well. Bake in preheated hot oven (425 degree F.) 10 to 12 minutes. Cool.

For topping, place all ingredients except vanilla in top of double boiler. Beat 1 minute. Cook over boiling water, beating constantly with rotary or electric beater about 7 minutes or until topping stands in stiff peaks. Remove from heat; add vanilla; beat 2 more minutes.

Fill shells with peaches. Cover tarts completely with topping. Broil 2 to 3 minutes or until lightly brown. Cool, then chill in refrigerator until serving time.

CARDIGAN SUIT — These three separates add up to a suit very much in the sports feeling. No. 3266 comes in sizes 10, 12, 14, 16, 18. In size 14 and 54-inch fabric the cardigan takes 1¼ yards; the skirt 1 1/8 yards; and the little shell of a blouse, one yard.

• • •

FOR THOSE who lead an active life, the culotte shirtwaist is a boon. It looks well and gives delightful freedom. No. 3106 comes in sizes 12, 14, 16, 18, and 20. Size 14 takes 4¼ yards of 35-inch fabric.

• • •

SEND 35 cents plus 5 cents postage for each pattern to Iris Lane, care of The AFRO-AMERICAN newspaper, Box 1490, New York 1, N.Y. Add 15 cents for each pattern for first-class mail and special handling.

Pattern Book, 50 cents.

ROCK AND ROLL: MUSIC OR NOT?

PART TWO

(Continued From Last Week)

To say that rock 'n' roll was controversial is an understatement.

What is, or was, rock 'n' roll?

Rock 'n' roll is a combination of hillbilly and colored folk music neatly joined together by the blues sound and a heavy rhythmic beat. Curiously, the high priest of rock 'n' roll, Elvis Presley, learned his trade in his native Mississippi, the same place where W. C. Handy, years before picked up folk song sources and created the blues.

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PRACTICALLY EVERYONE got into the act of either defending or supporting rock 'n' roll.

Clergymen condemned the music as blasphemous and immoral.

Connoisseurs of Bach, Debussy, Stravinsky and Bartok considered all rock 'n' roll lovers intellectual runts. The long sideburns of the performers didn't help much, either.

Addicts of serious music dismissed rock 'n' roll lovers as being immature.

Jazz fans refused to be associated with rock n' roll fans.

Southern segregationists said that rock 'n' roll was planted in juke boxes by the NAACP to "destroy" the moral of America's young people

Some teenagers even convinced themselves that the music had no validity and that it was just cacophony.

Outside of a demonstrative teenagers and a few popular disc jockeys most people rejected the music, at least, verbally.

Naturally, the so - called Establishment refused to even comment on such an atrocity.

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BUT EVERYONE was wrong about the music — that is, everyone but the Public which knew precisely what it wanted, after hearing it.

Although jazz had long since been imported overseas and the Fisk Jubilee Singers carried gospel music to distant shores, nothing captured the world's imagination, nor swept it quite as fast, as rock 'n' roll.

From sedate France to Americanized Japan, the American idiom, rock 'n' roll, was being performed in blatant imitation of American stars.

Despite dire predictions in 1956, rock 'n' roll has not faded away. In fact, judging from the number of rock 'n' roll records in the top hits, the sound is becoming more popular and promises to sustain its popularity.

Opponents of rock 'n' roll and R and B, in treating the music in a contemptuous manner, do serious injustices to themselves, to serious artist - musicians and to the lovers of the music.

Attacking the notion that R and B is mere noise, Mr. Foxx said: "Rhythm and blues, in its own way, is an art form, just as serious music and jazz are art forms."

MUCH CRITICISM of R and B stems from an attempt to compare it with standard classics in the serious music or jazz areas.

"It's (R and B) nothing but noise," is a common complaint.

Given a choice the serious musician would of course pick nearly anything but a R and B piece. If the R and B fan were given a choice, he would ignore Beethoven's "Eroica" or Stravinsky's "Rites of Spring" for the Supremes "Breath Taking Guy."

Such comparisons, actually, are insincere and prove nothing, since all music is equally valid in its own circumstance.

What critics of R and B forget sometimes, however, is that the Great Masters, in their own times, were often ignored and ridiculed for writing "noise."

One of the biggest riots in 20th century art occurred during the premiere performance of Stravinsky's classic, in Paris. The sound outraged the ears of the art lovers.

On the other hand just because the music appeals to a mass audience is no reason to reject it

• • •

THE GREATEST adventure story of all time, Homer's "Odessey" was a tale told to, and by, the common man in what is now known as Greece.

Shakespeare's plays were not written for intellectuals or schooled persons, but for the illiterate man of Elizabethan England.

"R and B is good in its own context," said Mr. Foxx, "and it does what it is supposed to do. That is all you can ask of any piece of music."

There are other reasons for the popularity of R and B. One of which is that other forms have decided shortcomings.

Classical and serious music have only an aethetic or historical value. It takes specialized training to have empathy for the music.

Western and hillbilly have, except in a few isolated instances, little in common with R and B.

"Pop" or gimmick music has little emotional appeal.

Ballads, in the Nat "King" Cole style, are having an increasingly difficult time finding the top 10 best record list.

• • •

FOLK MUSIC is having some revival, especially in the Freedom Movement now underway in the United States, but it is limited for mass appeal, of which it has little.

Jazz had, and still has, the best possibility of becoming a national idiom, but the field has developed into a vast and ponderous clique and has lost contact with the masses.

Plus, modern jazz is a denial of life rather than an affirmation.

It is common to hear a person say, after listening extensively to jazz, it's morbid, put on something else!

The recent Bossa Nova craze was a new gimmick designed to recapture some of the jazz audience, but the attempt failed.

Bossa Nova's "Desifinado" while it was hauntingly fresh, had few of the permanent qualities which pushed "Two Lovers," a R and B tune, to the top.

• • •

WHAT OF, and is, the future of R and B?

Disc jockey Chuck Leonard, of WEBB, who described R and B as "the only thing that has come along since Dixie that can inspire your body to move," believes that gospel music will play a larger role in popular music.

He also sees the Freedom Movement leading to a blues revival.

There is nothing unusual about spirituals being involved in R and B; for, most R and B singers are former chorus or choir singers.

But what is coming though is the knowledge that gospel music is out of the church and into the night clubs. Individual singers, instead of changing their style when they start singing secular songs, merely change the song.

Jack McDuff's "Sanctified Samba" for example, is a mixture of the holy-rollers - type church sound plus a blues beat.

Baby Cortez's "Organ Shout," also, erases the line between rhythm and blues and gospel.

• • •

IT SEEMS that R and B encompasses all forms of music, at least American music styles, and converts them for its own use.

R and B's success depends upon a strong reliance upon the dance.

Traditionally, the blues has been involved in the dance from the Charleston to the Turkey Trot onto the well known Black Bottom, Big Apple and the Lindy Hop.

More recent dances have been the Monkey, Potato Mash and the Shimmy.

Rhythm and blues is a hardy music. It Will survive despite the efforts of those who dislike it and will try to stamp it out.

It will survive because it does have a message to tell and that it tells its message effectively.

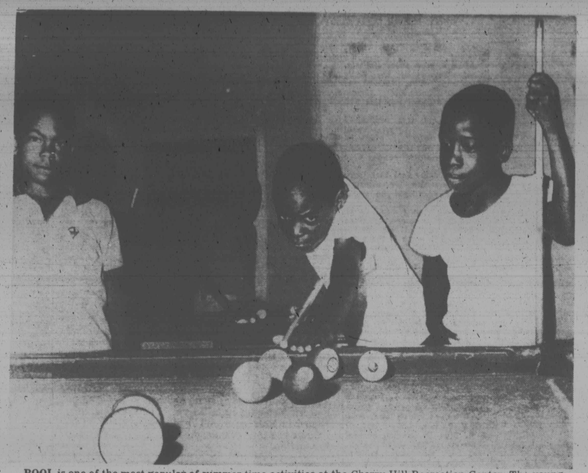
The public will determine which R and B record remains on top, and the public will determine whether R and B is really an art form.

Poet's Corner

ANGRY MALCOLM X.

Into his ears, cries Emmett Till,
And Medgar Evers, lying still,
Mack Parker, bleeding from his cell,
By men who sold their soul to hell.
Into his eyes, grows great distrust,
His cup runs over with disgust,
Good Christians slowly legislate,
As restless Muslims, watch and wait.
He has good reason to be peeved,
So many blacks have been deceived.
I'm no disciple of his clan,
But many facts sustain this man.
We have our leaders, new and old,
Some want prestige, some want control,
With new concepts, and Muslim's hex,
Observes an angry Malcolm X.
But right or wrong a man pursues
His right to live, his choice of views,
And in the wake is Malcolm X,
Whose Muslims chant, "What Happens Next?"

PAUL D. McALLISTER



POOL is one of the most popular of summer time activities at the Cherry Hill Recreation Center. The youngsters are playing a game of "61." Left to right — Wade McLaughlin, 11, 2741 Bookert Dr.; James Murphy, 10, 2844 Bookert Dr.; and Vance Gilmor, 10, 2751 Bookert Dr.

CHERRY HILL FUN CENTER

It was three in the afternoon at the Cherry Hill Recreation Center, and the temperature hovered around 92 degrees.

Yet, a group of boys were energetically bouncing around the asphalt court, blithly ignoring the sun's heat, playing a game of basketball.

"You know, champions are made by fellows who practice day and night, summer and winter," said the center's director, George T. Faulkner.

CHAMPIONS are made through dedicated and constant practice. These youngsters are perfecting their game of basketball at the Cherry Hill Recreation Center in 91 degree weather.

Inside the recreation center other youths were playing a friendly but noisy pool game called "61."

Still more were involved with playing "Jacks," talking or just resting.

• • •

THREE IN THE afternoon is midday, a time between activities, between the morning games for the tots and the evening activities for the teens.

"We try to have something for all of the kids," said Mr. Faulkner, a short, bespectacled man who volunteers, "I really like this work, working with the kids. I like it real well."

The morning events for the 5-12 year-old group fall into an activity section called "Adventure Club."

During the morning sessions, the youths play or participate in group games, story-telling and reading sessions, crafts projects, field trips, cook-outs and exercise programs.

The youths also participate in special "Red Letter Day" activities. On such days there may be a doll show, or a turtle derby, or a jackstone tournament.

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FOR THE 13-year-olds and above, there are other activities.

Generally, the program for them is scheduled from 10 a.m. to as late as 9 p.m.

They have such activities as the clean-up club, girls', dodgeball, pentathlon events, music classes, boys softball as well as quiet games such as checkers and pool.

Red letter days for the teenagers are also special event days when horseshoe contests are held and other various types of competitive activities.

The biggest events the youths of the Cherry Hill Recreation Center participate in are the annual Municipal Games, district pentathlon meets, area swim meets and the annual production of a play.

This year it was Shakespeare's "Macbeth."

To help him in his work, Mr. Faulkner is assisted by recreation leaders Charles Chambers and Mesdames Odessa Smith, Tessie Madden; art specialist Ronald Watts; music specialist, Weldon Irvine; and activities director Mrs. Delores Watkins.

40 YEARS AGO

St. Monica's Catholic Church, located on Hill Street near Hanover for 30 years, will take over the property vacated by a Lutheran congregation at Henrietta and Eutaw Sts. Father J. Henry Dorsey was priest in charge.

His family for years ran a printing business on Fremont Ave.

Five hundred men and women delegates to the American Woodmen pitched their tent in a Baltimore baseball park, led by A. W. D. Abner, Supreme Commander.

• • •

MARCUS SLATER and Quintard Miller's revue was a stage attraction at the Regent. Cast included Elizabeth Scott, a Baltimore girl.

"How Come," featuring Eddie Hunter, was at the Gaiety.

The Dunbar Theater featured "The Tents of Allah."

The Roosevelt, "The Girl of the Golden West."

The Star, "Ferguson and Ferguson."

Edmonia Henderson, the blues singer, and Sarah Martin, on records, were singing "Michigan Water Blues."

J. Stewart Davis advertised his law offices were located at 215-217 Courtland St., Third Floor Front. Later on he disappeared and no trace has ever been found of him.

• • •

JOHN B. GILES, superintendent, denied that Laurel Cemetery was being used for a cow pasture and that cattle were allowed to roam at will over the graves knocking down tombstones.

He blamed the owners of the graves for the poor condition in which the cemetery was kept, declaring that they only come to the cemetery when they have relatives to be buried.

• • •

EIGHT PERSONS were buried alive when workmen were trapped while excavating for a new swimming pool at the colored high school at Carey and Baker Sts. All were later rescued by the police and fire departments.

First Baptist Church, Baltimore, Lafayette and Fremont Aves., was offered to the congregation of Macedonia Baptist Church at a price of $100,000. The Rev. P. C. Neal was pastor.

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THE REV. HEZEKIAH BROWN and 309 delegates in session at Sparrows Point Union Baptist Church, reported that state Odd Fellows numbered over 6,000.

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WILLIAM H. GARRETT was re-elected Grandmaster of Galilean Fishermen at their 19th annual session in New York.

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LEWIS H. DAVENPORT, Arthur E. Briscoe, and C. Marcellus Dorsey filed for State Legislature from the Fourth District.

WHY YOUNGSTERS RUN AWAY

What makes a child run away from home? What is the largest age group of runaway youths? Where do they go? How are they found?

According to the Pine Street Station's Missing Persons Division, last year more than 3,800 missing person reports were investigated throughout the country.

The majority of these missing persons were children under the age of 18, who for one reason or another ran away from home.

Sgt. Herman Hanssen, sergeant - in charge of the Juvenile Division of the Police Department, says that among the many and varied reasons why a child runs away from home, is either a lack of discipline, or over protection.

He said that a number of children, after they are found or return to their homes of their own will, are actually unable to give a reason.

• • •

BUT AT THE root of nearly every runaway's problem is some type of family difficulty, stressed Officer Charles Slipper, of the Missing Persons Division.

"A number of the runaways are caught when they attempt to steal food or clothing or are participants in some type of delinquent act. Many of course, soon return home after a few days of unfinanced freedom," he said.

"In a recent case I investigated," said Sgt. Hanssen, "The runaway youth said, after being found in another state and returned, that his parents were always drunk.

"This youth, as is the problem in many cases, had lost respect for his parents.

"I visited the home of the boy. It was clean and well kept, but both his parents were heavy drinkers. The very old problem of alcohol has destroyed the family life of many homes."

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POLICEWOMAN Mary LaPlante, a veteran of many years in the missing persons section of the police department, added:

"Girl runaways are often the oldest in a large family. They feel that they are burdened with too many heavy or household responsibilities which keep them from youthful activities and friends."

The largest age group of run-aways are children usually about 14-years of age, as verified by reports of several years.

A reason for this might be that it is at this age that a child has either become adjusted to discipline or rebells against it.

"And in many cases," stated Sgt. Hanssen emphatically, "many parents have never learned the art of disciplining their children.

"Most children want and appreciate discipline, although they may not always show it or act appreciative."

Then, on the other hand, the sergeant continued, "An over-protective parent is worse, in many cases, then the parent who almost never disciplines his children.

"A youngster must learn at an early age that responsibility is an endless and ever-growing part of life," he said.

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SGT. HANSSEN recalled a youth who after he had been found, discussed openly with him many problems he had been unable or afraid to discuss with his parents.

"Loss of communication, between parent and child, is a very frequent cause for a youth running away from home. Many parents never have discussions with their children.

"They tell them, that they are too busy and don't have time to talk with them. Youngsters have problems, too, problems they cannot afford to keep locked up within themselves," stated Sgt. Hanssen.

Several youths run away from home because of school difficulties. This said Officer Slipper is more frequent in the case of the runaway boy.

"Or," he continued, "they might be in trouble with the police for committing some misdemeanor."

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ALTHOUGH A LARGE group of runaways are children who have left home as many as 10 times, many are from ideal homes where they receive love and attention.

"Foster children are often in this group," said Sgt. Hanssen. "Because, as I have seen in several cases, they have a desire to be with their real parents, even though they are loved and are treated well.

"These children sometimes find it difficult to become a part of the foster home life. They are depressed with feelings of inferiority."

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SOME OF the runaway youths are known as ungovernable children, who rebel against any form of discipline, no matter how much love and attention they receive.

"Many of these youngsters unfortunately find their way to the criminal courts," said Sgt. Hanssen.

The separated family is often the reason for a child leaving home, stated Mrs. LaPlante.

"The child goes away seeking to be with the parent of his choice, his or her mother or father, what ever the case might be," she said.

Some runaways get as far west as California, as far north as Canada, as far south as Florida, and some never get out of the city or state, according to Missing Persons records.

"When a missing person report is filed, we first talk to relatives and attempt to learn the person's habits and associates," said Off. Slipper.

"In many cases," he continued, "the parent of a missing child does not even know who their child has been associated with."

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AFTER THIS preliminary investigation, depending upon information received, police may send dispatches to out-of-state relatives of the person, or contact other similar agencies who will assist them in their investigations.

Sgt. Hanssen concluded that many of the cases of runaway children could have been prevented if the child could have talked with an understanding person.

"I'm only too willing to help any boy or girl, who feel they have a problem they would like to discuss with someone, and I will do whatever I can to help them," stated Sgt. Hanssen.

LIKE A DYING TORCH

My life flares up like a dying torch
That leaps once again but to say,
Good-bye to the glow of the rosy morn
With its vanishing banners gay.
My life flares up — by the fitful light
I gaze once again around
And say farewell to the fond sweet hopes
That I leave in the upturned ground.

GEORGIA DOUGLAS JOHNSON