Household Hints

BEFORE USING a pesticide, read the label carefully to see if you must wear gloves or protective clothing.

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WHEN BUYING frozen food, make sure packaging material is not torn, crushed or juice-stained. Frozen food that is exposed or poorly packaged dries out and develops off-flavor quickly.

A RUBBER mat on the floor in front of the fuse box eliminates the possibility of shock in case your concrete cellar floor is damp.

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A MEDIUM-SIZED sweet potato provides about twice the daily Vitamin A requirement and about one-third of the day's Vitamin C needs.

ALL KINDS of liver are excellent sources of good quality protein, iron, riboflavin and niacin.

READY-TO-serve cereals in multipacks of small boxes may cost two or three times more per ounce than the same cereal in larger box.

• • •

USE CUSHION glides, rubber castors or castor cups on furniture. These will protect the finish on floors when you move furniture.

save 45¢

on Breyers special combination ice cream and cake offer

During October, buy a Breyers Frozen Chocolate Cake and 1/2 gallon of Breyers Valencia Vanilla Ice Cream for only $1.59. A $2.04 Value!

Breyers Rich Chocolate Cake with Chocolate Icing. Truly a magnificent cake! Made with only the finest ingredients, the freshest eggs and grade AA butter. Completely baked, then frozen while oven-fresh by Breyers. All you do is serve and enjoy!

The ice cream half of this special offer is a double treat. ½ gallon of Breyers Valencia Vanilla Ice Cream . . . Breyers famous Vanilla Ice Cream with a tangy Orange Sherbet puree swirled through it. This is one money-saving offer the whole family will love!

Breyers

Look for this Special Combination Offer at your Breyers dealer. No coupons to clip. Nothing to send in. Offer ends October 31st.

Duchess of Windsor Pattern

#43

This year many young women are discovering for the first time the unbeatable flattery of the long dress, the season's most important evening story. This very romatic Duchess of Windsor design rises to Empire heights in front, marked with a soft bow, then dips to the natural waist in back.

The beautiful neckline is moulded into a shadowing arch that barely touches the shoulders as it curves into tiny sleeves.

• • •

ITS SLENDER COLUMN of skirting is wrapped to the back and skimmed from ankle to floor length, the sweeping hemline giving the illusion of a delightful short train.

Planned to take you almost anywhere on the night scene looking your fashionable best. It might be made in lightweight wool or linen for at-home entertaining, brocade, satin or velvet for the grand ball.

• • •

Spadea's exclusive ready-to-wear sizes produce a better fit. See chart for size best for you.

SIZES	BUST	WAIST	HIPS	*LENGTH
10	34	24	35	16½ inches
12	35	25	36	16¾ inches
14	36½	26½	37½	17 inches
16	38	28	39	17¼ inches
18	40	30	41	17¼ inches

*From Nape of Neck to Waist

Size 12 requires 3⅝ yards of 54" fabric for dress. To order Duchess of Windsor Pattern No. 43 state size, send $2.00. Pattern Books No. 22, No. 23, No. 24, No. 25, No. 26, No. 27 and revised Duchess of Windsor are available for 50c each or any three for $1.25 or all seven for $3.00. Add 10c postage for each book.

Address SPADEA PATTERNS, Box 535, G.P.O., Dept. B-DW-2, New York, N.Y. 10001.

Go fresher, go Royal Crown

The best cola is fresh cola...

and Royal Crown is the only one of the three leading colas that's made fresher to taste fresher...uniquely blended to capture the flavor at its peak and protect it. So feel fresher...wide-awake fresher...go RC®

Best buy in town

Other fine products of Royal Crown Cola Co.: Diet-Rite Cola, Nehi, Upper 10, Par-T-Pak.

FOOD FAIR

TUNE IN THE NEW SUSIE STROTHER "Phone a Friend" RADIO SHOW on station WEBB MON. thru FRI. AT 11:15 AM

Thinking of Savings?

THINK FIRST OF FOOD FAIR

OPEN TONITE til 10 pm

SAT. til 9 pm

All Prices Effective thru Sat., Oct. 17, 1964. We Reserve the Right to Limit Quantities.

100 FREE Merchants Green STAMPS (WITH A $10.00 PURCHASE OR MORE) EXTRA BONUS

100 M Merchants GREEN STAMPS

FREE EXTRA MERCHANTS GREEN STAMPS WITH THIS COUPON AND PURCHASE OF $10.00 OR MORE EXCLUDING MILK, MILK PRODUCTS, CIGARETTES AND FAIR TRADE ITEMS. Limit One Coupon Per Shopping Family. IN ADDITION TO THE STAMPS YOU RECEIVE WITH YOUR PURCHASE. VOID AFTER SAT., OCTOBER 17, 1964

LIBBY'S TOMATO JUICE 3 46 oz. cans 79¢

LIBBY'S FRUIT COCKTAIL 4 17 oz. cans 89¢

SMALL LEAN FRESH OR SMOKED PORK SHOULDERS WHOLE lb. 29¢

PSG BRAND & U.S. CHOICE FRESH BRISKETS BONELESS THICK CUT lb. 67¢

TENDER GREEN BROCCOLI bunch 25¢

FANCY APPLES GOLDEN DELICIOUS 3 lb. bag 39¢

FANCY WISCONSIN LONGHORN CHEESE lb. 49¢

IN THE PIECE CANADIAN Style BACON lb. 79¢

FLAVO SHRIMP ROLLS 4 for 59¢

COOKING IS FUN

Lasagne for fund-raising meal

Lasagne--recipe for a crowd

Two economy items combine in a top recipe that makes a bid to be the big hit at a fund-raising club or church social.

Lasagne For A Crowd features noodles and beef, and brings the cost per serving to an average of 33 cents. This allows the organization to offer a tasty supper at a bargain price, and still make a good profit.

The meal is completed with a colorful and substantial Tossed Vegetable Salad, easy-to-make Fruited Pudding.

• • •

LASAGNE FOR A CROWD (Makes 24 servings) is made with 1½ cups (about 8 ounces chopped onion, 4 pounds ground beef, 2½ tablespoons salad oil, 3 cans (1 pound, 12 ounces each) tomatoes, 2 cans (10½ ounces each) tomato puree, 2 tablespoons salt;

Also 1 tablespoon crushed basil, ½ teaspoon pepper, 1/3 cup salt, 12 to 18 quarts (3 to 4½ gallons) boiling water, 3 pounds wide egg noodles, 2 pounds (1 quart) creamed cottage cheese, and 8 ounces American cheese, sliced.

• • •

BROWN ONION and beef in heated oil. Drain off fat. Add tomatoes, puree, 2 tablespoons salt, basil and pepper. Simmer, uncovered, 1 hour, stirring occasionally.

Add 1/3 cup salt to rapidly boiling water. Gradually add noodles so that water continues to boil. Cook uncovered, stirring occasionally, until tender.

Drain in colander. (You may cook noodles in one or more pots, according to sizes available. Use proportion of 1 to 6 quarts rapidly boiling water and 2 tablespoons salt to each pound of noodles.)

• • •

TURN HALF of noodles into each of two 17¼ x 11¾ x 2¼ inch baking pans. Layer each with cottage cheese and sauce. Repeat with remaining noodles, cottage cheese and sauce.

Top with American cheese, cut in triangles. Bake in 375 degrees (moderate) oven 15 to 20 minutes or until bubbling hot and cheese triangles are melted. Cut 12 servings from each pan.

• • •

TOSSED vegetable salad for 24, requires 2 cans (1 pound each) cut green beans, drained, 1 cup (4 ounces) diced celery, 1 cup (5 ounces) sliced carrots, ½ cup (2 ounces) chopped onion, 1½ quart (¼ pound, about 1 head) torn chicory and 2 quarts (1 pound, about 1 head) torn lettuce.

½ to 1 cup bottled Italian dressing, ½ teaspoon crushed oregano and ¼ teaspoon garlic salt.

Combine all ingredients. Toss gently. Serve 1 cup portions, loosely packed.

For Fruited Pudding, use 2 cans (1 pound, 14 ounces each) fruit cocktail, 2 quarts milk, 4 packages (3¼ ounces each) instant vanilla pudding mix.

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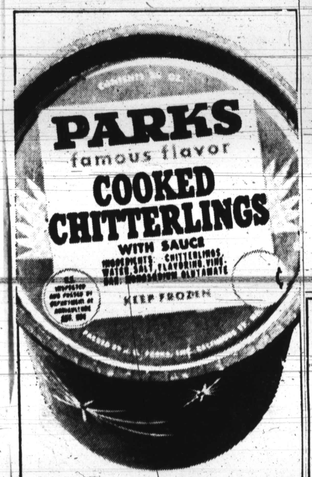
MO. 4-9807
BALTO. 15, MD.
If you palate needs a reason then make it pumpkin pie this season.
Open Tues. thru Sun.



Famous Flavor!

H. G. PARKS INC., BALTIMORE 17, MD.

WOMAN'S WORLD

Women told working mothers do not rob youths of jobs

WASHINGTON (NNPA) — The complaint that mothers who work are taking jobs away from their teenage younsters is nonsense, Mrs. Ester Peterson, Assistant Secretary of Labor, told members of the National Association of Negro Business and Professional Women's Clubs, Inc., in New York Sunday.

Mrs. Peterson, who also is Special Assistant to President Johnson for Consumer Affairs, spoke on "Woman — Wage Earners and Consumers" at an awards luncheon program during the association's annual convention.

• • •

"WHEN THE mother of a teenager works she is very ilkely, making it possible for him to stay in school, perhaps go on to college," she said, pointing out that more than two million women are the chief breadwinners in their families.

Mrs. Peterson said another large segment of women workers hold part-time jobs, ing employment of women.

"The answer is not in dividing up scarcity, but in providing jobs for all by strengthening our economy and providing people with the skills they need to do the job that needs to be done," Mrs. Peterson observed.

"That is why we are opening up so many training opportunities for youth —Manpower Development and Training Act programs, work school projects, apprenticeship programs, scholarships, and now, the new Neighborhood Youth Corps."

Mrs. Peterson asserted that prospects for women to earn a living were never better. She said factors favorin addition to "our expanding economy," included the need for skilled workers, a greater public awareness of the potentials of America's womanhood, and the adoption of the Equal Pay Act of 1963 and the Civil Rights Act of 1964.

She said the woman who has the ambition, the training and the talents for the work she chooses "has little to fear, because there is a need for her skills which leaves no room for discrimination and prejudice."

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SERVICE Friendly personal, courteous

QUALITY Famous for over 35 years

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PARKING Plenty of easy free parking on our larger lot on Maryland Ave., opposite the market.

Daily till 6 — Wed. till 1
North-Maryland-20th-Charles

Green footprints

Watch out for green footprints on your rugs and carpets. They won't be coming from little green men, but from the spray you've used to keep your zoysia grass green during the fall and winter.

You may enjoy the appearance of green grass, but this spray can be disasterous to rugs and carpets.

• • •

IF TRACKED in on your carpeting, it is doubtful that even a professional cleaner can remove the stain which is produced.

The National Institute of Rug Cleaning advises sprayers of zoysia grass to be extremely cautious when using

NEW! EASIER TO OPEN

Carnation with the exclusive new SURE-GRIP RIM™ PATENT PENDING

This new rim holds any ordinary beverage opener snugly to prevent slipping...pours easier, too-it's "the milk from Contented Cows"

C'est Magnifique

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SEE DISPLAY AT ACME FOR ALL DETAILS!

WIN TRIP TO PARIS FOR TWO! ENTER ACME'S PARISIENNE SWEEPSTAKES!

Lancaster Brand TENDER, JUICY SIRLOIN STEAKS lb. 79¢

T-BONE or PORTERHOUSE lb. 89¢

TENDER FLANK STEAKS lb. 89¢

Lancaster Brand, Tender Young LEGS O'LAMB Whole or Either Half lb. 59¢

Rib Lamb Chops lb. 89¢ | Shoulders of Lamb square cut lb. 43¢

Shoulder Lamb Chops lb. 59¢ | Shank or Neck of Lamb lb. 33¢

PATRICK CUDAHY'S READY-TO-EAT CANNED PICNICS 3-lb. can $1.69

Rose's Canadian Chunk Bacon END CUTS lb. 89¢

Lancaster Bologna, P&P, Plain, Olive or Spiced Lunch Meats each 29¢, 4 6 oz. pkgs. $1.00

Fancy 50-60 Count Shrimp lb. 59¢, 5-lb. box $2.89

Fireside Brand Sliced Bacon 1-lb. pkg. 49¢

Lancaster Brand Sliced Bacon 1-lb. pkg. 65¢

Freshly Shucked Standard Oysters 12 oz. can 95¢

ACME GROCERY VALUES!

MRS. FILBERT'S MARGARINE qrts. 2 1-lb. pkgs. 49¢

IDEAL BRAND MARGARINE qtrs. 2 1-lb. pkgs. 39¢

10¢ OFF! INSTANT MAXWELL HOUSE COFFEE 6 oz. jar $1.09

ACME'S OWN INSTANT COFFEE 6 oz. jar ACME 89¢ | 6 oz. jar IDEAL 99¢

SAVE 26¢ IDEAL APPLE SAUCE 6 16 oz. cans 79¢

Del Monte Pineapple Juice 3 46 oz. cans $1.00

Del Monte Crushed Pineapple 2 20 oz. cans 59¢

Pineapple-Grapefruit Blend Del Monte Drinks 3 46 oz. cans 89¢

Virginia Lee Pecan Iced Bar Cakes each 45¢

Ideal Brand Pineapple Juice 3 46 oz. cans 95¢

Ideal Crushed Pineapple 2 20 oz. cans 55¢

Ideal Brand White, Yellow, Marble or Devil's Food Cake Mixes 2 19 oz. pkgs. 79¢

Creamy Smooth Ice Cream GLENSIDE ½ gal. 69¢ IDEAL ½ gal. 79¢

FANCY FRESH TOKAY GRAPES 3-lbs. 29¢

FRESH! FRESH! ACME FRESH! SWEET POTATOES U.S. No1 NEW-A GOLD 3 lbs. 25¢

U.S. No. 1 Stayman Winesp or Golden Delicious APPLES 4-lb. bag 33¢

Fancy Fresh Bartlett PEARS 2 lbs. 29¢

FREE! 100 BONUS STAMPS WITH YOUR PURCHASE OF NEW IDEAL VITAMINS

THIS COUPON WORTH 100 BONUS STAMPS with your purchase of any bottle NEW IDEAL VITAMINS Void After Sat., Oct. 17, 1964 Limit one per Family

Clip Free Coupons!

FREE ONE IMPORTED PARISIENNE SEAFOOD COCKTAIL GLASS with this coupon and purchase of $5.00 or more. Limit one coupon per family. Name Address Void After October 31, 1964. Limit One Coupon per Family

PARIS TRIP ENTRY BLANK THIS COUPON WORTH 51¢ Towards the purchase of your choice of any FIVE STYLES of Imported Parisienne STEMWARE Reg. Price $1.00 less .51 With coupon ONLY 49¢ Name Address Redeemed Coupons will be Returned Upon Trip Drawing

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FREE TRIP TO PARIS OFFICIAL ENTRY BLANK Name Address City State Present before Dec. 5, 1964

THIS COUPON WORTH A 30 BONUS STAMPS with your purchase of a Virginia Lee ANGEL FOOD CAKE Void After Sat., Oct. 17, 1964 Limit one per Family

THIS COUPON WORTH B 50 BONUS STAMPS with your purchase of a Lancaster Brand (3 lbs or more) ROUND, RUMP, or EYE ROAST Void After Sat., Oct. 17, 1964 Limit one per Family

THIS COUPON WORTH C 30 BONUS STAMPS with your purchase of a 1-lb. a Lancaster Brand Club BRAUN-SCHWEIGER Void After Sat., Oct. 17, 1964 Limit one per Family

THIS COUPON WORTH D 50 BONUS STAMPS with your purchase of any 2 Lake Orchard Frozen MINCE or PUMPKIN PIES Void After Sat., Oct. 17, 1964 Limit one per Family

THIS COUPON WORTH E 50 BONUS STAMPS with your purchase of a 10 lb. bag POTATOES Void After Sat., Oct. 17, 1964 Limit one per Family

THIS COUPON WORTH F 50 BONUS STAMPS with your purchase of any 2 doz. Ideal FRESH EGGS Void After Sat., Oct. 17, 1964 Limit one per Family