Heavenly Halibut tops for Meatless meal during Lent

During Lent, the housewife who must plan six weeks of meatless meals is faced with the supreme test.

She must provide appetizing, nutritious meals, and, above all, there must be a wide variety of main courses.

The recipes must be easy to prepare and to serve.

* * *

HERE IS A heavenly Lenten recipe which fulfills all these requirements. Named Heavenly Halibut, it is really very "down-to-earth," since it is simple to make, interesting to serve, and taste-tempting.

It also has a touch of difference. The secret of this difference is a tangy lemony sauce, which is spread over the fish just before the final browning. The sauce also may be served on the side.

* * *

TO UNDERSCORE the heavenly theme, clouds of white duchess potatoes adorn the platter. To make a real halo, you might pipe the potatoes around the platter, circling the fish.

Heavenly Halibut is made with ready-squeezed bottled lemon juice, which is a convenience and a real time-saver at any time of the year.

* * *

HEAVENLY HALIBUT is made with one-half cup mayonnaise or salad dressing, two tablespoons bottled lemon juice, two tablespoons chopped chives or green onions, two pounds halibut steaks (salmon or whitefish may be used), Salt and pepper, one-fourth cup bottled lemon juice, and one-fourth cup butter.

Combine mayonnaise, two tablespoons bottled lemmon juice and chives or chopped green onions; set aside. Place fish on shallow baking pan; sprinkle with salt and pepper. Sprinkle with one-fourth cup bottled lemon juice and dot with butter. Bake at 450 degree for 10 to 12 minutes. Remove fish to heat - proof platter or pan; spread with mayonnaise mixture.

* * *

USING PASTRY bag with large star tip, pipe hot Duchess Potatoes around fish at intervals. If desired, sprinkle potatoes with one-half cup shredded Cheddar cheese. Place 2 to 3 inches from heat in broiler and cook until potatoes are slightly browned. Garnish with peas and parsley.

*Duchess Potatoes: Blend 3 cups hot mashed potatoes with 1 tablesp. butter and one egg yolk.

Yield: 6 servings.

Household Hints

To remove ballpoint pen ink from washable fabrics, place a blotter under the fabric. Drip home dryecleaning solvent through the spot and then soak the fabric in a solution of detergent and warm water, rinsing in cold water. A mild bleach can then be used, but it is best to test the fabric first.

* * *

KEEP A wrap on your diary foods. Milk, butter, cheese, puddings and custards pick up odors rapidly and can absorb flavors from other foods. A moisture-vapor resistant wrap will help to cut down on this transfer of flavors.

* * *

CLAY-POTTED gardenias are a novel way to add beauty and fragrance to the bath. The flowers like the humidity in the air of a bath, but not in their root and soil structure. To protect against drowning roots, it's best to keep gardenias in porous pots which leak out excess water.

* * *

LET LETTUCE leaves and other leafy greens stand five or 10 minutes in a pan of cold water. Any sand will sink to the bottom of the pan. Then lift out greens and wash them under running water.

* * *

WHEN REHEATING frozen stews stir them as little as possible. Aeration and motion rob them of vitamins and also tend to break up the meat pieces. Hint for removing excess salt from soup or stew: add a peeled, quartered potato and boil for five or six minutes.

Green Bean, Rice Entree

This recipe requires one package (9 oz.) frozen cut green beans with butter sauce, one can (1 lb.) stewed tomatoes, one can (7 oz.) tuna or one can (6-½ oz.) crab meat, three-fourths cup water, one - half teaspoon celery salt, one - half teaspoon sugar, one-half teaspoon salt, one - eighth teaspoon pepper, three - fourths cup packaged pre - cooked rice and one cup grated Cheddar cheese.

Combine all ingredients except rice and cheese in saucepan. Bring to a boil. Scatter rice over the bottom of a 2-quart casserole. Pour in bean mixture. Cover and bake at 450 degrees F. for 10 minutes; then uncover, sprinkle with cheese, and bake 5 minutes longer.

Makes about 5-½ cups or 4 servings.

ARRANGE for the child to meet the dentist non - professionally. Find out from other mothers when their children have appointments. Then, have your child accompany a friend who is a regular patient and does not resist going.

Call ahead to the dentist's office. Let him know the situation. Perhaps he'll give your child a tour of the office and let him sit in the chair.

MARCH 27

The M. J. Naylor Chapter of the Morgan State College Alumni Association will meet at the Young Women's Christian Association, 1912 Madison Avenue, at 8 p.m. During the Social Hour, from 7 to 8 p.m. Donald M. Abrams, Class of 1961, Consultant for the Metropolitan Life Insurance Company, will speak.

FOOD FAIR SUPERMARKETS

it pays to shop first at Food Fair

THIS WEEK AT FOOD FAIR GOLD PLATED FLORENTINE FREE! CHARM Bracelet WITH COUPON FROM BOOKLET YOU RECEIVED IN THE MAIL AND PURCHASE OF A $1.19 CHARM OF YOUR CHOICE FOR ONLY 50¢

SPRING CLEAN SWEEP SALE

DE-WINTERIZE YOUR HOUSE

make your HOME Cleaner·Whiter·Brighter

AJAX LAUNDRY DETERGENT 10¢ OFF 3-lb. 1 oz. pkg. 69¢

GLO COAT JOHNSON'S 1 qt. 14 oz. can 99¢

LIQUID CLEANER FYNE TEX quart bot. 39¢

CLEAN SWEEP BROOMS ea. 99¢

STA FLO (15¢ OFF) SPRAY STARCH pt. cans 29¢
GLAMORENE OVEN CLEANER 8-oz. can 59¢
GLAMORENE RUG CLEANER qt. jar 98¢
GLAMORENE UPHOLSTERY LIQ. CLEANER pt. bot. 79¢
ACE HIGH SPONGE MOP ea. $1.29

WINDOW CLEANER AJAX 10¢ OFF 15 oz. can 39¢
FLOOR AND WALL CLEANER AJAX 4¢ OFF 1-lb. pkg. 23¢

AJAX CLEANSER 2 OFF 2 14-oz. cans 27¢
LIQUID CLEANER AJAX 13¢ OFF 1 pt 12 oz. bot. 56¢

JOHNSON'S PLEDGE SPRAY WAX 14-oz. can $1.19
BRILLO SOAP PADS pkg. of 18 43¢
SEA MIST (3¢ OFF) AMMONIA WITH DETERGENT 1 qt. 8 oz. 23¢
EASY-OFF SPRAY OVEN CLEANER 7 oz. can 79¢

1-STEP ARMSTRONG FLOOR CARE 1-pt., 6 oz. can 79¢

DUZ ALL WAX APPLIERS ea. 69¢
FYNE TEX AMMONIA PLAIN OR SUDSY qt. bot. 17¢
DISINFECTANT LYSOL SPRAY 7 oz. can 87¢
FYNE AIR ROOM FRESHENER 7 oz. can 39¢
FYNE SOFT JUMBO TOWELS 210 sheets 27¢
JOHNSON'S GREW CLEANER 1 qt. 11 oz. 79¢

FYNE SUDS PINK OR REG.) LIQ. DETERGENT qt. bot. 49¢
LYSOL REG DISINFECTANT 12 oz. bot. 83¢
LYSOL REG. OR PINE DISINFECTANT 6 oz. bot. 49¢
EASY OFF WINDOW CLEANER 1 pt. 2 oz. 45¢
FOR FLOORS AEROWAX 1 pt. 11 oz. 73¢
ARMSTRONG WOOD FLOOR CARE 1 pt. 7 oz. 85¢

CLOROX BLEACH 5 qt. 1 pt. bot. 69¢

EASY-ON (12¢ OFF) SPRAY STARCH 1 pt. 6 oz. 57¢
FYNE TEX BLEACH ALL PURPOSE gal. jug 47¢

2-ROLL PKG. PAPER TOWELS 35¢

6 GAL. ALL PURPOSE TRASH BARREL WITH LOCK LID COVER only 78¢ each

BIG 44 QT. ROUND WASTE BASKET only 88¢ each HEAVY DUTY. IDEAL FOR KITCHEN DEN PATIO ETC

26 QT. SWING TOP WASTE BASKET only 99¢ each REMOVABLE SWING TOP LID FOR EASE OF DISPOSAL AND CLEANING

SIT ON POLYPROPYLENE HAMPER COMES IN CHOICE OF COLORS only $2.48 each

HI-IMPACT STYRENE HANDI-STEP STOOL ea. $1.48
TEFLON DELUXE IRONING BOARD PAD & COVER ea. 78¢
COLORFUL EASY TO CLEAN BOWL BRUSH SET set 88¢
VINYL LINK UTILITY MAT ea. $1.89

ESSKAY CENTER CUT PORK CHOPS SAVE $1.08 3 -lb. pkg. $2.67

SMOKED PICNICS SMALL LEAN HICKORY lb. 45¢

FRESH GROUND BEEF SAVE $2.01 10 -lb. pkg. $4.29

NASH'S FULLY COOKED SEMI-BONELESS HAM lb. 89¢

CORNED BEEF BRISKETS THICK CUT lb. 65¢ FIRST CUT lb. 75¢

Pink Grapefruit INDIAN RIVER SEEDLESS 5 in bag 49¢

LONGHORN CHEESE lb. 59¢

KRAFT'S VELVEETA CHEESE lb. pkg. 59¢
PILLSBURY ROLLS CRESCENT OR PARKERHOUSE can 29¢
KRAFT'S WHIPPED CHEESE SPREAD NIPPY 8-oz. pkg. 49¢

SUNKIST LEMONS THIN SKIN 12 doz. bag 49¢
SWEET CALIF. PEAS FRESH 2 lbs. 39¢
SWEET D'ANJOU PEARS 2 lbs. 39¢
DAILY FRESH KALE & COLLARDS 2 lbs. 29¢
CRISP ENDIVE AND ESCAROLE LETTUCE lb. 19¢
CRISP FANCY APPLES ROME BEAUTY 2 lbs. 39¢
PURE FLORIDA ORANGE JUICE THE REAL THING qt. 39¢

CHESAPEAKE BAY FRESH SHAD ROE SHAD WITH ROE lb. 25¢ BUCK SHAD lb. 13¢

FRESH ROCKFISH PAN SIZE lb. 29¢
GENUINE AFRICAN COOKED ROCK LOBSTERS lb. 98¢
FANCY RED SOCKEYE SALMON STEAK lb. 89¢

100 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR ANY CHUCK ROAST BONE IN OR BONELESS Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

100 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR BONELESS CHUCK HEART POT ROAST Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR FOOD FAIR BRAND SLICED BACON lb. PACKAGE Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

100 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR 5 lb. PACKAGE FRESH CHICKEN LEGS OR BREASTS Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

100 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR BONELESS CHUCK FRENCH POT ROAST Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

100 FREE Extra Stamps WITH THIS COUPON AND PURCHASE OF $10.00 OR MORE FOOD FAIR EXCLUDING MILK, MILK PRODUCTS AND FAIR TRADE ITEMS. LIMIT ONE PER SHOPPING FAMILY. VOID AFTER SAT., MARCH 19, 1966.

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR 12 OZ. PACKAGE & OVER-SLICED AMERICAN CHEESE Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR 8 OZ. PACKAGE & OVER-SLICED IMPORTED BOILED HAM Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR ANY 2 JARS MANOR HILL FRESH SALADS Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR 12 OZ. PACKAGE & OVER-SLICED SANDWICH BOLOGNA Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR 12 OZ. PACKAGE & OVER-SLICED COOKED SALAMI Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

30 Free Extra Stamps WITH THIS COUPON & PURCHASE OF FOOD FAIR FOOD FAIR BRAND FRANKS lb. PACKAGE Merchants GREEN STAMPS VOID AFTER SAT., MARCH 19th

PRICES EFFECTIVE THRU SAT., MARCH 19, 1966. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

FOOD FAIR the store for meat

AFRO VISITORS from Collington Square School No. 97 are seen after concluding a visit to see how a newspaper is put together. The fifth-graders were accompanied by their teacher, Dennis Fry. The students included: Curtis Bailey, Larry Bradley, David Carey, Stanley Dorsey, Richard Farr, Floyd Gregory, Thomas Gross, Jerry Jenkins, Richard Johnson, Johnny Little, and Gregory Miller. Also, Anthony Mobley, Archie Price, Horace Rivers, George Whitaker, Henry Williams, John Williams, Cynthia Alston, Rita Begett, Victoria Brown, Laura Campbell, Carmelita Dear, Alicia Easley, Veronica Edmonds, Debra, Fairley, Faye Green, Phyllis Hanks, Karen Jones, Mercedes Kent, Syrita Mitchell, Bernadine Foole, Tuereea Taylor and Jacqueline Walker.

Johnson aims for social security rise next year

WASHINGTON (UPI) — President Johnson said Tuesday night that he wants to present to Congress next year proposals for "making social security benefits more adequate, while keeping the program financially sound."

He announced that he has asked Welfare Secretary John Gardner "to complete a study of ways and means" for doing this. And he said he wanted these proposals to be ready to present to the next Congress."

"You'll be hearing more from me on this subject in the months ahead," Johnson declared.

HE INCLUDED those comments in a statement he issued on signing into law the Tax Adjustment Act of 1966, which provides an additional $6 billion over the next 15 months in revenues to finance the Vietnam war and combat inflation.

"This act also provides for the payment of social security benefits to some 370,000 persons, age 72 and over, who are not now insured under the social security program," Johnson said.

North Avenue Market...

You will find SERVICE Friendly personal courteous QUALITY Famous for over 20 years VARIETY In-season and out-of-season here "every season" PARKING Plenty of easy free parking on our larger lot on Maryland Ave. opposite the market.

Daily till 6 — Wed. till 1 North-Maryland-20th-Charles

Cameo club holds cabaret Fiesta

The Cameo Socialites entertained at their "Fiesta de Primavera" in the Cherry Hill Union Hall, Friday evening.

The hostesses were elegantly attired in gowns of white or red. Music was by the versatile Dick Harp Band.

* * *

DURING THE intermission a check was presented to John Ward for the Provident Hospital Development program by Mrs. Lorena Branch the club's founder. Mrs. Verdene Russell- was chairman of the fiesta.

The hostesses included: Mesdames Lorena Branch, Ann Carter, Ann Foster, Eunice Holmes, Esther Jeffries, Dorothy Rucker, Verdene Russell, Loretta Sheppard and Ira Vaughan.

* * *

OUT-OF-TOWN guests included:

Dr. William J. Polk and Mrs. Edith Harrell of Lanham, Md., Mrs. Shirley R. Devon of Los Angeles, Calif.; Messrs. and Mesdames Thomas Ford, Herman Gardner, William Radcliffe, Eugene Wilson, Nathaniel Dover; Charles Parker, James Wesley, Mrs. Edith Perry, Dr. Clarence Gilkes and Mrs. Clara Pryor of Washington.

Other guests were:

Messrs. and Mesdames Phillip Vaughan, Jr., Theodore Vaughan, Wilfred Christian, Parker, Harry Rothberg, Gerald Poulson, William Vaughan.

Misses and Mesdames Ronald Thomas, B. Graham, Bernard Tucker, Robert Bass, Fred Conway, Harry Randall, Charles Satchell, Edward Bradley, Roy Joyner.

Messrs. and Mesdames Herbert Miller, James McMillian, William Carter, Roy Monroe, Benita Page, Joseph Nixon, Reginald Lemon, Cornelius Johnson, Jr.

Messrs. and Mesdames Jason Sample, Curtis Johnson, Cleveland Sanville, Frederick Johnson, Thomas D. Wallace, Lawsonn Fay, William Wood, Spicer Bassett.

Messrs. and Mesdames Donald Williams Jr., William Rogers, Charles Jones, Joseph Hurt, Leroy Tolliver, Robert Haines, Vernon Jackson, Edward Blake.

Messrs. and Mesdames Allen Martyn, Harold Wright, Carl Madison, Roland Green, Willie Hyman, Louis Williams, Samuel Jones, Leon White, Clarence Smith, John Stanley.

Messrs. and Mesdames Talley Potes, Herbert Bowen, Thomas Bowles, Robert Hopkins, Robert Dorsey, Earl Smith.

Messrs. and Mesdames Melvin Thomson, Matthew Goodwyn, Charles Thomson, Madison Grealy, Ulysses Gilliam; Mesdames Lorena Branch, Ann Carter, Ann Foster, Eunice Holmes, Esther Jeffries, Dorothy Rucker, Verdene Russell, Loretta Sheppard and Ira Vaughan.

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Messrs. and Mesdames Melvin Thomson, Matthew Goodwyn, Charles Thomson, Madison Grealy, Ulysses Gilliam;

MISS EUNICE ROBERTS, whose engagement to Albert Beads is announced this week, will become a bride in April.

Dr. and Mrs. Wilson Dickerson.

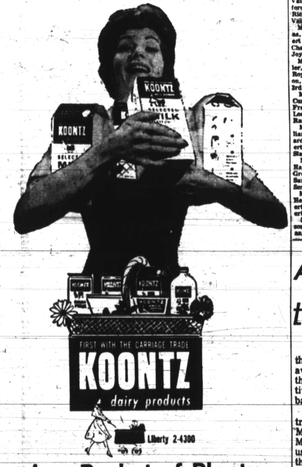
Mesdames Earline Adams, Frances Eisenbeck, Ann Clements, Dorothy Mayfield, Alicia Young, Clara Latham, Dorothy Jones.

Mesdames Irene Montgomery, Ianthus Scott, Christine Harding, Dolores Triplett, Estelle Gumbs, Georgiana Scott, Flora Williams.

Mesdames Florence Lemon, Ulrica Pope, Claudette Smith, Arlene Carney, Joanne Wesley, Mary Gambrill, Lois Kyles, Bessie Wilson and Odell Bowman; Misses Mae Parker, Roberta Smith, Betty Williams, Virginia Bey, Jean Paul, Sarah Williams, Marcella Dorsey.

Mesdames Sadie Ridgely, Ruth Riddick, Dr. Irving Hamilton, Richard Warren, Phillip Vaughn Jr., James L. Sheppard, Sr., William K. Hayes, Frank Gordon, Herman Branch, James A. Morton.

Richard Lewis, Alfred Francis, Arthur Thomas, Trojan Bugg, George Jones, Webster Tolliver, William Holmes, Eddie Merriant, Irvin Sutton, Warren Stanley, Ellsworth Jackson, Francis Buckman.



is a Basket of Plenty

Apply rule of math to prices for eggs

March is Egg Month and the abundant supply of eggs available to consumers make them one of the most attractive buys on a cost per pound basis.

The Maryland State Poultry Council and University of Maryland, Department of Marketa urge consumers to use more eggs and consider the weight when purchasing eggs.

* * *

HAVE YOU ever hesitated before the refrigerated egg counter in the store and tried to decide whether large, medium or small eggs are the best buy? Of course the smaller eggs cost less per dozen, but that is only half of the story.

When buying eggs the weight of the dozen should also be considered, since the weight determines the nutrients and food value you are buying. Eggs are commonly priced by the dozen rather than by weight and the price per dozen varies according to the supply of the various sizes.

The shopper to get the most for her money must do a little calculating herself.

* * *

IF YOU are mathematically inclined, you can easily figure the cost per pound or ounce of the different sizes of the eggs. Just divide the price per dozen by the weight of the size of eggs you are considering. The minimum weight per dozen for the various sizes are Jumbo 30 oz.; Extra Large 27 oz.; Large 24 oz.; Medium 21 oz.; and Small 18 oz.

A much easier method is the rule of eight cents. While not as accurate for most purposes it comes close enough. The rule works like this. Buy the large size eggs if the difference in prices is less than eight cents.

For instance, if large eggs are selling for 65 cents per dozen, and mediums are selling for 59 cents then you get more for your money by purchasing the large eggs. When comparing large and small you skip a size from large to small use fifteen cents as the price difference instead of eight cents.

The winter and spring period is the time of year when the larger sizes of eggs are usually in greater supply and they top the list of wise egg buys. Here is an interesting egg recipe.

* * *

DEVILED HAM and egg casserole is made with four slices bread, two cups ham, cooked, chopped or 3½ oz., pressed chipped ham, chopped, two eggs, hard-cooked, chopped, one teaspoon horseradish, prepared, one and one-half to two tablespoons mustard, four eggs, beaten, one and three-fourth cups milk, whole or skim, one-fourth to one-half teaspoon salt, and one - eighth teaspoon, pepper.

Grease a 7 x 12 x 2 inch baking dish. Cut crusts from bread and cut bread in half diagonally. Toast bread and crusts under broiler until lightly browned. Place crusts in baking dish. Combine ham hard-cooked eggs, horseradish, and mustard. Spoon the mixture over the crusts.

Arrange toasted bread slices over ham mixture. Blend beaten eggs, milk, salt, and pepper. Pour over bread. Let stand in the refrigerator at least an hour to allow bread to absorb the liquid. Preheat over to 325 degree F. (slow). Bake one hour or until set.

Note: The casserole can be prepared several hours in advance and refrigerated until baking time.

COMING EVENTS

MARCH 31

Parade of Stars, 7:30 p.m. at Cahill Recreation Center, 4001 Clifton Ave.

MARCH 27

St. Cecelia's Guild of St. James Episcopal Church, presents "Hochstein Sinfonia," under the direction of Dr. Paul Freeman, 8 p.m., in the Carl Murphy Auditorium, Morgan State College campus.

MARCH 23

"Stagility and Change in East Africa," noon - hour talk by Dr. Neville Dyson - Hudson, assistant professor in Social Relations, Johns Hopkins University. At main Pratt Library, Central Hall, 12:30 p.m.

"Introduction to Jazz" and "The Home - Made Car," films for children at Pratt Library's Walbrook Branch, 4 p.m.

* * *

"Grey Ghosts," film at Pratt Library's Brooklyn Branch, 7:30 p.m.

WHAT'S NEW? You're looking at 'em!

The "personal touch" flours are in bright new bags!

P.S. They cost no more at your favorite store!

Lancaster BRAND CUT FROM YOUNG, CORN-FED BEEF! SIRLOIN STEAKS T-Bone or Porterhouse lb. 98¢ lb. 95¢

Delmonico Steaks lb. $1.59
Eye Roast of Beef lb. $1.29

Sure 'n its the best time yet to CHECK ACME!

shop ACME 75th ANNIVERSARY

Prices Effective Thru Sat., March 19, 1966. Quantity Rights Reserved.

S&H GREEN STAMPS

LEAN SMOKED PICNICS WHOLE lb. 47¢ SLICED lb. 51¢

LANCASTER PLAIN, OLIVE, P&P, BOLOGNA OR SPICED Lunch Meats 3 6-oz. pkgs. 89¢
LANCASTER BRAND Scrapple lb. 37¢ 2-lb. pkg. 69¢
LEAN FIRESIDE Sliced Bacon 1-lb. pkg. 79¢
RATH'S BRAND Hawaiian Ham 4-lb. can $4.69
LANCASTER BRAND, SQUARE CUT SHOULDER Veal Roast lb. 49¢
TENDER, LEAN SHOULDER Veal Chops lb. 69¢
BONELESS Veal Roast lb. 79¢
FANCY FILLET OF FRESH Flounder lb. 79¢
FANCY 40-50 COUNT Shrimp 5-lb. box $3.89

PRODUCE JUICY FLORIDA ORANGES 3 doz. $1

FRESH, TENDER Green Broccoli large bunch 29¢

CRISP, WASHED Carrots 2 1-lb. pkgs. 23¢

CONDITION YOUR SOIL WITH... Mich. Peat 100-lb. bag $1.69 3 100-lb. bags $5

PRINCESS QUALITY Margarine (SOLIDS) 6 1-lb. pkgs. $1
IDEAL QUALITY Instant Coffee 10¢ OFF 10-oz. jar 75¢ 15¢ OFF 10-oz. jar $1.20
REGULAR OR LOW CALORIE Hawaiian Punch 3 1-qt. 14-oz. cans 95¢
STAR KIST LIGHT Chunk Tuna 3 6½-oz. cans 89¢
IDEAL CREAMY Peanut Butter 1-lb., 2-oz. jar 49¢
DEL MONTE Fruit Cocktail 2 1-lb., 13-oz. cans 85¢
DOLE SLICED Pineapple 2 1½-lb. cans 69¢
LADY SCOTT ASSORTED Toilet Tissue 2 2-roll pkgs. 49¢

SAVE 7¢ TIDE DETERGENT 1¼-lb. pkg. 27¢ 5¢ OFF LABEL
SPEED-UP REGULAR OR BLUE Detergent 1-lb. pkg. 23¢

WONDERS OF THE WORLD 3-DIMENSIONAL STEREO SLIDES pkg. 29¢ 3-DIMENSIONAL STEREO viewer 29¢ ON FREE WITH PURCHASE OF $100 PACKAGE NO. 1 AND SPECIAL 100 STAMPS COUPON. Pkg. 7 thru 7 Now on Sale!

HANDY PLASTIC SLIDE FILE BOX ea. 15¢

THIS COUPON WORTH (A) 100 S&H GREEN STAMPS WITH YOUR $5 OR MORE PURCHASE (excluding cigarettes & milk products). NAME ADDRESS Void After March 19, 1966. One Coupon per Family Please. ACME

200 BONUS STAMPS WITH BOTH COUPONS AND YOUR $35 OR MORE PURCHASE

THIS COUPON WORTH (AA) 100 S&H GREEN STAMPS WITH YOUR $10 OR MORE PURCHASE (excluding cigarettes & milk products). NAME ADDRESS Void After March 19, 1966. One Coupon per Family Please. ACME

VIRGINIA LEE LARGE ANGEL FOOD CAKES 45¢ each SAVE 24

THIS COUPON WORTH (B) 30 S&H GREEN STAMPS with the purchase of any 2 loaves ACME WHITE OR DARK FRESH BREAD Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (C) 30 S&H GREEN STAMPS with the purchase of a 1-lb. pkg. LANCASTER BRAND SLICED BACON Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (D) 50 S&H GREEN STAMPS with the purchase of a ROUND, RUMP OR EYE ROAST Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (E) 30 S&H GREEN STAMPS with the purchase of any 2 pkgs. IDEAL FROZEN VEGETABLES (IN BUTTER SAUCE) Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (F) 30 S&H GREEN STAMPS with the purchase of a pkg. of 100 IDEAL QUALITY TEA BAGS Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (G) 30 S&H GREEN STAMPS with the purchase of any can GILLETTE RIGHT GUARD DEODORANT Void After March 19, 1966 One Coupon per Family Please

THIS COUPON WORTH (H) 30 S&H GREEN STAMPS with the purchase of a 10-lb. bag WHITE POTATOES Void After March 19, 1966 One Coupon per Family Please

MAR