FASHION NOTE: A beautiful dark summer shirtdress of Qiana nylon features long sleeves and zip up front, by Oscar de la Renta. In central panel, prints and checks are wed in a navy and white printed long sleeved man-tailored shirt and a button front blue and white checked quilted skirt. The material is rayon and cotton. At right, crocheted long midi vest with a matching silver crocheted cap leads the "do-it-yourself" fashion. Belt and a macrame dog collar are added accessories. Fashions, as well as yarn for crocheting are from Hutzler's in Baltimore.

Miss Peggy Hodge, Melvin Hairston wed

MEADOW GARDENS, Va. — The living room in the home of Mr. and Mrs. Donald L. Ingram was the setting for the double-ring ceremony of Miss Peggy Jean Hodge, daughter of Mr. and Mrs. Norman Hodge of Martinsville, and Melvin Nathaniel Hairston of Winston-Slem, N.C., Saturday.

Mr. Hairston is the son of Mr. and Mrs. Sylvester Hairston of Winston-Salem.

The bride, given in marriage by her father, wore a mini A-line dress designed with a bateau neckline and short sleeves and trimmed in lace. Her veil was attached to a stain bow that hung to the shoulders, and she carried a bouquet of white carnations and stephanotis.

Miss Nora LaVerne Hodge, sister of the bride and maid of honor wore a pink A-line dress with a flirtation veil. She carried carnations and daisies.

Ernest Johnston, of Winston-Salem, was best man.

The bride is a graduate of George Washington Carver High School, Fieldale, Va., the Martinsville-Henry County School of Practical Nursing; and the Kate Bitting Renolds School of Nursing. She is on the staff of the North Carolina Baptist Hospital.

Mr. Hairston is a graduate of Atkins High School and the Russell Business College in Winston-Salem. He is employed at the Bowman Gray School of Medicine.

Mr. and Mrs. Hodge entertained at a reception in the Ingram home following the ceremony.

Assisting were Misses Norman Hodge and Lois Gravely and Mrs. Betty Hairston.

Out-of-town guests included Miss Lessie Hodge and Leon Hodge of Pelram, N.Y., Misses Sandra Ridgell and Lois Williams, and Carol J. Williams and [illegible] Williams of Winston-Salem.

Flashlight locations

NEW YORK (UPI) — Where do you keep your flashlight?

It's a good thing to keep it in mind to avoid that frustrating feeling of reaching for a "light in the night" and not finding it.

At a Home Economics Convention, a survey showed 175 home economists kept 239 flashlights in 45 different places around their homes.

In answer to a query 76 said they kept a flashlight in the car; 45 kept them in the kitchen and 38 left them in the bedroom, including one who sleeps with one "under her pillow."

Other popular places for flashlights included garages, closets (all kinds), dresser drawers and basements. Sixteen women carried flashlights in their purses and one harried homemaker listed her flashlight as being "somewhere in the house."

Safety glass due for new residences

Because of increasing number of serious injuries, and in some cases deaths, due to people walking, running, and falling into storm doors, windows, and glass shower stalls, Dr. Neil Solomon, secretary of Health and Mental Hygiene, has called for the installation of safety glass in all residential construction.

"There are already state regulations requiring the use of safety glass in commercial and mercantile building construction but more and more people, especially small children, are being injured in home accidents because of the lack of safety glass," said Dr. Solomon.

The secretary pointed to annual nationwine figures indicating that about 100,000 persons, most of these between the ages of 5 and 14, are injured as a result of falling through glass patio doors, storm doors, glass panels, and bathtub enclosures.

Information on the regulations concerning the use of safety glass in commercial and mercantile building construction may be obtained by contacting the Department's Environmental Health Services, 2305 N. Charles St.

MAY 28

The Gwynns Falls Park Junior High School No. 91, Hilton and Morley Sts., will hold its third annual Students' Day today. Students will operate the school all day as principals, counselors, teachers, selrelar es, security officers, nurses and custodians.

Household hints

Putting a new carpet over an old cushion is not a good way to save money. Tests show that once a carpet cushion wears out, the carpet also wears out quickly.

Make an emergency ice bag by folding a small wet towel and freezing it in an ice cube tray. Place frozen towel in a plastic bag and tie the end.

• • •

Use a drinking straw to extend the spout of an oil can.

• • •

Don't block radiators or registers with furniture, if you want to get the most out of your home's heating system.

• • •

If you are buying a used rug or carpet look for ripples or a loose area indicating the cushion is worn or has slipped. Such carpet has lost much of its life expectancy.

Instead of punching holes all around the top of a cleanser can, punch a few holes in one side only. This saves powder. You can direct the cleaner to the exact spot you want to clean.

• • •

If a screw lid is difficult to remove from a jar, use a spring type nutcracker to remove it.

• • •

Don't overlook the re-use of waxed cottage cheese containers for packing foods for picnics, mixing paints, storing nails and dozens of other uses.

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PARENTS
we think you should know as much about
DRUGS
as the average PUSHER

Sometime soon you're going to have to talk to your teenagers about drugs. The sooner the better. We hope this page gives you something to start talking about. Because we want you to get to your kids. Before someone else does.

THE OPIATES
When most people refer to "narcotics" this group of drugs is what they are talking about. Opiates are used medically as pain killers. On the street they cause pain for the user and society in general.

Opium
a white powder from the unripe seeds of the poppy plant. Opium can be eaten, but it is usually smoked in an opium pipe.

Morphine
is extracted from opium. It is one of the strongest medically used pain killers, and is strongly addictive.

Heroin
this strongly addictive drug is prepared from morphine. Outlawed even from medical use, heroin is the most commonly used drug among addicts. It can be sniffed, injected under the skin, or into a vein. Street slang for heroin includes "smack", "junk", "H", or "junk".

"On the Nod"
or nodding. The state produced by opiates. Like being suspended on the edge of sleep.

Mainline
or "to shoot up" - injecting a drug into a vein.

"A"
street slang for an injection of drugs.

Works
the apparatus for injecting a drug. May include a needle, and a bottle cap or spoon for dissolving the powdered drug.

A Fix
one injection of opiates, usually heroin.

Junk
heroin, so named because it is never pure as sold on the street.

Junkie
an opiate addict.

Skin Popping
to inject a drug under the skin.

A Bag
packet of drugs, or a single dose of an opiate. Amount of the drug in the bag is denoted by price, a nickel bag ($5), a dime bag ($10).

"Cold Turkey"
describes the withdrawal that comes after repeated opiate use. The addict can become irritable, falgery, perspiration increases, there is a lack of appetite. The main problem in discontinuing opiate use is not going off the drug, it's staying off.

Track
scars on the skin left from the repeated injection of opiates.

Overdose
cause of over 200 teenage deaths in New York City last year. Death is caused because the part of the brain that controls breathing becomes paralyzed.

Addiction
physical dependence on a drug, so that when the drug is taken repeatedly, and stopped suddenly, physical withdrawal occurs.

THE STIMULANTS
These drugs stimulate the system, or make a person more lively. While they are not physically addictive like the opiates, they produce a psychological dependence or craving.

Amphetamines
these stimulants are taken in tablet or capsule form, or injected into the blood stream. Among the widely used amphetamines are:
Dexedrine - or "dex" or "dexies".
Benzedrine - or "benzie".
Methedrine - or "speed" or "crystal meth".
Biphetamine - or "footballs".

Speed Freak
person who repeatedly takes amphetamines or "speed", usually intravenously.

Mental Effects of "Speed"
amphetamines produce a decreased sense of fatigue, increased confidence, talkativeness, restlessness, and an increased feeling of alertness. At dosage increases amphetamines can produce irritability, distrust of people, hallucinations, and amphetamine psychosis.

Amphetamine Psychosis
a serious mental illness caused by overdoses or continued use of amphetamines. The person loses contact with reality, is convinced that others are out to harm him. The most frightening part - this psychosis sometimes continues long after person has stopped taking the drug.

Rush
the brief heightened state of exhilaration at the beginning of a high.

Crashing
withdrawal from amphetamines, the swift descent from an amphetamine high to severe lows of depression.

Cocaine
another kind of stimulant, derived from coca leaves. It is sniffed as a white powder, or liquefied and injected into a vein. It produces a fast and powerful feeling of elation. Cocaine does not produce physical dependence (addiction), but does produce a strong psychological craving.

Coke
street slang for cocaine.

PSYCHEDELICS
The medical classification of all mind altering substances. "Psychedelics" change a person's perception of his surroundings.

Hallucinogens
Those psychedelics which cause hallucinations.

LSD
probably the most powerful psychedelic. Reactions to LSD are extremely unpredictable. Distortions in time and space. Brighter colors. Vivid sounds. Feelings of strangeness. A sense of beauty in common objects. Sometimes fear and panic. Sometimes even psychosis.

Flashback
a user can be thrown back into the LSD experience months after the original use of the drug. Other possible trials of LSD, which are being thoroughly researched, include brain damage and chromosome breakage.

Acid
a slang term for LSD. A frequent LSD user is an "acid head".

Drop
to take any drug orally. LSD is usually dissolved in water, and may be placed on a sugar cube. The term is to "drop acid".

DMT
a powerful psychedelic prepared in the laboratory as a powder or liquid. It is usually injected into the vein or smoked along with marihuana or in cigarettes.

Psilocybin
this psychedelic comes from a mushroom. It is less potent than LSD and takes a larger dose to get the effect.

Peyote
from the peyote cactus, causes pronounced visual effects. It is used in a religious ritual by some Southwestern U.S. and Mexican Indians and its use in these rituals is legal.

Mescaline
"mescal" is the common name for this drug which also comes from the peyote cactus. Stronger than peyote itself, mescaline also causes vivid visual impressions.

DOM
called STP by users. The effects of STP can last for two or three days.

Marihuana
the crushed and chopped leaves and flowers from the hemp plant. Sometimes smoked in cigarette form. Sometimes smoked in pipes. Reactions can be: a giddy feeling like drunkenness; changes in perception and mood; feelings of well-being or fear; and possibly hallucinations. Slang terms for marihuana are "grass" or "pot".

Joint
a marihuana cigarette.

Roach
the butt end of a joint.

Stoned
describes the intoxicating effect of marihuana, or really any drug.

Hashish
called "hash". Also prepared from the flowering tops of the hemp plant. Hashish is smoked in a pipe or taken orally, and is more powerful than marihuana.

THC
tetra hydro cannabinol. Purified extract of the resin of the hemp plant. Also quite in the laboratory. It is thought to be the substance in marihuana and hashish that causes the mind altering effects of these substances.

Trip
a name for the reaction that is caused by a psychedelic drug. A bummer is an unpleasant or frightening trip.

Head
someone who uses drugs frequently.

THE DEPRESSANTS
The category of drugs that depresses the functions of the brain.

"Downs"
street slang for depressants.

Alcohol
ethyl alcohol, a depressant because it slows the functions of the brain that control thinking and coordination. In high doses it produces drowsiness and sleep. Alcohol is an addictive drug, since after prolonged or continued use, it can cause physical dependence (alcoholism), and when discontinued, causes withdrawal symptoms at least as serious as the other addictive drugs.

Barbiturates
these drugs are in the group called sedatives - medicines to make you sleepy. Barbiturates are taken in capsule or tablet form. They cause physical dependence (addiction), and after repeated use, physical withdrawal does occur when these drugs are discontinued. Among the common commercial names for barbiturates are:
Seconal or "red devils"
Nembutal or "yellow jackets"
Amytal or "blue heavens" or "blue devils"
Luminal or "purple hearts"
Tuinal or "rainbows" or "double trouble"

Barbiturate Overdose
more people in the United States die as a result of an overdose of barbiturates (usually suicide) than of any other single substance.

Intoxication
sedative or tranquilizer intoxication is similar in its symptoms to alcohol intoxication. Driving while intoxicated can be extremely dangerous, and is thought to cause at least 25,000 traffic fatalities a year.

Tranquilizers
drugs that calm tension and anxiety. These drugs do not cause deep except in high doses. Tranquilizers are taken in capsule or tablet form. Some common commercial names for tranquilizers are: Equanil, Miltown, Librium, and Valium.

INHALANTS
Among substances which are inhaled and produce a high are: glue, gasoline, lighter fluid, and refrigerants. Continued inhalation has been reported to cause severe anemia, liver damage, brain damage, and death.

Prepared as a public service for the BOSTON GLOBE in consultation with David C. Lewis, M.D. Dr. Lewis is the author of The Drug Experience: Data for Decision-Making, a course for schools, community groups, published by CRC Inc., Boston.

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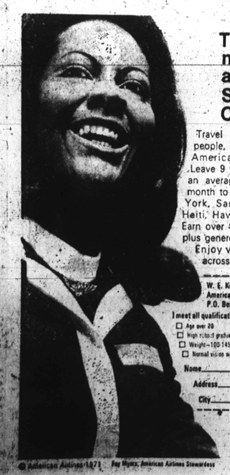

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A RECEPTION was held at the campus residence of Dr. and Mrs. C. Leon Nettervilie, Jr., Wednesday evening, for four Southern University students who have won National Educational Fellowships. Shown with Dr. Netterville, third from left, are James W. Washington of Chicago, Ill., Miss Shiela Harmon of Welsh, La.; Miss Georgia Parsons of Scale, Ala. and Albert Doucette of Sildell, La.

BEST BUYS:

Fresh asparagus on market, priced right

By VIRGINIA McLUCKIE, Food Economist

Fresh asparagus has been on the market for several weeks.

It was shipped from California and rather high priced. Now locally grown asparagus is available. This is the season when it is at its best in tenderness and prices are lowest. The following tips on selection and care may help you enjoy this vegetable to its fullest.

Asparagus spears are marketed in different sizes. The jumbo size commands the highest price. Asparagus experts suggest buying the medium size. These are lower priced but still of high quality. Avoid the thin spindly spears as they are apt to be tough and stringy.

• • •

Choose spears of uniform size whether you buy the bunch or from bulk displays Uniformity will assist you in cooking asparagus, since mixed sizes cook at different rates.

To insure a good buy, look at the stems, the tips and the base oof the asparagus spears. The stalks should be bright green in color, firm and crisp. The green part is tender. The white part is waste. The tips should be close, compact and purplish green in color. A wilted appearance and spreading tips indicate a tough, stringy asparagus that has been held too long after cutting.

Refrigerate asparagus as soon after purchase as possible. Store in a plastic bag or vegetable hydrator. Before you cook asparagus rinse it in warm water to remove any particles of soil lodged in the scales. The warm water slightly wilts the asparagus, thus loosens the scales and tips and allows any particles to fall out.

If you have more asparagus than you can use within a day or two, it may be blanched to lengthen the storage time. Blanch the stalks in boiling water for 2 to 4 minutes, depending upon the size of the stalk. Tightly covered in the refrigerator, the asparagus treated this way will be useable for a longer period of time than if held in the raw state.

The peak of the season for local or nearby asparagus is usually from the latter half of May until early June. The crop quality depends upon moisture and warm weather for fast growing of the stalks so they are tender and of good flavor. For people with home freezers, asparagus is one vegetable to consider using valuable space for since it is a one season vegetable. There are a number of farms in the Baltimore area where you can go and cut your own or purchase freshly cut asparagus for freezing or for immediate consumption.

May is Egg Month and the supply of eggs continues to be plentiful. Hard cooked eggs are easy to prepare and so versatile to use that you should keep a supply ready in the refrigerator. Add chopped hard cooked egg to butter crumbs for use as a topping on asparagus or other vegetables. Cream hard cooked eggs with cubes of ham makes a nice luncheon or supper dish. Use Grade AA or Grade A quality eggs for hard cooking.

• • •

Asparagus and Eggs en casserole requires 4 tablespoons butter, 4 tablespoons flour, 2 cups milk, 1 cup grated cheese, Pinch of pepper, 22 cups cooked asparagus, 4 hard-cooked eggs, sliced, ½ cup bread cubes (buttered), and ¼ teaspoon salt.

Make cream sauce of butter, flour, milk, salt and pepper. When thickened, add grated cheese, stir until melted. Place the asparagus and the sliced eggs in a greased casserole.

Pour the cheese sauce over the asparagus-egg mixture. Top with the cubed breaded. Bake the mixture at 375 degree F. about 15 minutes, or until the bread is toasted brown. Garnish with parsley.

MRS. ERSA H. POSTON, president of the New York State Civil Service Commission, will be guest speaker at the annual Founders' Day luncheon of the Baltimore Club of the National Association of Business and Professional Women's Clubs, on June 13.

CPHA's fence painting set at City Hospital

The Elvelier Baltimore Committee of the Citizens Planning and Housing Association will mark its first year in existence with a second annual fence painting, Sunday at City Hospitals, from 1 to 4 p.m.

Fifty large, movable panels and paint will be provided by the committee. Participants are asked to bring brushes and imaginative ideas for decorating the boards.

The panels will be used in a variety of ways. Some will form murals or screens to camouflage repair areas both inside and outside the hospitals. Others will be used to brighten up some areas such as pediatrics.

The committee's first project nearly a year ago was a similar event at the construction site of the University of Maryland Hospital at Greene and Redwood Sts.

The construction fence which is still standing, was brightly painted by individuals and groups in the Baltimore area.

Cake, ice cream, and balloons will be furnished as part of the birthday celebration of the Lvelier Baltimoree Committee. It is asked that any groups or individuals interested in participating in this event, reserve panels by calling CPHA at 539-1369.

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PREPARED French's Mustard 12-oz. jar 45¢
LIGHT CHUNK TUNA Breast O' Chicken 2 6½-oz. cans 83¢
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