AFRO Patterns

4892 SIZES 8-18

4511 10½-20½

We award flowers to this slimming skimmer that's all shape and beautiful line. Choose May garden colors for the easy embroidery. Send!

Printed Pattern 4511: NEW Half Sizes 10½, 12½, 14½, 16½, 18½, 20½. Size 14½ (bust 37) takes 2¼ yds. 60-in. Transfer.

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TWO main parts for the lithe, lively dress! Whip it up in an evening, then sew the rest of the team. Sleeveless jacket swings over shirt, pants.

Printed Pattern 4892: NEW Misses' Sizes 8, 10, 12, 14, 16, 18. Size 12 (bust 34) dress 2⅞ yards 35-inch.

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Seventy-five cents for each pattern — add 25 cents for each pattern for Air Mail and Special Handling.

Send to AFRO-AMERICAN Pattern Dept., 243 West 17th St., New York, N.Y. 10011.

Print NAME, ADDRESS with ZIP, SIZE and STYLE NUMBER.

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NEW FASHION-PACKED Spring-Summer Catalog — separates, jumpsuits, styles galore. Free pattern coupon. 50 cents. INSTANT SEWING BOOK — cut, fit, sew modern way. $1.00 INSTANT FASHION BOOK — what-to-wear answers. $1.00.

Don't need fancy pans

You don't need a lot of fancy pans in order to cook foods that you want and need.

Expanded Nutrition Program Aides are working with families that are interested in trying new recipes, even if they don't have the "proper" pots and pans to cook them in.

Mrs. Trudy Benson, a Johnston County, North Carolina aide, has a homemaker in the program that had always dreamed of baking a lemon supreme cake.

Since she did not own a tube pan, the homemaker decided to substitute her fry pan. The cake turned out beautifully. "The homemaker was pleased and her family enjoyed the cake,"

Uninvolved sweets allow involvement

Involvement seems to be the order of the day.

If you're like millions of other wives and mothers, you're busy with everything from neighborhood cleanup campaigns to end-of-school activities. When time and energies are directed outside the home like this, certain household chores have to be modified. Meal preparation is usually one of them.

This doesn't mean you have to compromise on cooking. Not when the many attributes of packaged convenience foods are in motion. Tasty foods with eye appeal and healthful nutrients can find their way to your dining tabe with little effort and even less time.

Take Cranberry Ice Cream Pudding for example. From Jell-O Vanilla Instant Pudding, jellied cranberry sauce, and vanilla ice cream you can make an attractive dish to serve the family anytime — after lunch or dinner, and between meals. Simply put it together when there are a few free moments on hand, and refrigerate until the gang is ready to indulge.

The fact that the milk and ice cream present contain lots of calcium and phosphorous for building skeletal tissue is certainly nothing new. However, the fact that this Cranberry Ice Cream Pudding is an "uninvolved" dessert that lets you get involved is something new. Try some soon and see.

Cranberry Ice Cream Pudding is made with 1 can (8 oz.) jellied cranberry sauce, 1 cup milk, 1 cup vanilla ice cream, softened, and 1 package (3-oz.) vanilla instant pudding.

Cut cranberry sauce into thin slices. Arrange slices in bottoms of 5 dessert dishes. Thoroughly blend milk and ice cream in a bowl. Add pudding mix. Beat slowly with rotary beater or at lowest speed of electric mixer until blended — about 1 minute.

Spoon over cranberry sauce in dishes. Chill until set — about 5 minutes. Garnish with prepared whipped topping and nuts, if desired. Makes 5 servings.

TALLAHASSEE, Fla. — Lerone Bennett, senior editor of Ebony Magazine, will give the main address during commencement exercises in Gaither Gymnasium Sunday, June 6 at Florida A and M University. One of America's most prominent social historians, Bennett has published many books, poems and articles about racial problems in America.

If your family can't wait to get it home, we've got tables.

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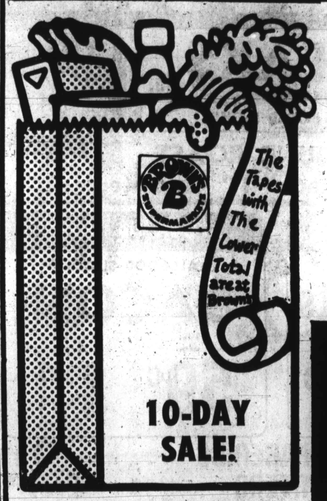

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- MASH'S HAM Fully Cooked Smoked Whole or Shank Half lb. 49¢
- BRISKETS FARMER GRAY CORNED BEEF THICK CUT lb. 79¢ OUR FIRST CUT lb. 89¢

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- FRESH COD FILLETS SKINLESS lb. 89¢

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- TOMATOES SWEET CHERRY pint 39¢
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- BOSTON LETTUCE FRESH 2 hds. 37¢

GOETZE'S FRANKS ALL MEAT 1½-lb. PKG. 99¢

WHITE BREAD PANTRY PRIDE SLICED ROUND TOP 4 1-lb. 6-oz. loaves $1.00

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- FACIAL TISSUE PANTRY PRIDE 4 Pkg. 200 75¢
- PURINA DOG CHOW 5 lb. bag 79¢
- PAPER CUPS COLD DRINK 7-oz. pkg. 100 69¢
- CLEANSER PANTRY PRIDE 14-oz. Can 10¢
- FABRIC SOFTENER PANTRY PRIDE Gal. Jug 63¢
- STRAWBERRY PRESERVES PANTRY PRIDE 3 12-oz. jar $1.00
- INSTANT BREAKFAST PANTRY PRIDE 1 PKG. 49¢
- GOLDEN CORN PANTRY PRIDE 6 1-lb CAN $1.00
- TOMATO SAUCE PANTRY PRIDE 6 8-oz CAN 59¢
- INSTANT COFFEE PANTRY PRIDE 4-oz JAR 89¢
- SUNSWEET PRUNE JUICE qt. bot. 47¢
- LIGHT TUNA BREAST'S CHICKEN DRUM 6½-oz. ctn 2 1-lb. 3-oz. CAN 83¢
- BOUNTY SOUP CHICKEN OR BEEF STEW 59¢

TOMATO SOUP PANTRY PRIDE 10-oz. can 9¢

FRESH GROUND COFFEE PANTRY PRIDE 1-lb. bag 69¢

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REDEEM THIS VALUABLE COUPON FOR FREE! ONE 11-oz. MONOGRAMMED BEVERAGE GLASS (ANY INITIAL) With A $5.00 Purchase. Limit One Coupon Per Shopping Family. Void After Sat., June 5th. Pantry Pride

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REDEEM THIS VALUABLE COUPON FOR 10¢ CASH FOUR 5¾-oz. PKGS. PILLSBURY FUNNY FACE DRINK MIXES LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JUNE 5th. R9810 Pantry Pride

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REDEEM THIS VALUABLE COUPON FOR 35¢ CASH 1-lb. CAN CAFFREE COFFEE LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JUNE 5th. R98 Pantry Pride

REDEEM THIS VALUABLE COUPON FOR 10¢ CASH PKG. 10 Handi-Wipes LIMIT ONE COUPON PER SHOPPING FAMILY. VOID AFTER SATURDAY, JUNE 5th. R9810 Pantry Pride

APPETIZER DEPARTMENT

- SPICED LUNCHEON MEAT ½-lb. 79¢
- BARBECUE LOAF ½-lb. 69¢
- IMPORTED HAM ½-lb. 79¢
- LIVERWURST OLD FASHION NATURAL CASING ½-lb. 49¢
- AMERICAN CHEESE ½-lb. 49¢
- FRESH CHICKEN SALAD ½-lb. 79¢
- BIRDSEYE AWAKE DRINK FROZEN 3 7-oz. Can 89¢
- MORTON CREAM PIES FROZEN 4 14-oz. Pkg. 99¢
- CHOPPED BROCCOLLI PANTRY PRIDE 5 10-oz. Pkg. 99¢
- JENO PIZZA FROZEN CHEESE or SAUSAGE 13½-oz. Pkg. 59¢
- MILK SHAKE MIX FROZEN THICK 'n FROSTY 20-oz. Ctn. 66¢
- COOL 'n CREAMY FROZEN PUDDING 2 1-pt. Ctn. 85¢
- LIBBY GOLDEN CORN FROZEN ½-lb. bag 39¢